

HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.

# Annual Report 2020/2021

Board of Trustees HOPE Cape Town Trust 12/06/2021



Public Benefit Organisation (SA) No 93/00/24/843 Non-Profit Organisation (SA) No 053-417NPO

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## Address of Consul General of the Federal Republic of Germany in Cape Town

Cape Town, May 8<sup>th</sup> 2021



Dear Reader,

while I am writing these lines to you, South Africa is still under moderate lockdown due to the global COVID19 pandemic which hit the country back in March 2020. By means of a swift and consistent, yet at the same time flexible and adaptive public response, of the overwhelming compliance by South Africa's citizens, and of the capabilities of the country's health sector gained in previous large-scale outbreaks of disease, the storms of the first and second wave have successfully been weathered.

But the crisis is not over yet. We cannot exclude the possibility of a third wave in winter, and the vaccination campaign remains a huge and complex challenge. Furthermore, the impact of COVID has placed a historically heavy burden on South Africa's economy, and hence a strain on many a family's conditions of living, as well as on the financial scope of action of state and society to keep the health sector effective, and to alleviate poverty.

NGOs like HOPE Cape Town, whose social and healthcare work in the Western Cape has been an invaluable and most highly appreciated contribution in "normal" times already, have an even more significant role to play in this current situation of dire economic, fiscal, and social straits. To give you but one example, HOPE Cape Town set up a soup kitchen in the township of Blikkiesdorp for more than 1,000 kids per day to supply them with a warm meal per day when the hard lockdown struck in 2020. Against such background, every support to NGOs like HOPE is an investment of vital importance, in the good cause, and in the future.

Given the close and long-standing ties between HOPE Cape Town and Germany in terms of origin, network, expertise, and support, my country has every reason to honour the dedication, sustainability, and resilience of their work. It was therefore with particular pride and joy that I awarded the Cross of the German Order of Merit to Reverend Father Stefan Hippler on 11 March this year, on behalf of German Federal President Dr. Frank-Walter Steinmeier. This award, paying tribute to Stefan's admirable lifetime achievement, it is at the same time a token of highest appreciation conveyed to his entire team, volunteers and professionals, for their unshakeable commitment, idealism, and endurance over the years.

For two decades now, HOPE Cape Town has relentlessly worked on improving the situation of underprivileged families at the Cape – by helping to contain the spread of HIV, empowering communities affected, coping with the impact the disease has on everyday life, and fostering individual development during childhood and youth. In short: by transforming lives, and especially young lives, for good.

HOPE Cape Town have been adding value to the South African public health service by supporting Tygerberg Hospital and township clinics in the Cape Flats with the services of specialized physicians and well-trained health workers. Furthermore, they have long been providing anti-retroviral medication, and after-care for patients subsequent to treatment in hospital.

In an ever more comprehensive outreach, HOPE Cape Town have developed a multitude of intervention strategies systematically enabling HIV positive people to make their way out of poverty, lead a self-sustained existence and live a dignified, self-conscious life in their community. HOPE's activities in this regard include income-generating projects based on vegetable gardening, cooking, craftsmanship or needlework. Adult education and life-long learning is facilitated through skills training in environmental conservation, reading groups, and computer classes such as "Young women digital literacy".

A special emphasis, however, has deliberately been placed by HOPE Cape Town on educational work with children from families affected to help them reach their full potential: preparatory ergotherapy in order to address neurodevelopmental delays, pre- and afterschool programs, school registration and supply with school uniforms and items, and active re-integration of drop-outs by social workers, in the communities of Delft and Blikkiesdorp.

Finally, notwithstanding the pandemic, HOPE have extended their activities in 2020, so as to actively facilitate the transition of teenagers and young adults emanating from those communities into the labour market. Thereby, they will at the same time contribute to meeting one of South Africa's biggest challenges on the path to long-term jobs and growth: implementing *Duale Ausbildung*. In joint initiative with the German Länder (Provinces) Bavaria and Saxony, German and European NGOs and private donors, all providing funding, with the Western Cape and the City of Cape Town providing the real estate required, and with the South African-German Chamber of Commerce providing their network of partner companies and their qualifications know-how, HOPE Cape Town is now in the process of setting up a new dual vocational training centre, "Indawo Yethu/The NEX" in Delft.

On December 14<sup>th</sup>, 2020, I had the pleasure to take part in the Blessing Ceremony of "the NEX", together with Alan Winde, Premier of the Western Cape, and Dan Plato, Executive Mayor of the City of Cape Town. Under the warm spring sun, we jointly dug in a "time capsule" in the sandy Cape Flats soil, according to a wonderful South African tradition. In that moment, with a year of hardship coming to a close, I felt a very peculiar mixture of gratitude, confidence, ease, and hope. Somehow the scene, place, and occasion seemed to imply the prospect of a brighter year ahead. From the expression of the faces of everyone present, I could imagine their minds were filled with something alike.

Conveying to HOPE Cape Town my best wishes, good luck and every success for the year ahead!

Yours faithfully

Matthias Hansen Consul General of the Federal Republic of Germany, Cape Town



## 1. Report of the Chairperson

Indeed, it was a year to be remembered or as some would say, a year we should rather forget as quick as possible. Still, HOPE Cape Town staying true to its often-unconventional way of doing business had to adapt and at the same time to develop, the organization had to beat the challenge of a pandemic while moving into the sphere of a development agency. As the chair of the HOPE Cape Town Association so correctly put it in her presentation for the association's AGM:

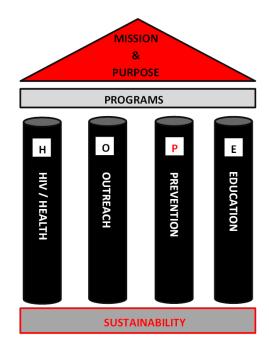
"After the unprecedented turmoil of the COVID-19 Pandemic in 2020, it is now difficult to reflect on what was once "normal" also in the life of HOPE Cape Town. Nobody was spared the repercussions of the virus, and our humanity was challenged when we were forced to be still and alone. Our HOPE Team persevered with amazing ingenuity, flexibility, bravery and hard work to achieve what is detailed in the below report. Uncertainty and fear, illness and bereavement became part of everyday life and work of our staff. A huge thank you goes to them. Our programs stretching from Tygerberg Hospital to multiple community clinics of the Western Cape and our Blikkiesdorp outreach had to be adapted. Work designations had to be shifted to emerging needs such as serious food shortages with soup kitchens, clinic closures with e-consulting and special supply measures of essential medicines. Distancing and infection prevention for staff necessitated changing to Zoom and Teams meetings and last but not least working "without a face" behind now compulsory masks. ...."

While the pandemic is certainly not at its end and more challenges are ahead of us, there is always the necessity to sit back and review more in detail what the HOPE Cape Town Trust in cooperation with the HOPE Cape Town Association, HOPE Cape Town USA and all our supporters, sponsors and partners has achieved in this Covid-19 year, and in doing so, setting the scene for another challenging year ahead with internal changes in the making. Last year the Board of Trustees agreed on the transition plan regarding the chairpersonship of the HOPE Cape Town Trust, which included also changes in the way, the HOPE Cape Town Association is run.

During the time to report the Executive Committee and the Finance Committee met several times to discuss and work out practical steps in terms of last year's resolution regarding the transition time. The Chairperson was mandated to propose results accordingly during this AGM which I will do at a later stage.

Let us now first present to you the achievements during the year of reporting, and I am sure you will agree that the staff of HOPE Cape Town excelled in service deliver and dedication under dire circumstances.

The 4 Pillars – HIV/Health Outreach Prevention Education



#### 1.1 Strategic Objective 1: Optimizing Health Services

Aim: Support South African Government structures through optimizing health services to improve patient outcomes, by:

- Identifying and addressing emerging needs
- Filling gaps
- Engage with Department of Health to identify needs and ways to address it at community level.

Our relationship with the Department of Health is very important. We regularly engage with various stakeholders ranging from health care facility managers, district managers and the leadership of both the City of Cape Town and the Provincial Department of Health.

Place well trained staff at key health care facilities to provide services or support facility staff who are rendering services to optimize patient experience and outcome through reduction in waiting times, improving patient knowledge and providing quality care. (excerpt MOU)

HOPE Cape Town currently has MOUs in place with:

- City of Cape Town
- The Western Cape Government via its Department of Health (for the Tygerberg Northern Substructure)
- Stellenbosch University Faculty of Medicine and Health Sciences
- Tygerberg Hospital
- Tygerberg Hospital School

## 1.1.1 HOPE Cape Town's COVID Response







This past year has been so different from previous ones. The world has been gripped by a global pandemic of COVID-19. The first case of COVID-19 in South Africa was identified on the 5th of March 2020. South Africa responded with a very strict lockdown from the 26th of March 2020. In the year that followed 1.5million people were officially diagnosed with COVID with more than 52000 COVID deaths. This virus has impacted every family and every aspect of life.

As an organization, HOPE Cape Town aimed to continue to support the public health system and the communities that they are based in, while making every effort to protect their staff members. Despite this, several staff were exposed and quarantined — with some of them developing COVID related illness. None of the staff required hospitalization themselves. However, some of the extended HOPE Cape Town community and family members became severely ill. HOPE Cape Town recognized the grief and ongoing stress related to the pandemic experienced by so many. Despite this, staff continued to deliver an excellent, holistic service. This balance of self-care and community care, combined with new public health regulations, required many adaptations to the way things were done.

During the first wave of the pandemic in South Africa, the HOPE doctors supported the COVID response by being involved in the COVID testing site in Delft – freeing up the clinic's doctors to be part of the mobile testing team. They also assisted at the Tygerberg Hospital COVID data centre – ensuring that test results were correctly followed up and relayed to patients. During the second wave the national health laboratory system had developed an automated text message service that performed this function.

From the end of February 2021, the vaccination of healthcare workers against COVID was top priority. HOPE Cape Town's clinical staff — including all community workers, social workers, doctors, and OTs were enrolled in the rollout of the Johnson & Johnson vaccine. Hopefully, this will provide increased protection for the year to come.

#### 1.1.2 HOPE Doctor Clinical Sessions

#### Paediatric and Adolescent Antiretroviral clinics

HIV is a chronic, lifelong illness that can be easily controlled with Antiretroviral medication. However, taking medication daily can be challenging for children and adults alike. This past year has added extra burdens to people's lives as they have faced stress, economic hardship, fear, food insecurity and constantly changing regulations due to COVID-19. HOPE Cape Town aims to walk alongside the families of children living with HIV and build trust, educate, empower, and care for them. HOPE's doctors assist at multiple clinics – Delft Community Health Centre (paediatric and youth clinics), Delft South clinic (paediatrics), Symphony Way clinic (youth).

Each clinic had to adapt their ways of delivering care due to COVID-19. In Delft CHC this meant that during the first wave, the Infectious Disease Clinic wing was taken over by COVID testing and care and the ARV unit moved to a different part of the clinic. The stable patients had 'quick pick up' sessions with very limited in person consultation time. The doctors also started using teleconsultations to relay laboratory investigations, where appropriate, rather than in person consultations. The pharmacy also agreed to give 3–4month prescriptions of ART at a time rather than the 1-2months that was normal prior to COVID. Thus, helping to decrease the crowded waiting areas.

So, while many positive adaptations happened in the last year it was also a difficult time clinically. Procedures and regulations changed frequently causing chaos and confusion. Some patients struggled with this, as well as the increasing social burdens, and defaulted their medication. Another very sad repercussion of this is the increasing numbers of newly diagnosed infants that are presenting to the clinic – as mothers default their medication during pregnancy or while breastfeeding and then transmit HIV to the child. There was also increased mental health strain (anxiety, depression, and suicidality) – particularly affecting the adolescents in high school.

Youth Clubs continued to meet when regulations allowed, and they were a continual source of encouragement. A third club was started at Delft CHC to cater for the young adults / university students from the Thursday Youth Clinic. The other Friday clubs have also grown in number. Discussions are had ranging from dealing with stress, how and when to talk to your partner about your HIV status, to interpreting the labels on the ARV bottles and learning their ARV's names. In December 2020, a combined club outing was enjoyed. The Clubs went to play open- air Putt Putt in Muizenberg and then had a picnic and swim in the tidal pool at Dalebrook. It was a really relaxed end of year celebration despite the COVID regulations!

Unfortunately, an end of year party was not held for the younger Delft patients as gathering 200 people together in a hall was unwise and against COVID regulations. HOPE was able to give each patient a Christmas present at their last consult of 2020, which brought much delight.

Delft CHC has 207 patients currently attending (between 0-16years of age) and a further 34 who have struggled to attend in the past year.

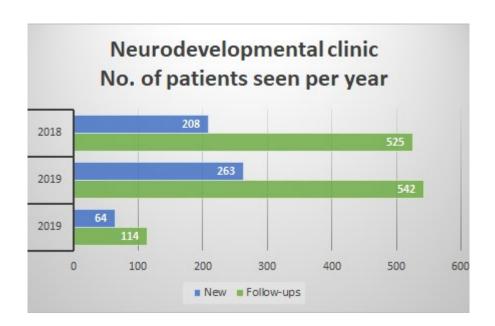
## Neurodevelopmental Clinic: Tygerberg Hospital

The HOPE doctors assist at the Tygerberg Hospital paediatric neurodevelopmental clinic once a week. Here they see returning patients and ensure that they are accessing the right care and schooling. While this is challenging in a normal year – it has been even more so this year due to COVID. During the height of the first and second wave, the neurodevelopmental clinic was closed, and the doctors did telephonic consultations instead.

The impact of COVID has been particularly difficult as some parents relied on creche and schooling to get the necessary respite from the struggle of parenting a very energetic or complicated child. So having to home-school them and not having any sort of rest was really exhausting. From the clinic's side the waiting time to get an appointment was extended, as well as the waiting time for placement in a school.

Parents were also confused by the clinic being shut for some time – or being scared to come to the hospital due to COVID. This resulted in valuable appointments being missed. HOPE assisted with setting up a text message service to remind parents of their appointment and address these issues.

As with the trend globally, relatively more patients with neurodevelopmental concerns are being referred every year. Tygerberg went from 208 new patients in 2018 to 327 in 2019 (now split across two clinics). These patients may have autism spectrum disorder, intellectual disability, global developmental delay, cerebral palsy, or other neurodevelopmental conditions.



## 1.1.3 Occupational Therapy

#### **Overall Summary**

Occupational therapy services run by HOPE at various clinics started on 1 May 2017. So far, the total headcount of children been seen by the OT team (since starting in May 2017) is 481. This year the total headcount of children seen by the OT team was 194.

#### Occupational therapy during the COVID-19 pandemic

OT services were limited to zero physical contact from April – August, and minimal physical contact consultations have resumed from August in keeping with national and clinic COVID-19 safety precautions.

During the time when zero-physical-contact was allowed: therapists designed, made, and put together activity packs for the patients to do at home. These packs provided the caregivers with information to help support their child and developmentally appropriate activities for the children's different skill abilities. The packs were made for each child that had previously been assessed by OT and was attending OT sessions on a regular basis. The packs were handed out to patients through the doctors attending the clinics at first, and then continued to be handed out by therapists when the clinics allowed. A total of 95 therapy packs were given out across the four OT clinic service sites.

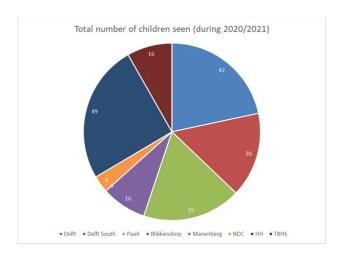
## Clinics/locations of current services Paediatric ARV clinic support

- Delft CHC paediatric ARV clinic (since 5 May 2017)
- Delft South paediatric ARV clinic (since 30 May 2017)
- TC Newman CHC paediatric ARV clinic in Paarl (since 29 November 2017)
- Helderberg Hospital paediatric ARV clinic in Somerset West (since 1 March 2019)
   (Other vulnerable children also included at these clinic sites)

#### Assessment and intervention for other vulnerable children

- Blikkiesdorp HOPE Play Group project (since 3 May 2017)
- Manenberg Youth Aftercare project ad hoc (since 10 May 2017)
- Tygerberg Hospital Neurodevelopmental Clinic (since 16 October 2017)
- Tygerberg Hospital School (since 1 August 2019, ended 30 September 2020)

## Breakdown of occupational therapy services



## Paediatric ARV clinic support (weekly visits to each clinic)

#### **Individual OT**

Assessment and therapy for

- HIV+ or other vulnerable children, therapy focused on development, pre-academic skills and play.
- School-going (5+years): HIV+ or other vulnerable children, therapy focused on school performance, development and play.

The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other co-morbid conditions seen were epilepsy, CP, hearing and visual impairments, FAS, SAM, ASD, ADHD, prematurity, genetic syndromes, global developmental delay and intellectual disability.

## **GOKidz** program

A play-informed, caregiver-implemented, home-based intervention for HIV+ children (6months-8years old) and their caregivers. The intervention was developed to be group-based but the curriculum can be followed on an individual level if need be.



GOKidz sessions were paused for the majority of this year. Two children completed the Pre-School Box (3-5 years old), and 1 child completed the Foundation Phase Box (6-8 years old).

## Blikkiesdorp (weekly visit)

- Assessments (and therapy if needed) for individual children
- Basic concepts intervention
- School readiness and enrichment within activities provided during the play group

The OT screened all the children attending the Blikkiesdorp playgroup in 2020 and then those attending in 2021. In 2020, 12 children were screened on basic concept knowledge and fine motor skills. So far, 4 children have been screened in 2021.

From these assessments the therapist provided organized activities within their activity time focusing on the areas needing attention (shape concept, number concept, letter concept, body concept, drawing and writing names). These activity groups varied from between 10-12 children (in rotating smaller groups) and the activities consisted of various gross motor games, playdough, sorting, DUPLO building, chalk, water, pasting, drawing, painting, and tracing activities as well as board games.

#### Manenberg (visits arranged on ad hoc/need basis)

Assessment when deemed necessary by the social worker for school performance observations and investigation into any difficulties.

## Tygerberg Hospital Neurodevelopmental Clinic (assessments arranged on need basis)

Griffiths Scales of Child Development Assessments from doctor referrals, to help speed up the assessment process and waiting lists.

The OT continued to offer a Griffiths III assessment service to the NDC at TBH. Referrals for the assessment are received from the NDC doctors. Six children were assessed during this period, with various diagnoses – ADHD, ASD, global, speech and motor delays.

#### Tygerberg Hospital School

Assessments and individual/small group therapy for the children in the Grade R classes in the school. Appropriate learners are identified by the teachers.

HOPE Cape Town partnered with the OT private practice offering services at the TBH School and provided funding for children needing therapy to receive it. The therapy was available for children attending the Grade R classes, most of these children have connections with the NDC at TBH and have neurological/developmental diagnoses. The therapists assessed and provided therapy for 16 children in 2020. The funding for this project ended at the end of September 2020.





## Playroom at Tygerberg Hospital

Five international volunteers operated the playroom in February and March. The playroom has been temporarily closed since April (in line with COVID-19 safety precautions). Worksheets and colouring-in activities have been provided for HOPE staff in TBH wards to distribute as an alternative while the playroom is still closed.

#### 1.1.4 HOPE Community Health Workers

HOPE Cape Town currently employs 12 HOPE Community Health Workers (HCHW) working in 11 low-income communities where they live. The objective is to directly address HIV and AIDS, related diseases, and other health priorities by providing access to education, treatment, and on-going support within the existing provincial and municipal health structures in areas with high HIV burdens.





Our HOPE Community Health Workers increase the staff capacity at these facilities in respect of ancillary medical treatment and care. They act as champions for HIV counselling, testing, treatment, and adherence with the focus on paediatric/adolescent patients and their families in the various departments where they perform their duties.

## The role of the HCHWs with regard to HIV includes:

#### Prevention

- Educational talks at clinics, visits to schools, distribution of condoms and pamphlets
- Testing
- Pre-test and post-test counselling, as well as the rapid HIV testing
- Treatment
- Counselling about disclosure issues, education about how to take antiretroviral treatment (ARVs) correctly and advice about adherence to ARVs.

## Other major work areas of the HCHWs include:

- Tuberculosis (TB)
- Childcare services (incl. immunization and nutrition)
- Male circumcision
- Sexually transmitted infections
- Cervical screening (pap smears)
- Implementation of community development projects such as gardening projects, support groups and child development groups.

## **HOPE Community Health Workers during the COVID-19 pandemic**

From early March 2020 the way Health Care Facilities operated changed dramatically. To prevent crowding patients were screened outside of health care facilities and only the acutely ill were allowed in. Patients who attend the facilities for chronic care – received months of medication to avoid repeated clinic visits. The HOPE Community Health Workers played an important role in guiding, directing, and counselling patients who had to get used to a very different health care system to which they have grown accustomed.

The HOPE Community Health Workers also performed duties as frontline workers in the fight against the COVID-19 pandemic, by doing verbal symptom screening questionnaires for patients who attended the health care facilities.

HOPE Cape Town has lost one of its long-term international donors in 2020 due to the international financial crisis as a result of COVID-19. We had to make the difficult decision to retrench 6 HOPE Community Health Workers who were funded by this donor.

## Statistics for the reporting period 01 March 2020 – 28 February 2021

### Tests done by HCHW:

HIV tests done	6 012
TB tests done	5 637
Total amount of tests done	11 649

#### HCHW interaction / direct contacts:

Children seen from birth to age 12	39 597
Teenagers seen from 13 to age 19	26 205
Adults seen	75 957
Total amount of clients seen	141 759

#### Counselling sessions by HCHW:

HIV counselling	8 667
Adherence counselling	3 135
Male medical circumcision counselling	2 146
PMTCT counselling	3 352
Other counselling (COVID-19)	4 388
Total amount of counselling sessions	21 688

#### 1.1.5 HOPE to HOME

HOPE to HOME is a program run within Tygerberg Academic Hospital paediatric wards. The initial primary goal of the program was to improve HIV positive children's adherence to antiretrovirals (ARV's), provide supportive care to HIV positive mothers, and retain patients in HIV care after discharge. These outcomes are mostly obtained by intensive counselling and education provided by our passionate and highly skilled counsellors — Sonia Daniels and Eva Coetzee, with support from Dr Samke Nyamathe during 2020, and from Dr Michelle du Plessis since January 2021. Efforts are also made to support patients with linkage to care after discharge by telephonic follow-up, referral to HOPE Community Health workers available in the patients' community, and by review of follow-up test results and linkage to local clinics.

Due to the popular demand and ever-growing need for counselling and support, this project has grown to deliver in-hospital support services to most vulnerable paediatric in-patients, and now includes, but is not limited to, TB patients, those with social risks, parents in need of bereavement counselling, and parents of children admitted to ICU. Our HOPE to Home counsellors have had to adapt to the new situation posed by the COVID-19 pandemic, providing additional counselling support to our Tygerberg children and their parents by also providing COVID-19 education and addressing its ripple effects.

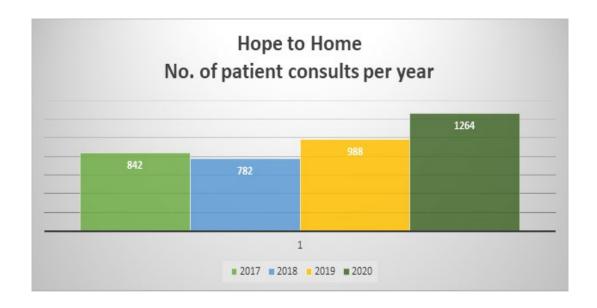
Tygerberg Hospital has also expressed a focus on the mother-baby pair, and they hope to put a program in place that provides a package of care that sees every admitted baby and mother as one unit and optimizes their wellbeing and recovery. We are thus in anticipation of being presented with the opportunity to provide this in the form of Cycle of HOPE. We are still in the process of securing funding for Cycle of HOPE, a program designed to bring HOPE to Home and HOPE for Babies together in a holistic care package focused on mother and baby, and their special relationship.



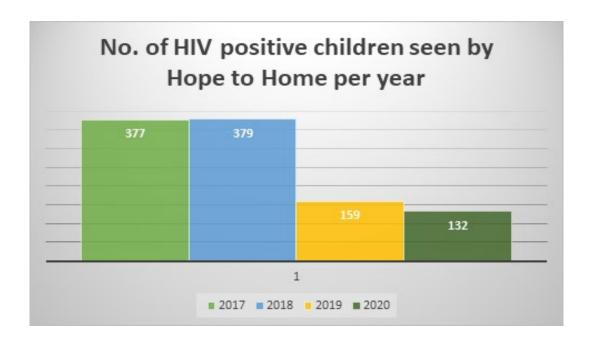


#### **HOPE to Home Patient Consultations**

Our team has risen to the demands of the year and provides an ever-increasing number of patients the support offered by HOPE to Home.

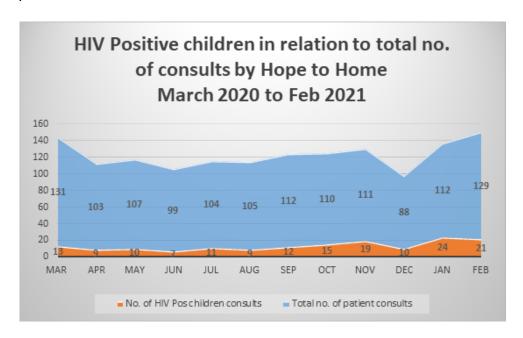


The number of HIV positive patients being seen in the wards has been declining, largely due to the improvement in ART coverage, hence the need to expand the project to children who are infected and affected by HIV, TB, as well as those in need of social support.

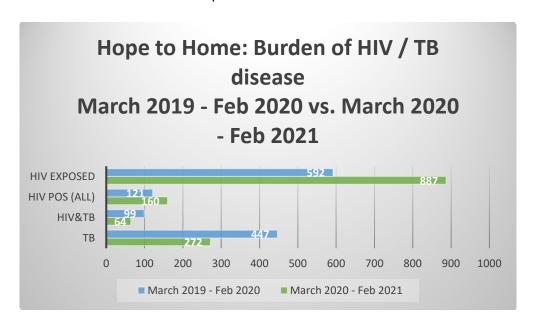


For the period of reporting, March 2020 to Feb 2021, the number of HIV positive children seen by the HOPE to Home team has remained mostly stable, although the last quarter of the year has shown a slight increase. This increase might be due to the multiple level effect of the COVID-19 pandemic and lockdown.

Most of the newly diagnosed HIV positive patients were infants, pointing to the need for ongoing PMTCT efforts throughout breastfeeding in infancy. As shown in the figure below, the number of HIV positive children seen is related to the number of consultations done per month by the HOPE team.



The figure below compares the burden of HIV and TB disease seen by HOPE to Home for periods March 2019 – Feb 2020 to March 2020 – Feb 2021. The burden of TB remains high for the period of this annual report, but numbers have decreased in comparison to the previous year. Of note is the increase of HIV exposed children.



#### HOPE to Home Programme outcomes for March 2020 to February 2021

Programme Outcomes	TOTAL
No. patient consults	1,311
No. patients flagged for follow up	217
No. patients died hospital	34
Total no. individual counselling sessions	1,575
No. phone calls made after discharge (successful)	326
No. patients referred to HOPE CT CHWs	18
No. HIV positive patients referred from HOPE for Babies	2
No. patients referred to social worker	93
Total no. people received group counselling	4,673
Total no. people received donations	3,407

## **Social Support**

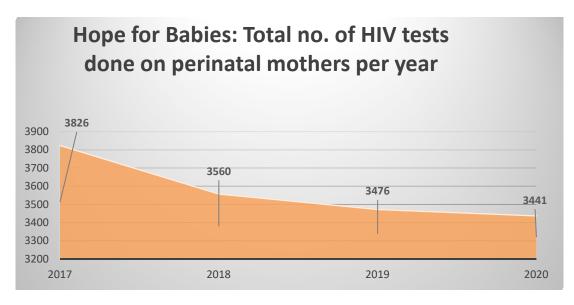
HOPE to Home offers support in the form of food donations, clothing, toiletries for mothers and their children and a cooked meal for those mothers in the wards.

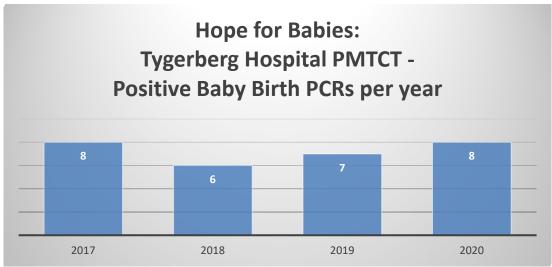
A total of 3407 mothers and their children received donations from the HOPE to Home project between Mar 2020 and February 2021.

#### 1.1.6 HOPE for Babies

The HOPE for Babies project was designed to reduce the rate of mother-to-child transmission of HIV from HIV positive mothers to their babies, by giving additional support to the Prevention of Mother to Child Transmission (PMTCT) program within Tygerberg Hospital. The program design pairs a community health worker with a trained sister in the obstetric wards at Tygerberg hospital. The team provides HIV testing to HIV negative or previously untested mothers in labour or postnatal wards. They provide counselling to both HIV positive and HIV negative mothers. They provide support to mothers in the postnatal wards; assist with breastfeeding initiation and general health education. The team also extends their counselling to the high-risk antenatal clinic at Tygerberg Hospital.

The HOPE for Babies statistics indicates how the PMTCT programme and frequent testing of women during antenatal care has led to a great reduction of perinatal women whose statuses are unknown.





For the period of March 2020 to Feb 2021, our HOPE for Babies staff detected three perinatal mothers that turned out to be newly diagnosed with HIV.

Despite the Tygerberg PMTCT statistics for HOPE for Babies still showing amazing coverage of maternal HIV testing during labour and low numbers of newly detected HIV positive cases, the wider northern substructure has experienced the negative effect of a health system and public health behaviour being thrown off guard by the pandemic. More newly diagnosed HIV positive babies are being seen at the surrounding clinics.

#### PMTCT services during COVID19 pandemic

Reflecting on the past year, the following factors were identified during a discussion with the PMTCT coordinators of the northern subdistrict:

- Accessing of antenatal care was negatively influenced due to non-attendance by patients within the community, believing no-one can go to clinics despite services still being open.
- Recalled patients had trouble re-accessing care due to strict management of patient numbers by clinic security personnel.

- Condom distribution decreased during lockdown periods.
- Numbers of people starting on antiretroviral treatment had decreased and viral loads were not as closely monitored. As an example, in August 2020, a staggering 50% of HIV positive women attending antenatal care at Delft CHC had an elevated viral load.
- Staffing problems ensued with decrease in quality of antenatal care and adult clubs disintegrated due to covid physical distancing regulations.
- Fear of queues in front of clinics also deterred pregnant women from regularly attending the clinic.

The overall success of the PMTCT programme, supported by HOPE for Babies, is evident, but the COVID-19 blow that was delivered has become more apparent within the periphery at the start of 2021. Effects are multi-layered which calls for a multi-layered, holistic, preventative approach in order to address the ever more pressing needs of the most vulnerable communities within Cape Town. Our work is not yet done.

# 1.2 Strategic Objective 2: Equip children with the skills and opportunities to reach their full potential

Aim: Support, mentor and prepare children and their families to access formal schooling, excel at school and to remain in school.

#### 1.2.1 School Preparation Groups

HOPE Cape Town maintains and grows an environment where children of school going age who are not accessing formal schooling, can be prepared for school by well trained professionals and volunteers.

## Blikkiesdorp Play Group and afterschool groups





During April 2020, all activities halted, only the feeding scheme, screening and daily conversations with the community regarding Covid-19 and its effect continued.

Through the past five years we have seen the results of the introduction of the play group. The ages of unplaced learners in the Play Group, has dropped from average 9/10 years of age to currently 6/7 years of age.

Due to the COVID-19 pandemic the afterschool groups in Blikkiesdorp, have also drastically changed. We were forced to reduce the number of daily attendants - from 30- 40 to 10-15 per day. However, this also had a very positive effect, in the sense that services only focused on homework assistance, rather than a general educational play orientated support service.

The collaboration with "SBA" has been very successful. During August to November, four facilitators, had weekly Zoë reading sessions with approximately 30 children per week.

Even with the suspension of the play group activities during hard lockdown, we were successful in providing a basic foundation of school readiness to these children. The project was successful in assisting all attendees to be registered for school in 2021. The play group was able to restart again in September 2020. 31 Play Group sessions were held with 337 children attending.

Homework groups started again in July 2020 and Zoë reading groups in August 2020.

The weekly Mathematics extra classes started in September 2020. 116 After school groups gathered during the reporting period, with 1265 learners attending.

The distribution of school supplies continued with the same protocol used as before. During 2020, with approximately 5 months of schooling at half the capacity, the amount off supplies distributed, was considerably less. However, during the first couple of months in 2021, the needs from school children has drastically increased again. During February 2021, school supplies has been distributed to ±40 children.







## Manenberg Social Service Support

Manenberg Aftercare Centre suspended their normal services in March 2020 and has not been able to re-open during this reporting period. As a result, the HOPE Cape Town Social worker has not been able to render services at Manenberg Aftercare Centre.

The social worker identified the need to still assist a facilitator of the centre who provided much needed meals in the community.

HOPE Cape Town assisted on a weekly basis by providing dry ingredients as well as fresh vegetables and fruit. This assisted the facilitator in providing a meal per day in the community for children and adults:

Total Number of meals provided from May to October 2020 6258 children; 1658 adults

## Social Auxiliary Student





HOPE Cape Town is currently supporting one of our HOPE Community Health workers during her studies to qualify as a Social Auxiliary Worker (SAW) under mentorship of the HOPE Social Worker. Due to the impact of the Covid-19 pandemic CEFA has extended the end date of the SAW course from March 2021 to August 2021.

The student SAW has taken responsibility for the screening process during the COVID Feeding Scheme in Blikkiesdorp, as well as assisting with kitchen duties and the social distancing process. She also took on the task of managing the donation distribution process in Blikkiesdorp. She assisted with case work follow up tasks and home visits as well as supervising and facilitating during the Play Group and Homework Group sessions in Blikkiesdorp.

#### Home Language Teaching





HOPE Cape Town supports the Tygerberg Hospital School (a registered school which provides education to children while admitted to hospital – either at the school or at the bed side – depending on the severity of the condition) by sponsoring a Xhosa speaking teacher to provide home language teaching to a large proportion of the patient population.

#### 1.2.2 Social Services

Service rendering on an individual basis led to the following essential visits, accompanying parents and caregivers, to the following institutions:

- 01 visit to Cape Town Home Affairs
- 17 visits to Khayelitsha Home Affairs
- 07 visits to Bellville Home Affairs
- 02 visits to SASSA offices
- 03 visits to educational institutions
- 09 visits to medical facilities
- 10 visits to Bellville Court

Covid-19's direct influence on social factors lead to the increase in visits to medical institutions and the court. During lockdown, there was a rise in partners seeking assistance regarding domestic violence, which lead to the rise in applications for interdicts by the victims.

During this reporting year - 151 adults were seen for psychosocial counselling sessions. 21 Children were seen in individual sessions. There has been a rise in parents having difficulty keeping their children in school. This can directly be linked to the fact that children became used to a year of attending school one or two days per week.

## 1.3 Strategic Objective 3: Community Outreach

AIM: Accompany communities on their journey to identify and access opportunities to effect sustainable improvement of their living standards (quality of life)

#### 1.3.1 Blikkiesdorp

Blikkiesdorp is a temporary relocation area in Delft. Most of the inhabitants have been living there for the past fourteen years. An estimated 10 000 people still live in Blikkiesdorp today. Blikkiesdorp has become known for its high crime rate, its substandard living conditions — up to 40 people have to share a single cold water tap and one toilet. The Cape Flats has extreme weather conditions — very sandy, windy, and hot in summer and extremely cold and wet in winter.

HOPE Cape Town strives to maintain and grow a community project in Blikkiesdorp that is aligned with the needs of the community, as identified by community members/leaders.

Current projects at our container village include:

- Community garden
- Soup kitchen
- Emergency response
- Wellness days
- Venue for other organizations NGOs/government
- Participating in civil society forums
- Social clubs

## 1.3.2 Blikkiesdorp Outreach Program during COVID-19



In compliance with the COVID-19 lockdown regulations which came into effect on 27 March 2020; HOPE Cape Town suspended all programs at our Blikkiesdorp Outreach Centre. Within a week of closing, we realized that the lockdown had an immediate negative impact on food security and nutrition food security. HOPE Cape Town subsequently established the Covid-19 Emergency Feeding Scheme.

HOPE Cape Town recruited volunteers from the Blikkiesdorp community to assist the staff with the preparation and serving of two cooked meals daily to an average of 417 children and adults per day. Children were screened for signs of Covid-19 daily and monitored in terms of masks, sanitizing and social distancing. More than 90 organizations and individuals opened their hearts and their purses to donate cash, hundreds of donations-in-kind were delivered by families, faith-based and other civil society organizations, and many companies in the catering industry donated cooked food and bulk ingredients.





100 104 cooked meals handed out twice a day in one year

8 388 emergency food packs donated to elderly and frail

3 265 multivitamins given to children monthly

438 children and adults Screened for Covid-19 per week

**6** community-based and home-based **SOUP kitchens** supported in Manenberg, Delft, Nyanga, Blikkiesdorp.

## 1.3.3 Support of Kareeberg Social Development Forum

HOPE Cape Town adopted the Kareeberg Social Development Forum in Northern Cape, a start-up registered non-profit organisation that provides practical assistance to three struggling rural communities on the outskirts of Carnarvon. In addition to assisting the forum with donations for their outreach work, we also share lessons and outcomes from our organisational practices.





## 1.4 Strategic Objective 4: Provide Education

AIM: Share knowledge, provide training and foster a culture of continuous learning during all engagements

#### 1.4.1 Provide Quality Training for Staff

The HOPE Community Health Workers (HCHWs) usually gather 10 times a year for training, connecting as a team and debriefing. However, this was hugely impacted by the Coronavirus pandemic and the lockdown regulations limiting gathering in the past year. They were able to gather once in March – where they discussed COVID-19 as a disease and shared the limited available information about what to expect in a pandemic. They also looked at women's health issues.

During the first wave of COVID-19, it was important to disseminate information about the changing understanding of the disease – so that the HCHWs could become excellent educators and advocates for behaviour change within their communities. A WhatsApp broadcast group was set up and latest guidelines, links to videos and helpful infographics were shared.

In October, as the first wave receded, the HCHWs were able to gather as 2 separate groups. The focus of this training was mostly to connect with each other and debrief the events of the previous 6 months. The final training of 2020 was held in November, discussing an update in the use of different brands of HIV rapid tests, new Antiretrovirals that are available in the clinics and of course the current understanding of COVID. Time was also taken to talk about stress and coping mechanisms to reduce the harmful effects of ongoing stress.

The second wave of COVID-19 occurred in December 2020-January 2021 making Christmas holidays less than restful. Thus, it was appropriate to start the 2021 year off with a relaxing outdoor outing on the open-top red bus. It was good to connect with each other and to take in the beauty and wide-open spaces, after having been locked down again. A lively discussion around COVID vaccinations was also held in Green Point park.



#### 1.4.2 Senior Staff Conference and Training Attendance

Wonder of Working Memory: In February, the OT attended an online workshop about the complexities of working memory in children.

The HOPE Doctors attended various webinars including UCT paediatric GP update, COVID updates, neurodevelopment, and HIV updates.

## 1.4.3 International Elective Student Program

HOPE Cape Town, together with FAMCRU (a family orientated HIV research unit at Tygerberg Hospital), typically run a 4-week program for international medical students. Most of our students come in their final year of medical school and come from Northern Hemisphere countries.

Due to COVID-19, many regulations were imposed, limiting international travel, and making "extra" people unwelcome in clinical settings. Thus, to protect the safety of our patients and the students themselves, under the guidance of the International Students office of Stellenbosch University, the elective program was put on hold. It is very sad to not have international students within the HOPE program! It is hoped that the program will open again by August 2021, but this is dependent on the state of the pandemic, travel laws and vaccination status.

## 1.4.4 Volunteer Program

Due to COVID-19 travel restrictions HOPE Cape Town was unable to formally host any international volunteers during this period. We were able to contract a select number of local volunteers to perform specific functions in our programs.

The two remaining volunteers Julia Brunner (Austria) and Luzian Singer (Germany) left in March before the lockdown.





#### 1.4.5 Research

"NGO case histories of the early paediatric ART experience at Tygerberg Hospital - what have we learnt?"

This research project documenting the long-term outcomes of the early children initiated on ART at Tygerberg Hospital was concluded this year. Dr Houston presented a virtual poster at the International Workshop on HIV and adolescence on 19 November 2020. The key finding of the research was the importance of preparing children and families for the psychosocial challenges of adolescence and young adulthood. ART saves children from dying young, but if they are not prepared for the later challenges then there are poor outcomes in late adolescence.

"Risk of HIV infection in young peripartum women (15-24years) at Tygerberg Hospital"

Dr Samke Nyamthe presented this research at the International Workshop on HIV and adolescence on 3 November 2020. She was part of an oral discussion around the importance of adolescent sexual and reproductive health. The work of HOPE for Babies at Tygerberg Hospital was highlighted.

#### 1.5 The Nex - Indawo Yethu

#### 1.5.1 General Considerations

The establishment of The NEX Project builds upon, consolidates, and expands knowledge, skills, and insights gained from HOPE Cape Town's past experience and practice. It offers HOPE Cape Town a unique opportunity to focus and improve its impact, especially with respect to preventative care and the leveraging of opportunities for disadvantaged youth, within a specific geographical context — the Greater Delft area. The logic of the intervention is expressed in and through the various spaces of The NEX: a holistic model preventative care at the Health and Wellness Centre; play therapy and therapeutic support at the Early Childhood Centre; coordinated and independent educational and other activities at the Youth Development Centre; Dual Vocational and Educational and Skills Training; Community-based social and cultural activities; and staff capacity building and institutional strengthening.

HOPE Cape Town has successfully leveraged the resources required for the infrastructure development of the six buildings which themselves have already become a focal point in Delft, integrating the residents with their interest and enthusiasm.

The NEX is a bold statement of intent on the part of HOPE Cape Town. It symbolizes the vision and mission of HOPE Cape Town. It represents a focal point, a nexus (coming together) of lessons and experience gained from the organization's 20 years of hands-on practice, experience, and innovation, offering an opportunity to consolidate, strengthen, and innovate a range of inter-linked activities and core competencies, as well as explore new areas of intervention.

In other words, The NEX represents, in physical form, HOPE Cape Town's vision and mission to incrementally improve the quality of life of children, adolescents, families, youth, and women through a range of inter-linked activities (the Cycle of HOPE), in partnership with local citizens, CBOs, NGOS, a range of strategic public and private partnerships, and support of local and global donors. But not only that, the Nex – Indawo Yethu also symbolizes the change and move from a still charity orientated organization to a development agency. HOPE Cape Town will not provide for but walk with people which indeed will be a bigger challenge and risk, but also an opportunity to for the greater good of the people of Delft.

#### 1.5.2 Construction

The Nex complex in Delft is currently under construction with the first phase due to be completed mid-2021. In addition, a series of consultative meetings and workshops with residents and stakeholders in Delft has been in progress since August 2020. Thus far seventeen consultative meetings have been held to date. Phase 2 construction (ECD) will commence in July 2021 and aim is to finish end January 2022. Phase 3 which consists of the Youth Centre is due to be constructed in February 2022.







## 1.5.3 Blessing Ceremony

A multifaith Blessing Ceremony was held on site at The Nex in December 2020. Blessings were bestowed by the local Imam, a Catholic Priest, a female Jewish Rabbi and a Sangoma. In the presence of government officials and dignitaries the Reverend Father Stefan Hippler, Co-Founder and Executive Chairperson of the HOPE Cape Town Trust addressed 87 invited guests. With the focus on the importance of successful partnerships, Mr Alan Winde - Premier of the Western Cape was guest speaker and Mrs Anja Tambusso-Ferraz of the Southern African- German Chamber of Commerce and Industry thanked all who attended. A time capsule containing memorabilia, documents, photographs, and the original plans of The Nex was immersed in the ground near the entrance to Bavaria House.



From left: Mayor Alderman Dan Plato, Western Cape Premier Alan Winde, MEC Tertuis Simmers, German Consul General Matthias Hansen, Rev. Fr. Stefan Hippler







Premier Alan Winde (left) and MEC Tertuis Simmers

## 1.5.4 Partnership with Bavaria

In this context I have to point out the importance of the partnership between the Western Cape and Bavaria. HOPE Cape Town is part of the partnership since the organization was founded. The Bavarian House will be manifesting this partnership in a very special way and it will bring an additional responsibility of HOPE Cape Town to contribute towards this very lively partnership.

#### 1.5.5 Preparation Portfolio Committees

Preparation for "The Nex" also included that HOPE Cape Town's employees worked in different groups towards conceptualizing the work of HOPE Cape Town within the new home. The following groups were constituted:

- Health / Wellness
- Entrepreneurial Skills Development / Vocational Training
- Admin / Café / Resource Centre
- Youth and Social
- Early Childhood Development

All those groups worked on content, financial implications, brainstorming dreams, and possibilities. With this every senior staff participates in the design of the new campus and can familiarize himself/herself with the challenges and opportunities.



February 2021

#### 1.6 Marketing and Fundraising

In the reporting year a decision was taken to split fundraising and marketing. Marlene Whitehead, who mastered the two portfolios will present her own report which forms part of the annual report.

#### 1.7 Events in South Africa

The cancellation of the 20th Ball of HOPE in May 2020 was a sad but necessary decision to make during national lockdown in 2020. Although provisionally rescheduled for 15 May 2021, the 20th Ball of HOPE has been postponed again to 21 May 2022 due to the anticipated new waves of the Covid-19 virus.

#### Mandela Day: Moments of Madiba Magic – through the lens of Blikkiesdorp's children

A competition for the children who were invited to take a photograph and create a caption for the picture they captured. 25 finalists had their work displayed on HOPE Cape Town social media platforms and the public was asked to vote for their favourite entry. Two winners were taken on a shopping spree for a new outfit and all finalists received a poster of their entries and a candy pack.

#### Youth day

Every child has the right to basic nutrition, shelter, health care and social services, as well as the right to be protected from maltreatment, neglect, abuse, or degradation.

HOPE Community Health Workers have extensive knowledge and experience to work with children of all ages and especially at the height of the Covid-19 pandemic they were honoured with a Winter giftpack (courtesy of Growthpoint Properties) for their commitment and hard work under extremely challenging circumstances.

## HOPE Christmas Boxes: German School (DSK) brings Santa to the children

Christmas 2020 was the second year that all learners at the German School Cape Town collected special gifts of sweets and stationery, toys and toiletries and packed them in bright and festive age-appropriate boxes as gifts for the patients in hospital and at the clinics and Blikkiesdorp. 180 boxes were collected at the school on the day the students wrote their final Matric exam and brought to the HOPE Cape Town office for sorting and distribution.

#### National Preemie Day: Together for babies born too soon – caring for the future

In line with World Prematurity Day on 17th November, HOPE to Home and HOPE for Babies projects at Tygerberg Hospital commemorated National Preemie Day for a week to raise awareness of the challenges and burden of preterm birth, to give parents hope and to celebrate the progress premature children have made. The colour purple represents sensitivity and exceptionality.

## National Women's Day

Following group discussions with women in the Blikkiesdorp community who acknowledged that they had a reduced capacity to cope with the stresses of lower or no income and the fear of Corona virus and other related illnesses, HOPE Cape Town committed to facilitate workshops to equip women at risk of violence to empower them in social situations and to inspire them to support each other emotionally. With grant funding from the Bayerischer Landtag, and together with these women, problem areas were identified and HOPE Cape Town set in motion a plan to ensure the future sustainability of skills transfer.

Further funding has been secured for fourteen of the participants to take part in the first Digital Literacy, Career and Small Business Development training program for women to be held as one of the first training courses at The Nex.

#### World Aids Day

HOPE Cape Town's staff members took part in various World AIDS Day Programs at the health care facilities where they are based.

The HOPE to Home and HOPE for Babies teams commemorated and reflected with the Tygerberg Hospital staff and patients.

#### 1.8 Events in Germany

While the 15<sup>th</sup> HOPE Gala Concert had to be postponed to July 2021, two charity dinners in Dresden took place and they have been a tremendous success. Please see the separate report on these events.

#### 1.9 Staff Changes

The annual report would not be complete without mentioning staff changes also significant for the HOPE Cape Town Trust. Kerstin Behlau left employment in December and we wish her all well in her new chapter of life. We thank her for all her dedication in so many years of service. We welcome Larissa Walter, who will now be responsible to liaise with our sponsors and donors in Germany and assists the HOPE Cape Town Trust administration in keeping files and folders in a good order. Welcome Larissa to the HOPE Cape Town family.

#### 1.10 Our Sister Organizations HOPE Cape Town USA and HOPE Kapstadt Stiftung

Both organizations were equally challenged through the Covid-19 pandemic. You will find in the annual report for each organization an extra paragraph highlighting those challenges, but also giving witness of the willingness to go the extra mile to not only survive but also continue to contribute to the well-being of those depending on organizations like ours.

#### In Summary

Despite Covid-19 and all the challenges I am sure the reader or listener agrees that HOPE Cape Town is very much alive and able to fulfil its current mandate; and not only that: it moves forward after this year 20 years of dedicated service. Covid-19 and "The Nex" forced us to streamline, to reflect, to assess and to plan for the next 20 years. The move to The Nex also is an ideal point in time to change some of the structures and mandates within our Trust.

Thank you to the Trustees, the members of the Advisory Board, the Board of Expertise, our excellent staff and volunteers. Thank you to all our sponsors, supporters and donors, our partners here in South Africa, in Europe and the USA.

Everybody is important – and every single cent, every good thought, every helping hand, every prayer, every encouragement counts.

From the bottom of my heart thank you again and God bless you all.

Cape Town, 12.06.2021

Rev Fr Stefan Hippler Executive Chairperson HOPE Cape Town Trust

# 2. Marketing and Fundraising

"Effective learning does not follow from a positive experience but from effective reflection" The initial activities reflected in this report took place in a time when sanitizers, masks and social distancing were not yet global directives, however, all that changed at the stroke of midnight on 26<sup>th</sup> March 2020, and we now find ourselves in a new "normal" which has been a challenge notwithstanding the considerable achievements of the HOPE Cape Town team.

A summary of the activities led and/or implemented by the Marketing, Fundraising and Monitoring & Evaluation department of HOPE Cape Town follows.

#### 2.1 MARKETING

#### 2.1.1 Social Media

Platforms such as Facebook, Twitter and Instagram saw an overall increase of followers by 24%. This was mainly due to the development of campaigns with a *Call-to-Action* approach such as "Power of HOPE", "Jerusalema Challenge" and "My Purpose and Passion within my Workplace" to improve engagement and staff visibility. This content led viewers to detailed stories on the HOPE Cape Town webpage thereby increasing the number of website visitors by 93% of which 55% were from South Africa.









## 2.1.2 Branding

All HOPE Cape Town Email signatures were standardized thereby creating an improved level of professionalism. All HOPE Cape Town logos were reconstructed in terms of pantone and size which now reflects a more formal consistency in the branding.

#### **2.1.3** Events

The cancellation of the 20<sup>th</sup> Ball of HOPE in May 2020 was a sad but necessary decision to make during national lockdown in 2020. Although provisionally rescheduled for 15 May 2021, the 20<sup>th</sup> Ball of HOPE has been postponed again to 21 May 2022 due to the anticipated new waves of the Covid-19 virus.

While we acknowledge the risks such as new surges in the numbers of Covid-19 positive cases, our lifestyle changes have also created unique opportunities for HOPE Cape Town to introduce innovative community activities while strictly adhering to Covid-19 protocols. The following group activities took place in the second half of this reporting period:

# Mandela Day: Moments of Madiba Magic – through the lens of Blikkiesdorp's children



A competition for the children who were invited to take a photograph and create a caption for the picture they captured. 25 finalists had their work displayed on HOPE Cape Town social media platforms and the public was asked to vote for their favourite entry. Two winners were taken on a shopping spree for a new outfit and all finalists received a poster of their entries and a candy pack.





## Youth day:

Every child has the right to basic nutrition, shelter, health care and social services, as well as the right to be protected from maltreatment, neglect, abuse or degradation.

HOPE Community Health Workers have extensive knowledge and experience to work with children of all ages and especially at the height of the Covid-19 pandemic they were honoured with a Winter giftpack (courtesy of Growthpoint Properties) for their commitment and hard work under extremely challenging circumstances.







# HOPE Christmas Boxes: German School (DSK) brings Santa to the children

Christmas 2020 was the second year that all learners at the German School Cape Town collected special gifts of sweets and stationery, toys and toiletries and packed them in bright and festive age-appropriate boxes as gifts for the patients in hospital and at the clinics and Blikkiesdorp. 180 boxes were collected at the school on the day the students wrote their final Matric exam and brought to the HOPE Cape Town office for sorting and distribution.



#### National Preemie Day:

## Together for babies born too soon – caring for the future

In line with World Prematurity Day on 17<sup>th</sup> November, HOPE to Home and HOPE for Babies projects at Tygerberg Hospital commemorated National Preemie Day for a week to raise awareness of the challenges and burden of preterm birth, to give parents hope and to celebrate the progress premature children have made. The colour purple represents sensitivity and exceptionality.



## National Women's Day:

Following group discussions with women in the Blikkiesdorp community who acknowledged that they had a reduced capacity to cope with the stresses of lower or no income and the fear of Corona virus and other related illnesses, HOPE Cape Town committed to facilitate workshops to equip women at risk of violence to empower them in social situations and to inspire them to support each other emotionally. With grant funding from the Bayerischer Landtag, and together with these women, problem areas were identified and HOPE Cape Town set in motion a plan to ensure the future sustainability of skills transfer.

At the end of each of the workshops the participants agreed to attend a post-workshop meeting a month later. It was encouraging that more than 75% of all the participants attended the post-workshop meetings.

The conversations about life changes were rich and positive. For example:

- All of the women described a positive change in their wellbeing, attitudes, relationships, or lives.
- Three women decided to return home to their homesteads, families and their children who reside in the Eastern Cape Province.
- One woman applied for her identity document and received it so that she could enrol for adult classes to complete her high school certificate.
- One woman has stopped her substance abuse habit.
- One woman left her abusive partner.
- Six women are doing voluntary work in the community.
- Three women are gainfully employed.

- Eight women have applied to do skills training to increase their opportunities for finding employment.
- Three women are volunteers for HOPE Cape Town projects in Blikkiesdorp.
- One woman has returned to college to complete her studies.

Further funding has been secured for fourteen of the participants to take part in the first Digital Literacy, Career and Small Business Development training program for women to be held as one of the first training courses at The Nex.







# World AIDS day



HOPE Cape Town's staff members took part in various World AIDS Day Programs at the health care facilities where they are based.

The HOPE to Home and HOPE for Babies teams celebrated and reflected with the Tygerberg Hospital staff and patients.

#### 2.2 FUNDRAISING

While much time and effort were dedicated to raising funds for the construction, maintenance, furnishing and fitting of the six separate components of The Nex and their related programmes, it was evident that the global Corona Virus outbreak would impact severely on the ability to leverage funding from donor agencies, corporates, and individuals world-wide. During the first year since the arrival of Covid-19 in Cape Town alone 157 registered non-profit organisations were forced to close their doors due to lack of funds. Despite the negative impact on the NGO sector, many civil society organisations learnt how to work and provide services interdependently and for many, the time was also spent reflecting on how to change their business model.

In order to remain relevant through anticipated inter-linked activities based at The Nex, and to position The Nex as a safe space and symbol of hope, healing and innovation for the people of Delft, HOPE Cape Town also reviewed its organisational strategy to align closely with the UN Sustainable Development Goals and South African government's National Strategic Plan.

# 3. The Back-office of HOPE Cape Town

The structure of the back office has been proved successful during the period under review. The back office is led by the Chairperson of the HOPE Cape Town Trust, Rev. Fr. Stefan Hippler. The members of the back office are Program Coordinator Dr Izane Reyneke and Donor and Relations Manager, Mrs Marlene Whitehead. Administrator & Donor Liaison Europe Mrs Kerstin Behlau has been replaced by Donor Liaison Europe, Ms Larissa Walter in November 2020. Mrs Charmaine Pillay joint as new in-house Finance Officer in June 2020. Fortnightly meetings are held to ensure optimal communication between the colleagues and to plan, to realize and to complete all the necessary tasks and duties as best as possible.

The main task of the office is to assist the two chairs in their efforts to run the two organisations which serve the same purpose: supporting children and their families and individuals living in poverty, with social challenges and with HIV and AIDS in the Western Cape and to bridge gaps in the governmental health system of the City of Cape Town and the Western Cape.

# 4. Our Sister Organisation: HOPE Cape Town USA



#### Vision

HOPE Cape Town USA strives to improve the quality of life of vulnerable and marginalized children, youth and families affected by HIV/AIDS, and related illnesses, and help them to reach their own full potential.

#### Mission

HOPE Cape Town USA's mission is to assist people living with HIV/AIDS and related illnesses in the USA and South Africa. To support the ongoing work of HOPE Cape Town in South Africa, reduce the spread of HIV among vulnerable and marginalized children and youth in USA and support those living with HIV, our mission is realized by the following means:

- Advocate, fundraise and support HOPE Cape Town programmes in South Africa;
- build a body of data to understand needs, challenges and interconnections of children, youth and families living with HIV, AIDS or related illnesses in South Africa and USA;
- support vulnerable and marginalized children, youth and families in the USA, beginning in the Dallas/Fort Worth (TX) area;
- collaborate with other NGOs in the fields to create synergies and expertise and interconnect globally with the aim to learn, share and optimize programmes;
- disseminate correct information, reduce misconceptions about the pandemic and so eliminate discrimination and create access to appropriate info on the syndrome, prevention, and treatment options;
- change behaviour to reduce risk of exposure to HIV/AIDS by focusing on changing social norms and education, and reduce the effects of misinformation and stigma and help create a more accepting environment;
- increase demand and supply for, as well as access to and use of available treatment among the most vulnerable and marginalized.

#### **Partnerships**

In 2018, HOPE Cape Town established and formalised partnerships with the Cathedral of HOPE and Bryan's House, both are based in Dallas, Texas. The headquarter of HOPE Cape Town USA has moved to Ann Arbour, Michigan; while Mr Community Auntjuan remains the representative in Dallas.



From left: Stacie Greskowiak-McNulty, Fr Stefan Hippler, Auntjuan Wiley, Shirley Kunzmann and Joe Kunzmann

Internet: www.hopecapetownusa.org Facebook: hopecapetownusa

# 5. Our Sister Organisation: HOPE Kapstadt Stiftung



As the organiser of the HOPE Gala, the HOPE Cape Town Foundation 2020 was also affected by the Corona Pandemic. Through the top event in Dresden, Viola Klein has engaged people from business, art, and society to support the work on the ground in Cape Town for 15 years. Instead of a big event, she had initially planned a big anniversary concert and three charity dinner evenings in the 15th anniversary year. Due to the pandemic, only one dinner evening took place with the other events postponed to the coming year 2021.

Nevertheless, numerous donors, committed individuals, companies and institutions have supported the work of HOPE Cape Town financially and personally in this difficult year.

Thanks to a separate appeal for donations by Viola Klein - "Fighting Hunger in Blikkiesdorp" - a considerable sum was raised, enabling HOPE Cape Town to offer two meals a day to the children in Blikkiesdorp in the township of Delft from March 2020. The townships are hotspots where hunger and unemployment spread quickly and where the nationwide lockdown has hit people particularly hard.

Equally important and helpful was that the HOPE Cape Town Foundation was able to apply for funding from other donors in Germany:

First and foremost, the **Bavarian State Chancellery** should be mentioned here. With its **million-euro grant for the "Bavarian House"**, it gave the go-ahead for the construction of the new community centre in Delft as early as 2019 and thus significantly paved the way for other donors and sponsors.

The **Bavarian State Parliament** supported the **WOMANDLA** project. Thanks to this grant, HOPE Cape Town was able to run an empowerment programme for women at Goedgedacht Farm in Malmesbury in the last quarter of 2020.

The Saxon State Chancellery supported the project "Measures to keep children and families in South African townships healthy under COVID-19 conditions". The project supports health measures in the township of Blikkiesdorp, which was particularly affected by the pandemic. The measures had to be temporarily interrupted due to the lockdown but could be resumed later.

The RTL - Wir helfen Kindern e.V. Foundation helped finance a Xhosa-speaking teacher at the Tygerberg Hospital school. At the beginning of 2020, Lisa Marie Siewert, an employee of the TV station RTL, did voluntary service at HOPE Cape Town as a break from her job. On return to Germany, she submitted the co-financing of the teacher's position as an employee project to the station's foundation.

We would like to thank all our supporters most sincerely!

Internet: http://aids-stiftung.de/hope-kapstadt-stiftung

Facebook: HOPE-Kapstadt Stiftung

### 6. Our Partner: HOPE & Future e.V. Münster

Since February / March 2020, Covid 19 outbreak has gripped the world and affected many lives. Restrictions in public life, home office, restrictions in school and day care centres as well as job losses could be seen globally.

Many festivals, markets and other events were not allowed to be held, meaning we were also unable to host any information tables. This meant that we could not get in touch with people and tell them about our project for children affected by HIV/AIDS in Delft Township. Since we also sell goods for the benefit of our project on such occasions, we also had a loss of income. We tried to find alternative sources of income. We succeeded to some extent, so that we did not have to draw heavily on our reserves to finance the work in South Africa.

Now we hope for a healthier future in which we can again organise events and inform people of our work.



Internet: <u>www.hope-and-future.de</u>

Facebook: Hope & Future e.V.

# 7. Our Partner: Manenberg Aftercare Centre

Ref. Father Wim Lindeque

The Covid-19 pandemic has made last year extremely challenging for the Manenberg Afterschool Centre, but the Centre continued to serve children and families in Manenberg, thanks to the assistance and support of many benefactors, organisations, and groups, including our long-time partner, the HOPE Cape Town Association.

The normal operations of the Centre were halted by the national state of disaster and lockdown regulations in March 2020, but under the leadership of Leslie Selbourne, the centre manager, staff members distributed sandwiches and other packaged food to the children registered at the Centre, as well as other children in the area. This took place after the initial full lockdown and presented many logistical and regulatory challenges.

In mid-April 2020, the board was given permission to access the Holy Family of Nazareth Catholic Church's premises again and a feeding scheme was started. A cooked meal was

provided three times a week and served by the Centre staff. Children from the area around the church, as well as some elderly and disabled adults were the recipients of the food. The staff had the difficult task of teaching and enforcing social distancing, mask wearing and hand sanitizing, soon taken up with enthusiasm by the children.

This feeding scheme has continued very successfully over the last year, with a short break over Christmas. The children were supplied with some colouring materials, donated books, and other learning materials to take home with them. Hygiene packs were distributed to the teenage girls to assist them to attend school once that was possible.

The HOPE Cape Town Association continued to generously provide an experienced and dedicated social worker, Maria van Blerk, to the project, creating the possibility for children with acute problems to be counselled and helped. Maria could not have regular sessions under the restrictions, but she provided support in specific situation, as when a child who attends the Centre was severely sexually assaulted and had to be hospitalised.

The HOPE Cape Town Association and Trust remains an important supporter of our work and we are immensely grateful for the way in which their generosity has enhanced and contributed what we are able to offer the children of Manenberg and the growth of this project. We look forward to continued co-operation and service to these children as a new levels of operation become possible.

Internet: <a href="https://www.manenbergscentre.org">www.manenbergscentre.org</a>
Facebook: Manenberg Aftercare Centre

#### 8. Our Partner: RAT & TAT Koblenz e. V.

RAT & TAT Koblenz e. V. (translated to ADVICE & ACT Koblenz e. V.) continues to collaborate with HOPE Cape Town. During the period under review, we secured with the support of RAT & TAT Koblenz e. V. a donation for school uniforms, school bags, stationery, and food from Ministry of Internal Affairs, for Sport and Infrastructure of the province Rheinland-Pfalz.

"RAT & TAT Koblenz e. V." provides anonymous and free support for people with or without HIV/AIDS, personally or by phone. They give advice about sexually transmitted diseases and HIV antibody testing for professionals working in areas like medicine and welfare.



Internet: <u>www.aidshilfe-rlp.de/rattat-koblenz-e-v</u>

Facebook: Rat & Tat Koblenz e.V.

# 9. Our Partner: Southern African-German Chamber of Commerce and Industry

Improving youth capability and enhancing graduate employability through sustainable socioeconomic development is one of the many factors that underlines the strong partnership

between HOPE Cape Town and the Southern African-German Chamber of Commerce and Industry. In October 2019, these fundamental values of both parties were supported by the signing of the *Memorandum of Understanding (MoU) for Partnership Engagement.* In an official and festive ceremony, the Executive Chair Board of Trustees of HOPE Cape Town Ref. Fr Stefan Hippler and the Director of the Southern African-German Chamber of Commerce



and Industry (SAGCC) Matthias Boddenberg signed the MoU, in the attendance was Immediate Past President Sabine Dall'Omo and State Minister Dr Florian Herrmann, Head of the Bavarian State (See Picture).

Since the signing of the Memorandum of Understanding the development of the HOPE Cape Town - Bavarian House — is in full swing, which will become a multi-purpose facility/community centre in the Delft area. Located in the Delft area, the Bavarian House will house the German Chamber Dual Vocational Training programmes. Once a week the young learners will have their theoretical classes taking place at the facility. With more than 60% of 18- to 24-year-olds in the greater Delft area not in employment, education or training, these programmes aim to not only provide the industry with well-educated and hands-on employees of the future but also gives these South Africans a once in a lifetime opportunity to receive an international qualification, practical experience within an organization and directly enhance the graduate employability.

Being located close to the Cape Town International Airport which is situated in a vibrant industrial hub with more than 200 Logistics companies occupying premises in the area, it is the ideal location for the first programme starting in Q3 of 2021 - The Freight Forwarding and Logistics Dual Vocational Training programme. Future trainings will include the SAGCC Mechatronics or Business Administration programmes as well as the Train the Trainer.

The Holistic approach of bringing the industry, education and the local community together is unique and can reform the area one step and a time. The Southern African-German Chamber of Commerce and Industry looks forward to welcoming the first learners to the programme and looks forward to continuously working closely together with HOPE Cape Town.

For more information on dual vocational training visit: <a href="https://training.germanchamber.co.za">https://training.germanchamber.co.za</a>

### 10. Our Partner: The German Aids Foundation

(Dr Kristel Degener)



## Support despite lower revenues

The COVID 19 virus is having a massive impact on lives worldwide - including Germany, where the pandemic has been affecting all areas of personal life as well as the community and health care system since March 2020. The German AIDS Foundation has felt these effects very clearly, especially in the area of its charity events which led to the postponement of the opera galas in Berlin, Düsseldorf and Bonn until next year.

Nevertheless, we managed to maintain the usual level of support especially for the work of HOPE Cape Town. In addition, we have decided to also commit to the new project "The Nex-Indawo Yethu", which is being built in the township of Delft. We are convinced that "The Nex", with its wide range of services, will provide a holistic approach to poverty alleviation and healthy living. Therefore, the Foundation will contribute a substantial amount and invest in the construction of the youth development centre on the campus.

For children and young people in South Africa's poor communities, the problems are manifold. Girls and young women are a particularly vulnerable group: every week, about 2,000 young women become infected with HIV in South Africa. Some of them are children of HIV-positive mothers. Thanks to a successful mother-child therapy (PMTCT), they were born without the HI virus. However, some later become infected with HIV themselves.

HIV and AIDS can only be contained in the long term if the entire living situation of the poor population - and especially that of young people - improves. Many of them have lost their parents or experienced domestic violence, drugs, gang crime and prostitution. They need support and perspectives. Information and education are therefore indispensable.

With the art and cultural events, the German AIDS Foundation does a lot of good with a lot of joy. We long for these events to return, just like personal encounters and conversations. But in every crisis, there are also new opportunities. We are therefore confident and hope to continue supporting HOPE Cape Town in the future.

Internet: <a href="http://aids-stiftung.de">http://aids-stiftung.de</a>
Facebook: Deutsche AIDS-Stiftung

## 11. HOPE Gala Dresden



## Great donation result: 171,013 euros for HOPE Cape Town

Help from Dresden to South Africa - the charity dinner for the benefit of HOPE Cape Town - raised 105,850 euros. Together with further donations of 65,163 euros, a total of 171,013 euros can be transferred to South Africa. This also includes 10,000 euros, which the Ostsächsische Sparkasse Dresden handed over to the chairperson of HOPE Cape Town, Stefan Hippler.

The money is urgently needed in South Africa, because in addition to the fight against HIV/AIDS and tuberculosis, the organisation "HOPE Cape Town" is increasingly committed to alleviating the consequences of the Corona pandemic for the people in the townships. For example, 1000 people per day are being fed in a soup kitchen. However, the donations from Dresden are mainly used to finance the HOPE doctors and thus ensure the health care of the people in the township clinics.

"We are completely overwhelmed by the willingness of our dinner guests to donate," says the initiator of the HOPE Gala Viola Klein. "They opened their wallets extra wide, as if they were trying to make up for the loss of income from the HOPE anniversary concert."

Due to the Corona pandemic, the organisers had to cancel the 15th anniversary concert on 30 October and postpone it to the 2021 OPEN-Air season. In addition, the charity dinner planned for 200 guests at the Hotel Taschenbergpalais Kempinski was rescheduled across two evenings and the number of people halved. Here, accompanied by an excellent dinner by chef Jörg Mergner, the guests experienced a programme with entertaining discussions and artistic contributions in an intimate setting, by among others Alina, Philipp Richter or Professor Milko Kersten, who originally wanted to organise the concert in the Kreuzkirche with the Youth Symphony Orchestra of the HSKD.

The majority of the donations resulted from the silent auction, where guests were able to bid for select high-quality prizes such as artworks by Udo Lindenberg and Otto, the limited miniature HOPE Award by Ulrich Eißner made of Meissen porcelain or an original concert guitar by the "Prinzen". Special experiences such as a living room concert with Fools Garden or a dinner at Viola Klein's home also found generous takers.







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"We would like to especially thank the team at the Hotel Taschenbergpalais Kempinski for rescheduling the event within a few days," says Michaela Gornickel from the organisation team of the agency Par.X Marketing & Events. "Now we are starting to plan the two charity dinners in Berlin and Munich, although we will have to look for a new date for Berlin."

For 15 years, the organisers of the Dresden HOPE Gala have been collecting donations for the children's project "HOPE Cape Town" in South Africa. To date, almost 1.9 million euros have been transferred in the 15 years to help children and families in the townships of Cape Town.





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For more information visit: www.hopegala.de

# 12. Networking: Eine Welt Netzwerk Bayern e.V.



The One World Network of Bavaria is the regional nonprofit network of action groups, institutions, fair trade shops and local one-world-networks committed to development policy and situated in Bavaria, one of the 16

federal states of Germany. All their members are engaged in one world solidarity work and raising awareness, particularly around sustainable development, fair trade, international labour standards/corporate social responsibility and education for sustainable development.

# 13. Networking: Western Cape Network for Community Peace and Development



The Western Cape Network for Community Peace and Development is a collectively guided independent and registered non-profit provincial umbrella organization of NGO's working in the field of conflict resolution, youth, women, community development and peace building and sport in the Western Cape. Its members share common values and so empowerment, youth

development, peace building, conflict management, democracy, sustainable development, human dignity, diversity, integrity, transparency, accountability and non-discrimination became binding principles. These common values help to create conflict free and sustainable communities and provide a platform for the network to work from.

The vision of the Network is to actively promote peace and development not only in the Western Cape, but in South Africa, by contributing to the building of: "Peaceful, Empowered, and Cohesive Communities."

#### MISSION:

"The network ignites peace and development by amplifying the voice of communities through capacity-building and advocacy with its members".

#### As a Network we value:

- The fundamental importance of peaceful communities to create a healthy nation
- The inherent potential in communities to find solutions to challenges
- The potential within every individual to contribute to a peaceful society
- The potential of each network member to contribute constructively to the achievement of our vision & goals
- Conducting our practice with discipline, fairness, integrity, transparency, responsibility, accountability and care

#### How to achieve our Mission?

- Assist in sharing of expertise and training among members
- Developing common initiatives and organising Network events and activities
- · Providing capacity-building opportunities for our members
- Enhancing operating efficiency and effectiveness
- Providing shared facilities and resources
- Advocating for and publicising members work
- Becoming a replicable model
- Building stronger relationships between civil society, academic institutions and government

More information: www.peacenetworkwc.org

# 14. Support of other Organisations and Initiatives

## 14.1 Tygerberg Hospital School - Xhosa-speaking Teacher

The HOPE Cape Town Trust were again able to support the Tygerberg Hospital School this year by funding the salary of the Xhosa Teacher through continued dedicated funding. The Xhosa teacher has been assisting isiXhosa speaking learners at the school and in the wards since 2015.

Tygerberg Hospital School is a school located within the Tygerberg Hospital and most learners are patients admitted to the Tygerberg Hospital. When children of school going age are admitted to hospital for long periods, they miss out on schooling, potentially falling behind their peers. Some children need to spend long periods in their hospital beds without any stimulation. Tygerberg Hospital School (THS) believes that every child has the right to

education. They ensure that learners do not fall behind with essential parts of the curriculum while they are in hospital.

Tygerberg Hospital is an academic hospital and therefore medical procedures always take preference. Teaching alternates and takes place at different times of the day as needed. Some learners receive tuition in their beds, while those who are mobile are brought to the school class rooms. The teachers collect the learners from the wards in the morning and return them to the wards after the school programme.

The HOPE Cape Town funded Xhosa Teacher, Ms Khosi Jelwana, had to find innovative ways to continue with teaching during the COVID-19 pandemic. As many patients infected with COVID-19 were admitted to Tygerberg Hospital, the teachers were not allowed to go into the wards to interact with learners. Educational packs were prepared and handed out to the learners once a week. Additionally, Whatsapp groups were created for the learners to communicate with the teacher if they needed help. Not all learners had phones, devices, or data to make use of this offer.

During the afternoons Khosi assists other teachers with their work preparation for the isiXhosa speaking learners. She also supports the other teachers by acting as a translator when needed.

It is a known fact that the use of learners' home language in the classroom promotes a smooth transition between home and school. It means learners get more involved in the learning process and speeds up the development of basic literacy skills. Since Khosi Jelwana has started at the THS, the school has been able to provide home language teaching for isiXhosa learners which were not possible in the past. Both caregivers and children have reported that this has had a major impact on their ability to stay up to date with their school work during their admission.

Khosi's experience in working with HIV positive patients and understanding the Xhosa culture is of benefit to THS as she often provides guidance and support to her colleagues and other members of staff.







## 14.2 Tygerberg Hospital School - Occupational Therapy

Although preschool learners have always been included in the educational programme at Tygerberg Hospital School, grade R classes focussing on learners with global developmental delays and apraxia were established in 2012 and 2013 respectively. Each class is taught by a qualified Foundation Phase Remedial teacher with a class-assistant to support her. HOPE Cape Town has been working closely with the Tygerberg Hospital School and Dr Cilla Springer, a neurodevelopmental paediatrician at Tygerberg Children's Hospital for many years. They approached HOPE Cape Town for assistance with Occupational therapy sessions for these children.

Sensory Kidzone is a private occupational therapy practice and has been affiliated with Tygerberg Hospital School since 2015 when the need for occupational therapy within the school was identified. They offered therapy at the Tygerberg Hospital School for learners at a reduced rate. Despite the reduced rate there were still many learners whose caregivers could not afford to pay for occupational therapy – and they were missing out on this very important component of their developmental care package.

HOPE Cape Town has partnered with Sensory Kidzone since 2018 by sponsoring group and individual occupational therapy sessions. The therapists assessed and provided weekly therapy for 16 children in 2020. This enabled the therapists to provide goal orientated, individualised occupational therapy and guidance to the teachers. The funding for this project ended in September 2020.

## **14.3** Helderberg Hospital

HOPE Cape Town is providing funding for Occupational therapy services provided by an external therapist specifically for the paediatric HIV outpatient clinic at Helderberg Hospital. The therapist is contracted for assessments and therapy one morning per week. All the children seen were HIV-positive and were referred by the doctors at the clinic. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties.

A total of 49 children have been seen at Helderberg Hospital by the therapist during this time period. The therapist sees about 42 of these children regularly when they see the doctor every month or every 2nd month.

# 15. HOPE Cape Town Board of Trustees 2020/2021

The HOPE Cape Town Trust brings together individuals from diverse backgrounds to provide guidance for the organisation. We are honoured to gather wide-ranging expertise and to benefit from specialised knowledge. The focus of the Trustees on the long-term vision and stability of HOPE Cape Town is important for achieving our objectives.

### Members of the Board of Trustees 2020/2021:

- Rev. Fr. Stefan Hippler (Chairperson)
- Mr. Dibhesi Sam Tuntubele (Vice-Chair)
- Mrs. Carole Armstrong-Hooper (Secretary)
- Mrs. Petra Reichwein (Treasurer)
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- Lic. lur. Martin Hörnig
- Mrs. Viola Klein
- · Admiral (ret) Jacobus Louw
- Mr. Themba Msimang



Board of Trustees and Advisory Board of the HOPE Cape Town Trust – From left: Martin Hörnig, Hardy Fiebig, Sam Tuntubele, Detlev Geiss, Viola Klein, Dirk Brand, Anja Tambusso-Ferraz, Bob Groeneveld, Carole Armstrong-Hooper, Themba Msimang, Petra Reichwein, Stefan Hippler, Monika Esser, Jacobus Louw

# 16. HOPE Cape Town Trust Advisory Board

Within the Trust we make a place for exceptional individuals who have made outstanding contributions to HOPE Cape Town.



Mrs. Anja Tambusso-Ferraz is the Regional Representative in Western Cape for the Southern African-German Chamber of Commerce and Industry.

Anja has been a founder member of HOPE Cape Town and is the main organiser of the Ball of HOPE in Cape Town.

2011 Anja joined the Advisory Board.



**Prof. Dr. Clinton A. Gould** is a Consultant for Education, Human Sexuality and HIV/ AIDS.

Since 2020 Clint is a member of the Advisory Board of HOPE Cape Town Trust and HOPE Cape Town USA.



**Mr. Hardy Fiebig** is a former athlete and the CEO of the company "Allstar Production Group".

Hardy joined the HOPE Cape Town Trust team as special advisor in 2008.



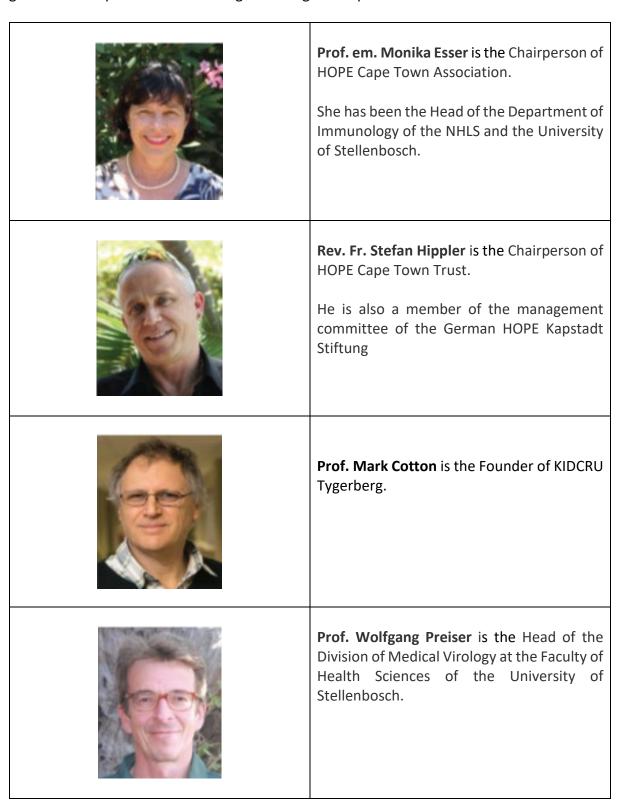
**Mr. Joe Kunzmann** is a retired Director of Somerset County Board of Social Services Milford NJ (USA).

Joe joined the Advisory Board in 2015 and is also the Director and Chairperson of HOPE Cape Town USA.

# 17. HOPE Cape Town Board of Expertise

(HOPE Cape Town Association Board)

Within the organisation we have a group of brilliant individuals who through their expertise guide HOPE Cape Town with strategic thinking and in practical terms.





**Rev. Fr. Wim Lindeque** is the Chairperson of Manenberg Aftercare Centre and Parish Priest of the Catholic Church in Stellenbosch



**Mr. Albin Wagner** is an Attorney at Bisset Boehmke McBlain Attorneys



**Dr. Layo Seriki** is an Organisational Consultant and Personal Development Coach.



**Dr. Deepthi Raju Abraham** is the Head of Paediatric Rheumatology and Immunology clinical services at Tygerberg Hospital and a Senior lecturer at the Faculty of Medicine and Health services at Stellenbosch University.

# 18. Sponsorship and Donation "in the reporting year"

Every cent counts and we thank all sponsors and donors and apologies if we forgot somebody to mention. We appreciate everybody who notifies us after making a donation via EFT, transfer or our website, so that we ensure the issuing of a tax-deductible receipt in South Africa or in Germany as well as including the name in this paragraph. We especially also thank all those sponsors and donors who want to remain anonymous.

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Rotary Deutschland Gemeindienst e.V.

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Schwarz, Judith and Jurek Schwärzler, Dr. Helmut

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Wegwerth, Thorsten Weiler, Elisabeth Weise, Birgit

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Zebra Group GmbH Zentini, Margret Zernisch, Robert

Zickmann, Kai and Maike Zimmermann, Bernd and Karin

Zoeller, Gerold Zschiedrich, Mirko Zweig, Florian

# 19. Contact Details HOPE Cape Town Trust

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Email: trust@hopecapetown.org Web: www.hopecapetown.org

Facebook: HOPE Cape Town

#### **Postal Address**

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PBO No: 930024843 NPO No: 053-417 NPO

## **Physical Address**

31a Carlisle Street

Paarden Eiland Cape Town, 7405



Financial donations can be made in the following ways:

• EFT

• Secure Online Payment via www.hopecapetown.org/donate

## **Banking Details:**

## Our Banking Details in South Africa:

Account Name: HOPE Cape Town Trust

Name of Bank: Standard Bank of South Africa Limited

Account No: 070274525
Branch Code: 020909
Swift Code: SBZAZAJJ

Branch Name: Thibault Square

Account Type: Business Current Account

## Our Banking Details in Germany:

Kontoname: Katholisches Auslandssekretariat

Bank: Commerzbank, Köln

Konto-Nr.: 211402100 (BLZ 370 800 40)

SWIFT-BIC.: DRESDEFF370

IBAN: DE72 3708 0040 0211 4021 00

Kennwort: HOPE Cape Town Trust

Kontoname: HOPE Kapstadt Stiftung

Bank: Bank für Sozialwirtschaft Köln Konto-Nr.: 8269500 (BLZ 370 205 00)

SWIFT-BIC.: BFSWDE33XXX

IBAN: DE15 3702 0500 0008 2695 00

Kennwort: HOPE Cape Town Trust