



hiv outreach program & education

PERSONALISED PROMOTIONS: 083 261 5300

HOPE Cape Town and Traditional Healers

In December 2003, HOPE Cape Town pioneered in initiating cooperation between traditional healing methods and the western biomedical approach. The project, piloted in five communities, links the HOPE Community Health Worker and local Sangomas to the clinics in order to promote mutual respect and cooperation in the fight against HIV and AIDS.

Since 2010, HOPE Cape Town supports a scientific project addressing the potential effect of traditional medicines used by Sangomas on the blood concentrations (pharmacokinetics) of conventional drugs including those used for treatment of HIV/ AIDS. This information will be important for providing best medical advice to HIV patients, because Sangomas will often give these patients medications of plant and animal origin (Muti) for treatment of physical and mental illness, social disharmony and spiritual difficulties.

The HOPE Cape Town Trust & HOPE Kapstadt Stiftung

The HOPE Cape Town Trust and its German equivalent, the HOPE Kapstadt Stiftung, were founded in 2006 and 2007, respectively, to sustain the work of the HOPE Cape Town Association for the future.

Funding & Partnerships

HOPE Cape Town is privately funded and entirely dependent on donations and sponsorships. Our organisation does not accept South African Government funding. We would like to thank all our private and corporate donors and sponsors for their ongoing support and commitment.

Strong, enduring partnerships are the mainstay of HOPE Cape Town operations. We are proud to partner with the Provincial Ministry of Health (Western Cape), the City of Cape Town, the German AIDS Foundation, Stellenbosch University (Faculty of Health Sciences), Tygerberg Academic Children's Hospital, KID-CRU, HS Niederrhein, TU Munich and, Be Your Own Hero e.V..

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Please help us to make a difference!

Bank details South Africa

HOPE Cape Town Trust
Standard Bank • Cape Town Branch
Branch Code: 02 000 900 • Account #: 07 027 4525
SWIFT Code: SBZAJJ

HOPE Cape Town Trust is registered in South Africa as:
Public Benefit Organisation (SA) No 930024843
Non Profit Organisation (SA) No 053-417



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Cape Town



Selected photos courtesy of Rainer Jensen



www.HopeCapeTown.com



The HIV Pandemic

HIV/ AIDS is a global challenge. HIV infection rates keep increasing:

Globally:	33.3 Million
In Sub-Saharan Africa:	22.5 Million
In South Africa:	5.6 Million
New infections per day in SA:	930
AIDS related deaths per day:	850

Source: UNAIDS

HOPE Cape Town believes we must engage all leaders, stakeholders, communities and individuals in the fight against HIV and AIDS.

The HOPE Cape Town Concept

Founded in 2001, HOPE Cape Town today is a well-established Non-Profit Organisation operating in the Western Cape Province in the fields of HIV/ AIDS and TB prevention, outreach and education.

HOPE Cape Town is flexible: we respond with creative and effective solutions and services in order to

- 🧑‍🦰 address real need
- 🧑‍🦰 change attitudes and behaviours

Our strategy is to integrate into existing programmes and structures without building new facilities or duplicating services. Admin and promotion costs are kept to a minimum.

HOPE Cape Town for the children – Ithemba means HOPE

In October 2001, the Ithemba Paediatric Ward for Infectious Diseases was opened at Tygerberg Children's Hospital to provide treatment, care and education to children affected by HIV & AIDS in a friendly and family-focussed environment. Three years before the launch of the national ARV rollout by the South African Government in April 2004, HOPE Cape Town sponsored treatment regimens for infected children and provided support for their caregivers and families.

HOPE Cape Town for the communities

The core project of HOPE Cape Town is the Community Health Worker Programme. Since 2002, HOPE Cape Town has been training and employing community health workers in various underprivileged areas in the greater Cape Town area. The now 23 HOPE Community Health Workers are providing Voluntary Counselling and Testing to clients in the community clinics, do home and follow-up visits and assist with compliance and adherence issues. We are currently active in 18 communities located within a 200 km radius around Cape Town.



The HOPE Community Health Worker is a vital resource in the chronically understaffed clinic environment and at the same time a resident in the community he or she is working in. This enables the HOPE Community Health Worker to have a unique insight into the structures and dynamics of his/ her community, making him/her the perfect facilitator for outreach activities such as support groups for youth, teenage moms and HIV patients, PMTCT (Prevention of Mother to Child Transmission) and various grassroots projects.

Through the Nutrition Project, HOPE Cape Town provides information on healthy nutrition to people living with HIV and AIDS, especially focussing on mothers with their babies.

On request, HOPE Cape Town also conducts workshops and seminars on HIV & AIDS awareness and prevention for private companies, schools, other NGOs, churches etc. as part of our outreach programme.

HOPE Cape Town for the individual

HOPE Cape Town strongly encourages individual empowerment. Our intensive and comprehensive Community Health Worker training programme is designed to develop both, professional capacity as well as personal strength and confidence.

We support grassroots projects, which enables and encourages the HOPE Community Health Worker to initiate local income-generating activities and skill-developing projects on his or her own.

In 2009 we started an e-learning project that is aimed at continuously increasing the knowledge of our Community Health Workers as well as keeping them up to date on the latest developments in the areas of HIV and TB. With this kind of efficient ongoing training and novel skills development, the Community Health Workers will be able to treat and help the patients in the clinics better.