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Address of Consul General of the Federal Republic of Germany in Cape Town

Cape Town, April 17th 2019



Dear Reader,

in 2018 HOPE Cape Town completed their 17th consecutive year in service of improving the situation of underprivileged families in the Cape region – by means of making a major contribution to containing the spread of HIV, empowering communities affected, coping with the impact the disease has on everyday life, and fostering individual development during childhood and youth. In short: by transforming lives, and especially young lives, for good.

Ever since HOPE's beginnings, there have been close ties to Germany, both in terms of HOPE's network, its expertise and its sources of support. Let me therefore reiterate here that we have the best of reasons to honour HOPE's relentless effort deployed for the good cause and to give the highest credit to the invaluable commitment and resilience of the people contributing to its work, both as volunteers and professionals.

Whilst this yearbook will give you a comprehensive and detailed overview of HOPE's manifold activities and broad range of projects run in 2018, let me briefly elaborate on a few of HOPE's objectives and on the tasks ahead, against the background organization's second decade of existence approaching its close.

A glance at those overarching objectives, and at the practical project tasks derived from them, over the forthcoming period 2019-2022 will give you an impression of the consistent and systematic methodological approach which to me seems to be at the very core of HOPE's work, and which has strongly impressed me from the outset. To name but a few examples:

In order to optimize health services, HOPE is planning to step-by-step increase its capacity for the provision of clinical sessions and occupational therapy, both in terms of time (+40%), geographical coverage of the Greater Cape Town area (adding Helderberg and Tygerberg), and subject matter (addressing neurodevelopmental delays in a pre-school environment). In order to equip children from families affected with the skills and opportunities to reach their full potential, HOPE is in particular aiming to double respectively triple the extent of its school preparation and after-school programs run at Delft and Blikkiesdorp, both in terms of qualified staff and working hours. In order to accompany Blikkiesdorp community in

increasing their quality of life, HOPE is envisaging the establishment of a community centre and its gradual expansion to include environmental conservation, computer classes, reading groups, and adult education/life-long learning.

Both from what my colleagues and I have seen in the field over the past years, and from HOPE's working links to well-established institutions in Germany, first and foremost the Deutsche Bischofskonferenz and the Deutsche Aids-Stiftung, you have every reason to be confident that HOPE deserves the unreserved trust of any prospective donor.

All the more so when you apply a holistic approach and take into account HOPE's rare, if not unique, combination of three particular strengths: HOPE's work is state-of-the-art because it is deliberately based on a direct link between scientific and grass roots work. It is sustainable, because over time HOPE has built up and developed a tremendous measure of expertise in the field of paediatric HIV/AIDS prevention and treatment. And it is backed up by a stable international context, fruitful in terms of both scientific capacities and financial support, through a network HOPE has created with its European and American partners.

Conveying to HOPE the best wishes, good luck and every success for the year ahead!

Yours faithfully

Matthias Hansen

Consul General of the Federal Republic of Germany, Cape Town



Rev. Fr. Stefan Hippler, Sr Pauline Jooste and the German Consul General, Mr Matthias Hansen in Blikkiesdorp (from left to right)

1. Report of the Chairperson

Structure

HOPE Cape Town comprises HOPE Cape Town Trust, Hope Cape Town Association, HOPE Cape Town USA and HOPE Kapstadt Stiftung.



Responsible for raising funds and ensuring sustainability of the organisation through effective oversight.



Working arm which implements and monitors all outreach programmes.



Encourages exchange of ideas, learning and collaboration while promoting our cause in the USA giving donors the opportunity to support our many programmes.



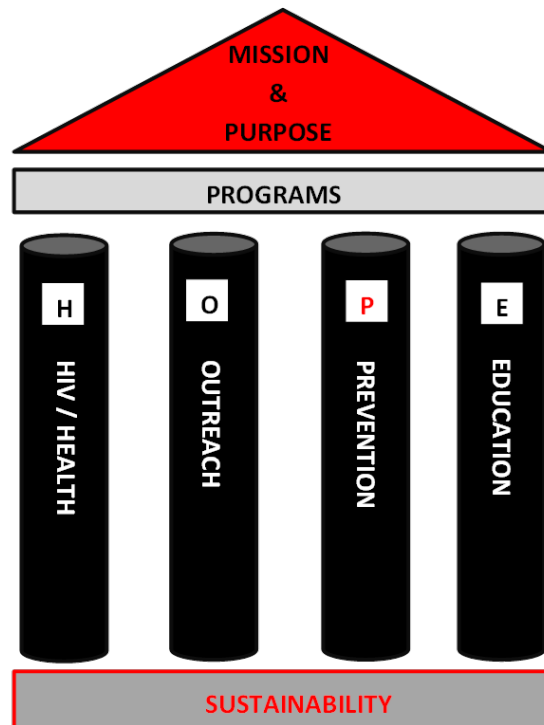
Our German trust, which enables our German donors to support us and is responsible for our premier international event, HOPE Gala Dresden.

Developments within the Trust

During the business year under review the organisation continued to work in the interest of children infected and affected by HIV but started to move into new focus areas. We realised that there is a huge need in the communities for social support, like early childhood development, development during the first 1000 days of a children's life, social worker support and support for children of school going age not attending school yet. We changed our vision accordingly as you can see below.

Our Mission

HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.



Our Values

Focus * Transparency * Innovation

Focus:

- Hands on Child & Family support
- Medical Research & Clinical Work
- Awareness / Prevention / Training

Transparency:

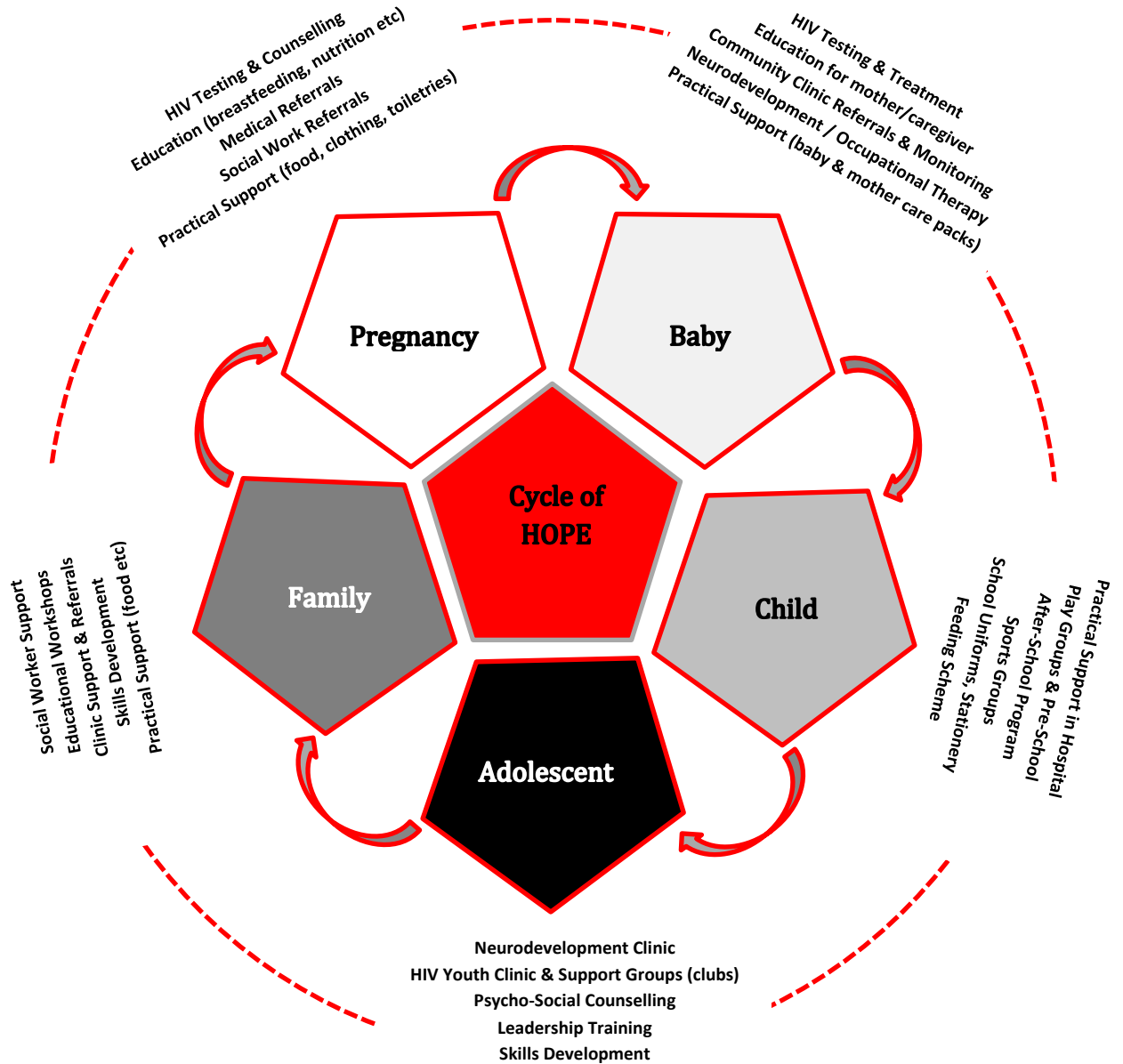
- Verifiable results through monitoring and evaluation
- Successful local and international partnerships since 2001
- Training and awareness programmes for NGOs, government and the private sector

Innovation:

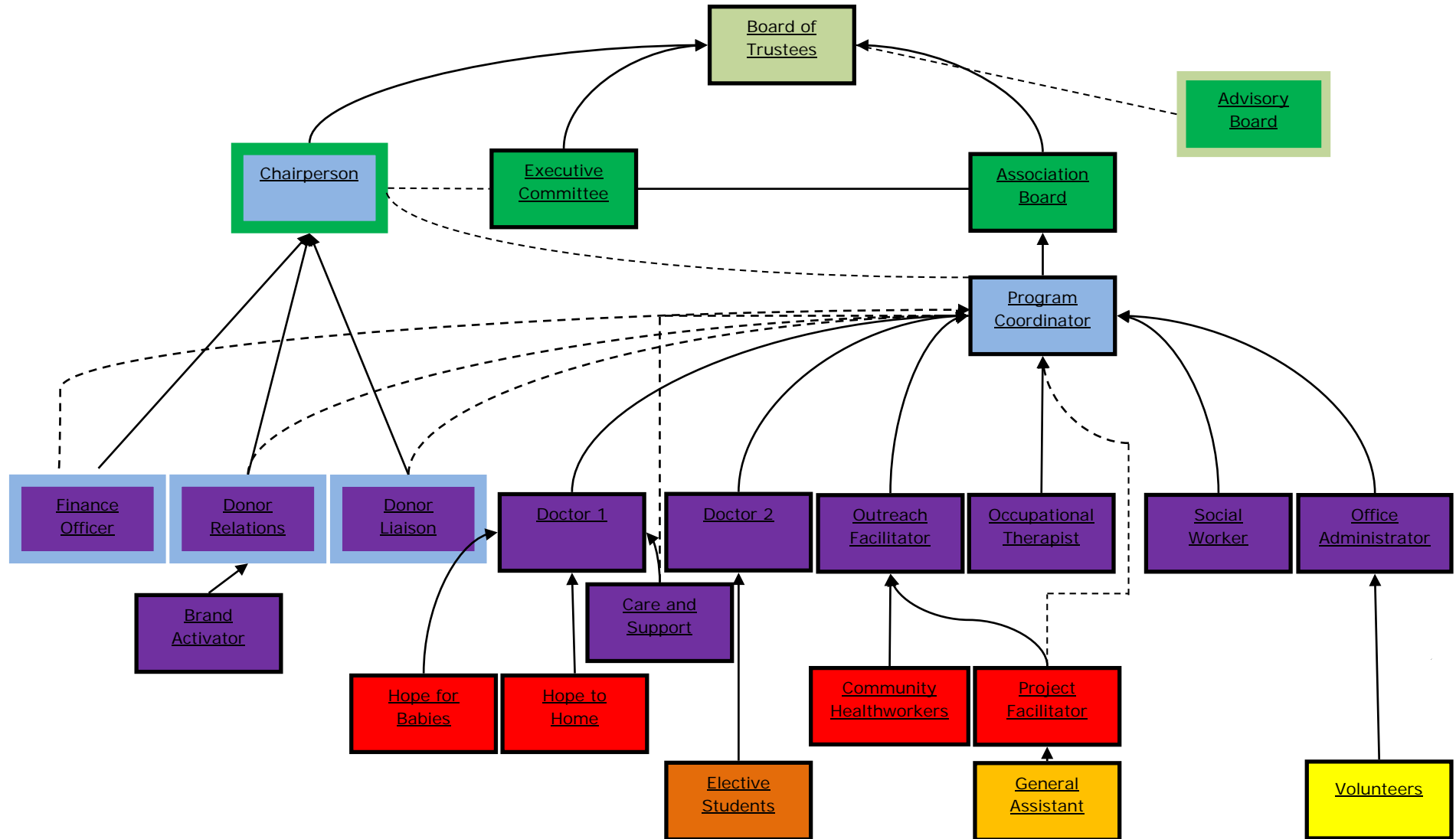
- At the forefront of establishing an HIV/Aids framework with international partners
- 25 Community Health Workers supporting and impacting 18 communities in the Western Cape
- Bridging the gap between grassroots and science
- Early childhood development / 1st 1000 day interventions in under resourced communities
- Timely diagnosis, support and care for children with neurodevelopmental delays

Our Core Focus

HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.



ORGANOGRAM - 2018/2019



This 13th report of the HOPE Cape Town Trust is a welcome time to review the accomplishments of the past year and to highlight once again the focus and faith of HOPE Cape Town. That is the people – the people within HOPE Cape Town; the people in the communities in which we work; the partners, the sponsors and the volunteers, who all constitute the HOPE Cape Town Community.

HOPE Cape Town is a registered non-profit organisation based in Cape Town that aims to raise the quality of life of people and communities. Emphasis is placed on children and their families in situations of poverty, HIV/AIDS and related illnesses. Since HOPE Cape Town was established in 2001, it has endeavoured to assist thousands of people annually by providing medical care, counselling and social services, training and development, education and empowerment.

As a longstanding and respected non-profit organisation operating in the eastern district of the Cape Metropole, HOPE Cape Town's strategy and project implementation is based on extensive research, consultation and engagement. It provides the basis for a detailed and deep engagement among stakeholders, both local and international. While the organisation has its roots deeply entrenched with the German-speaking Catholic community of Cape Town, it is also a major role player within the frameworks of the German AIDS Foundation, HOPE & Future e.V, and HOPE Kapstadt Stiftung in Germany, as well as a sister organisation HOPE Cape Town USA, a 501(c)(3) non-profit organisation which operates in New Jersey and Dallas, USA.

HOPE Cape Town has a well-established mechanism for inter-dependence and cooperation in Cape Town and beyond and, this capacity is used effectively in the implementation of its programmes and continuously developed further as and when the need arises.

The goal of the Trust is to ensure the future of HOPE Cape Town's work and thus, the continued delivery of effective services and programmes in the years to come. Marketing and Fundraising are the tools to support the "working horse" of HOPE Cape Town, namely the HOPE Cape Town Association.

HOPE Cape Town has dramatically grown from the very first contact with Tygerberg Children's Hospital and the placement of the first HOPE Community Health Worker (HCHW) in Mfuleni at a time when Sister Pauline Jooste, our Outreach Coordinator, was the Clinic Facility Manager. Today 25 HOPE Community Health Worker positions are spread throughout the greater Cape Town area and 35 employees work collegially for HOPE Cape Town.

Throughout this time, HOPE Cape Town has continued to uphold and to share our vision to address the reality of HIV, AIDS, TB and social challenges in the Western Cape Province and to protect the rights of individuals to know their status, access treatment and obtain quality information in a confidential, accepting environment. We believe individuals have the duty to be active in their care and prevention of further infections.

The biggest emerging threat to HIV positive patients receiving ARV's is still the lack of compliance and the resulting resistance to available antiretroviral drugs.

Retaining patients in care in the community, after being discharged from hospital, remains a challenge and initial integration of patients into their community health care facilities plays a major role in this retention.

The Western Cape Province has the best government health system in South Africa and often patients from other provinces use its services and if they are feeling better or have got their medication they return to their home province. The same happens to children; often they live with their grandparents elsewhere while their parents work or search for work in the Western Cape. The children are brought here to get the necessary treatment and disappear as soon as their health improves.

Another big challenge are the very busy township clinics which are chronically short-staffed, approximately 45 patients are seen by a doctor or nurse per day; normally a doctor/nurse should see 20 patients per day. This leads to long waiting hours and often patients do not return if they are not served the same day.

Furthermore, the increasing poverty and the cruel living conditions in the townships around Cape Town - around 40 people have to share a tap and a toilet - contribute to the spreading of infectious diseases and people in South Africa dying of AIDS, related illnesses and multidrug-resistant tuberculosis.

Stigma is still the biggest challenge hence patients do not want to go to the clinics; they are afraid to be recognized and identified as HIV-positive which still results in exclusion of their private environment and family.

The main reason for these challenges is the lack of proper basic education, training and development for the majority of South Africans living in the Townships. The high level of corruption is widening the gap between rich and poor and the living conditions for the people in the townships are getting worse due to lack of service delivery.

School attendance is compulsory for all children in South Africa. But if you consider an unemployment rate of approximately 30 % and more than 31 % of the people in South African living under the poverty line, you will also realize that not all parents and caregivers have the resources to pay school fees, school uniforms, books and stationery to send their children to school.

HOPE Cape Town supports the South African Government in 20 different communities around Cape Town:

- at Tygerberg Hospital with our projects “HOPE to HOME” and “HOPE for Babies”
- in the field of early childhood development
- our social worker supports the department of social development with her work in the communities
- to reach the UNAIDS goal 90-90-90 in 2020 to end the AIDS epidemic by 2030
- to eliminate the mother-to-child HIV transmission.

We have to get more women on treatment to prevent HIV-infections through our outreach work, prevention and education. We have to motivate the men, especially older men (sugar daddies) via the women to curb the spread of the virus and to get them on treatment as well.

In the clinics our community health workers encourage young men to consider circumcision as an option for deterring infection however this process is slow as there are many cultural issues and myths in our communities especially in rural and informal areas.

Our focus remains on the children and their families who live in poverty and are infected or affected by HIV/AIDS, TB and related illnesses. Our aim is to care for the child holistically, with the focus on prevention of infection via PMTCT, access to treatment, retention in care and adherence. We educate and enable caregivers and HIV+ adolescents to fully understand and manage their disease and treatment plan. Our aim is to not only play a role in the promotion of health, but also to help address some of the psychosocial problems these children face and to set them on the road to live a full and happy life.

Achievements during the business year

1.1 Community Health Interventions

The City of Cape Town and the provincial government provides a range of primary healthcare including municipal health services and primary health services to all citizens through clinics and other healthcare facilities.

With more than 100 clinics located in communities across the Metro, as well as a number of mobile and satellite units, the City Health Directorate is focused on delivering healthcare services to those who need it most.

HOPE Cape Town is committed to working with all spheres of government, communities and non-profit organisations to meet the regional targets to provide coordinated and integrated district health services for its citizens. To this end primary healthcare is delivered through a district health system reinforced by strong leadership, a committed workforce and the support of partnerships.

HOPE Cape Town recruit community members from areas where resources and services are scarce and now employs 25 Community Health Workers operating at 20 community sites.

They are based at their local municipal and provincial clinics, and are able to provide a wide variety of services, including HIV testing and counselling, Tuberculosis testing, family planning, sexually transmitted infections, and cervical screening. They are also involved with prevention (in the form of educational talks), as well as HIV treatment and management (including adherence support).

The Community Health Workers each complete a tertiary-level distance learning course on HIV care and counselling, and they are provided with ongoing training to keep them up to date with the latest developments in their field. The work of the Community Health Workers increases the treatment capacity at their local clinic, and they become an integral part of the daily functioning of their respective clinic.

In addition to HIV/ART, our HCHWs are also trained in the following medical fields:

- Tuberculosis (TB)
- Child care services (including immunization and nutrition)
- Male circumcision
- Sexually transmitted Infections (STIs)
- Cervical screening (pap smears)

Our community health workers cared for 160,258 patients in 2018. They did the following counselling sessions in 2018:

HIV counselling	16,265
Adherence counselling	6,110
Male medical circumcision counselling	1,739
PMTCT counselling	3,445
Other counselling	6,728

All the community health workers participated in a comprehensive training program during the year. Courses on topics like parenting and leadership skills, breastfeeding course for health workers, general counselling skills, paediatric ARV counselling, adherence course (ART), diversity training, grieving and trauma care for HIV-positive patients and their relatives and an educational visit to Robben Island took place.

Statistics for Community Health Worker’s Interaction for 2018 (direct contacts)

Children seen from birth to age 12	64,904
Teenagers seen from 13 to age 19	31,399
<u>Adults seen</u>	<u>63,955</u>
HIV tests done	16,448
<u>TB tests done</u>	<u>12,805</u>
Total amount of clients seen	160,258



Community Health Workers concluded their training and received certificates

1.2. HOPE to HOME

HOPE to home is the biggest program run by HOPE Cape Town. The HOPE to Home program is really true to its name. When we think about the word “home”, we think about a place where we feel safe, familiar, loved and we long to be there or miss it when we are away from it for a long time.

Unfortunately, for many South African children, this home can be a place which is not easy to miss and there may be a number of problems at home. The role of HOPE Cape Town is to put hope in these homes, by ensuring that the child is healthy and that the mother is healthy and happy and can be a good caregiver to her child. At Tygerberg Hospital, children receive their medication, food and a warm and safe place to stay. During this time, the HOPE to Home team identify all the potential issues that may arise when the child returns home and helps to ensure that sound measures are put into place to avert any problems.



Care & Support Coordinator Sonia Daniels with a patient at a Children's Ward

Sonia Daniels or “Mama” as she is affectionately known has been at HOPE Cape Town since 2010. She knows the children's wards at Tygerberg Hospital very well. Moreover, with her experience, she has come to know what parents' fears, queries and doubts are when they have sick children in hospital. She can easily identify which mothers need more support than others and which mothers will need more support with a social worker. She is especially knowledgeable about HIV and the reasons people are reluctant to take their medication or take an HIV test. With her patient and caring attitude, she is able to earn the trust of the patients and parents and successfully encourage them to take care of their health.

The staff of Tygerberg Hospital relies on our HOPE to Home team to fill a number of gaps in the hospital. One such gap is to relieve the burden of work carried by the hospital's social work and counselling teams by providing counselling sessions. The most common reason for referral of mothers to the team would be for counselling on ARV adherence and drug resistance. Sometimes explanations for simple misunderstandings are all that is required while other times several counselling sessions are required to address more deep-rooted issues such as stigma and denial. The team uses their good working relationships with the social workers as well as other HOPE Cape Town community health workers to make appropriate referrals.

When parents are referred by a doctor to counsellors for counselling, they feel as if they have done something wrong and they worry that the consequence will be bad, for example, that their child will be taken away from them and placed in someone else's care. Individual counselling takes time. The counsellor first has to gain the trust of the client before the client will share any relevant information. It is important that the counsellor does not judge the person for any past behaviour and helps the client find a solution that will be in the best interest of the child. Successful counselling leaves the client feeling relieved, hopeful and confident. The counsellor also has a sense of fulfilment in assisting the mother and thereby, also making a difference in the life of the child.

Group counselling really depends on the speaker. A boring speaker can make people fall asleep or become disinterested and distracted. The content of the talk and the way it is pitched is important to keep the crowd listening. The best group counselling occurs when there is interaction between the speakers and the audience. This happens best when the group is not too big and members of the group feel they can ask questions or offer suggestions in a private and friendly environment. It is also important that the information is relayed in a language that the audience understands. Not only should the language be familiar, but the words used in that language should be simple to follow. Long, medical words should not be used and health care workers who are used to working in a medical environment should remind themselves that they are speaking to lay people. Successful group counselling can change the atmosphere in a ward and help shift the focus to become positive.



Counselling Session with medical staff of Tygerberg Hospital

Medical staff are especially prone to mental health illnesses. This was highlighted this year, when top cardiologist and dean of the medical school at the University of Cape Town, Prof Bongani Mayosi, took his own life in July. While medical staff serve patients on a daily basis, they may neglect their own health or families. Many staff members at Tygerberg hospital approach HOPE Cape Town staff members for counselling as they are not part of the government staff and the counselling is done free of charge and confidentially. It is important that staff health is prioritised as poor health can

have a direct effect on patient care.



HOPE Care Worker, Violet Avontuur, with a patient and patient's mother

Violet Avontuur returned from maternity leave in February 2018. Violet is trilingual and able to converse with English-, Afrikaans- and Xhosa- speaking patients. This really makes her an asset to the counselling service that HOPE Cape Town offers at Tygerberg Hospital. Violet is one of only three community health workers based in the hospital and maintains a relationship with the community health workers at the clinic level. Having worked in the community clinic herself, she is able to give the patients a good idea of what to expect when they get to the clinics and therefore, she encourages them to seek help there. When you do not see Violet on the wards, you will find her making phone calls to patients or community health workers.



Group counselling with mothers

One of the key topics highlighted this year was that of contraception. Both Violet and Sonia attended 2-day training in June. Although contraception is available free of charge in South Africa, there are still many myths about its use and side-effects and therefore, reluctance to take it. There are thus many unplanned pregnancies in South Africa. The main contraceptives promoted are the long-term ones, also known as the loop and the implant. With effective contraception, families can space their children adequately and this leads to a decrease in maternal mortality and infant mortality rates. Sonia and Violet use

pamphlets and visual aids supplied by the Western Cape government to illustrate these important messages to parents.

The mothers of children in the wards help the nursing staff by feeding and bathing their babies. They also put their babies to sleep. The HOPE to Home team tries to assist the mothers to be more productive by engaging them in a crafts program. Previously, the main activity was knitting but since July 2018, the main craft is crochet. This program has been well received by the mothers who often learn to crochet for the first time.



Educational play room at G7

The refurbished play room was opened in the period under review with input from our occupational therapist, Robyn Meissner. The play room is staffed by our volunteers who all receive a short induction with Robyn before engaging with the children.

In addition, in May Sonia and Violet received training on the First 1000 days which highlights the importance of the development of a baby during pregnancy and the first two years of life. This training helps health care workers to identify a child's important milestones and when they are delayed. In addition, it also proves that expensive toys are not always needed to stimulate a child. Toys can easily be made from items found in the household such

as toilet rolls and old jars.

In the children's wards of the Tygerberg Hospital, our employees of the project "HOPE to HOME" see more and more children who are malnourished. Mothers, parents and care givers are not educated enough to take good care of their children.

Mothers and caregivers need a lot of counselling about breastfeeding. Many mothers do not want to breastfeed their babies and if then only up to 6 months and know very little about a healthy diet for their children. In one of the children's wards, a one-year-old girl was the size of a month old baby. This girl has only been fed tea and water since birth. Fortunately, she recovered at the hospital.

The "HOPE to HOME" employees counselled 1631 mothers on topics like breastfeeding, healthy nutrition and ARV adherence and also assisted mothers to solve their social problems.

1.3. HOPE for Babies



Mariam Roelofse and Dr Sadeeka Williams with a patient

In cooperation with the Infectious Diseases Clinic at Tygerberg Children's Hospital, HOPE Cape Town has been caring for HIV-positive children in township clinics for years. Our community health workers and doctors accompany these children on their lifelong path in dealing with the ARVs.

The care of HIV-positive children has changed in recent years to a holistic concept and we now care for HIV-positive children in all wards of the Tygerberg Children's Hospital. The

doctors of the Tygerberg Children's Hospital approached us in 2015 with the request to extend our service to the maternity hospital in the Tygerberg Children's Hospital. Mother-to-child transmission of the HI virus is the most common method of transmitting the virus to the child. The child can become infected with the virus during pregnancy, childbirth and breastfeeding.

The first few months of 2018 was a challenge for the “HOPE for Babies” community health workers Kekeletso Lebeta and Mariam Roelofse. The reason was that one of the Tygerberg staff professional nurses was off sick without a replacement. This meant that the community health workers had to adapt their work and do more HIV tests on newborn babies.

Previously, blood tests on babies were only done by doctors who use needles and blood tubes to collect samples. However, the dry blood spot test is a much simpler and safer method to use. Blood is collected from a single prick to the heel, placed on to cards for drying and then sent to the laboratory. Nurses and our community health workers are able to do this.



HOPE Care Worker, Mariam Roelofse, prepares a test

In South Africa, the majority of people known with HIV were picked up in pregnancy. In spite of massive efforts to offer free HIV testing, people are still reluctant to test. The HOPE for Babies community health workers also offer HIV tests to partners of pregnant women and emphasise to them the importance of staying HIV negative, for themselves and their babies' sake.

About one third of the women having babies at Tygerberg Hospital are adolescents. These women are very vulnerable and often naïve. They need extra support to help them cope with

having a baby, finishing schooling or finding employment and managing relationships with their partners and parents.

More than half of South Africans live in a state of poverty (receive less than R992 per month). With a birth certificate, children are able to receive a child support grant until they reach the age of 18. In order to receive a child support grant, the mother must have an identity document and the baby needs to have a birth certificate. This is one of the important topics that Kekeletso and Mariam talk about in their group education sessions.

HOPE Cape Town's "HOPE for Babies" project supports the South African Government to reach the UNAIDS goal 90-90-90 in 2020 to end the AIDS epidemic by 2030 and to eliminate the mother-to-child HIV transmission.

Mariam and Kekeletso conducted 3585 HIV tests in the period under review and only nine babies were born HIV-positive. This is sufficient evidence to demonstrate the benefits of treatment adherence, education and preventative services provided by the HOPE for Babies and HOPE to Home projects as introduced by HOPE Cape Town in the public health facilities

1.4. Occupational Therapy



Occupational Therapist Robyn Meissner with a patient

HOPE Cape Town would like to explore further possibilities in the area of holistic child and obstetric care. It is well known that the first 1000 days of a child's life (from conception to the end of the 2nd year of life) is the most important period for establishing the basis for good health, cognitive abilities, family relationships and emotional resilience. Proper nutrition and stimulation of the child in the first 1000 days of its life is so important because it affects all childhood, adolescence and adulthood. The focus here is on:

- Maternal well-being during pregnancy and psychological and physical development of the child
- Nutrition, care and support,
- Playful learning
- Safety and security

HOPE Cape Town is in a unique position to work within government structures and improve them for the benefit of society and the state. By working with Tygerberg Academic Hospital and the various township clinics, HOPE Cape Town has built a reputation since its inception in 2001 and is increasingly approached by the government to find, develop and implement solutions to deficiencies or non-existent services in the state health system.

Robyn Jess Meissner has been working for HOPE Cape Town since May 2017. Robyn studied Occupational Therapy at the University of Cape Town and graduated with a Master's degree in 2016.

She already gained practical experience during her studies. From February 2011 to October 2016 Robyn worked for Kidzpositive Family Fund as an occupational therapist in the field of early childhood development in various township clinics. The focus of her work here was on assessing and treating the effects and side effects of HIV in children, such as encephalopathy, developmental delays, learning difficulties and learning disabilities, cerebral palsy, visual and hearing deficits.

Our occupational therapist is currently working in the following clinics:

- Delft Community Health Centre paediatric ARV clinic
- Delft-South paediatric ARV clinic
- Paarl, TC Newman Clinic paediatric ARV clinic

Furthermore, she is offering her services to:

- Educational playgroup in Blikkiesdorp
- Neurological Children's Hospital in Tygerberg Hospital
- Manenberg Aftercare Centre

Delft Community Health Centre paediatric ARV clinic

Robyn continued to support the occupational department at this clinic. All the children seen were HIV-positive and were referred by the doctors at the paediatric ARV clinic. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other co-morbid conditions seen were: epilepsy, Cerebral Palsy (CP), hearing impairments, foetal alcohol syndrome (FAS), severe acute malnutrition (SAM), and intellectual disability.

A total of 42 children have been seen at Delft CHC by Robyn during this time period. She sees about 37 of these children regularly when they see the doctor every month or every 2nd month.

Delft-South paediatric ARV clinic

Robyn maintained her service at Delft South Clinic. Referrals were received from the doctors running the ARV service as well as Child Health sisters and occupational therapists from Tygerberg Hospital. The majority of the children seen were HIV-positive, with 9 other vulnerable children from the community seen. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other conditions seen included epilepsy, FAS, ASD, ADHD, prematurity, global developmental delay, hearing impairment and visual impairment.

A total of 38 children have been seen at Delft South clinic during this time period. Robyn sees about 28 of these children regularly when they see the doctor every month or every 2nd month.

Paarl, TC Newman Clinic paediatric ARV clinic

All the children seen at this clinic were HIV-positive and were referred by the doctors at the paediatric ARV clinic. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other co-morbid conditions seen were: CP, hearing impairments, and intellectual disability.

A total of 41 children have been seen at TC Newman CHC during the period under review. Robyn sees about 39 of these children regularly when they see the doctor every month or every 2nd month.

Educational playgroup in Blikkiesdorp

Robyn screened all the children attending the educational playgroup in Blikkiesdorp in 2018 and then those attending in 2019. In 2018, 25 children were screened on basic concept knowledge and fine motor skills. So far, 9 children have been screened in 2019.

From these assessments the therapist provided organised activities within their activity time focusing on the areas needing attention (shape concept, number concept, letter concept, body concept, drawing and writing names). These activity groups varied from between 10 - 25 children (in rotating smaller groups) and the activities consisted of various gross motor games, playdough, sorting, DUPLO building, chalk, wet, pasting, drawing, painting and tracing activities.

Neurological Children's Hospital in Tygerberg Hospital

Robyn continued to offer a Griffiths III assessment service to the Neurological Children's Hospital in Tygerberg Hospital. Referrals for the assessment are received from the doctors. Six children were assessed during this period, with various diagnoses – visual impairment, intellectual disability, ADHD, ASD, FAS, CP, anxiety; global, speech and motor delays.

GOKidz and Home Programmes

GOKidz stock was moved from Victoria Hospital and is now being stored at the HOPE Cape Town office. It took some time for the stock to be sorted, counted and organised to go out to various children at all clinics. GOKidz sessions have been started with 9 children on an individual basis since May 2018. It is hoped that since the stock take is complete, more children will start with sessions in the coming months.

Three other home programmes were developed and contain activities for older children to continue with therapy goals at home. “Busy Kids” is for children struggling with concentration difficulties and “Finger Fun” is for children needing to improve their fine motor skills. There are also some workbooks and games focusing on different visual perceptual skills. Eight children so far have received these home programmes.



the children of the educational playgroup in Blikkiesdorp

1.5. Social Services



Social Worker Maria van Blerk

2018/2019 was again a very fast-moving year, we were able to continue the established projects and implement some new exciting projects.

Most of the challenges that we have faced in recent years are still present or worsening. But through our work in these townships, we know that we can meet these challenges. At the same time, we use our experience as an opportunity to improve the lives of the children involved in the projects.

Educational Playgroup in Blikkiesdorp

During the period under review between fifteen and twenty children attended the play group on a regular basis. Eighteen children were successfully enrolled into schools for 2019.

Three children continued as members of the group in 2019, due to the ongoing struggles to get their documentation in order, before any school would be willing to look at their application.

The above accomplishment was the product of endless communication with maternal obstetric units obtaining proof of birth certificates, with Department of Home Affairs obtaining birth certificates, with the Children’s Court attempting to get children legally in the care of their caregivers and with the Western Cape Education Department and schools attempting to get children enrolled into schools.

Seventeen children joined the group since the start of 2019. Of these children nine should have been in Grade R, one should have been in Grade 2, two should have been in Grade 3, two should have been in Grade 4, two should have been in Grade 5 and one should have been in Grade 6.

None of these children have ever attended school. During the business year 2018/2019 80 playgroup sessions took place.



Play group sessions in Blikkiesdorp

Educational Playgroup at Delft Library

This group functions on the same principles as the group in Blikkiesdorp. Between six and eight children attended the playgroup regularly; five were successfully registered for school. They have also been supplied with a full school uniform and stationery. 28 playgroup sessions took place.

Due to the fact that children attending this group come out of the wider Delft area, it means they walk a long way to attend. Four children attend on an irregular basis and do not have the support of their parents/caregivers. This places these children in danger, due to having no supervision while coming to the group.

Afterschool Programs

We established an afterschool program in Blikkiesdorp where primary school children are supported to do their homework, have access to mentorship and additional educational material.

The group's numbers have grown exponentially and it has now been split in two groups on two different days to make the groups more manageable. Up to 50 children attend this group per day.

School Uniform Project

The lack of a school uniform or stationery is often listed as reasons why children don't attend school. HOPE Cape Town aims to provide children who are known to our projects with school uniform and stationery items as motivation to go to and stay in school.

We have provided 145 children with school uniforms and stationery items during January and February 2019. We could provide them with 79 pairs of school shoes, 30 school jerseys, 89 packs school shirts, 60 packs school pants, 50 school windbreakers, 206 pairs of school socks, 97 schoolbags, 70 basic stationery packs, 80 plastic and paper book cover rolls, 40 sellotape rolls, 70 A4 hardcover books, 70 A4 softcover books, 60 glue sticks.

School Holiday Program

HOPE Cape Town hosts an informal holiday club in Blikkiesdorp during school holiday periods to provide safe and structured entertainment for children during the school holiday. An average of 70 children attend every day. This program is volunteer driven and supported by the HOPE Social Worker.



Afterschool Project in Blikkiesdorp

Manenberg Aftercare Centre

Social services are rendered twice a week at the Manenberg Aftercare Centre.

Maria facilitates therapeutic sessions with children identified by the centre's staff. During the period under review, she had 93 individual sessions with children attending the afterschool program. She also had intensive sessions with 24 parents/caregivers of the children with whom she worked.

Maria spends time monitoring children, whom she has referred to Child Welfare (CW) for services. She is currently monitoring the circumstances of 15 cases that were referred to CW. This service also includes regular meetings with an allocated social worker or supervisors from CW Gatesville. During the past twelve months, she had 18 meetings with CW Gatesville.

During the past twelve months Maria continued to facilitate a teenage girl support group, they met 13 times. They are currently involved in a guardian program at the centre and she will start to introduce the older children to assist in the "meditation room". This will also teach them to be part of the "solution" in their community, by assisting and guiding younger children with difficulties.

1.6. HOPE Cape Town Doctor

Delft Community Health Centre, Paediatric ARV clinic

HOPE Cape Town doctors, along with an outreach doctor from Tygerberg Hospital are involved with running the Paediatric ARV Clinic at the Delft Community Health Centre (CHC). They see approximately 25 patients and their caregivers per clinic day. Each clinic visit involves an evaluation of the child's health and HIV control as well as education and support for the caregiver and trying to mitigate the effects of illness on schooling and social circumstances and vice versa.



Dr Annette Houston (left) and Dr Sadeeka Williams (right) at a Children's Ward in Tygerberg Hospital

This year the longstanding Tygerberg outreach doctor resigned and a new colleague was welcomed to the partnership in May 2018.

The HOPE doctors and Community Health workers (HCHW's) are also involved with assisting Delft in achieving their 90-90-90 goal as it applies to children. The goal is to have 90 % of children who visit the clinic know their HIV status, 90 % of HIV-positive patients who qualify for ART receive it, and 90 % of children on ART be virologically suppressed (in other words: that their HIV is controlled). A key part of reaching this goal is being able to find and recall children who have stopped coming to clinic for various reasons.

To celebrate the patients that have stayed in care – despite the challenging circumstances of township living, poverty and HIV stigma in Delft – and to celebrate another year of life – HOPE Cape Town runs a Year-End party. This is really the highlight of the year for the kids. For one day during the October School holidays – the Delft community hall is transformed into a funfair filled with bouncing castles, colourful decorations, music and fun. There were food and presents, face painting for the littlies, and a manicure station for the older ones. This year featured a hip hop class and performance and then our very own “Delft's got Talent” facilitated by teenagers from the Teen Club. It was wonderful seeing the youngsters' dance moves, modelling skills, 'spoken word poetry' and singing.

HOPE Cape Town believes in the importance of holistic care – even in a busy community clinic setting. We were delighted to receive a donation of locally made story books aimed at 3 -

7year olds. We've enjoyed being able to give these books out to the children and their caregivers – encouraging the child's delight in reading and the bonding experience of caregiver reading to their child which is so important to early childhood neurodevelopment.

Youth Clinic

This clinic is aimed at 15 -24 year olds who are HIV-positive irrespective of their clinical condition and history. Many are newly diagnosed, having contracted HIV from their sexual partner. The Youth Clinic has 47 patients on the books – of which 8 (17 %) have defaulted care. This is much improved from the 33 % “lost to follow up” rate from 2017 before the Clinic started. One example of the success of this clinic has been when one of the young ladies asked if she could bring her boyfriend to the clinic – now they attend together and a young man who has never been willing to access care is getting ARVs and doing well – and offering support to his girlfriend who was struggling to take tablets before.

Teen Club

This is a support group and fast-track program for teenagers who are stable on their medication and clinically. It is aimed at 14 - 20 year olds and has teenagers that are both infected from birth and as a teenager. Group discussions on topics such as understanding why treatment is important, goal setting, planning for life events or mishaps and disclosing to others are facilitated by staff working in the clinic. This is done in an adolescent friendly, interactive way – where the patients themselves are invited to come up with solutions to the issues they face. The other emphasis is ‘fast tracking’ – thus the club patients get their medications pre-packaged and don't have to queue at reception, clinician and pharmacy. The aim is to get the patient out of the clinic within 90 min, instead of the usual 4 – 6 hours.

We were delighted to partner with the Lions Club of Hamburg in doing a photography project with the teenagers from the Teen Club. The teenagers received a camera and training in how to use it and then were invited to take pictures of their environment along the theme “What gives me Hope”. Some of these pictures will be displayed by the Lions Club in 2019.

Tygerberg Hospital

HOPE Cape Town's doctors are accredited external lecturers for Stellenbosch University and official medical officers at Tygerberg Hospital (TBH).

Under this banner, the HOPE Doctors perform weekly sessions at the Paediatric Neurodevelopment Clinic at TBH. The children who are seen present with a range of learning difficulties – both HIV-positive and negative children. Children born with HIV frequently have neurocognitive delays and by working at this clinic have enhanced the resources and skills that HOPE Cape Town is able to offer. The doctors are also able to take these skills and knowledge back to the primary care clinics, while improving care in the clinics where the doctors work.

Furthermore, the waiting time for a child to get an appointment with the Neurodevelopmental Clinic has been unacceptably long due to an increasing need and number of patients. So by offering the services of the HOPE Doctors, we assist Tygerberg Hospital in reducing the waiting time for new appointments.

HOPE Cape Town has also facilitated a learning partnership between Tygerberg Hospital Neurodevelopmental Clinic staff, HOPE Cape Town doctors and the Sozialpädiatrisches Zentrum in Passau - Germany. This has facilitated regular case discussions focussing on the different models of care and treatment protocols in the different healthcare settings.

Research

“NGO case histories of the early paediatric ART experience at Tygerberg Hospital - what have we learnt?”

This research project hopes to build the narrative of the experience and outcomes of the children whose Antiretroviral Therapy (ART) was sponsored by HOPE Cape Town prior to the ARV rollout by government. These children are some of the longest paediatric ART patients and have a lot to teach us about their needs and transitioning between childhood and adulthood as an HIV+ person. The research falls under the University of Stellenbosch.

Another unintended learning point of this research has been seeing the extent of record keeping failure and thus the loss of important clinical and logistical information. We are currently completing the folder reviews and will soon be analysing the data.



“NGO – Initiated Research: Translating community needs to academia”

A review of the research that HOPE Cape Town has been involved in was presented as a poster at the Stellenbosch University 2018 Annual Academic Day for the Faculty of Medicine and Health Sciences. This reflected more than a decade of research into a wide range of topics and the benefit of collaboration between Tygerberg Hospital, Stellenbosch University and HOPE Cape Town.

Knowledge exchange with health care facilities from other countries

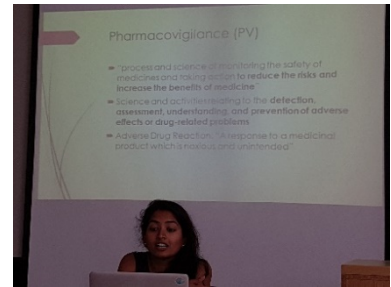
Prof Monika Esser and Dr Annette Houston present the poster

Medical Elective Students

Hope Cape Town, together with FAMCRU (Family Clinical Research Unit at Tygerberg Hospital), run a 4-week program for international medical students in their senior years. It is a unique elective because of the variety of community medicine learning opportunities that the students are exposed to. Students could experience the range of HIV care from a primary clinic to specialised academic in-patient care.

Our elective students typically come in our first semester (January to June). During this year we have had 10 elective students – double the number of last year. We had 3 students from the UK, 4 from USA, 1 from Denmark and 2 from Switzerland. Each elective student does a presentation at the end of their time – and we have had some interesting discussions. It is often an opportunity for us to learn as much as the elective students as we see our healthcare issues from a new (international) perspective. This year we have further refined the

programme – introducing a recommended journal reading list as well as case discussions into the programme.



Elective Students from USA present their findings

Some feedback from our students:

“I am inspired by the doctors and nurses’ approaches to treating and understanding their patients and the challenges they face. I’ve gained insight into how an NGO can effectively work with a tertiary hospital.” - Hannah (UK)

“I enjoyed my experience, really saw and learnt a lot that I would not have otherwise in my home medicine program. The elective allowed me to broaden my perspective of healthcare issues and systems. I am interested in global health and this has enhanced my ability to provide care in different settings” – Vanessa (USA)

Tygerberg Hospital Paediatric ART training Day

Dr Annette Houston was invited to teach on ‘Disclosure of HIV status’ and ‘Adolescent HIV management’ to medical officers from around Cape Town at Tygerberg Hospital’s training day on 9 November 2018.

HIV Clinician’s Society Conference



The Southern African HIV Clinicians Society (SAHCS) is 20 years old this year. It is a membership organisation of over 3 000 health care workers with an interest in HIV. SAHCS’s mission is to promote evidence-based, quality HIV healthcare in Southern Africa. SAHCS’s membership includes doctors, nurses, pharmacists and other health care professionals working in the field of HIV. Members of SAHCS are amongst the most respected and influential HIV clinicians and policy makers within Southern Africa and hold prestigious positions within academic, public and private organisations in the field of HIV in the region.

The SAHCS hosts its conference every 2 years. This year the conference was held at Gallagher Estate in Johannesburg. It provided the latest in evidence based medicine to keep the clinicians informed of new therapeutics on the horizon, new strategies for management, and sessions on improving skills.

Dr Izane Reyneke, Sr Pauline Jooste and Dr Annette Houston at the conference

HOPE Cape Town was fortunate to be able to send 3 staff members to attend this very relevant conference. Dr Annette Houston, Sr Pauline Jooste and Dr Izane Reyneke attended the conference from 23 – 27 October 2018. The key focus areas this year included prevention; U=U: Undetectable = Untransmittable; paediatrics and adolescent care and resistance.

The staff members unanimously report that the conference was an excellent opportunity to update knowledge, improve skills and to network with likeminded people.

1.7. Community Outreach

Community Project Blikkiesdorp



Blikkiesdorp, photo: Katrin Schafbauer

One of HOPE Cape Town’s major outreach sites is a temporary relocation area approximately 50 km outside of the City. Blikkiesdorp is “home” to around 800 families who are not eligible for social housing. The living conditions are appalling, unemployment more than 70 % and crime is rife. Amidst the gangster violence and substance abuse, there is a sense of hopelessness that perpetuates the cycle of poverty.

The City of Cape Town has leased a piece of land to HOPE Cape Town near the entrance of Blikkiesdorp between Hindle Road and Symphony Way. Here, beginning in 2008, five refurbished containers were erected and are used as a kitchen, community meeting place for knitting clubs and social services, a mobile clinic, and a pre-school to prepare the young residents of Blikkiesdorp for entry into the formal school system.

This includes a school readiness programme, personal records updated for school enrolment and provision of nourishing meals, school uniforms and books and stationery. HOPE Cape

Town employs the services of a registered social worker and occupational therapist at this site as well as community health workers. Furthermore, volunteers both local and international facilitate play with the children in the community. It is often during the play activities that the volunteers find their inner rhythm that dances to the heartbeat of the local community.



Garden training for the children of the educational playgroup

A community vegetable garden is tended to on-site and together with donations from supermarkets and businesses, the produce is used for the soup kitchen to feed the children and elders who have insufficient means. A qualified nutritionist designs the menus and the food is prepared by the HOPE General Assistant who is also a Blikkiesdorp resident. It is HOPE Cape Town's policy to recruit people directly from the communities in which they live thereby giving them a sense of dignity and enabling them to support their families. Three community leaders are employed to protect the HOPE site at night. Previously regular burglaries and destruction took place within the perimeter fencing. Fortunately, no incidences have occurred since their presence has been visible on the premises. Clearly this is evidence of communities working together in support of each other.

The children are prepared for school by school readiness programmes, nutritious meals, play therapy, and they are provided with new school uniforms, books and stationery. Once they begin their school career, they return to the project for after-school care and supervision and help with their studies.

Despite the lack of recreational facilities in Blikkiesdorp, the children receive coaching in football/soccer (boys and girls) and play league tournaments, and a school holiday programme facilitated by HOPE's local and international volunteers is also run for all children in the area. The programme is popular because often it is here that a child will receive his/her only meal in the day.

Other projects run by HOPE Cape Town at the Blikkiesdorp site are: a knitting club for adults; a soup kitchen for elders and children; a community vegetable garden where produce is used mostly in the feeding scheme; social and health services and presentations to the community on topical issues such as parenting skills, nutrition, hygiene, and arts and crafts lessons.

Recently we received a donation of two more containers which are currently being refurbished to expand our projects. These extra spaces would be used as a no-cash shop and the other as a library/resource centre.



The no-cash shop will be a space where residents would be able to purchase good second-hand clothing and household items with tokens which would be earned by doing odd jobs in the community or by attending training courses or workshops to upskill themselves.

The library/resource centre will hold children's books and story-telling will take place with props and costumes. It will also stock reference books; educational books; how-to books; classics and contemporary novels and poetry for older children and their parents. In addition, we will provide two computer stations with printers and internet so that the Youth are enabled to conduct areas of interesting research, write their CVs and do short on-line courses which would facilitate increased employment opportunities.

While the living conditions may look bleak in "Tin Town", HOPE Cape Town continues to initiate innovative projects that systemically address the challenges experienced by the people of Blikkiesdorp

Awareness Workshops

Sr Pauline Jooste together with the Community Health Workers offer short-term HIV and AIDS awareness training to local organisations and companies, churches, community forums as well as to schools. This forms part of our HIV prevention programme.

1.8. Volunteer Program

Over the years HOPE Cape Town has benefitted significantly from the help of countless volunteers. These committed individuals have assisted in many areas to help HOPE Cape Town function to the best of its ability. Applicants, both local and international, always want to make a difference in the fight against HIV/AIDS, Tuberculosis, related illnesses and poverty in underprivileged communities around Cape Town.

Volunteers are not required to have specific skills, other than a desire to learn and a willingness to help however they can.

The various areas that the volunteer will need to get involved in will include:

- Assisting with HOPE Cape Town's grassroots projects in the community
- Supporting the work of HOPE health care workers in the wards
- Helping in the Tygerberg Hospital school
- Being involved in the administrative needs of the NGO

Our volunteers commit 3 – 12 months of their time. This year we hosted volunteers from Germany, Nigeria, Canada and South Africa.



Our Volunteers at Tygerberg Hospital and in the communities

1.9. Visitors

More and more donors, supporters and friends of HOPE Cape Town would like to experience the work of HOPE Cape Town at first hand and use their vacation stay in Cape Town to visit us.

During the period under review we could accommodate i. e. visitors from ZEIT-Reisen, a delegation from the German Bishop Conference, many visitors from Dresden, family and friends from current and former volunteers, long-term donors and supporters and people who only would like to experience the other Cape Town. One of our donors sent four employees for a week to Cape Town to be introduced to HOPE Cape Town and our work.

Furthermore, in Blikkiesdorp we hosted a group of nearly 60 delegates, all of whom are representatives from the worlds of business and politics in north-western Germany, the metropolitan region of Bremen and Oldenburg. This was the largest economic delegation ever to have travelled overseas from north-western Germany.

1.10. 13th HOPE Gala Dresden



Hardy Krüger jr, Lothar Firlej, Viola Klein and Stefan Hippler at the 13th HOPE Gala in Dresden

After a first visit in 2003 and the wedding of Katrin and Andreas Mönch (Saxonia Systems AG) celebrated by Rev. Fr. Stefan Hippler in Cape Town, Viola Klein was introduced to HOPE Cape Town and the work of this organisation. Shortly thereafter she visited HOPE Cape Town again to get an idea of the circumstances in the townships around Cape Town.

A short time later Viola Klein established the foundation for a financial and long-term support of the work of HOPE Cape Town, the HOPE Gala in Dresden. In 2006, a small benefit concert

was held for the first time in Dresden's Frauenkirche with 250 guests. Today the HOPE Gala has become an integral part of the regional events calendar.

The 13th HOPE Gala took place on 27 October 2018 at the Staatsschauspiel Dresden. There were many emotions and standing ovations this year. With the heart-rending hit "What a Wonderful World" ended the 13th HOPE Gala on 27 October 2018 in Dresden.

The guests in the sold-out Dresden Staatsschauspiel experienced a soul-stirring stage program. The honour of Master of Ceremony duties was shared by the highly acclaimed TV personalities Cathy Hummels and René Kindermann. Over 80 committed artists were on stage. They only came together for this evening and all waived their fees for the good cause. The guests were entertained by distinguished international artists such as star tenor Paul Potts, soprano Eva Lind, the Felix Mendelssohn Youth Orchestra, singer/songwriter Ingo Pohlmann, Louis Armstrong alias Milton Jordan of "Stars in Concert", Alex Diehl, the breakdance formation "The SaxonZ", 13-year-old Julian Roth ("The Voice Kids") as well as Victor Rodriguez, who took over for the sick Nino de Angelo at short notice.

The presentation of the 10th HOPE Award was a particularly moving highlight of the evening. The winner is the German sports teacher and football coach Lothar Firlej, founder of the NGUVU Edu Sport Programme for orphans and street children in Kenya. The laudation was held by actor, photographer and UNICEF ambassador Hardy Krüger jr. For the first time the prize was endowed with 5000 Euro prize money from Autohaus Dresden.

The evening's guest of honour Michael Kretschmer, Prime Minister of Saxony, thanked all artists and guests in his speech for their engagement for the people in South Africa. We also send a "BIG THANK YOU" to all sponsors, partners, shuttle drivers, volunteers, guests, tombola prize donors, service staff, construction and dismantling helpers, friends and supporters who make this evening possible!

Besides Rev Fr Stefan Hippler Dr Sadeeka Williams attended this year the HOPE Gala in Dresden. Sadeeka was favourably impressed by the warmth and kindness of all the donors, supporters and friends of the HOPE Gala and the professionalism of the HOPE Gala.

1.11. News about HOPE Cape Town Trust

During the period under review the trustees and the advisory came together for the AGM on 12 May 2018 and the full board meeting on 7 December 2018; the Executive Committee met once during the business year and the different portfolio committees met twice during the period under review.

In January 2019 Mrs. Mercia Isaacs tendered her resignation as trustee due to health problems with immediate effect. We accepted with regret and wished her all the best for the future and thanked her for all her contributions made during her time as trustee.

This year the HOPE Cape Town Chairperson travelled again around the world to give talks as guest speaker of panel discussions, to schools, organisations and companies. He attended board meetings in USA, Germany and South Africa, the international AIDS Conference in The Netherlands, the AIDS-Walks on the occasion of WORLD AIDS Day in Dallas Texas. He tirelessly

met with stakeholders and interested parties to share the work of HOPE Cape Town. At every engagement the message was clear, there is still much work to be done in Sub-Saharan Africa in relation to HIV/AIDS if we want to reach the UNAIDS Goal by 2030: 90 % of all people living with HIV will know their status; 90 % of all people with diagnosed HIV infection will receive sustained antiretroviral therapy; 90 % of all people receiving antiretroviral therapy will have viral suppression.

We are sure that the HOPE Cape Town Trust is on the way to prepare itself for a successful future to serve, through the work of the HOPE Cape Town Association, the interest of the people living with HIV and AIDS and related illnesses in the Western Cape.

We wholeheartedly thank all the trustees and members of the advisory board, but also all supporters of the HOPE Cape Town Trust for their on-going support and dedication and encourage all to continue to do so in 2018/2019.

Last but not least and again and I do repeat myself, it is almost like a mantra:

The work of HOPE Cape Town would not be possible without the support of all our dedicated donors and sponsors, especially those who give on a monthly basis. With all my heart, I thank each and everybody who supported HOPE Cape Town in the last year – every cent counts, every helping hand is a blessing for those less fortunate, every thought, every prayer is appreciated.

Thanks also to those who have helped to network – it is amazing how one contact leads to another and at the end, one supportive phone call or introduction opens a new door and new support for HOPE Cape Town.

They are all my heroes because without them we could not do our daily work, without each of them as the ambassadors for HOPE Cape Town there would be less life, less hope, less faith into the future for the kids and the families we serve.

God bless you all

Cape Town, 18 May 2019

A handwritten signature in black ink, appearing to read 'Stefan Hippler', with a large, sweeping flourish at the end.

Rev Fr Stefan Hippler
Chairperson of the HOPE Cape Town Trust

2. Marketing and Fundraising

It was once stated by John F Kennedy that: “Our children are the world’s most valuable resource and its best hope for the future.” In view of this the programmes offered by HOPE Cape Town will remain critically essential in ensuring that the children of our country are treasured. To meet the financial needs for these programmes, the Marketing and Fundraising team is committed to doing the very best to link key leverage areas in an ever increasing global economic system that is hardwired to increase inequality and injustice, and a rise in social and political intolerance.

During the last financial year, there were many developments regarding marketing and fundraising. We are pleased to share that through continued networking and dissemination of information, we managed to retain all of the ‘old faithful’ supporters. A number of new donors and sponsors came on board such as Opel, Growthpoint Property, Ford Foundation and 3 Peaks Productions to name a few.

Our community outreach centre in Blikkiesdorp hosted many visitors from abroad including media and film crews and was the scene for a British documentary *Eat Grow Love* soon to be viewed across more than 70 countries for the Discovery Channel.

HOPE Cape Town Brand Ambassador Katlego Maboe visited Blikkiesdorp twice, to deliver a gift of books and puzzles and to play with the children and again for a promotional video for the *My School Card* initiative and to spend time with the playgroup children on Valentine’s Day.

Mandela Day was a great success again as we received support from a number of local companies. Donations such as food, toiletries, toys and books were also brought by various businesses as their contribution towards Mandela Day. We received a significant increase in donations in kind. These are critical to the work that we do hence we would like to take this opportunity to express our heartfelt gratitude and appreciation for all the support.

The wisdom of the Trust Board to create a Marketing Sub-Committee in 2018 was both visionary and remarkable, and has been of substantial benefit to the team in the past year. The Sub Committee met four times and the trustees’ sound guidance and expertise in all areas of branding and messaging has been very helpful. We wish to thank all who contribute their time and effort especially Mrs Carole Armstrong-Hooper whose input has been invaluable.



The beautifully branded HOPE car, Opel Corsa 2018, kindly sponsored by OPEL and Reeds Bellville



Mandela Day, July 2018 in Blikkiesdorp – The children received bags with snacks, books and crayons from Kiffbru, and the boys competed in ball games courtesy of Standard Bank.

2.1. Monitoring and Evaluation

For the past 19 years, HOPE Cape Town has successfully provided support to meet the social and healthcare needs of the most vulnerable and marginalised. Our history is marked by being there to support people in the long term. We have always understood that we must provide practical, long term support to achieve sustainable development and help affected communities to be free from want and fear.

Our history is also marked by being there before, during and after the rollout of the South African government’s Antiretroviral Treatment Programme. To this end we reaffirm our shared vision and mission and we stand firmly in our roots as a transparent and accountable organisation, anchored in hundreds of funding agencies, corporate and individual supporters and a wide network of trusted partnerships with organisations across the world who hold the same value.

Eighteen months ago we embarked on a journey of strategic review and planning. We have set out a coherent approach to describe how we make a difference and how we bring about change as we stand in solidarity with our partners, learn from our work at local, regional and global levels, and use methodologies that help us systematically to work for a sustainable future. To ensure that we are realising our vision and using our analyses to make the right choices, we have developed a results framework that draws all our work together. We therefore focus on people living in extreme poverty and prioritise a portfolio of activities that can deliver all four pillars of our framework:

- H**IV / Health
- O**utreach
- P**revention
- E**ducation

HOPE Cape Town has an incredible network across the world and this will help us to capture the difference we make, our collective learning and results, and to hold ourselves accountable

to each other and our partners. We are committed to delivering the best results in all areas of our work as stewards of the resources entrusted to our organisation.

We have learned from our programming and from our relationships with those that support our work. To bring about sustainable change, we need to act as a movement of people, partners and communities with shared values and aspirations for dignity, equality and justice for all. We have also learned that the next phase of our development requires us to respond effectively to tackle challenges and respond sustainably to opportunities. We must remain grounded in the lived realities of people and communities facing inequality and injustice based on factors such as gender, race, displacement and poverty. We can harness the opportunities that the digital era provides, as well as the practical actions that people perform on the ground, to build relationships and connections to bring about transformational change.

HOPE Cape Town bridges the gap between grassroots and science, and recognises that we work at different scales and levels: individual, household, local community, public health care facility. All these levels are intricately linked and influence how communities and individuals experience poverty and injustice.

In the period under review we developed our results framework to ensure that we capture the difference we make, our collective learning and results, and to hold ourselves accountable to our funders and partners. The results framework ensures that we are consistent in understanding how change happens and what success looks like. It enables us to learn and, where needed, to correct our course and improve. This ensures that our programming is holistic, adaptive and integrated, allowing for continuous engagement with affected communities. Our intention is to be driven by impact, be mutually accountable while reflecting our distinctive approach and our commitment to working in solidarity with our partners in the interest of systemic and sustainable change.

Our work connects and contributes to the Sustainable Development Goals (SDGs) which are interconnected and interdependent, and in many different contexts our programmes reflect this connectedness. We strive to measure what is important in truly assessing our achievements – namely, our contribution to creating increased and improved services where needed, meeting people at their point of need and mitigating the root causes of inequality.

3. The Back-office of HOPE Cape Town

The structure of the back office has been proved successful during the period under review. The members of the back office, Donor Relations Manager, Mrs Marlene Whitehead, the Administrator & Donor Liaison Europe, Mrs Kerstin Behlau, the Program Coordinator Dr Izane Reyneke and the newly appointed in-house Finance Officer Andrea van der Merwe leading it and working in the interest of HOPE Cape Town. Every two weeks' meetings are held to ensure optimal communication between the colleagues and to plan, to realize and to complete all the necessary tasks and duties as best as possible.

The main task of the office is to assist the two chairs in their efforts to run the two organisations which serve the same purpose: supporting children and their families and individuals living with HIV and AIDS in the Western Cape and to assist the Primary Health Care Facilities concerned with their HIV positive patients.

We are working tirelessly to implement a new the Donor Management Software, which should increase and simplify our work a lot.

4. The Ball of HOPE 2018



The HOPE Family at the Ball of HOPE 2018

Organised by the Southern African - German Chamber of Commerce and HOPE Cape Town, every year the Ball of HOPE entertains more than 300 persons from all parts of life, politicians, diplomats, business people with a special programme including a tombola, a three course meal, some info and formalities and live dance music.

The Ball of HOPE has not only become the local signature event for HOPE Cape Town but also for our benefactors and collaborators. After 18 years of co-hosting the Ball with the Southern African – German Chamber of Commerce and Industry, we understand that the purpose of this annual event goes beyond the simple concept of fundraising. It is about good planning and appropriate allocation of resources, and about goals and objectives, which are the measurements of success. Above all, the annual Ball of HOPE is an event where we acknowledge our partners and link key leverage areas in a way that optimises diversity, values and differences so that the whole is greater than the sum of the parts.

Every year the tickets are sold out earlier and the waiting list for tickets grows longer. This is a true reflection that our supporters who attend the Ball of HOPE know where their contribution has gone and affirm the relevance of our purpose as an organisation which is to strive to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.



Katlego Maboe

HOPE Cape Town's Goodwill Ambassador Katlego Maboe was Master of Ceremonies. He was appointed as HOPE Cape Town Goodwill Ambassador in 2014 and is regularly involved in philanthropic projects that focus on education and health, such as his ongoing community work with HOPE Cape Town.

Together with Roxy Gabriel and accompanied by the angelic Holy Cross Primary School Choir and Musical Director Adolf Thelen and his talented musicians Katlego delivered his own heartfelt rendition of "Can you feel the love tonight" from the world-famous musical "The Lion King".

The Consul General of the Federal Republic of Germany, Matthias Hansen delivered the keynote address, which highlighted the sustainability of the work of HOPE Cape Town and the substantial German contribution to a better life for people in South Africa. This event took place on 13th May 2018 and the Special Events Team at the Westin Hotel created an atmosphere and dining experience that our guests will never forget.

The Ball of HOPE has enjoyed increasing support from both local and international HOPE champions and has seen substantial growth since the first Ball of HOPE took place in 2001.

The date of the next Ball of HOPE has been confirmed for Saturday, 18th May 2019 and will be held at the WESTIN Hotel in Cape Town.

5. Our Partner: RAT & TAT Koblenz e. V.

RAT & TAT Koblenz e. V. (translated to ADVICE & ACT Koblenz e. V.) continues to collaborate with HOPE Cape Town. During the period under review, we secured with the support of RAT & TAT Koblenz e. V. a donation for school uniform, school bags, stationery and food from Ministry of Internal Affairs, for Sport and Infrastructure of the province Rheinland-Pfalz.

“RAT & TAT Koblenz e. V.” provides anonymous and free support for people with or without HIV/AIDS, personally or by phone. They give advice about sexually transmitted diseases and HIV antibody testing for professionals working in areas like medicine and welfare.



RAT & TAT Koblenz e. V Team (from left: Sandra Wittbecker, Nathalie Küpper, Ingrid Egner-Gentsch, Anna Kukuk, Martin Hellwig)

6. Our Partner: The German Aids Foundation



There were some personnel changes at the German AIDS Foundation in 2018. In July, Dr. Ulrich Heide retired after 31 years with the Foundation.

Numerous committee members, guests of honour and companions came to Ulrich Heide's ceremonial farewell on 19 July 2018 in Bonn, including the Honorary Chairwoman of the German AIDS Foundation, Prof. Dr. Rita Süßmuth, and all attendees paid tribute to Ulrich Heide's life's work - helping people in need with HIV/AIDS.



Back row (from left to right) Dr Florian Reuther, Mayor of the City of Bonn Ashok Sridharan, Rainer Ehlers, Hape Kerkeling; front row (from left to right) Dr Ulrich Heide, Prof Dr Rita Süßmuth, Dr Kristel Degener, Reinhold Schulte (photo: © Barbara Frommann)



Hape Kerkeling, member of the board of trustees of the foundation, looked together with Ulrich Heide back on many years of joint commitment. (photo: © Barbara Frommann)



Also among the guests: Stefan Hippler and Viola Klein (photo: © Barbara Frommann)

Ulrich Heide's successor in office is Dr. Kristel Degener. She has been in charge of the business since August 2018 and, together with Dr. Florian Reuther, is she a member of the board of the German AIDS Foundation too.

On 1 July 2018 Prof. Dr. Elisabeth Pott took over a new post in Berlin and resigned as Chair of the Board. She continues to support the foundation through charity events.

In 2018, Kristel Degener already witnessed and shared responsibility for all of the Foundation's important benefit events: The Opera Galas in Düsseldorf, Bonn and Berlin, the HOPE Gala in Dresden, the concert of the Bochum Symphony

Orchestra and the benefit art auction "Artists against Aids".

Kristel Degener is very grateful for the good results: "I am personally very pleased that our events have taken place with so much support and heart and soul from so many committed

people. This is an important sign of hope and solidarity for and with people living with HIV/AIDS, whether in Germany or southern Africa.



Dr. Kristel Degener, born 1974 in Pärnu/Estonia, has been Executive Chairman of the Board of the German AIDS Foundation since August 2018.

She studied law at the University of Cologne. She completed her studies in 2000 with her first state examination in law. After completing her legal internship at the Regional Court of Aachen, she passed her second state examination in law. She received her doctorate in matrimonial property law and in 2016 received her Ph.D. from the University of Tartu/Estonia.

After completing her studies, she initially worked as a lawyer. She changed her workplace in 2006 and worked for the North Rhine-Westphalia Business Association e.V. (“*unternehmer nrw*”). In 2012, she was appointed as Managing Director of the association and headed lastly the department “EU and International Social Policy” and the liaison office of “*unternehmer nrw*” in Brussels.

7. Our Partner: Manenberg Aftercare Centre

(Rev. Fr. Wim Lindeque)



Children of the Manenberg Aftercare Centre

The Manenberg Aftercare Centre continues to grow and develop, thanks to the assistance and support of many benefactors, organisations and groups, including our long-time partner the HOPE Cape Town.

There has been an increase in the number of children attending the programme and there are regularly between 180 and 200 children at the centre.

HOPE Cape Town has continued to generously provide an experienced and dedicated social worker, Maria van Blerk, to the project, creating the possibility for children with acute problems to be counselled and helped. This has become one of the most vital components offered by the Manenberg Aftercare Centre to the children of Manenberg. Recently one of our children was wounded in a drive-by shooting and Maria's help in counselling for her, her family, the Centre staff and children has been invaluable.

HOPE Cape Town has also continued to provide the services of Tasneem, the HOPE community health worker in Manenberg. Tasneem, like all the staff at the centre, lives in Manenberg, so she has a real understanding of the children's circumstances and the reality they live in. She visits the centre twice a week and monitors the health of children who attend. Sometimes this involves referring children to the clinic, accompanying them there and even making home visits to support the family in caring for a child with health challenges. She also teaches basic hygiene to the children at the centre and provides them with information about healthy living. As many of the children live with sick or elderly relatives in their home

environment, she also helps children understand how they can support their sick relatives. Tasneem also assists with craft classes and is always willing to help with the wide range of activities at the Centre.

HOPE Cape Town remains an important supporter of our work and we are immensely grateful for the way in which their generosity has enhanced and contributed what we are able to offer the children of Manenberg and the growth of this project.

8. Networking: Eine Welt Netzwerk Bayern e. V.



The One World Network of Bavaria is the regional non-profit network of action groups, institutions, fair trade shops and local one-world-networks committed to development policy and situated in Bavaria, one of the 16 federal states of Germany. All our members are engaged in one world solidarity work and are raising awareness. Therefore, we deal particularly with sustainable development, fair trade, international labour standards / corporate social responsibility and education for sustainable development.

The Bavarian One World Days and Fair Trade Congress took place on 22 – 23 June 2018 in Augsburg/Germany. Participants amongst others were the Vice President of the German Parliament Claudia Roth, Members of the National, Bavarian and European Parliaments as well as the Chair of the HOPE Cape Town Trust Rev Fr Stefan Hippler.

9. Networking: Western Cape Network for Community Peace and Development



Impressions from the Bavarian One World Days and Fair Trade Congress



The Western Cape Network for Community Peace and Development is a collectively guided independent and registered non-profit provincial umbrella organization of NGO's working in the field of conflict resolution, youth, women, community development and peace building and sport in the Western Cape. Its members share common values and so empowerment, youth development, peace building, conflict management, democracy, sustainable development, human dignity, diversity, integrity, transparency, accountability and non-discrimination became binding principles. These common values help to create conflict free and sustainable communities and provide a platform for the network to work from.

The vision of the Network is to actively promote peace and development not only in the Western Cape, but in South Africa, by contributing to the building of: "Peaceful, Empowered, and Cohesive Communities."

MISSION:

"The network ignites peace and development by amplifying the voice of communities through capacity-building and advocacy with its members"

As a Network we value:

- The fundamental importance of peaceful communities to create a healthy nation
- The inherent potential in communities to find solutions to challenges
- The potential within every individual to contribute to a peaceful society
- The potential of each network member to contribute constructively to the achievement of our vision & goals
- Conducting our practice with discipline, fairness, integrity, transparency, responsibility, accountability and care

How to achieve our Mission?

- Assist in sharing of expertise and training among members
- Developing common initiatives and organising Network events and activities
- Providing capacity-building opportunities for our members
- Enhancing operating efficiency and effectiveness
- Providing shared facilities and resources
- Advocating for and publicising members work
- Becoming a replicable model
- Building stronger relationships between civil society, academic institutions and government

More information: www.peacenetkwc.org

10. Our Sister Trust: HOPE Kapstadt Stiftung

Their partnership exists since 2004: The German AIDS Foundation has been providing significant funding to HOPE Cape Town – whether for workshops, for staff costs, i. e. for the Outreach Facilitator and several HOPE Community Health Workers.

With the purpose to generate additional funds from German donors for the benefit of HOPE Cape Town, on 1 October 2007 the boards of both organizations established the HOPE Kapstadt Stiftung with the legal status of a trust under the roof of the German AIDS Foundation.

The trust's managing board is composed of two representatives of each of its member organizations: Dr Kristel Degener und Dr Florian Reuther, Stefan Hippler and Rev Fr Wim Lindeque. They meet at least once the year. For good reasons, the meetings take place on the occasion of the HOPE Gala in Dresden. The Trust HOPE Kapstadt Stiftung is the official organizer of the HOPE Gala in Dresden, initiated by Viola Klein, business woman and fundraiser by passion. Over the years, Viola Klein has established the annual event in Dresden as one of the most important events for the benefit of HOPE Cape Town.

The German AIDS Foundation very much appreciates the partnership with HOPE Cape Town, the commitment of its board and staff members and all its volunteers. The joint mission and common aim of HOPE Cape Town and German AIDS Foundation is raising hope and realizing the chance of a better future for people who would not stand a chance.

11. HOPE Cape Town USA



Vision

HOPE Cape Town USA strives to improve the quality of life of vulnerable and marginalized children, youth and families affected by HIV/AIDS, and related illnesses, and help them to reach their own full potential.

Mission

HOPE Cape Town USA's mission is to assist people living with HIV/AIDS and related illnesses in the USA and South Africa. To support the ongoing work of HOPE Cape Town in South Africa, reduce the spread of HIV among vulnerable and marginalized children and youth in USA and support those living with HIV, our mission is realized by the following means:

- Advocate, fundraise and support HOPE Cape Town programs in South Africa;
- build a body of data to understand needs, challenges and interconnections of children, youth and families living with HIV, AIDS or related illnesses in South Africa and USA;
- support vulnerable and marginalized children, youth and families in the USA, beginning in the Dallas/Fort Worth (TX) area;

- collaborate with other NGO's in the fields to create synergies and expertise and interconnect globally with the aim to learn, share and optimize programs;
- disseminate correct information, reduce misconceptions about the pandemic and so eliminate discrimination and create access to appropriate info on the syndrome, prevention and treatment options;
- change behaviour to reduce risk of exposure to HIV/AIDS by focusing on changing social norms and education, and reduce the effects of misinformation and stigma and help create a more accepting environment;
- increase demand and supply for, as well as access to and use of available treatment among the most vulnerable and marginalized.

In the year under review the abovementioned were pursued and achieved through the following practices and activities:

Academic Collaborations

The conversation with Rutgers University, New Jersey continued in order to develop a social work elective students programme for the USA and South Africa. Joe Kunzmann, director of HOPE Cape Town USA has a professional connection with the Rutgers Social Work Department and has been facilitating the discussions ultimately to establish a three continent intern programme and a number of non-profits based in the USA, Germany and South Africa have already expressed interest as placement organisations for this innovative initiative.

The relationship between HOPE Cape Town and the DukeEngage program convenors is strengthened each year as the Chairperson actively engages the students/interns both in North Carolina and in Cape Town.



Partnerships

HOPE Cape Town established and formalised partnerships with the Cathedral of HOPE and Bryan's House, both are based in Dallas, Texas.

Neil Casavares-Thomas, senior pastor at the Cathedral of HOPE introduced the HOPE Cape Town Chairperson to South African born Andre Vlok who is contracted to the Cathedral of HOPE as a psychologist counsellor and minister. Encouraged by the work of HOPE Cape Town, Andre has taken an interest in working closely with us on special projects.

HOPE Cape Town accepted an invitation from the Cathedral of HOPE to exhibit a display of our work and materials on World AIDS Day, 1st December 2018 and to participate in the commemoration service and worship. The HOPE Cape Town USA directors all attended.

Also situated in Dallas, Bryan's House is a place of respite for children with special needs and their families. Assured of the synergies and values of the two organisations, Abigail Erickson-

Torres and Shannon Hendricks are committed to the partnership with HOPE Cape Town and working on a number of joint impact studies and research work.

The directors of HOPE Cape Town USA were taken on a guided tour of Bryan's House and they were very impressed with the work and the facilities. HOPE Cape Town brought beaded armbands (handmade in Cape Town by women affected by HIV) for each of the Bryan's House employees.



Memberships

At the special request and invitation of HOPE Cape Town USA director Auntjuan Wiley, the Chairperson of HOPE Cape Town participated in the annual AIDS Walk South Dallas – an event that raises HIV awareness within the less affluent communities in Dallas.

Also hosted by Auntjuan were World AIDS Day 2018 events such as panel discussions, artistic performances, presentations, award ceremonies and a worship service, and these were all attended by the HOPE Cape Town USA directors in Dallas over two days.

The Ryan White AIDS Program is a coordinating and funding body and both Dallas based directors of HOPE Cape Town USA – Auntjuan Wiley and Stacie Greskowiak-McNulty sit on the Board of Ryan White as representatives and as such, they are able to propose policy changes in the State of Texas.





Above: Fr Stefan Hippler at the Cathedral of HOPE on World AIDS Day 2018 (left) and Stacie Greskowiak-McNulty with young Jordan at AIDS Walk South Dallas (right)
Below: Bryan's House Executive Director, Abigail Erickson-Torres with the HOPE Cape Town USA Directors (left) and HOPE Cape Town USA Director's Meeting – Stacie Greskowiak-McNulty, Fr Stefan Hippler, Auntjuan Wiley, Shirley Kunzmann and Joe Kunzmann (right)

Our strength comes from being a global organisation, with an ever-increasing presence, connecting in multiple ways across country borders and continents while working in complementary ways to reinforce and strengthen each other's practices. We honour our relationships by providing systems that are clear, transparent and straightforward to enable our colleagues and partners to make and execute the decisions required to deliver change.

We recognise our responsibility to use wisely the resources entrusted to us by the efforts of the people, communities and other organisations who put their faith into our practice.

12. Support of other Organisations and Initiatives

Tygerberg Hospital School - Xhosa-speaking Teacher

Once again, this year the HOPE Cape Town Trust received dedicated funding from Goetheanum, General Anthroposophical Society to support the Tygerberg Hospital School for another year with funding for a Xhosa Teacher. Since January 2015, the Xhosa speaking teacher works with the isiXhosa learners at the school and in the wards.

Tygerberg Hospital School is a school inside the Tygerberg Hospital. The learners are the patients of the Tygerberg Hospital.

When learners are admitted to hospital, they miss a lot of teaching. Some learners have already been in the hospital for long periods that they need intensive remedial education. Many of the learners will be in bed for long periods without any stimulation. There are often children as old as 12 who have never attended school. Tygerberg Hospital School (THS) wants the best possible education for each child and is thus very fortunate to accommodate the learners, give them hope for the future, and affect a positive difference in their lives. THS teaches the learners on their level and builds their confidence and academic career. THS teaches all the learners and does not discriminate according to gender, language, grade, race or illness. THS also tries to bridge the gap between their school at home and while they are in the hospital.

The following commentary was made by the new principal of the school and the teaching staff:

There has always been a great need at the school to employ a Xhosa teacher. For the last for years we had Khosi Jelwana with us – thanks to the generous sponsorship. She is a teacher in heart and soul and we cannot imagine our service to the children without her. The need here is not only at the school but also in the wards. Mother tongue teaching is a passion of ours. We know from research that the best results stem from mother tongue teaching. Not only do we look at the outcome of the child's academic progress, but also at the emotional status of a child in the hospital. You cannot separate the two and it works to the benefit of the health of a child.

Since she has started here, Khosi has made a huge difference to parents and children. We, the non-Xhosa speaking teachers learn so much about the Xhosa culture and how to go about with the parents and learners.

HOPE Cape Town also supports the Tygerberg Hospital School with volunteers, support for events, clothing, books, toiletries, computers etc.

Khosi's warm personality draws people to her and the learners trust her immediately. Her sense of humour is also a breath of fresh air where sadness is part of the daily routine. She is not only an amazing teacher; she also gives a lot of herself to the learners. Since Khosi started here in January 2015, she has taught 301 learners. This is remarkable and it shows the need of the learners, school, hospital and the parents.

Khosi's experience in working with HIV/AIDS patients is a big benefit to THS; she has educated her colleagues in many ways around the above. Her insight in the sick learners' needs is noticeable.



Khosi Jelwana at a Children's Ward at Tygerberg Hospital (left) and at the Library at Tygerberg Hospital School (right)

Tygerberg Hospital School – Occupational Therapy

We have been working closely with the Tygerberg Hospital School Dr Pricilla Springer, a paediatrician at the Department of Neurology of the Tygerberg Children's Hospital for many years. The school and Dr Springer approached us to find out if HOPE Cape Town could help children who attend pre-school at the Tygerberg Hospital School and need occupational therapy.

Sensory Kidzone has been affiliated with Tygerberg Hospital School since 2015 when the need for occupational therapy within the school was identified and offers therapy at the Tygerberg Hospital School for patients who cannot afford occupational therapy.

The learners of Dr Springer's class at Tygerberg Hospital received 9 occupational therapy sessions between 3 September and 3 December 2018. According to the planning half the learners were to receive group therapy and the other half were to receive individual therapy however due to fairness and time constraints it was decided that all learners would be seen in pairs for therapy. This worked well as the learners often motivated each other while being facilitated by the therapist.

Further to the therapy provided for the learners, many of the learners received specific home programmes to empower the parents with ways in which to play with their children while stimulating their development at the same time. No feedback has been received from the parents regarding the benefits of occupational therapy sessions as yet.

An initial assessment and post assessment was done with each learner using the Beery Buktenica Test of Visual Motor Integration, Visual Perception and Motor Coordination. This

test was chosen as it provides information on motor abilities, perception and hand eye coordination. It also allowed the opportunity to observe posture in the chair, attention on tasks and pencil grip.

In the reassessment done on 3 December, 6 out of the 7 learners showed improved scores in the visual perception subtest of the Beery Buktenica. These learners showed an improvement in standard score of +16 on average from the initial assessment score to the reassessment score. A more in-depth analysis of each learner's improvement can be done upon request.

Improvement was observed in pencil grip in some of the learners, and in a more appropriate pressure when drawing. Two learners displayed spontaneous wrist extension when drawing which is a prerequisite of functional pencil grip.



Occupational Therapy Sessions at Tygerberg Hospital School

13. HOPE Cape Town Board of Trustees 2017/18

A Trust is also about people – HOPE Cape Town included. The HOPE Cape Town Trust brings together individuals from diverse backgrounds to provide guidance for the organisation. We are honoured to gather wide-ranging expertise and to benefit from specialised knowledge. The focus of the Trustees on the long-term vision and stability of HOPE Cape Town is important for achieving our objectives and enabling us to continue to evolve in response to the HIV and AIDS situation and the national ARV rollout in South Africa – treatment is prevention.



Board of Trustees and Advisory Board of the HOPE Cape Town Trust

14. HOPE Cape Town Trust Advisory Board

Within the Trust we make a place for exceptional individuals who have made outstanding contributions to HOPE Cape Town.



Since 2008, Hardy Fiebig, former athlete and CEO of the company “Allstar Production Group”, joined the HOPE Cape Town Trust team as special advisor. We are very pleased to have Hardy Fiebig on board and highly appreciate his valuable input so far.



In 2015 Mr Joe Kunzmann joined the Advisory Board and represents with the support of his wife Shirley HOPE Cape Town in the USA.



2011 Mrs Anja Tambusso-Ferraz joined the Advisory Board – Anja has been involved with HOPE Cape Town for many years as the main organiser of the Ball of HOPE in Cape Town.

15. Sponsorship and Donation “in the reporting year”

Every cent counts and we thank all sponsors and donors and apologies if we forgot somebody to mention. We appreciate everybody who notifies us after making a donation via EFT, transfer or our website, so that we ensure the issuing of a tax deductible receipt in South Africa or in Germany as well as including the name in this paragraph. We especially also thank all those sponsors and donors who want to remain anonymous.

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Contact Details HOPE Cape Town Trust

Tel: +27 21 938 9930

email: trust@hopecapetown.com

Web: www.hopecapetown.com

www.facebook.com/HopeCapeTownAssociationTrust

Postal Address

HOPE Cape Town Trust

P O Box 19145

Tygerberg

Cape Town, 7505

South Africa

Physical Address

K-Floor, Educational Building,

Faculty of Medicine & Health Sciences,

Tygerberg Campus, University of Stellenbosch,

Francie van Zyl Drive, Cape Town, 7505

South Africa

PBO No: 930024843

NPO No: 053-417 NPO

Financial donations can be made in the following ways:

- EFT
- Cheque made out to the HOPE Cape Town Trust
- Secure Online Payment via www.hopecapetown.com/donate

Banking Details:

Our Banking Details in South Africa:

Account Name: HOPE Cape Town Trust

Name of Bank: Standard Bank of South Africa Limited

Account No: 070274525

Branch Code: 020909

Swift Code: SBZAJJ

Branch Name: Thibault Square

Account Type: Business Current Account

Our Banking Details in Germany:

Kontoname: Katholisches Auslandssekretariat

Bank: Commerzbank, Köln

Konto-Nr.: 2 114 021 00 (BLZ 370 800 40)

SWIFT-BIC.: DRESDEFF370

IBAN: DE72370800400211402100