

Annual Report



HOPE Cape Town Trust

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Address of Consul General of the Federal Republic of Germany in Cape Town



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Cape Town, May 2024

Dear Reader,

It is again an honour for me as Consul General of the Federal Republic of Germany in Cape Town to contribute to HOPE's Yearbook and to highlight another chapter of HOPE's outstanding work.

Let me express my gratitude and respect to everyone in this community, not only for combating the virus and also the stigma surrounding HIV, but for being uplifting and ensuring a dignified life for so many. From what I have witnessed over the past years, every single person at HOPE tells a story of resilience and hope which makes this community thrive and which continues to improve many lives.

Throughout the last year, you have shown the world once more that you truly have an impact on countless individuals. Your collective strength and your determination to make a difference shine through each person at HOPE: From your gardeners to your occupational therapists, from your nurses and doctors to your healthcare managers, from your early childhood educators to your chefs and kitchen staff, from your centre manager to your accountants, from your founder to your donors, from your caretakers to your handymen, from your volunteers to your support staff, from your partners in South Africa to your partners in Germany and elsewhere – you all are the driving force behind HOPE's success story. It is a pleasure to not only witness your growth and fabulous work but even more to cooperate with you!

It has been a while that I first visited HOPE Cape Town and I have since become a regular visitor to The Nex-Indawo Yethu – HOPE's headquarters and community centre. Each time I visit, The Nex is bustling with life, a happy place where your vibrant community comes together and where vocational training and workshops take place.

The Bayerngarten Centre for Early Childhood Development had its second intake of Grade R special needs children this year. The Holistic Health Centre La Maison de Christoph continues to expand its reach. It has seen a steady increase in patients over the past year and is now even equipped to administer chronic medication tailored to the unique needs and circumstances of each person. The Kap23 Youth Centre has grown roots as a space where Delft's young people can spend their after-school time in a pleasant

and safe environment.

Your support groups are also thriving: The mothers group, the pensioners group as well as the youth groups. They are all leading examples in providing solace and support for each other on their journey to health and healing. The computer rooms in the Bavaria House fill daily with young and old, developing skills and exploring the world outside of Delft. The German Consulate General is very proud to have been able to again support one of the computer skills classes for women with our micro project fund in 2023.

It is also great to see HOPE's ongoing engagement in Blikkiesdorp. There, during the hardest Covid19 lockdown restrictions, the German Consulate General funded an emergency feeding scheme and a workshop to empower young women by improving their digital literacy. HOPE now continues to improve the wellbeing of young children in the area through afternoon programmes and other activities. Especially the after-school reading programmes foster a sense of belonging and create an environment where young adults learn to take their lives in their own hands.

I am thankful to have been a witness to all these important events as well as being able to participate in some of the projects. It is always a special honour for me to meet some of your supporters and witness the fruitful collaboration of your longstanding and strong partnerships.

I am not alone when I say HOPE can look back with pride on the achievements and on the progress made last year. And I must say: even after we said "Auf Wiedersehen" to HOPE's founder Rev Fr Stefan Hippler in his capacity as CEO last year, HOPE is very much "alive and kicking"! It is a great example of the broad and deep partnership between Germany and South Africa, and particularly between Bavaria and the Western Cape.

And after more than 20 years, you continue to uphold HOPE's values of compassion, dignity, and respect all whilst assuming new responsibilities and having a much more comprehensive and holistic approach where the physical, emotional, and social needs of your community are addressed. With the new Garden

project, you can genuinely say that you are making not only visible but also sustainable improvements to the lives and livelihoods of the people and their community.

On behalf of the whole team at the German Consulate General, I would like to again express my heartfelt thanks and appreciation to HOPE's founder Rev. Fr Stefan Hippler, their CEO, Dr Izane Reyneke, and her wonderful team of professionals and volunteers, as well as the HOPE Cape Town Trust led by Carole Armstrong-Hooper and the many others committed individuals involved. Thank you for your unwavering commitment to excellence over the last two decades.

As we turn the pages of this yearbook, I hope that the achievements of HOPE serve as an inspiration for everyone in this community. I look forward to another year with you to share memories, to visit new projects, and to nurture our relationship.

My very best wishes, much success and another shining year ahead to the entire HOPE community - I am glad that I am a part of your journey
With appreciation

Tanja Werheit
Consul General of the Federal Republic of Germany,
Cape Town



Report of the Chairperson



The Nex-Indawo-Yethu campus in Delft, Cape Town



HOPE Cape Trust Trustees:
Janine Horn and Calvin Daniels

For HOPE Cape Town this last year has, on the one hand been one of consolidation as the organisation celebrated its first full year at The Nex. But it was also a year of new beginnings with key players embracing new roles and various activities starting on campus: The first Grade R class for special needs children, regular mother and baby, and other support groups as well as a marked increase in the uptake at the holistic health centre La Maison de Christoph.

Plans were made, with the involvement of the community, for a whole range of much needed programmes, however due to the economic developments at home and abroad fundraising was under severe pressure.

It is rewarding to see how the community in Delft has become part of The Nex Indawo Yethu – ‘Our Place’ not only the headquarters but also the beating heart of HOPE Cape Town.

This report reflects the hard work and dedication of the whole HOPE Cape Town team. I join them in thanking the benefactors and friends of HOPE Cape Town for their continued support and trust in the work which enables them to contribute to the positive change in the communities of Delft and surrounds.

Carole Armstrong-Hooper
HOPE Cape Town Trust Chairperson

We also welcomed two new Trustees: Janine Horn and Calvin Daniels. Both have become active in the work of HOPE Cape Town in a hands-on manner by participating in committees and activities on campus.

1. Programmes



Our programmes continue to be developed in collaboration with the Delft communities through participation processes. Our reason for being located in Delft as well as our raison d'être, is to immerse our organisation into the lived realities of the people we serve in order to improve the quality of life of Delft residents, especially children and youth through a model of preventative care; early childhood and youth development; improved access of women and youth to livelihood and other opportunities; and building a safe and more vibrant social and cultural life for all.

Through our programmes, interventions and activities we aim to:

- strengthen the physical, emotional, and psychosocial capacity and potential of adults, vulnerable and special needs children, adolescents, and youth by providing a relevant and holistic model of preventative care services at The Nex;
- equip children, especially vulnerable and special needs children, with skills learnt through play and therapeutic support that assists them to improve their human potential within a safe learning, therapeutic, and supportive space for children, caregivers, and Early Childhood Development (ECD) teachers living in the Greater Delft area.
- build the self-esteem, self-confidence, and capacity of adolescents and youth from Delft, affected by socio-economic challenges, to reach their full potential;
- improve the ability of youth (and women) from Delft and other underserved areas to access livelihood and other emerging opportunities by empowering them with relevant knowledge, skills, and learning exposures.
- foster the strengthening of social networks and development of vibrant social and cultural life in targeted Delft neighbourhoods and greater Delft area;
- strengthen the human resource, management, and institutional capacity of Hope Cape Town.



1.1 Strategic Goal 1

Optimising Health Services



The relationship between HOPE Cape Town and the Department of Health is very important. We regularly engage with the various stakeholders ranging from healthcare facility managers, district managers and the leadership of both the City of Cape Town and the Western Cape Provincial Health departments.

HOPE Cape Town has MOUs in place with:
Stellenbosch University – faculty of Medicine and Health Sciences
Trilateral Memorandum with Western Cape Provincial and City of Cape Town departments of Health and Wellness

1.1.1. The Cycle of HOPE

This programme is in its third year and is based at Delft Community Health Centre, the Holistic Health Centre at The Nex, Tygerberg Paediatric Hospital (formerly HOPE for Babies and HOPE to Home programmes) and, in part, the services provided by the HOPE Community Health Workers (HCHWs) at the public health facilities – Symphony Way, St Vincents Clinic in Belhar, Bloekombos, Dr Ivan Toms Clinic in Mfuleni, Manenberg Clinic and TC Newman Community Health Centre in Paarl.

HOPE Community Health Worker Training and educational sessions take place at The Nex every second month. Naomi Van Wyk is a psychologist who provides debriefing at the sessions. The training is working well. There is a good sense of cohesion in the group. Being at The Nex is working well.

Paediatric wards at Tygerberg Hospital (HOPE2Home)

The care workers identify vulnerable children and families during ward rounds and get referrals from the hospital wards. They assist in adherence counselling, bereavement counselling, follow-up and linkage of care, and social support. The team contributes and provides feedback about patients at the multidisciplinary paediatric meetings. During this year the team worked with:

- 912 HIV+ parents
- 756 HIV exposed children
- 13 newly diagnosed children
- 72 children who defaulted
- 36 HIV deaths



Prevention in Mothers to Child Transmission (PMTCT) The HOPE for Babies care workers test and counsel mothers in labour for HIV at Tygerberg Hospital. They tested 968 mothers between the ages of 15 and 24 years and 1 292 mothers between the ages of 25 and 49 years. They also provide relevant health and pregnancy educational sessions at the antenatal clinic at Tygerberg Hospital.

The Delft paediatric HIV/ARV clinic ensures excellent quality care within the public sector for children living with HIV in Delft and to assist in strengthening the public health sector. The team primarily consist of Dr Ana Houston and Dr Liane Randeree (HOPE locum), Dr Mare (IDC Tygerberg Hospital), Robyn Meissner (Occupational Therapist) and Angela Joel (HCHW). They provide a comprehensive package of care to patients and their caregivers with the support of Delft CHC staff (Sr Rula – IDC unit manager), The Caring Network CYCW (previously called Isibindi Yempilo), Anova staff and Touching Nations staff.

Number of patients seen this year were 1, 248.

HOPE Cape Town hosted a fun day for the Delft paediatric patients on 11 December at the Nex. Youth Club volunteers helped entertain the kids. Gifts donated by the German school were joyfully received.

Delft Thursday Youth Clinic

The Youth Clinic operates on a Thursday afternoon and the target group is older adolescents and youth 15 to 24 years old who are HIV positive. Generally, they are newly diagnosed, have co-morbid medical issues or are poorly adherent to treatment – so they don't qualify for the club. Attendance is affected by weather, exams and holidays. Many of these teenagers are not good at keeping appointments, but attending a youth friendly clinic improves their attendance and overall experience of the health care system.

Delft Youth Clubs

These are clubs for youth living with HIV. There are currently six clubs hosted at the Nex. They receive psychosocial support, clinical follow-up and are even able to have their annual blood tests at the Nex. The teens are able to openly interact with peers who are facing similar problems.

Peer Mentors: We have 3 young men who have been trained as peer mentors - who now co-facilitate the clubs for younger teenagers. Their involvement is invaluable, and the participants really respond well to them.



Delft Youth Camp

The purposes of the camp were the following:

1. Strengthen relationships between club members

a) With club being only every 2nd month, it is difficult for members to really get to know each other and build the degree of relationship that is required to trust each other. Going to camp provides the intensity and shared memories that can exponentially strengthen friendships, thus impacting on the way club is experienced the following year.

b) This is done through fun, team building, late night conversations and building shared memories.

2. Personal growth and development

a) Activities were designed to highlight an individual's strengths and weaknesses, their personalities and preferences. Adolescence is a time of really developing your identity and coming to understand yourself.

b) Resilience – activities were designed to challenge the young people – so that they were operating out of their comfort zone, and/or experiencing frustration. Then there were times of reflection around how to persevere, what resources (both internal and external) made it easier to do that. These are important skills for teenagers to acquire as they will experience many challenges living in the township, at school, seeking employment and taking daily ART. Being able

to persevere, and try again after defeat/failure/bad experience is an essential skill to survive!

The Delft Youth Camp had a total of 41 participants in attendance, to enjoy the experience of the outdoors for 4 days and 4 nights. The 5 teams of 8 participants were not familiar with one another and set out to experience a camp that had a focus on team building and self-reflection/self-empowerment.

We understand that everybody is unique, which reminds us that we each share different experiences, come from different households, and are related and connected to various other people. Though we are different our commonality is the “Concrete Jungle”, the community of Delft. This name describes the atmosphere, whereby our houses are on top of one another, it is loud filled with various sounds, and falls victim to many social ills. The Grounding process has participants stand in a circle barefoot and through facilitation are made aware of the natural environment of nature and its beauty in silence. The purpose of the Grounding is to act as a severance process, cutting participants from every thought and feeling related to home, separating each person from where they came, to where they are. Focusing on their ability to be and remain present at camp and for the experience.

The programme was delivered in such a way that we focused on team building and later reverted to self-reflection. Young people have loads of burdens that they carry in their everyday lives and often do not have anyone to share them with. Our wish is to continue to walk a journey with the group and offer a Wilderness Therapy camp in future, that will focus on personal reflection than that of teambuilding. To further encourage and uplift these young individuals to better control the outcomes of their lives and find purpose and beauty in the life they live.

1.1.2. Neurodevelopmental services

Neurodevelopmental clinic at Tygerberg Hospital

Our medical officer provides clinical support at Tygerberg Hospital C3A Neurodevelopmental clinic headed by Dr Angeline Thomas. Our assistance is greatly appreciated and it is good to continue to develop and strengthen these relationships.

There is a regular need for ADOS assessments for children with suspected autism spectrum disorder. Dr Houston is the default ADOS assessor at Tygerberg Hospital now.

Neurodevelopment at The Nex

Many patients are being referred to The Nex for assessment now. It is becoming known as a place where you can get help for children with developmental issues. The waiting list for an appointment with Dr Houston is now about 4 months long, however. Complex patients can be discussed with TBH team or on refer if diagnostic/management questions.

Dr Houston has performed a total of 24 ADOS



1.1.3. Occupational Therapy

Delft CHC

The therapist continues supporting the OT department at Delft CHC. All the children seen are HIV-positive and were referred by the doctors at the paediatric ARV clinic. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other co-morbid conditions seen

were: epilepsy, CP, hearing impairments, FAS, SAM, and intellectual disability.



Delft South Clinic

The therapist has continued an OT service at Delft South Clinic. Referrals were received from the doctors running the ARV service as well as Child Health sisters. The majority of the children seen were HIV-positive, with 11 other vulnerable children from the community seen. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other conditions seen included epilepsy, FAS, prematurity, ADHD, Erb's Palsy, ASD, hearing impairment and visual impairment.

TC Newman CHC (Paarl)

The therapist has continued an OT service at TC Newman Clinic. All the children seen are HIV-positive and were referred by the doctors at the paediatric ARV clinic. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other conditions seen included cerebral palsy, TB and hearing impairment.

For the reporting year the therapist has screened 118 children under 5 years of age for developmental delays; seen 276 children for therapeutic sessions and created 102 home stimulation packs that enable parents to continue with therapy at home.

Blikkiesdorp

All children attending the school preparation group were screened for basic concept knowledge and fine motor

skills. There were 18 children who regularly attended the sessions during the year. The OT made activity packs for each of the children to learn to recognise and start to write their own names. Several additional activities were also done for them to learn elementary reading and writing skills.

The formal fine motor programme was continued with the children attending the playgroup. It was run by the group facilitator twice a week during playgroup times and supervised by the OT. The children have progressed from drawing and cutting straight vertical and horizontal lines to drawing and cutting circular forms. The programme aims to teach the basics of writing and cutting and contributes to school readiness – so the children are able to learn “the right way the first time!”

TBH Neurodevelopmental Clinic

The OT has continued offering a Griffiths assessment service to the NDC at Tygerberg Hospital and has done 15 assessments during the reporting year.

Bayerngarden Therapy Sessions

The OT has continued to offer supplementary OT sessions to some known patients already attending OT at either Delft CHC or Delft South clinic. These therapy sessions are offered to children who would benefit from specific equipment stationed in the therapy room or for those requiring more regular therapy.

One girls’ group was run during the Easter school holidays– the group is focused on refining executive function skills with the girls. This session was focused on scheduling and planning with the goal of helping them plan study timetables around exam times as well as a few study tips.

Grade R therapy

Weekly OT and Speech and language therapy sessions have started for the children attending the Bayerngarden Grade R class in 2023 Two consultant therapists (one OT and one SLT) have joined the team to assist in seeing the children. All the children in the 2024 grade R group have completed assessments and started therapy sessions with their individual therapy goals determined by their delays and needs.

Monthly appointments by Clinic 2023/24

	Delft	Delft South	Paarl	Blikkiesdorp (Individual)	TBH NDC	Nex OT	Grade R Therapy
Mar	14	4	16	4	1	1	0
Apr	8	6	4	0	1	4	7
May	25	14	14	1	1	1	36
Jun	16	9	13	0	1	5	13
Jul	16	11	13	0	1	1	20
Aug	0	0	0	0	0	0	0
Sep	15	11	9	4	0	0	43
Oct	16	18	13	0	3	4	32
Nov	11	9	17	0	0	0	50
Dec	15	1	3	0	0	0	9
Jan	10	8	15	0	0	0	52
Feb	22	16	7	0	1	4	47

Playroom at Ward G7, Tygerberg Hospital

The playroom was run and opened by a volunteer day once or twice week. A number of children visited the room, and they were also able to distribute games and toys within other wards as well.

Support group for caregivers with neurodiverse children

Support groups were held for caregivers with neurodiverse children. The groups are run by Raising Hope SA and are attended by 4-6 caregivers per session. These monthly groups offer psychosocial and practical support for caregivers of neuro diverse children and they are able to share their experiences and also learn from other parents.



Support group for caregivers with physically disabled children

Raising Hope SA has agreed to run this group. Recruitment took place during the last quarter of the reporting year and the support groups will start in 2024-2025.

1.1.4. Holistic Health Services

La Maison De Christoff Holistic Health Centre follows a whole health approach. The model is patient centered and focusses on prevention and identifying and addressing the drivers of disease. (like lifestyle choices). Female reproductive health and seeing the mother and child as a unit are priority services at the centre.

There is a strong focus on mental health and wellbeing through the services of the clinical psychologist, the psychology students, various support groups and staff members who are sensitized to be on lookout for people struggling with mental health issues.

Motherhood support group

The support group convenes once a week. Pregnant mothers are recruited to join this group. Some are referred to by social workers, Doctors, and other allied health colleagues. They remain in the group up to when their babies turn two years, and they then cycle out.

The group was split in two during this period and the centre now host a support group for pregnant women (antenatal) where different topics related to pregnancy and birth are discussed every week. Antenatal exercises are also facilitated in this group.

The second support group is for mothers who have recently given birth (post-natal). Grannies are also allowed to attend as a means of support to new moms. All attending mothers are able access their baby immunisation schedules at our Health Centre. They book during the support group visits and their babies are offered baby immunisations, deworming and vitamin A on Fridays at the HHC.



Baby immunisation services

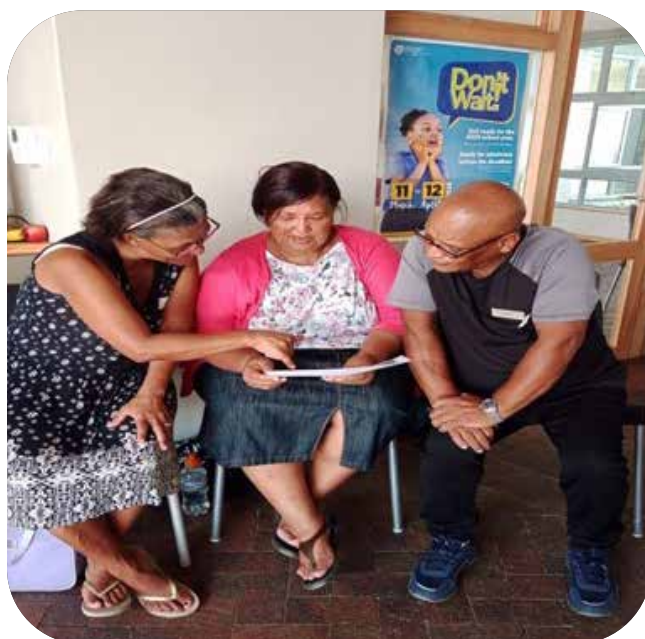
Service continues to be provided on Fridays by Delft Community Health Centre staff (supported by the HHC staff). There are plans in place to take over the service and provide it at The Nex as part of our comprehensive health programme.

The Nex utilises this clinic to educate women on health-related issues that affect the mother and the baby. The service is one of the popular services at The Nex due to the reluctance of parents to stand in long queues at day hospitals. Thirty babies are immunised every Friday.

Chronic support group

The group comes together once at The Nex club room and comprises of community members who suffers from chronic conditions like hypertension, diabetes mellitus and COPD / asthma. The group has forty-two regular members who discuss relevant topics like lifestyle / diet changes, adherence to treatment, management of side effects and influence of stress and anxiety on physical wellbeing.

Below are members of the chronic support group who are analysing and discussing a picture that illustrates lifestyle changes. Pictures are often used as triggers for further conversations.



Chronic medication collection

This is the collection of prepacked chronic medication by patients that were decanted from Delft CHC and Symphony Way CDC with the aim to decongest the overcrowded clinics. The community who lives within 5 km radius from the Nex are targeted to collect their medication from the Nex.

These patients are well controlled and stable on medication and have the opportunity to join the chronic support group. The patients are able to collect a 2 month supply of medication at each visit. This service is supported by dedicated Learner Post Basic Pharmacist Assistants (LPBPA) who ensure that the centre complies with all the legal requirements.

This service started in June 2023 and by the end of the reporting period 1,299 prepacked medication packs had been collected at The Nex.

HIV testing services

We offer HIV testing to all clients that access our health centre. The centre has a very low positivity rate which could be contributed to the successful 95/95/95 campaign where most people in the community are already aware of their status. The staff at the Holistic health centre test 60 – 80 patients per month for HIV.

18 months HIV months testing: This is the universal (required) HIV testing that is offered to children at 18 months. The team tests children up to 24 months of age, if they were missed at month 18 to ensure that children did not contract HIV during breastfeeding. Most of these children are identified during baby clinic on Fridays. An average of 12 children are tested per month.

Counselling/therapy

Our clinical psychologist continues to do one-on one therapy and psychometric assessments with children 18 years and younger. The most common presenting complaints on admission for these kids are as follows: Difficulty with emotional support; difficulty with trauma and grief; difficulty with social events; difficulty with academic / learning concerns; and behavioural issues.

This is another service that is in demand in our community as there is limited access to it in our day

hospitals or local schools. Young children are sent by the schools to seek help as the school psychologist covers the whole district and not necessarily individual schools. Our psychologist has rendered 195 individual therapy sessions during the reporting period. A total of 2533 patients were screened for mental health problems.

UWC psychology sessions (MPSYCH students): In April 2022 UWC and Hope Cape Town went into a partnership where UWC psychology department agreed to place their Master students for clinical practical at The Nex Health Centre as a pilot. For the period of placement, each student must have two one-on-one therapy with a client for the duration of placement and two psycho educational assessments.

Based on the outcome of the 6-month pilot, UWC agreed to sign a Memorandum of understanding (MOU) with Hope Cape Town for the Psychology students to practice at the Nex for the year 2023. On 17 March 2023 orientation of the students into the Nex took place. From 14 April 2023 nine students were placed at The Nex to start with their practical placement.

Women's health

This service includes family planning (FP) and pap smears, breast examinations as well as sexually transmitted infections screening for all women. Pap smear results are followed up every six weeks on National Laboratory Service App. Women that require referrals are sent to Tygerberg Hospital with a letter for procedures. During the reporting period a total 1,605 women received their family planning from the HHC (mostly injectables); 119 pap smears were done.

Special events

A World AIDS Day event that was well attended by the community. We had the privilege of inviting three young people who stood very tall and shared their experience of living with HIV. They shared their journey that touched each attendee. The message on the day focused on HIV prevention and journey of hope in the fight against HIV and related stigma.

1.2 Strategic Goal 2 Equipping Children & Youth



1.2.1. Early Childhood Development: Grade R @ The Nex

Following their first term in Grade R at the Bayerngarden Centre for Early Childhood Development, Teacher Meagan and Teacher Nicole have had some time to get to know the children in their care: “We have seen so much progress from our learners. They have built up their self-confidence and we are proud of how far they have come.”

We celebrated Mandela day on the 18th of July 2023 and the centre hosted an event for the Gr R learners and seniors from the community. The children were proud to show off their classroom and the Gr Rs and the seniors engaged in creative activities together – like colouring a giant collage of Mr Mandela and playing with play dough. The teams also planted little potted herb gardens which the seniors could take home after the event. It was a moment where young and old could come together and do something to remind each other that you are never too young or old to leave your mark and make a difference.

During August 2023 the centre celebrated women with an Bayerngarden Women’s Day High Tea. A day where mothers and their children could enjoy a cup of tea together and bond with each other and other mothers in the group. The theme for the day was: “Women light up the world” and it served as a reminder that they are seen and valued and that whenever they are feeling low, the group are there to lift them up and ignite their spark.

The children’s birthdays are always a highlight, and the team goes to great lengths to make the birthday boy or girl feel very special and loved.

Since the year started it was clear that we had our work cut out for us as most of our learners had not been in a school before and had no idea how to interact with other children. Our main focus was to help each child grow holistically. One of our new friends who joined us in the third term was non-verbal and only copied what the other children did. Now, along with our speech therapist and occupational therapist she can communicate a lot better. It is amazing to see such progress in a few months. With the support of our Bayerngarden team,

we were able to see how our little ones have blossomed from shy, scared, uncertain learners to confident, caring and gentle individuals.

During the September holidays the team hosted the open day for 2024. It was decided to do this over the period of two days so as to properly observe each potential learner. Parents got a chance to tour the campus and have an orientation day for themselves where they were able to ask questions as well as discover what services are available at The Nex.

In January 2024, we were excited to start a new adventure with 11 new learners. The first day at school without parents can be very scary and overwhelming so the teachers tried their best to provide them with all the comfort and reassurance that they needed. After the first week their individual personalities start to shine through and the teachers soon learned who had the bright, bubbly personalities and who was more inquisitive about the world around them.



The Bayerngarden Class of 2024



“We will continue putting our puzzle pieces of life together as a team to form the amazing image which will be the Bayerngarden legacy.”

Teacher Meagan Nel

The remarkable growth of our class this year stands as testament to the unwavering commitment and collective effort of our learners, their families and the dedicated Bayerngarden team. With the continuous support from the community and the resilience of the learners, there are no limits to what can be achieved.

1.2.2. Early Childhood Development: Play Group @ Blikkiesdorp

The Blikkiesdorp play group project has been running for a decade and it is extremely rewarding to see the children who could not read or hold a pencil at the start of the play group year when they return filled with self-confidence and positive energy to attend the afterschool programme.

Sessions were held two mornings a week and an average of 18 children attended each session with a total of 1 302 children showing up for 70 sessions throughout this reporting year. A maximum of 20 children can be accommodated in the space, and the demand is high, hence more than 50 children have been placed on the waiting list for 2024.



1.2.3. Play Therapy @ The Nex

The Playroom at The Nex is every child's dream come true as they enter a light and spacious area with bright wall murals depicting butterflies, ladybirds, and pretty flowers. Each corner has items dedicated to a specific theme of play and the children navigate their way around the room to be entertained by the Lego, puzzles and games. In 2023, our social worker facilitated weekly individual play therapy sessions for up to six children per week. The children are referred for play therapy because of behavioral issues, unresolved trauma, anxiety and adjustment problems. Most children require 10 – 15 sessions before they are ready to cycle out of therapy.

In mid-2024 the playroom will be occupied daily by children from the community and their primary caregivers as a series of new play therapy projects have been developed and will be facilitated by a new, highly qualified and experienced member of staff.

1.2.4. Learner support @ The Nex

The Laeeq Toffar Foundation (LTF) facilitated two after school programmes, namely the LTF Kids, for primary school learners, and the LTF Teens, for secondary school learners. An average of 14 learners joined the Mondays to Thursday's homework support sessions that were facilitated by LTF volunteers. Fridays were reserved for recreational activities such as arts and crafts, board games and ball games.

In the December school holidays the learners made Christmas decorations out of recyclable materials like cardboard boxes and leaves which they found in the community.

The LTF Kids and LTF Teens programmes came to an end mid-December 2023 as a new afterschool programme will be introduced by HOPE Cape Town and managed inhouse from the second school term in 2024.

The volunteers facilitated a TikTok dance competition for the LTF Kids and Teens participants that included preparation time and time for the actual competition. Prizes were up for grabs for the three best performances judged by the volunteers. This encouraged teamwork among the learners to create a dance and showcase it.



LTF participants working on their DIY Christmas snowflakes

Images supplied by LTF

1.2.5. Learner support @ Blikkiesdorp

Three learner support programmes ran concurrently throughout the year:

Zoë Reading Group

We are aware of the sad situation in South Africa where a recent study found that 81% of Grade 4 learners are struggling to read for comprehension. Every week five groups of five to fifteen children meet with a reading facilitator to improve their reading skills. This project is so vital in the lives and academic capabilities of the children and thus will continue during 2024.

Homework Groups

Timetables for homework groups were allocated for learners from Grade One to Six. Only children who diligently and regularly attend school are permitted to join the groups. Volunteers provide assistance to the children who struggle with subjects or lessons. In the past year 114 homework sessions were held with 3 438 children in attendance.

School Supply Distribution

Children in Blikkiesdorp are the most under-resourced in the Delft area. It is disturbing to witness the prejudice and stigma the children endure because they look different because their caregivers cannot afford school uniforms and books. All children who graduate from the Blikkiesdorp play group and are due to enter Grade R or Grade 1 receive a full school uniform, backpack, books and stationery to start their new academic journey. Also, children who attend the homework group and present their report cards which indicate academic progress and low absenteeism, receive items of uniforms they may have outgrown (school shoes are the most popular to replace as the children grow so quickly) as well as stationery and books. In 2023, 20 children progressed to “big school” with full school kits and a further 39 children received items that they needed to complete their school kits.



Off to school in new school uniforms



Volunteer Marguerite helps with homework

1.2.6. Youth support @ The Nex

In December/January we noticed boys and girls playing soccer in the street with a broken ball held together with packaging tape. We visited former international football star Christian Alder at his We Love Football Academy in Somerset West and the 15 children competed with other soccer teams from five different communities in Cape Town. The children look forward to Saturdays when they train and play matches at the academy and coach Christian applauds their efforts. We can confidently say The Nex has future Premier League talent!



HOPE Cape Town partnered with Music Works, an organisation that aims to unlock the potential in children so that they become resilient, creative beings, capable of positively contributing to society. The programme framework is based on the Circle of Courage, a model of youth development based on the principles of belonging, mastery, independence, and generosity.



At The Nex, HOPE Cape Town provides a safe space where 22 children experience a sense of belonging as they form healthy relationships with their peers and music mentors, and a sense of mastery of indigenous musical genres such as marimbas and drumming. On Tuesday afternoons the Kap23 youth centre comes alive with the sound of the children's music.

Through life skills, team sporting activities, and music making, the children show increased self-esteem and confidence and can make positive choices about their lives.

While the two programmes above have become very popular with children between eight and 13 in Delft, we have planned traditional and contemporary dance sessions and poetry workshops for the older teenagers. In the second half of 2024, the vulnerable girls and boys (10 to 17 years) who have shared that are struggling to socialize in a positive manner, will enjoy twice weekly support workshops with guidance from two distinguished volunteer social workers. Friday afternoons, the afterschool learners will participate in the Youth Club recreational activities and get access to modern technology and how to manage social media in a responsible manner.

1.2.7. Youth support @ Blikkiesdorp

The Blikkiesdorp support groups for at-risk teenage boys and girls have been running very successfully for the past three years and are facilitated by social auxiliary workers Calvin Daniels and Violet Avontuur with assistance from occasional volunteers. Boys Group

The Blikkiesdorp Boys Programme uses a holistic approach to nurture young at-risk adolescents. It seeks to emphasize how critical it is to support all facets of development – social, emotional, physical, and cognitive – in order to advance growth and general well-being. Through the acknowledgement of the social and economic difficulties that the neighbourhood and its residents face daily.

In addition to providing a safe environment for meaningful conversation, our programme also fosters pleasant interactions with peers. This life skills program intends on helping the group identify and investigate

“We strive to develop quality players, help them to lead a healthy, productive life and make a positive impact in their communities”

Cristian Alder

some issues they would like to talk about in order to support their own development and well-being. Our goal is to assist them in becoming responsible people for their families, society, and the world. Interactive discussions regarding the year's subjects are held at the start of the programme. A two-step method that allows facilitators and participants explore some of the expectations and desired subjects for the year, as well as any expectation from the points of the group.

The only requirement needed for participants recruited to join the programme is that they be residents of Blikkiesdorp and be interested in attending. The programme is open to boys residing in the community between the ages of 11 and 14 years. All participants are welcome in the programme, even if they appear to have learning disabilities. 11 of the 17 participants who joined at the start of the programme continue to show dedication and determination through their continuous attendance. Those who are no longer present share reasons such as educational priorities, relocation, and extramural activities.

The effects of drug addiction on people are highlighted in a unique way in the video. Participants were asked to share their opinions, observations, and feelings regarding the visual content of the video after it had concluded. The video, which highlighted substance abuse—specifically, drug addiction—as the largest issue in their community, struck a chord with them right away. This was special because, using personal experiences, they were able to identify members of their community who are currently battling substance abuse.

The significance of nurturing multiple facets of development, such as social, emotional, physical, and cognitive, in order to enhance general welfare and advancement. We've witnessed enhanced collaboration, self-assurance, and social skills.

The group's regular attendance demonstrates their commitment to the programme as well as their enjoyment of it. Over five of our participants have attended every session without missing any of them this year. Their degree of accountability in informing the facilitator of their inability to attend a session or expressing regret for missing one is most impressive. This demonstrates

a high degree of learner accountability.

At the start of 2024, the number of participants has grown from 11 to 20 young boys.

I have learned the importance of setting boundaries, and not allowing others to overstep my boundaries”.

Lorenzo van Niekerk



Boys as young as nine years old are taught responsible behaviour in an effort to delay their sexual debut. The boys participated in the “Operation Cleaner Communities” campaign in Blikkiesdorp.

Girls Group

The girls group meets once a week every Friday from 2pm – 4pm after school. Attendance was good and the group of girls, ages 12 to 15 years, continues to increase. On average, 15 girls attend the sessions which included the topics:

- Understanding HIV/AIDS
- Achieving personal goals and mind mapping
- Managing conflict and identifying the problems and solutions
- Domestic and gender-based violence
- Communication

We used puzzles, water games and dance challenges to improve the relationships within the group and a variety of teambuilding exercises. The first battle was won when we acknowledged that they reached the stage of trusting each other. They are able to express themselves and friendships have been formed.

Since the beginning of 2024 the group has grown from 15 to 21 girls. One of the girls' stories of strength is Hanna's story as told by the facilitator:

"The teenagers in Blikkiesdorp have to overcome

various challenges, such as domestic violence in the family, being bullied at school, rejection from peers and society. The Blikkiesdorp outreach centre has been a place of safety for many of them. This is where I met a little girl called Hanna, a 12-year-old girl who sees her father abuse her mother daily. Hanna is quiet and struggles to trust and communicate with people. She has a history of being bullied at school and nobody knew about it. At one of the group sessions Hanna started to cry and shared her experience with us. The girls supported her by giving advice and those who attended the same school assisted Hanna when the bullies came to harass her. This support has given her the confidence to stand up for herself. The topics that we discussed in the group also empowered her to deal with any challenges she may face in the future. The girls' group serves as a support system for her in and outside of the outreach centre. Since she joined the group, she learned to use her voice. Hanna also encouraged other girls in her school to speak out against bullies. The circumstances at home have not changed but she still hopes to become a pilot if she studies hard and remains in school".



Blikkiesdorp Girls Group

1.3 Strategic Goal 3 Education, Skills & Training



1.3.1. Entrepreneurial Skills Development

Funded by the Rotary International Global Grant, the fifth and final Entrepreneurial Skills Development programme took place from February to May 2023.

26 participants embarked on the three-month journey to expand their horizons and learn about entrepreneurship, information technology, finances, administration and numerous soft skills. Following a two-day training, they also received an accredited first aid level 1 training certificate from the Bounce Back Foundation.

In March 2023 we conducted a review of the programmes with 28 of the total 89 former participants. It was a fun day where we tested the knowledge retention of hard skills as well as a check-in on which goals had been achieved and the reasons for not achieving others.

Their reflection on the benefits of the programme and its shortcomings was a very useful exercise as we take the programme through the lessons learnt and improve it for the future.

1.3.2. Business & Computer Skills Training

Learn4Life was a short 10-week programme for 40 young adults. It was facilitated by Mrs Diana van der Vent (Business Skills) and Mr Bronwin Whittles (Basic Computer Skills).

Candidates were constantly reminded of the importance of attending class. They were transparent and open to engaging and the good attendance was evidence of their commitment.

The candidates' attitude towards the programme was excellent. The consistency of each candidate was highly noticeable and evident, where topics had a direct impact on how they communicated and collaborated. This created acceptance of personality and a safe space where candidates felt comfortable to share and contribute which increased their self-esteem and confidence. The high level of respect and compassion for one another created a platform of trust.

All of the participants who completed the training received a minimum aggregate of 78% in the final assessments.

1.3.3. Gender and its relevance to sustainable peace and democracy in South Africa

Over the past three years we have gained recognition as an organisation that moves beyond conventional gender and development approaches. Through our innovative interventions and practices, HOPE Cape Town has succeeded to re-invigorate gender work in development by remaining focused on its transformative potential. This is evident in the 2023 delivery of four workshops funded by the Bavarian Parliament:

- Strengthening societal accountability, at all levels, driven by bold leadership and commitment;
- Driving prevention, addressing harmful social and gender norms, facilitating healing and rebuilding social cohesion;
- Locating a response to gender-based violence and femicide as integral to responding to violence, poverty and inequality;
- Widening the lens on human rights, deepening the understanding of dignity and equality, and rooting the response in communities.

Our methodology was participatory, learner-centred and designed to achieve and sustain incremental steps towards development interventions that honour and respect individuals who identify outside of traditional gender norms. Understanding and respecting the diverse ways in which gender identities intersect with other aspects of identity, such as race, ethnicity and socioeconomic status, is crucial for dismantling systemic barriers and fostering inclusivity.

By actively challenging gender norms and promoting inclusivity at every level, we created a safe and welcoming space for all the workshop participants. The facilitators and counsellors set the tone by modelling inclusive behaviour and language, and by seeking out diverse perspectives. This served as a valuable resource for education and awareness and helped to breakdown stereotypes and promote understanding. It also created an environment where all individuals felt valued. The programme design and support team remained open to new conceptualisations and expressions which fostered more inclusive participation that invited individuals to authentically express themselves.

The four workshops drew 120 participants in total.

1.4 Strategic Goal 4 Community Outreach & Development



1.4.1. Community Outreach @ Blikkiesdorp

The soup kitchen at Blikkiesdorp has been in operation since 2009 and the women in the community have steadfastly cleaned and chopped vegetable harvested from the vegetable garden on site as well as many donations received from generous supporters. During the COVID pandemic the women cooked three meals per day for more than 600 people as workers lost their jobs and resources dried up. In the year under review, the women prepared meals and snacks for each child who attended either the play group, afterschool group or the 'tween boys or girls' groups. In addition to that, the ladies made cooked meals for the neediest 3 728 children and 1 988 adults in Blikkiesdorp, a total of 5 716 portions distributed in 2023.

On occasion, kind people drop off donations or request that we collect donations of used items, clothes, home furnishings, kitchenware, toys. These are stored and then distributed to people in extreme circumstances such as if their whole home is completely destroyed in a fire for example. Five families received items when their homes were razed to the ground and all they had left were the clothes they were wearing. Fires usually occur in winter when heaters or lamps are accidentally overturned. Blankets are always welcome donations in these instances.

1.4.2. Social Work

With the assistance from the social auxiliary workers, volunteers and members of the community who have been trained to manage and facilitate most of the programmes held at the Blikkiesdorp community outreach centre, additional time is freed to allow the social worker to conduct the ever-increasing load of individual case work.

The social worker assisted Blikkiesdorp residents to:

- Apply for identity documents – 204 identity document applications were completed for mothers and elderly residents
- Submit applications for SASSA grants – 270 interviews were conducted
- Initiate online applications and late applications for registration to enter children into the formal schooling system.

Amongst this heavy load of work, the social worker makes time to engage with residents and even former residents of Blikkiesdorp who now live in Delft:

"I was contemplating what story of HOPE I could share with you today. Well, this morning I was present at The Nex Chronic Medication Support Group. I recognised some of the faces, as a lot of Blikkiesdorp residents have moved to other areas of Delft during the past years. So, one of the chronic patients, an elderly man, stood up, talking about his memories of living in Blikkiesdorp.

Firstly, addressing me as 'Tannie' and sharing his story of assisting him, seven years ago, when he was in need and could not provide school shoes for his grandchild. Sometimes our promise of supporting someone in need and a gesture of handing a pair of school shoes to a child in need, has a lasting effect that can carry people in a time of hardship, believing that there will be an outcome for one in need."



The saying goes, "Don't judge someone until you've walked a mile in his shoes". Adopting the view that we will never look at the world through the same lens as they do can help remind us never to judge.

- Maria van Blerk (Social Worker)

1.4.3. Community Outreach @ The Nex Community Advisory Committee

The Advisory Committee plays an active role through dialogue, learning experiences and encounters with the various forums and sector role players, community leaders and groups in Delft.

Following the induction of the twelve members of The Nex Advisory Committee in February 2023, in addition to their monthly committee meetings, they have worked closely with HOPE Cape Town's programme implementation teams to deliver the following:

- An Easter luncheon for 80 senior citizens from the various Delft communities;
- Commemorating National Youth Day (16 June) at Roosendaal High School, more than 100 learners from the neighbouring high schools were taught how to write a résumé, covering letter and skill set requirements for successful job interviews;
- Attended events at The Nex campus and engaged with local and international guests and visitors;
- Conducted weekly Zumba classes in the mornings for the stay-at-home residents, and in the evenings for those who work during the day. These were very well attended and appreciated by the communities;
- Facilitated weekly reading classes through the Zoë Reading Programme for children eight to ten years old. In South Africa, 78% of our children do not have the core skill of reading for meaning in the first three years of school;
- Assisted with the coordination of the "First Thursday" event for all Delft residents which was hosted at The Nex by the Western Cape Provincial Government and City of Cape Town;
- Christmas party at The Nex for 50 children from severely under-resourced homes in Delft.



Advisory Committee

HOPE The Nex Seniors Club

In response to a challenge from the former Chairperson of the HOPE Cape Town Trust, the HOPE The Nex Seniors Club was established in 2022 by Mrs Gadiga Francis, also lovingly known as The Mayor of Delft. With boundless energy, Aunty Gadiga coordinates the HOPE The Nex Seniors Club and the Mandela Peace Park Seniors Club, a total of 97 active Delft residents, all over the age of 60 years.

There are 32 seniors clubs across all the neighbourhoods of Delft and each club have an average of 20-40 members. While each club operates independently, they form part of the Delft Seniors Forum which was founded by Aunty Gadiga in the 1970s.



The Nex Seniors

The club meets weekly to plan and discuss fundraising efforts, participate in arts and crafts and keep-fit sessions. They raise funds to buy special birthday cakes for those who celebrate 90 years and more; host Christmas parties for the very vulnerable children; their annual outing to Muizenberg Beach. The interaction between the seniors and the children who attend the Bayerngarden Centre for Early Childhood Development was phenomenal when they spent a morning playing games, reading stories and planting strawberries and other seedlings to take to their homes.

The HOPE The Nex Seniors bring joy and laughter to The Nex every Wednesday!

1.5 Local & International Collaboration



1.5.1. Delft Nex-Indawo Yethu e-Centre

The resource centre in Bavarian House has 24 workstations which are in high demand all day every day. In a partnership agreement with the Western Cape Government, it was renamed the Delft Nex-Indawo Yethu e-Centre and is managed by Alexsonia Joubert and Godfrey Wilkenson, both proud residents of Delft. Many people in Delft lack adequate computer education, particularly adults in the 18 to 40 years age group who need the most support.

I've lived here my whole life. This centre is the best thing that happened to Delft. Young people have the opportunity to learn all the platforms. High school learners come here to learn. We inspire them, we put the spark in them, then they can go to school and say: "No Teacher, let me show you!"

Godfrey Wilkenson



During the past year services were given to 67 140 individuals who entered the centre and needed assistance:

1. Applications and enquiries for social grants from SASSA;
2. Registrations at the Department of Education for their children to attend schools in Grades 1 (primary school) and 8 (secondary/high school);
3. Identity and related documents at the Department of Home Affairs;
4. Unemployment Insurance Fund registrations;
5. Writing résumés, web searches for employment and printing (each visitor to the centre may request 10 pages of free printing per day).

The busiest periods were during the school holidays when the Delft Nex-Indawo Yethu eCentre and the Kap23 Youth Centre delivered combined activities and entertainment for more than 60 primary school children per day.

1.5.2. Interns & Volunteers

Since the Covid pandemic there has been a limited expression of interest from would-be interns and elective students. We hosted five international volunteers from Italy, Germany and England. Volunteers often play significant roles in an organisation as they bring new perspectives to our everyday lives. To this end we plan to train some local youth between the ages of 17 and 24 to assist with the youth projects particularly. These young people mostly from the local high schools have proven to be very capable in coordinating the school holiday programmes in the past year. We look forward to watching their growth in community work.

1.5.3. LEAP

The Law Enforcement Advancement Plan (LEAP) is a joint initiative between the City of Cape Town and the Western Cape Provincial Government with the primary focus to deploy more law enforcement officers in the hotspot areas of Cape Town such as Delft which is, according to national government statistics, the number one murder capital in South Africa.



LEAP Officers

The objective is to bring safety and security to the communities in high-crime neighbourhoods. Between 20 and 40 LEAP officers are deployed daily from the deployment centre located at The Nex. According to the officers, they are called out mainly for drug-related crimes as well as possession of illegal weapons, domestic violence, assault and murder. The LEAP officers work closely with the grossly under-resourced South African Police Services (SAPS). Together, these safety structures dealt with more than 30 murders per month in Delft in 2023.

HOPE Cape Town is grateful for the added security at The Nex, brought about by the visibility of LEAP on the campus 24/7.

2. Portfolio Committees

2.1 Marketing Oversight Committee

Previously much of the communication material developed looked and felt the same. Not necessarily a bad thing as it meant that branding was of a uniform nature and the focus was on the specific programmes or projects in line with the strategy. However, particularly the fundraising campaign around the Seed of HOPE showed a need to target not only different audiences but also be mindful of different markets. The amazing support of the Zebra agency in Chemnitz, Germany has been vital in supplying excellent visuals and layouts which the team in Cape Town can use and adapt while still retaining a highly professional look and feel.

The development of the new website took too long, nevertheless it will provide an excellent tool to clearly showcase and explain just what HOPE Cape Town stands for. The German site mirrors the English language one and still has the option to focus on certain areas of HOPE Cape Town's work that may be specific to sponsors and partners in Germany.

The organisation's social media footprint and the social media competencies of the marketing manager have been enhanced to build presence across several platforms and the HOPE Cape Town Newsletter took on a new look and feel including a dedicated German version. This too gave the opportunity to highlight market specific HOPE Cape Town news topics.

In South Africa a key part of the marketing strategy is to build brand awareness, also through local fundraising drives. Alongside the Ball of HOPE the team also supported a sponsored golf day and the HOPE Shop at The Nex was finalised with additional HOPE branded merchandise. Trustees Calvin Daniels and Carole Armstrong Hooper are the members of this oversight committee. Regular meetings with the marketing team should ensure that planned activities and campaigns match the agreed strategy.

2.2. Joint Risk Committee

Feedback regarding our Risk Management Committee meeting. The committee met to discuss an update of the risk assessment as provided by Izane following the discussion it was agreed that the document will be updated. This is now in progress and new, updated risk assessment document is being compiled. This will be shared over the next months with the Executive Committee.



3. The Back Office of HOPE Cape Town



The structure of the back office continues to provide successful contributions to the smooth running of the day-to-day operations. The back office is led by the Chairperson of the Hope Cape Town Trust, Carole Armstrong-Hooper. The members of the back office are CEO Dr Izane Reyneke, Programme Manager Marlene Whitehead and in the position of European Relations/Admin Support is Melanie Wagner who joined in May 2023. Fortnightly meetings are held to ensure optimal communication between colleagues and to plan, realise and complete all necessary tasks and duties as best as possible.

3.1. Marketing

In the reporting period 2023/24 marketing activities have focused on the following:

- **Social media content** is tracking well across all platforms including Facebook pages for The Nex and HOPE Cape Town, Instagram, LinkedIn. A consolidated YouTube channel has been formed and the introduction of a TikTok page has led to an increase in followers. Due to low tracking and decrease in popularity, we have temporarily suspended our Twitter account.
- **Providing marketing support for organisational activities** through conceptualisation and implementation of events, development of social media content to support programme initiatives, photography and videography services for programmes and reporting and the development of supporting materials such as flyers, information booklets etc.



- Developing and distribution of Quarterly Newsletter: Maintenance and management of our existing English and German newsletters is a key element to communicating with supporters and donors. A year end newsletter and round up video review of 2023 was produced and shared with stakeholders.



Identifying editorial opportunities to leverage awareness for HOPE Cape Town: An opportunity was identified around World AIDS Day for HOPE Cape Town representatives to be featured and interviewed on local

Cape Town TV Channel around the work being done in the HIV sector. HOPE Cape Town's medical officer Dr Ana Houston and Clinical Nurse Practitioner Sr Zanele

TV-STARS!

Recognised for our expertise, innovation and leadership in the HIV sector, HOPE Cape Town was invited to participate in a panel discussion on a local Youth television programme on Cape Town TV to raise the spotlight on World AIDS day.

HOPE Cape Town's Sr Zanele Hali and Dr Ana Houston were joined on air by three of our Youth Club peer mentors to discuss the challenges and realities facing HIV positive youth.



NEWSLETTER
DEZ. 2023

HOPE CAPE TOWN TRUST



Liebe Freunde von HOPE Cape Town,

Im vergangenen Newsletter habe ich angefangen, über „Nachhaltigkeit“ mit Ihnen zu reden. Eine Reaktion darauf war die Aussage: „Aber ich will doch, dass mein Geld dem Kind direkt zukommt und sofort ankommt“.

Ich höre solche Kommentare sehr oft – und es ist verständlich, dass der Sponsor oder die Sponsorin natürlich direkt helfen will. Aber ich denke, es gibt zwei Dinge dabei zu bedenken:

Zum einen ist Entwicklung und auch reine Charity meist von längerer Dauer – wir gehen mit den Menschen einen Weg zusammen, damit z.B. jemand wieder auf die Beine kommt, oder eine Chance zum Lernen hat – oder aber wieder gesund wird. Spendengelder sollen ja möglichst lange und effektiv helfen. Und es geht ja auch nicht nur um „ein“ Kind, „eine“ Person, sondern vor Ort sind es zumeist viel mehr als es Bilder zeigen, die man auf Spendenflyern sieht.

Zum andern kann Geld arbeiten – und so einer Organisation eine planbare finanzielle Sicherheit geben, damit möglichst langfristig und auf Dauer vielen geholfen werden kann. Eine Zukunft geben, die auf Sicherheit aufbaut, das es weitergehen kann und die Hilfe, der Weg nicht vorzeitig beendet werden muss, sondern das Notwendige erlaubt, so das Leben wirklich gelingen kann.

Wir von HOPE Cape Town wollen verlässliche Partner sein – Spenden, die Nachhaltigkeit ermöglichen und Spenden, die angelegt arbeiten können, sind dabei ein unverzichtbarer Bestandteil unserer finanziellen Planung. Haben Sie dazu weitere Fragen? Dann können Sie mich über meine E-Mail gerne direkt erreichen.

Ihnen eine gesegnete Advents- und Weihnachtszeit.

Stefan

Rev. Fr. Stefan Hippler

DATEN FÜR IHREN KALENDER

CHARITY EVENT SÜDAFRIKA
11.09.2024 Ball of HOPE Kapstadt

CHARITY DEUTSCHLAND
OKT. 2024 HOPE Gala Dresden
NOV. 2024 Charity Dinner München

Seite 1

GRADE R CLASS GRADUATION



There was laughter, smiles and joy at the graduation ceremony of the first Grade R learners at the Bayengarden Centre for Early Childhood Development.

We are so proud of how they have all grown in skills, knowledge and confidence and wish them well on the next step in their journey.



Page 3

Finalisation of website content: The English and German websites are nearing completion and will be launched in the first quarter of the new financial year.



Leveraging Tax Year End to raise awareness of tax benefits through donations: Targeted advert on social media platforms LinkedIn and Facebook were developed to generate awareness around tax benefits through donations to HOPE Cape Town. The ad reached 3572 people with a direct post engagement of 537 people, 444 reactions to the ad and 80 clicks through to the website.

MUCH MORE THAN JUST A GOLF DAY – GOLFING FOR A GOOD CAUSE



The German entrepreneur Senator h.c. Marco Scherbaum invited interested golfers to the HEALTH FOR ALL® Charity Golf Cup Cape Town. The focus was “Golfing for a good cause!” All proceeds went to the HOPE Cape Town Trust.

The marketing team supported a fundraising initiative Health4All Golf Day which raised R25k that will be directed towards activities at the Kap23 Youth Centre.

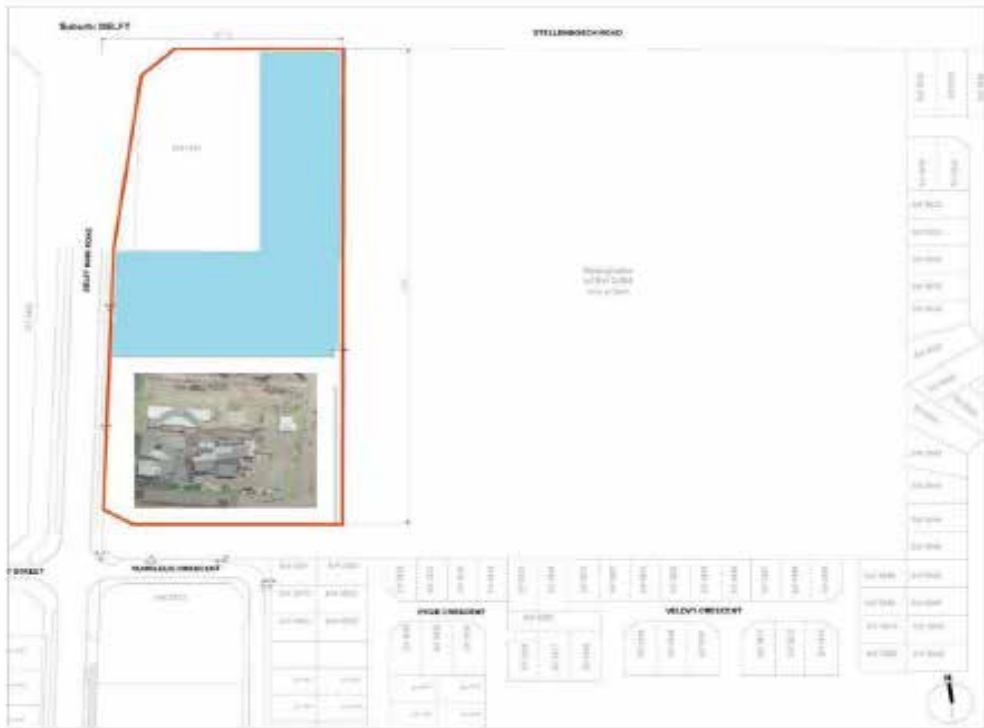
3.2. Visitors @ The Nex

Our campus was visited by students, tourists, politicians, choirs, and individual donors; all FRIENDS OF HOPE.



3.3. The Nex Community Garden & Training Centre

In order to address food injustice, adjacent to our campus, HOPE Cape Town purchased land measuring 6,600 square metres to establish a community garden.



The first task was to clean and level the land and erect a fence around the perimeter for safety and security purposes. A number of stakeholders joined to discuss the model of the community garden. It has been decided that once the boreholes, water tanks and irrigation systems have been installed, community allotments will be developed followed by hydroponic and aquaponic systems.

A key aspect to this project is training for the community to provide food security and potential income generating projects. In addition, in this time of severe climate change, we need to ensure that people, especially children become conscious of our dwindling natural resources. Hence training programmes will be offered for individuals in the community, school and college groups as well as for visitors and international tourists.



A view of the campus from the future community garden and training centre

4. Our Sister Organisation: HOPE Cape Town USA



Our Vision

HOPE Cape Town USA strives to improve the quality of life of vulnerable and marginalised children, youth and families affected by HIV/AIDS, and related illnesses, and help them to reach their own full potential.

Our Mission

HOPE Cape Town USA's mission is to assist people living with HIV/AIDS and related illnesses in the USA and South Africa. To support the ongoing work of HOPE Cape Town in South Africa, reduce the spread of HIV among vulnerable and marginalised children and youth in USA and support those living with HIV, our mission is realised by the following means:

- advocate, fundraise and support HOPE Cape Town programmes in South Africa.
- build a body of data to understand needs, challenges and interconnections of children, youth and families living with HIV, AIDS or related illnesses in South Africa and USA.
- support vulnerable and marginalised children, youth and families in the USA, beginning in the Dallas/Fort Worth (TX) area.
- collaborate with other NGOs in the fields to create synergies and expertise and interconnect globally with the aim to learn, share and optimise programmes.

- disseminate correct information, reduce misconceptions about the pandemic and so eliminate discrimination and create access to appropriate info on the syndrome, prevention, and treatment options.
- change behaviour to reduce risk of exposure to HIV/AIDS by focusing on changing social norms and education and reduce the effects of misinformation and stigma and help create a more accepting environment.
- increase demand and supply for, as well as access to and use of available treatment among the most vulnerable and marginalised.

During the Covid-19 times, most activities ceased. The headquarter of HOPE Cape Town USA has moved to Ann Arbor, Michigan, while Mr Community Auntjuan remains the representative in Dallas. Strategic planning is on the way to re-establish the work of HOPE Cape Town USA.

In the reporting time the Board of HOPE Cape Town USA met bi-monthly virtually to discuss business and plot new plans. In Dallas we remain connected to Mr Community and Director Auntjuan Wiley, supporting his work – namely the Dallas South “AIDS Walk” and the “Men’s Strength Conference” – as well as exchanging information about the HIV situation in the greater Dallas area. In New Jersey Directors Shirley and Joe Kunzmann started “Parker’s lunchbox donation” programme to support the kids in Blikkiesdorp / South Africa.

With the move of Director Stacie Greskowiak-McNulty to Ann-Arbor in Michigan there have been new opportunities. In November 2023 “An Evening of HOPE” fundraiser was the first in Ann-Arbor, attended by a great crowd of people interested in supporting HOPE

Cape Town in South Africa. Director Stacie Greskowiak-McNulty and her team worked hard to make this event not only a success but laid the fundamentals to repeat this support for years to come.



Our Board (from left to right): Stacie Greskowiak-McNulty, Rev. Fr Stefan Hippler, Auntjuan Wiley, Shirley Kunzmann and Joe Kunzmann

Evening of HOPE Event, Ann-Arbor November 2023

***An Evening
for HOPE***

a fundraiser benefitting HOPE Cape Town USA, a 501(c)(3) nonprofit


drinks | food | DJ | silent auction

November 10th, 7-10 pm

Zingerman's Greyline
100 N. Ashley Street
Ann Arbor, MI

cocktail attire | wear red

scan for tickets:





5. Our Sister Organisation: HOPE Kapstadt Stiftung (HOPE Gala)



The HOPE Kapstadt Stiftung was established in 2007 as a dependent trust foundation of the German AIDS Foundation in Bonn. It supports the activities of HOPE Cape Town even more effectively with donations from Germany. The German AIDS Foundation has been supporting HOPE Cape Town's projects since 2004. Since then, donations and proceeds from the foundation's benefit events have continuously benefited people in South Africa who are affected by HIV, AIDS and related diseases and live in poverty.

Especially Mrs Viola Klein promotes HOPE Cape Town year after year with great success. In October the traditional HOPE Gala took place again in the "Schauspielhaus" in Dresden. With a different format keeping the audience in one place also for the so-called after show party it was a great success. The program as usual diverse and of high quality made this evening an enjoyable fundraiser for all who gathered to support HOPE Cape Town.



The Premier of Saxony, Michael Kretschmer, and his wife Annett Hofman, as well as organiser Viola Klein with Rev. Fr Stefan Hippler



The Masters of Ceremony with Viola Klein and Rev. Fr Stefan Hippler at the end of a successful evening



In November 2023 a charity dinner together with the Patrick Lindner Foundation took place at the Four Seasons Hotel in Munich. The HOPE Kapstadt Stiftung is an important pillar of information exchange and fundraising for the HOPE Cape Town Trust in South Africa.



The HOPE Award winner, Rolf Stahlhofen, whose NGO works in the area of water access for all

6. Our Partner: HOPE & Future e.V. Münster



For many years closely and reliably at the side of HOPE Cape Town, we could again make our contribution in the mentioned business year.

The situation, which had been tense during Covid-19 due to many events that could not take place, eased somewhat and we were now again able to use festivals, markets and other events to generate donations through the sale of our homemade jams, candles and souvenirs to support projects for children and youth affected by HIV/AIDS in Delft Township. Meanwhile we could build a great reputation and many visitors come especially to the events to buy our delicacies and lovingly selected items. They know about the support of the good cause and contribute gladly and generously.



7. Our Partner: Manenberg Aftercare Centre



The Manenberg Aftercare Centre has recovered from all the difficulties that came for the Covid pandemic and is once again providing a full range of services to the children of Manenberg and their families. There is a new person at the helm, Ms Ingrid Frieselaar, an experienced NGO veteran who brings her unique talents and skills to the Centre. Her energy and presence has opened new possibilities for the children and she has many ideas for the future of the Centre.

Hope Cape Town has been extremely helpful to us in developing the capacity and talent of one of our staff members, Eloise. She started at the centre in 2011 as a kitchen assistant and soon showed that she is really committed to working with the children of the Manenberg community. The then-centre manager identified her talent and interest in this regard and moved her out of the kitchen to one of the classroom where she has had great success in shaping the young lives in her care as a facilitator.

Eloise showed particular interest in helping children in particularly troubled and broken situations (of which

there are sadly many in our care at the Centre). The Manenberg Aftercare Centre board recognised this interest and ability and discussed further studies with Eloise. She embarked on studies to become an auxiliary social worker under the mentorship of Maria van Blerk, Hope Cape Town's wonderful social worker who has also assisted us with difficult cases of many years.



Eloise has now completed these studies, still having one exam to complete in May 2023. This was only possible through the support, care and experience of Maria van Blerk, as well as the logistical support received from the Hope Cape Town Association. Eloise's success is in great part due to the help and support she received from Hope and will make a lasting difference in the Manenberg Aftercare Centre and broader community. A heartfelt thank you from us on behalf of Eloise. The children who will benefit from her new skills and all of us.

Internet: www.manenbergcentre.org

Facebook: www.facebook.com/ManenbergAftercare/

8. Our Partner: RAT & TAT Koblenz e.V.



RAT & TAT

Koblenz e.V. für das
nördliche Rheinland-Pfalz

RAT & TAT Koblenz e.V. (translated to ADVICE & ACT Koblenz e.V.) continues to collaborate with HOPE Cape Town. During the period under review, we were once again able to secure the support of RAT & TAT Koblenz e.V. for a donation for school uniforms, school bags, stationery and food from the Ministry of Internal Affairs for Sport and Infrastructure of the province Rheinland-Pfalz.

RAT&TAT Koblenz e.V. provides anonymous and free support for people with or without HIV/AIDS, personally or by phone. They give advice about sexually transmitted diseases and HIV antibody testing for professionals working in areas like medicine and welfare.

Facebook: <https://www.facebook.com/RATuTAT.Koblenz/>



Happy faces after pupils received their uniforms and school bags filled with books and writing materials for a great back-to-school

9. Our Partner: Southern African-German Chamber of Commerce and Industry



Deutsche Industrie- und Handelskammer für das südliche Afrika
Southern African-German Chamber of Commerce and Industry

To continuously develop critical industry skills, Hope Cape Town partnered with the Southern African-German Chamber of Commerce and Industry (AHK Southern Africa) and Logistics Companies to establish the Dual Vocational Training programme in Freight Forwarding and Logistics for the first time.

The three-year vocational training programme is based on the German vocational training curriculum and adapted to the South African SAQA accredited qualifications resulting in both South African and German certifications. On the South African side, the learners acquire NQF3 & NQF4 Freight Forwarding and Customs Compliance certifications and NQF5 Supply Chain Management in year three. Upon successful completion, the learners will also obtain the German Freight Forwarding and Logistics Agent qualification.

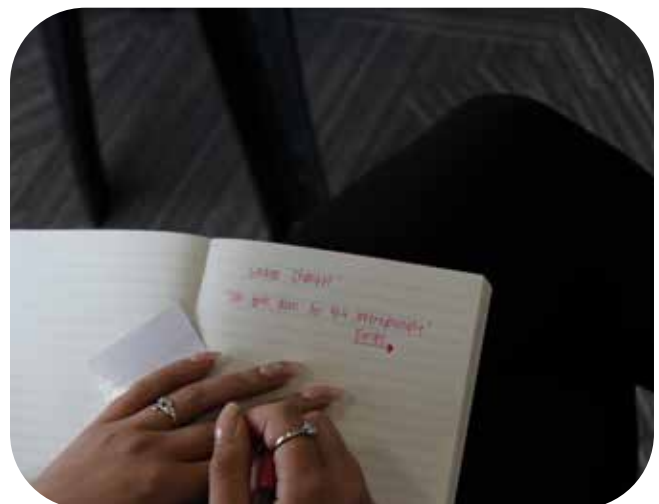
What makes the Dual programmes unique?

- Companies benefit from being able to recruit employees that have been trained to the latest state-of-the-art and can therefore help foster innovation and competitiveness (BMW, 2019)
- Theory in classroom
- creating positive energy between students
- Continuous and institutionalized education and training
- Certification based on German and South African standards
- comparable to a German Apprentice (Auszubildende/r)
- Extended curriculum – Germany and South Africa - Based on industry specifications
- Immediately accessible employee
- Unified training for the industries
- Continuously updated curricula

Furthermore, in line with the vision of the AHK Southern Africa, HOPE Cape Town offers entrepreneurial skills development courses tailored to the situation of young people in the township. The training can serve as a steppingstone toward entering TVETs to study Entrepreneurship and Business Management or entrepreneurship in the township. The goal is to witness aspirational township entrepreneurs transform newly acquired abilities into revenue-generating opportunities.

Internet: <https://suedafrika.ahk.de/en/>

Facebook: <https://www.facebook.com/SAGCCI/>



10. Our Partner: The German AIDS Foundation



The opening of the KAP23 youth development centre in The Nex community centre in January 2023 was a significant milestone in the cooperation between the German AIDS Foundation and HOPE Cape Town. Our foundation had financed the construction of KAP2. In a joint effort we have created a safe place for children and young people from the Delft township where their fears and hopes are heard and where they can develop their full potential. The Nex empowers young people on the path to their future.

Young people have to deal with HIV/AIDS, but also with poverty and violence. Health, education and self-confidence are crucial for their future. That is why HOPE Cape Town offers many courses at KAP23 that focus on these issues and are fun at the same time. For example: vacation learning projects, art workshops, workshops on violence and assertiveness, fitness and yoga classes, choirs and much more.

The outdoor area of KAP23 was also designed with this in mind. In summer 2023, the German AIDS Foundation ensured that outdoor fitness equipment could be purchased. We are delighted that committed German schoolchildren helped us with this. In Hamburg, they organized a charity soccer tournament in all weathers. This raised 3,600 euros. The German AIDS Foundation topped up the amount.



The outdoor fitness area at the youth development centre fits in with the holistic health cycle that HOPE Cape Town is pursuing in The Nex. And it fosters the health awareness that the South African government is also putting much emphasis on.



In January 2024, Sebastian Friedrich-Leser from the Atlantis agency visited the community centre. He wanted to combine his time out in South Africa with a good cause and approached the German AIDS Foundation with regard to HOPE Cape Town. Sebastian volunteered to shoot a video clip at The Nex and spoke to many of those involved about the work in the community centre and the services offered to people from the township. He came back with many impressions and a film that also shows our supporters how valuable the work of HOPE Cape Town is. We thank Sebastian very much for his commitment.

In 2024, the German AIDS Foundation will continue to support the “Intervention Program” of HOPE Cape Town. This includes the work of the health workers in the children’s wards at Tygerberg Hospital and in the township clinics. It is an important contribution to HIV prevention and care. Both are among the main objectives of our foundation’s support.

As Dr Kristel Degener’s successor as CEO of the German AIDS Foundation, I am very much looking forward to working with HOPE Cape Town. We have been associated with the organisation for more than two decades, particularly through the HOPE Cape Town Foundation. It is a great pleasure for me to work together to achieve as much as possible for the people of Delft and the greater Cape Town region.

With best regards

Anne von Fallois
Chief Executive Officer of the German AIDS Foundation



Internet: <https://aids-stiftung.de/>

Facebook: <https://www.facebook.com/Aids.Stiftung/>

11. Our Partner: Duale Hochschule Baden- Württemberg



Following a letter of intent between Duale Hochschule Baden-Württemberg (DHBW) and HOPE Cape Town Trust signed on 18/08/21, promoting cooperation in the fields of teaching and knowledge transfer, HOPE Cape Town hosted the first students from the school of social work during the reporting year.

DHBW with its official seat in Stuttgart is the first higher education institution in Germany which combines on-the-job training and academic studies and, therefore, achieves a close integration of theory and practice, both being components of cooperative education. With around 34,000 enrolled students, over 9,000 partner companies and more than 145,000 graduates, DHBW counts as one of the largest higher education institutions in the German Federal State of Baden-Wuerttemberg. Besides a broad range of study programmes in the fields of business and engineering, the university also covers the field of social work.

Internet: <https://www.dhbw.de/startseite>



12. Our Partner: SOL Austria



SOL (People for Solidarity, Ecology and Lifestyle) was founded in Austria in 1979 and is independent of political parties and religious communities. There are around 2000 members throughout Austria. SOL works together with many networks.

SOL has been a partner of HOPE Cape Town Trust since 2023.

SOL's mission statement

Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs and choose their own lifestyles. (Final Report of the Brundtland Commission "Our Common Future" 1987)

1. The Task

We support people on their way to a sustainable lifestyle. This journey can be accomplished in two steps:

- by changing personal behaviour and
- by changing social framework conditions.

2. The Principles

- Solidarity: All people in the world are entitled to the appropriate conditions for a fulfilling life. That



is why we stand up for disadvantaged people here and elsewhere - through personal behaviour such as fair trade and by changing the framework conditions, e.g. by calling for an unconditional basic income.

- Ecology: We have only borrowed the world from our children. Careful use of resources enables quality of life for future generations - the natural environment is just as worth preserving for its own sake.
- Enjoyable lifestyle: We advocate a life that combines sustainability and enjoyment. “Good instead of much”, “Use instead of own” and “Share work and wealth”, playful elements and festivals are sensible and sensual ways to achieve sustainability and personal happiness.
- Diversity: There are many right ways and not just one right way to sustainability. Young and old, men and women, different religious and ideological beliefs, different backgrounds - diversity enriches us.

3. The Strategy

Sustainability education: Motivation is important, as is knowledge. Sustainability education should impart both. Symposia, lectures and workshops organized by the Sustainability Education Agency, the magazines “SOL” and “Sustainable Austria”, various brochures, our newsletter “Electronic SOL”, our website www.nachhaltig.at,...

- Projects: Our projects focus on sustainable lifestyles, deepening individual aspects, discussion and dissemination.
- Networking: We bring people together who want to live more sustainably and/or change the social framework: personal networking in regional groups, networking with other NGOs in platforms.

4. The Framework Conditions

- SOL is: an association of around 2000 people throughout Austria, a meeting place, a discussion and project construction site for sustainable lifestyles. Events and meetings throughout Austria as well as our website offer space for personal exchange and concrete project development.
- The financing of SOL: via
 - Membership fees/donations according to self-assessment,

- Proceeds from the sale of books, calendars and workshops etc.,
- Funding from various federal ministries, state governments and the European Union.



Stephan Neuberger, Katharina Weiss and Rev. Fr Stefan Hippler in Vienna, Austria

13. Networking: Eine Welt Netzwerk Bayern e.V.



The Welt Netzwerk Bayern e.V. is the regional Non Profit Network of action groups, institutions, fair trade shops and local 1-World-Networks committed to development policy and situated in Bavaria, one of the 16 Federal States of Germany. All their members are engaged in 1-World Solidarity Work and are raising awareness. Therefore, we deal particularly with sustainable development, fair trade, international labour standards/corporate social responsibility and education for sustainable development.

Internet: <https://www.eineweltnetzwerkbayern.de/>

14. Partnership: Western Cape- Bavaria

Bavaria has had a partnership with the Province of Western Cape at a government level since 1995. This partnership is part of the Bavarian State government's Africa strategy. With this strategy, the Free State aims to provide targeted support for the development of individual African states, strengthen their ownership and develop long-term partnerships throughout Africa. In particular, the long-standing relationships with the South African partner regions of the Western Cape and Gauteng are to be specifically expanded and deepened as part of the Africa package. In line with Bavaria's core competencies, the focus is on economic development, education and vocational training, science, agriculture, the environment and administration.

There is a joint action plan between the Free State of Bavaria and the Western Cape Province, which is updated every two years.

These institutionalised links have also led to contact at a parliamentary level. Parliamentarians from Western Cape visited the Bavarian State Parliament in 2015 and 2017, and representatives of the Western Cape government in 2016 and 2019 to find out about current political issues. The Bavarian State Parliament and the Western Cape Provincial Parliament signed a partnership in Cape Town on 2nd November 2022.

HOPE Cape Town is proud to be part of this partnership since interception, starting at that time with the involvement in the HIV response within this framework. The Bavarian House and the Bayern Garden ECD Centre give witness to the strength of partnership,

which really reaches the people in every region of the Western Cape.



Signing of action plan in 2021 by State Minister Florian Hermann and Premier Alan Winde

15. Support of Other Organisations and Initiatives

15.1. The Tygerberg Hospital School – isiXhosa speaking teacher

The Tygerberg Hospital School (THS) is a government school located within the Tygerberg Hospital in Parow, north of Cape Town, South Africa. It is the second largest hospital in South Africa with nearly 2,000 beds.

The students of THS are patients of the children's hospital with cancer, heart, lung, kidney, liver or orthopaedic diseases. In addition, there is a psychiatric unit that admits up to 12 children up to grade 12. The inpatient stay for students ranges from three days to six months; sometimes more. All students come from less privileged families and the vast majority from disadvantaged and poor regions.

School-age children miss a lot of school material during a hospital stay. Many children are in the hospital for so long that they would not be able to keep up without intensive tutoring in the normal classroom setting. Many students are confined to bed for long periods of time and receive no support whatsoever. Others are already 12 years old or older and have never attended school. THS implements the best possible schooling for each and every child in the country. THS is fortunate to be able to take these children in, give them hope, and contribute to a better future for these children. THS teaches children at their school level, building their confidence and helping to strengthen the foundation of their academic careers. This school teaches all students and does not discriminate against gender, language, class, race or illness.

However, until 2014, schooling could only be conducted in English and Afrikaans, although many children speak isiXhosa as their mother tongue. isiXhosa is one of the 11 official languages in South Africa and is spoken by many people in the THS catchment area.

THS has long needed an isiXhosa-speaking teacher for its students, but has never been able to obtain funding for this from public funds. With the support of HOPE Cape Town, an isiXhosa-speaking teacher has been employed on an annual contract basis since January 2015. Since the beginning of 2023, Ms Avene Xubuzana is filling this important position.

Teaching in the mother tongue is key to a good education. Avene is a very creative professional who is always trying new ideas and methods to help all students succeed regardless of their limitations. As more and more isiXhosa-speaking patients arrive, Avene spends each day between the various children's wards, helping as many children as she can. She loves her work as can be seen by her energy and genuine smile.

Each year, approximately 36,000 children attend THS. Avene helps more than 8,000 of these students between the ages of 7 and 18.



Teacher Avene captivates her young audience with her storytelling skills

15.2. Community based organisations outreach Northern Cape

The Kareeberg Social Development Forum (KSDF) is a registered Not-for-Profit Organisation (NPO) and Not-for-Profit Company (NPC) spearheaded by Mr Hendrik Nuwegeld-van Wyk. The KSDF provides outreach services to the communities in Carnarvon as well as those on the outskirts such as De Bult Settlement, De Aar Kamp, Schietfontein and Loots Station.

The KSDF is an active outreach arm of the local municipalities and assists the National Development Agency (NDA) to deliver training workshops for unemployed youth.

At the request of a longstanding supporter, HOPE Cape Town lends a helping hand to the KSDF with much needed technical and other resources. We visited the team in Carnarvon in 2019 and 2022.



Rev. Fr Stefan Hippler, Executive Chairperson of the HOPE Cape Town Trust and Dr Izane Reyneke, CEO of HOPE Cape Town visit Schietfontein with the Executive Committee of the Kareeberg Social Development Forum near Carnarvon, Northern Cape

16. Governance

HOPE Cape Town Board of Trustees 2023/2024

The HOPE Cape Town Trust brings together individuals from diverse backgrounds to provide guidance for the organisation. We are honoured to gather wide-ranging expertise and to benefit from specialised knowledge. The focus of the Trustees on the long-term vision and stability of HOPE Cape Town is important for achieving our objectives.

Members of the Board of Trustees 2022/2023



Carole Armstrong-Hooper
(Chairperson)



Rev. Fr. Stefan Hippler
(Founder and Trustee)



Petra Reichwein
(Treasurer)



Dr. Dirk J Brand
(Secretary)



Prof. em. Monika Esser
(Trustee ex officio)



Bob Groeneveld
(Trustee)



Prof. Bradley Slade
(Trustee)



Lic. Iur. Martin Hörnig
(Trustee)



Viola Klein
(Trustee)



Themba Msimang
(Trustee)



Calvan Daniels
(Trustee)



Janine Horn
(Trustee)

HOPE Cape Town Trust Advisory Board

Within the Trust we make a place for exceptional individuals who have made outstanding contributions to HOPE Cape Town



Anja Tambusso-Ferraz



E. Joseph Kunzmann



Dr. Clint Gould



Erhard Fiebig

HOPE Cape Town Board of Expertise (HOPE Cape Town Association Board)

We have a group of brilliant individuals who through their expertise guide HOPE Cape Town with strategic thinking and in practical terms.



Prof. em. Monika Esser (Chairperson HOPE Cape Town Association)



Carole Armstrong-Hooper (ex-officio Chairperson HOPE Cape Town Trust)



Prof. Mark Cotton



Prof. Wolfgang Preisser



Dr Layo Seriki



Dr. Deepthi Raju Abraham



Fr Wim Lindeque



Albin Wagner



Aniela Batschari

16. Financial Report of HOPE Cape Town Trust 2023/2024





AUDIT • TAX • ADVISORY

P. O. BOX 21902, CLAREMONT 7735
SUITE 201, 260 ON MAIN, MAIN ROAD
CLAREMONT 7736
TEL : +27 21 674 1115
FAX : +27 21 674 2772
EMAIL : GENERAL@BGC.CO.ZA
WWW.BGC.CO.ZA

Independent Auditor's Report

To the Trustees of HOPE Cape Town Trust

Qualified Opinion

We have audited the financial statements of HOPE Cape Town Trust set out on pages 9 to 18, which comprise the statement of financial position as at 29 February 2024, and the statement of comprehensive income, the statement of changes in trust funds and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effect of the matter described in the Basis for Qualified Opinion section of our report, the financial statements of HOPE Cape Town Trust for the year ended 29 February 2024 are prepared, in all material respects, in accordance with the basis of accounting policies as disclosed under note 2 to the financial statements.

Basis for Qualified Opinion

In accordance with similar organisations, it is not feasible for the Trust to institute accounting controls over cash donations and fundraising prior to initial entry of the collections in the accounting records. Accordingly, it is impracticable for us to extend our examination beyond receipts actually recorded.

We conducted our audit in accordance with International Standards on Auditing (ISAs). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the financial statements section of our report. We are independent of the trust in accordance with the Independent Regulatory Board for Auditors' Code of Professional Conduct for Registered Auditors (IRBA Code) and other independence requirements applicable to performing audits of financial statements in South Africa. We have fulfilled our other ethical responsibilities in accordance with the IRBA Code and in accordance with other ethical requirements applicable to performing audits in South Africa. The IRBA Code is consistent with the corresponding sections of the International Ethics Standards Board for Accountants' International Code of Ethics for Professional Accountants (including International Independence Standards). We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to note 2 to the financial statements, which describes the basis of accounting. The financial statements are prepared in accordance with the trust's own accounting policies to satisfy the financial information needs of the trust's beneficiary. As a result, the financial statements may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

PARTNERS

GA GORDON CA (SA), I SHFR BCOM CA (SA), DI SHDRIE BCOM CA (SA), NP GORDON BCOM CA (SA),
SR WALKER BCOM CA (SA), T HOWIE B.BUS SCI CA(SA)

IRBA NO 313486 | SAICA NO 9330963

Other Information

The trustees are responsible for the other information. The other information comprises the information included in the document titled "HOPE Cape Town Trust Financial Statements for the year ended 29 February 2024", which includes the Trustees' Report, and the statement of Trustees' Responsibilities and Approval, which we obtained prior to the date of this report, and the supplementary information set out on page 19. The other information does not include the financial statements and our auditor's report thereon.

Our opinion on the financial statements does not cover the other information and we do not express an audit opinion or any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Responsibilities of the Trustees for the Financial Statements

The trustees are responsible for the preparation of the financial statements in accordance with the accounting policies as disclosed under note 2 to the financial statements, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the trust's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the trust or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the trust's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the trust's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the trust to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the trustees regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Report on Other Legal and Regulatory Requirements

In accordance with the requirements of Section 17(2) of the Nonprofit Organisations Act, we report as follows:

- the financial statements of the Trust are consistent with its accounting records;
- the accounting policies of the Trust are appropriate and have been appropriately applied in the preparation of the financial statements; and
- the Trust has complied with the provisions of the Nonprofit Organisations Act and of its constitution which relate to financial matters.



BGC

Registered Auditors

Chartered Accountants (SA)

Per: T. Howie CA(SA)

Registered Auditor

Partner

28 May 2024

Suite 201, 200 on Main

200 Main Road

Claremont

7708

Report on Other Legal and Regulatory Requirements

In accordance with the requirements of Section 17(2) of the Nonprofit Organisations Act, we report as follows:

- the financial statements of the Trust are consistent with its accounting records;
- the accounting policies of the Trust are appropriate and have been appropriately applied in the preparation of the financial statements; and
- the Trust has complied with the provisions of the Nonprofit Organisations Act and of its constitution which relate to financial matters.



BGC

Registered Auditors

Chartered Accountants (SA)

Per: T. Howie CA(SA)

Registered Auditor

Partner

28 May 2024

Suite 201, 200 on Main

200 Main Road

Claremont

7708

HOPE Cape Town Trust

(Registration Number IT1797/2006)

Annual Financial Statements for the year ended 29 February 2024

Trustees' Responsibilities and Approval

The trustees are required to maintain adequate accounting records and are responsible for the content and integrity of the annual financial statements and related financial information included in this report. It is their responsibility to ensure that the annual financial statements satisfy the financial reporting standards with regards to form and content and present fairly the statement of financial position, results of operations and business of the trust, and explain the transactions and financial position of the business of the trust at the end of the financial year. The annual financial statements are based upon appropriate accounting policies consistently applied throughout the trust and supported by reasonable and prudent judgements and estimates.

The trustees acknowledge that they are ultimately responsible for the system of internal financial control established by the trust and place considerable importance on maintaining a strong control environment. To enable the trustees to meet these responsibilities, the trustees set standards for internal control aimed at reducing the risk of error or loss in a cost effective manner. The standards include the proper delegation of responsibilities within a clearly defined framework, effective accounting procedures and adequate segregation of duties to ensure an acceptable level of risk. These controls are monitored throughout the trust and all employees are required to maintain the highest ethical standards in ensuring the trust's business is conducted in a manner that in all reasonable circumstances is above reproach.

The focus of risk management in the trust is on identifying, assessing, managing and monitoring all known forms of risk across the trust. While operating risk cannot be fully eliminated, the trust endeavours to minimise it by ensuring that appropriate infrastructure, controls, systems and ethical behaviour are applied and managed within predetermined procedures and constraints.

The trustees are of the opinion, based on the information and explanations given by management, that the system of internal control provides reasonable assurance that the financial records may be relied on for the preparation of the annual financial statements. However, any system of internal financial control can provide only reasonable, and not absolute, assurance against material misstatement or loss. The going-concern basis has been adopted in preparing the financial statements. Based on forecasts and available cash resources the trustees have no reason to believe that the trust will not be a going concern in the foreseeable future. The annual financial statements support the viability of the trust.

The annual financial statements have been audited by the independent auditing firm, BGC, who have been given unrestricted access to all financial records and related data, including minutes of all meetings of the beneficiary, the trustees and committees of the trustees. The trustees believe that all representations made to the independent auditor during the audit were valid and appropriate. The external auditor's qualified audit report is presented on pages 3 to 5.

The annual financial statements set out on pages 9 to 18, and the supplementary information set out on page 19 which have been prepared on the going concern basis, were approved by the trustees and were signed on 11.05.2024 on their behalf by:


Mrs C Armstrong-Hooper (chairperson)


Mrs P Reichwein (treasurer)

HOPE Cape Town Trust

(Registration Number IT1797/2006)

Financial Statements for the year ended 29 February 2024

Statement of Financial Position

Figures in R	Notes	2024	2023
Assets			
Non-current assets			
Property, plant and equipment	3	63,934,870	61,793,064
Other receivables	4	561,357	525,031
Total non-current assets		<u>64,496,227</u>	<u>62,318,095</u>
Current assets			
Cash and cash equivalents	5	61,698,827	53,296,441
Total assets		<u>126,195,054</u>	<u>115,614,536</u>
Equity and liabilities			
Equity			
Trust capital	6	100	100
Accumulated surplus		86,186,294	81,598,933
Capital maintenance reserve	7	40,000,000	34,000,000
Total equity		<u>126,186,394</u>	<u>115,599,033</u>
Liabilities			
Current liabilities			
Trade creditors	8	8,660	15,503
Total equity and liabilities		<u>126,195,054</u>	<u>115,614,536</u>

HOPE Cape Town Trust

(Registration Number IT1797/2006)

Financial Statements for the year ended 29 February 2024

Statement of Comprehensive Income

Figures in R	Note	2024	2023
Donation income		24,215,401	19,903,514
Other income		492,260	273,143
Expenses		(2,880,469)	(1,895,025)
Surplus from operating activities	9	21,827,192	18,281,632
Finance income		4,855,815	4,385,625
Surplus before distributions		26,683,007	22,667,257
Distributions paid			
Beneficiary distributions		(16,095,646)	(13,719,112)
Surplus for the year		10,587,361	8,948,145

Banking Details South Africa

Account Name: HOPE Cape Town Trust
Name of Bank: Standard Bank of South Africa Limited
Account No: 070274525
Branch Code: 020909
Swift Code: SBZAJJ
Branch Name: Thibault Square
Account Type: Business Current Account

Banking Details Germany

Kontoname: Katholisches Auslandssekretariat
Bank: Commerzbank, Köln
Konto-Nr.: 211402100 (BLZ 370 800 40)
SWIFT-BIC.: DRESDEFF370
IBAN: DE72 3708 0040 0211 4021 00
Kennwort: HOPE Cape Town Trust

Kontoname: HOPE Kapstadt Stiftung
Bank: Bank für Sozialwirtschaft Köln
Konto-Nr.: 8269500 (BLZ 370 205 00)
SWIFT-BIC.: BFSWDE33XXX
IBAN: DE15 3702 0500 0008 2695 0

Financial donations can be made in the following ways:

1. EFT
2. Secure Online Payment via www.hopecapetown.org/donate

PBO No: 930024843
NPO No: 053-417 NPO

HOPE Cape Town Trust Contact Details

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Website: www.hopecapetown.org
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HOPE Cape Town strives to improve the quality of life of children, youth and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.

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