



HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.



# ANNUAL REPORT 2021/2022

Public Benefit Organisation (SA) No 93/00/24/843  
Non-Profit Organisation (SA) No 053-417NPO



# TABLE OF CONTENTS

Address of Consul General of the Federal Republic of Germany in Cape Town	1
Report of the Chairpersons	3
1.1 Strategic Objective 1: Optimizing Health Services	6
1.2 Strategic Objective 2: Equip children with skills and opportunities to reach their full potential	14
1.3 Strategic Objective 3: Community Outreach	17
1.4 Strategic Objective 4: Provide Education	18
1.5 The NEX - Indawo Yethu: Providing a safe space for all	22
1.6 Marketing & Fundraising	24
2 Events and community engagement	27
3 The Back Office Of Hope Cape Town	32
4 Our sister organisation: HOPE Cape Town USA	33
5 Our sister organisation: HOPE Kapstadt Stiftung	34
6 Our partner: HOPE & Future e.V. Munster	35
7 Our partner: Manenberg Aftercare Centre - Rev. Fr. Lindeque	36
8 Our partner: Rat & Tat Koblenz e.V.	37
9 Our partner: Southern African - German Chamber of Commerce	38
10 Our partner: German AIDS Foundation	39
11 Summary: HOPE events Europe 2021	41
12 Networking: Eine Welt Netzwerk Bayern e.V.	43
13 Networking: Western Cape Network for Community Peace and Development	44
14.1 Tygerberg Hospital School Xhosa-speaking teacher	45
14.2 Helderberg Hospital	46
14.3 Kareeberg Social Development Forum	46
15 HOPE Cape Town Board of Trustees 2020/2021	47
16 HOPE Cape Town Trust Advisory Board	48
17 HOPE Cape Town Board Of Expertise	49
18 HOPE Cape Town Senior Staff	51
19 HOPE Cape Town contact details	52
20 Financial Report of HOPE Cape Town Trust	53

ADDRESS OF THE  
CONSUL GENERAL  
OF THE  
FEDERAL REPUBLIC OF  
GERMANY  
IN CAPE TOWN



Dear Reader,

As new Consul General of the Federal Republic of Germany to Cape Town, it gives me great pleasure to contribute to this annual report.

I had already come to hear about HOPE Cape Town before I assumed office. I was briefed by Viola Klein, Chairperson of the German sister organization HOPE Kapstadt Stiftung, whom I met in early 2021 outside on Berlin's Gendarmenmarkt while the city was still in lockdown fighting the third Covid19-wave by that time.

Viola gave me an overview of the fabulous work HOPE has been doing for more than 22 years. I did not only learn that the letters HOPE not only stand for themselves but above all for HIV, Outreach, Prevention and Education - HOPE. I was also impressed by what I learned so that I made sure to visit the HOPE facilities in Delft and Blikkiesdorp at the earliest possible occasion.

The good picture was confirmed and even surpassed: From your gardeners to your occupational therapists, from your nurses and doctors to your healthcare managers, from your early childhood caretakers to your chefs and kitchen staff, from your center manager to your accountants, from your founder to your donors, from your caretakers to your handymen, from your volunteers to your supportive staff, from your partners in Germany to your partners in South Africa and elsewhere – you are such an incredible crowd of dedicated, passionate and committed people that it is a pleasure not only to witness your fabulous work but in particular to cooperate with you!

For two decades, HOPE Cape Town has consistently worked on

- improving the situation of many families at the Cape
- by helping to contain the spread of HIV,
- empowering the communities affected,
- coping with the impact the disease has on everyday life,
- and fostering individual development during childhood and youth.

In short: HOPE Cape Town transforms lives, especially young lives, for good. You have not only given HOPE but actually transformed the mere HOPE into something real.

And after more than 20 years, you continue to assume new responsibilities and evolve towards a much more comprehensive and holistic approach.

Since my first visit at your premises, I have now become a regular visitor to the “The Nex - Indawo Yethu” – your community center. And every time I come, there is something new: Last year, the „La Maison de Christoph”, the holistic preventative health facility was opened, shortly before the “Bavarian House” was officially inaugurated in physical and virtual presence of all the stakeholders and partners involved: the Premier of the Western Cape together with the members of his cabinet, the Southern-African German Chamber of Commerce and Industry, the German Embassy and General Consulate, representatives of the Government of Bavaria, City of Cape Town and the local communities.

I am convinced: This strong cooperation network of partners is the secret of HOPE’s huge success and the reason why – in midst of a Pandemic with unprecedented impacts for South Africa and the world – the organization could even grow stronger and expand into the field of vocational training.

Each time I visit, The Nex is full of life: your classes trained in entrepreneurship, the dual vocational training course in logistics, the health facilities and soon also the early childhood development – it is all these children and people who benefit from an extraordinary project and give back their energy and passion to the community center.

In addition, there is HOPE Cape Town’s ongoing work within the South African public health service, by supporting Tygerberg Hospital and township clinics with the services of specialized doctors and well-trained health workers, but also by supporting therapy, through provision of anti-retroviral medication, and after-care for patients subsequent to their treatment in hospital.

As crucial as therapy and after-care is to supporting people who have to live with HIV for the rest of their lives, it has always been HOPE Cape Town’s philosophy to go beyond a purely medical approach: to enable HIV positive people to make their way out of poverty, lead a self-sustained existence and live a dignified, self-conscious life in their community, and to support children from families affected in developing the skills and opportunities to reach their full potential.

I am especially glad, that the German Consulate General was able to contribute to HOPE Cape Town’s important work in the last years by funding an emergency feeding scheme to help the community of Blikkiesdorp during the hardest Covid-19 lockdown restrictions and a workshop to empower young women by improving their digital literacy and capacity to found

small businesses.

On behalf of the whole team at the German Consulate General, I would like to extend words of appreciation and encouragement to HOPE Cape Town’s founder Fr Stefan Hippler, to his wonderful team of professionals and volunteers, as well as the HOPE Cape Town Association led by Dr. Monika Esser and the HOPE Kapstadt Stiftung led by Viola Klein. Thank you for your invaluable commitment over the last two decades and your resilience, in particular during the last two difficult years!

Both from what my colleagues and I have witnessed in the field over the past years, and from HOPE’s working relationship to well-established institutions in Germany, first and foremost the Deutsche Bischofskonferenz and the Deutsche Aids-Stiftung, you have every reason to be confident that HOPE deserves the trust of any prospective donor. HOPE’s work is state-of-the-art because it is based on a direct link between scientific and grassroots work. It is sustainable, because over time HOPE has built up and developed a tremendous measure of expertise in the field of paediatric HIV/AIDS prevention and treatment. It is backed up by a reliable network European and American partner, providing both scientific expertise and financial support.

My very best wishes, good luck and every success for the year ahead to everyone at HOPE – I look forward to continuing cooperating with you!

With appreciation

**Tanja Werheit**

Consul General of the Federal Republic of Germany, Cape Town

Cape Town, 10 May 2022



# REPORT OF THE CHAIRPERSONS

Reporting on the time from 1st March 2021 to 28th February 2022 and collecting all what has happened makes it suddenly clear, how busy the year has been, how much we asked our employees to adapt to and how the whole scenery for HOPE Cape Town has changed in the year.

At the beginning of the financial year, Monika Esser and myself wrote to our staff:

“Dear senior staff,

We are aware that this transition time to “The Nex” brings with it some challenges and more work. There are several steps to take to develop slowly into our adulthood as an organisation. On one hand this can be scary or even overwhelming, on the other hand it is exciting to be part of such a challenge which hopefully changes life in the areas we work.

With ...(a) sustained backbone, we then have the standing to walk with the community of Delft and to find all the needs and projects having the right standing in finance and personal. And we can continue our work at Tygerberg Hospital and in the different townships our HOPE Community Health Worker are stationed.

As said, we are aware of your hard work and dedication; and we are looking forward to journey with you into the

new chapter of HOPE Cape Town, which celebrates 20 years of existence this year...”

And what a journey it was. Alone looking at pure data it shows the volume of work:

## Board and Portfolio Meetings

30.03.2021	EC Meeting
28.07.2021	EC Meeting
19.11.2021	EC Meeting
04.12.2021	Full Board Meeting
24.01.2022	Finance / EC Meeting - special
11.04.2022	Finance / EC Meeting

## The Nex

03.08.2021	Taking over the Campus in Delft
06.08.2021	Dual Vocational Training ‘Freight Forwarding’
30.09.2021	Opening La Maison de Christoph
01.10.2021	Entrepreneurial Skills Development Programme Group 1
04.12.2021	Official Opening of Bavaria House & Resource Center
09.12.2021	Graduation Entrepreneurial Skills Development Group 1
17.09.2021	Democracy Workshop Group 1
15.10.2021	Democracy Workshop Group 2
28.01.2022	The Nex 1st Youth Club
31.01.2022	Entrepreneurial Skills Development Group 2
08.02.2022	1st HCWS Training for 2022
21.03.2022	Finishing of Mural La Maison de Christoph ‘Dignity’
25.03.2022	Handover keys for ECD
30.03.2022	Official end of construction Phase 2 (ECD)
01.04.2022	Start of Construction Phase 3
06.04.2022	Start of COOKtastic in the Cafeteria
05.05.2022	Graduation Entrepreneurial Skills Development Group 2
12.05.2022	Bayerngarden – ECD official opening

## Visitors

12/2021	Delft Senior Club ‘Sixty-over-Sixty1’
01/2022	Deputy Mayor of Cape Town Alderman Eddie Andrews Mike Saxby, Rotary Signal Hill; Andreas Heydemann , Rotary Oldenburg – Graf Anton Guenther
01/2022	Rotary District 9350: Governor Ian Robertson, Past District Governor Tracey Wilson, Past District Governor David Holthausen, District Membership Chair Menno de Wett
01/2022	Katharina Meiler – Sponsor Bonga

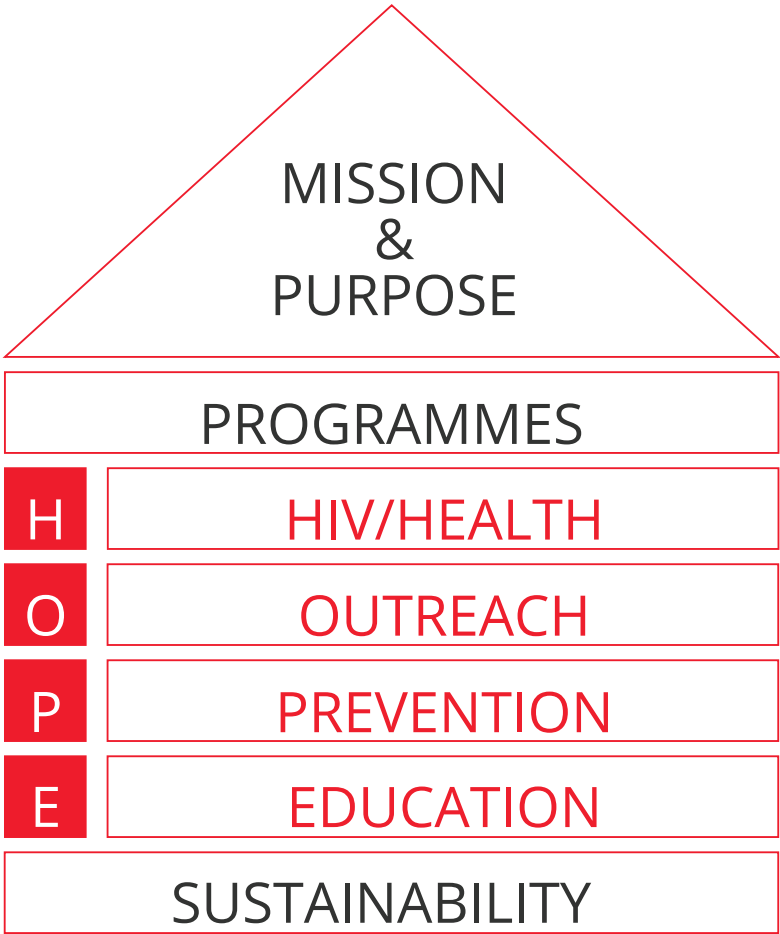
02/2022	Karsten Knechtel – Sponsor Bonga	Even Covid-19 is still raging – somehow on the
02/2022	Standard Bank: Milne Becker & Auwin Govender (Business Banking WP)	backburner, but still with restrictions and certain rules, we see an anew interest and the campus “The Nex – Indawo Yethu attracts more and more visitors and interested parties.
02/2022	Ursula & Michael Eisenmenger / Rotary Club St Wedel	
02/2022	Ex Volunteers: Konrad & Tim with family members	Having said that the flip side of a coin which not only has to look at Covid-19 but also the Ukraine war, the flip side is that fundraising has taken quite a hit. Even if the financial report will show an increase in income, it’s the building money which ups the figures. The Finance Committee and EC has met twice to look at the financial situation and will monitor expenses and income quite detailed in the near future.
02/2022	Minister Sharna -Gail Fernandez (Dep of Social Development WP)	
02/2022	Alderman James Vos, City of Cape Town Mayoral Committee Member of Economic opportunities and Asset Management Elizabeth Walters, Head of Workforce Development at City of Cape Town; Carlo Vizzi, Head of Business Support Enterprise Development Unit, Directorate of Mayor	But there is also reason to be proud of: The campus was built so far, and construction will be finished without taking away one cent from our existing programs. All money put into mortar and bricks has been dedicated money. As you will see our programs at Tygerberg Hospital and in the various township clinics are progressing as planned.
02/2022	Standard Bank Auwin Govender – Account Executive Business Banking; Willie du Plessis – Provincial Head Client Coverage Business clients WC; Kevin de Beer – Provincial Head Region Business Clients WC and Milne Becker – Head Business Clients	Before I go into those programs, I also want to mention that we are in a transition time as the HOPE Cape Town Trust.
02/2022	Wolfgang Drechlser, Handelsblatt Correspondent and Claus Lauter	With Izane Reyneke as CEO and Marlene Whitehead as Program Manager we have shifted and streamlined responsibility for the daily work.
02/2022	Delft Senior Executive Meeting	
03/2022	CaritasCape Town: Rev Fr Paul Taylor, Chairperson, Ms Aisling Foley, Coordinator and Eugene Jackson, Operations Manager	Chair elect and my future successor as chair of the Board of Trustees, Carole Armstrong-Hooper has commenced already some responsibility and we are in close contact on a weekly base. She will report back later in the AGM about her progress and learning curve, as others will do involved in changing of the guards.
03/2022	FW de Klerk Foundation, Mrs Elita de Klerk & Christina Teichmann	
03/2022	Mario Wolters and Lara Lückfeld	
03/2022	Yusiry Martin – WC Provincial Department of Health	Obviously, the chair also travelled despite Covid-19 times – no pleasure but it was important that zoom meetings are replaced by seeing each other in person again. I have been to Europe twice and recently to the USA. Much has to be re-started again when it comes to marketing and fundraising, and I can already see my work cut out when I change responsibility within the HOPE Cape Town Trust next year to see to Europe and the USA.
03/2022	Dr Walter and Karin Zinner (MUC)	
03/2022	Herbert & Irene Patschka – Rotary Club Geras Waldviertel Austria	
<b>Others</b>		
04.12.2022	HOPE Cape Town 20 Years	
17.01.2022	Start of Angelika Hammel as Facility Manager & Vocational Training Promoter	

Now let us see the work done.

**Rev. Fr. Stefan Hippler**  
Chairperson of HOPE Cape Town Trust

**THE 4 PILLARS**

**HIV/HEALTH  
OUTREACH  
PREVENTION  
EDUCATION**





# 1.1

## STRATEGIC OBJECTIVE 1: OPTIMIZING HEALTH SERVICES

Aim: Support South African Government structures through optimizing health services to improve patient outcomes, by:

- Identifying and addressing emerging needs
- Filling gaps

Our relationship with the Department of Health is very important. We regularly engage with the various stakeholders ranging from health care facility managers, district managers and the leadership of both the City of Cape Town and Provincial Department of Health.

HOPE Cape Town currently has MOUs in place with:

- City of Cape Town
- The Western Cape Government via its Department of Health (for the Tygerberg Northern Substructure)
- Stellenbosch University – Faculty of Medicine and Health Sciences
- Tygerberg Hospital
- Tygerberg Hospital School

### 1.1.1 HOPE Doctor Clinical Sessions

#### COVID-19

2021 saw South Africa enter the 2nd year of the COVID-19 pandemic. After a festive season that was marred for many by the 2nd wave of COVID-19, it was good to be able to enjoy the relief of a relatively low COVID-19 case load in late Summer. The COVID Vaccine roll out started on 17 February, but soon ran into difficulties and delays. Medical staff were able to receive their COVID vaccinations through the SISONKE trial from 1 March 2021. Mariam Roelofse from HOPE for Babies was the first staff member to receive their J&J vaccine. Booster vaccines became available through SISONKE 2 trial in November 2021. South Africa weathered a 3rd wave during winter and the highly publicised outbreak of Omicron variant causing a 4th wave in December 2021.

Living during a pandemic has caused people to become much more used to wearing a mask and sanitising hands. However, for many in the township, social distancing and staying “isolated” and away from work – often unpaid – is impossible. To assist with COVID regulation compliance, HOPE Cape Town has distributed reusable facemasks to patients and local community members. The added stress of the pandemic, effect on schooling and finances, as well as the constant anxiety and fear has definitely caused an increase in mental health struggles in the community. HOPE Cape Town continues to strive to offer holistic mental and physical health support.

### COVID Vaccination Assistance

Dr Ana Houston underwent training to be a COVID vaccinator if the need arose. HOPE Cape Town staff also acted as COVID screeners in clinics and vaccine educators. The vaccine team from the local clinic have done outreaches using the Blikkiesdorp site and The Nex to try and reach more community members.

### ARV clinics

Patient compliance on ART has been affected by the increasing poverty and mental health challenges of 2021. Furthermore, the systems in place to minimise COVID transmission at the clinic (patients waiting outside the gate, security turning people away, patients waiting area being outside without shelter) have negatively impacted on the clinic experience for patients.

We have been partnering with Anova, Touching Nations and Nacosa (Isibindi Yempilo) to recall patients who are not on date. Patients are also given the HOPE Doctor cell phone number to assist with rebooking appointments and navigating the security.

The acute stress of an unknown viral pandemic changed into the exhaustion of the all too familiar 2nd year of COVID-19 and with it the unrelenting chaos and anxiety which affected healthcare professionals and patients alike.

HIV is a chronic, lifelong illness that can be easily controlled with Antiretroviral medication. However, taking daily medication is hard when you have little food, financial insecurity and high levels of stress. This has been all too apparent in 2021. The Adolescents in particular have presented to clinic with increasing mental health issues, suicidality and/or HIV unsuppression as a result of challenges in taking ARVs. An added factor in this stress was the continued interruption to schooling. Many teenagers have had very little face-to-face teaching for 2 years and yet are still expected to achieve well in their exams. More children than usual have dropped out of school altogether. HOPE's Doctors assist at Delft Community Health Centre (paediatric and Youth clinics), Symphony Way clinic (Youth) and use their knowledge of local mental health support networks and schooling support to encourage the patients in their care.

The health system has been under strain – with many clinicians struggling with exhaustion and burn out. There has also been the challenge of less urgent medical issues being 'put on hold' during the COVID wave peaks – which has resulted in many patients struggling with conditions that impair their quality of life, with long

delays in accessing appropriate treatment.

In order to limit the number of patients waiting in potentially crowded corridors and waiting areas, there was strict entry control at the clinic gates. This sometimes meant that patients struggled to access care if it was not their appointment date. To overcome this challenge patients were given a cell phone number to WhatsApp to arrange a new appointment or to contact if they were having difficulties at the gate.

The 3 Delft Youth Clubs continued to meet when regulations allowed, and they were a continual source of encouragement. Discussions are had ranging from COVID vaccine Q&A to alcohol and ARV use. In January 2022 the clubs had a combined outing to St James beach and tidal pool. Only a few teens braved the cool pool water. But much fun was had in the sandcastle competition. The day was finished off with a wonderful lunch at Folk Café, where food, espressos and free Wi-Fi were greatly appreciated!

Unfortunately, yet again, an end of year party was not held for the younger Delft patients (children) due to COVID logistics. HOPE was able to give each patient a Christmas present at their last consult of 2021, which brought much delight. It also included school stationery and toiletries which hopefully helped ease the financial stress at the end of the year.

An average of 29 patients are seen every Friday clinic. Though this may rise to as high as 54 patients.

8 new babies were born with HIV in 2021, and a further 6 infants and young children were diagnosed with HIV.

Delft CHC has 208 patients currently attending (born between 2021 – 2005) and a further 27 who have struggled to attend in the past year.

### Neurodevelopmental Clinic: Tygerberg Hospital

The HOPE Doctors assist at the Tygerberg Hospital paediatric neurodevelopmental clinic once a week. Children with learning difficulties and developmental delay are assessed here. Common diagnoses are autism spectrum disorder (ASD) and Cerebral Palsy, among others. The newly referred patients are assessed by the specialist paediatrician while the HOPE Doctors see returning patients and ensure that they are accessing the right care (e.g., OT, physio, speech therapy) and are placed in the correct level of schooling. The continued COVID19 pandemic has significantly disrupted the access to therapy and support; and interfered with placements in appropriate schools. Furthermore, the disruption to normal routines has made life harder for many ASD patients and families, resulting in increased

stress and caregiver burnout.

Prof Cilla Springer retired at the end of June 2021. Dr Angeline Thomas took over her role as head of neurodevelopment. Dr Thomas has been given 2 subspecialist registrars to train. She has also introduced a monthly online neurodevelopment Journal Club.

Dr Houston was trained in the Autism Diagnostic Observation Schedule (ADOS) – a test which helps in the diagnosis of ASD and will hopefully add benefit to HOPE's future work both at The Nex and Tygerberg Hospital.

### HAST liaison Training

Dr Houston was invited to present a paediatric ART update to the Dept of Health Metro East clinical staff in April 2021. A further 2-day paediatric ART intensive course was initiated as a combined DoH and CoCT initiative. Dr Houston was invited to be part of the course design team as well as teaching a few sessions. The first course was held in October 2021. Northern Tygerberg Substructure requested Dr Houston to present on the logistics of running adolescent friendly clubs. This was repeated twice during October (for different facilities).

### Partnership meetings

The HIV Substructure teams run a number of meetings that aim to improve communication, share ideas, strengthen partnerships and identify areas of need that require added focus. Dr Houston regularly attended the Northern Tygerberg Substructure 909090 meeting which looks at the stats from the substructure's database around the number of people testing for HIV, starting ART, remaining in care and reaching virological suppression – the parameters that are needed to ensure the slowing of the spread of HIV. The Metro East ID Wedge meeting looks at referral issues, current research studies and addresses a topic of medical interest. The Tygerberg ID meeting discusses the challenges of individual clinics in HIV, TB care as well as addressing other infectious disease concerns. Each meeting is an opportunity to share the work of Hope Cape Town and strengthen partnerships and networks.

### HCHW Training

Training day is an opportunity for the dispersed staff to gather and reconnect, to learn and to offer support and debrief.

With the 2nd wave subsiding the training was allowed to continue indoors at Tygerberg Hospital education unit on the 11th floor. The following topics were discussed:

March 2021

- COVID Vaccination – risks and benefits.
- Small Group exercise: designing a community intervention
- Update on the plans for The Nex

April 2021

- ARV quiz – reinforcing what was known and identifying areas that need more training.
- Group Disclosure Debate – when is the best time to disclose your HIV status to an intimate partner?
- Understanding fear and anxiety – physiological and psychological effects.

May 2021

- ARV update – introduction to new paediatric formulations and the guidelines around dolutegravir use.
- Watched a video discussing resilience.
- Case discussions – about counselling at risk people in the setting of PMTCT or Non-adherence to ART.

June 2021

- Infant and child mental health workshop.
- Debate on the best way of disciplining a child.
- Summary of the Child Protection Act training.
- Virtual tour of The Nex.

In June it was decided to move the training to the newly opened HOPE building (The Nex) in Delft, and to only meet every 2nd month. The training takes place in the Holistic Health Centre's club room. While The Nex is less central than Tygerberg for some of the staff, it has been good having the HCHW's on campus where it is easier to engage and integrate with the rest of the Hope Cape Town staff team.

August 2021 (1st training at The Nex)

- Introduction and tour of the Nex.
- Discussion around PREP and contraception.
- Discussion about vaccines and an update on COVID.

October 2021

- Vaccination update and COVID update.
- Online PREP course in The Nex resource center.
- Farewell retirement lunch was organized for Pauline.

February 2022

- Guest speaker from ANOVA talking about HIV self-testing and Index Case contact Tracing.
- The Staff WhatsApp broadcast group was maintained as a way of disseminating information about COVID and vaccines, between training

dates.

- Unfortunately, official debriefing was only able to restart in June 2021, under a new psychologist,



### 1.1.2 Occupational Therapy

Occupational therapy service run by HOPE Cape Town at various clinics started on the 1 May 2017.

So far, the total headcount of children been seen by the OT team (since starting in May 2017) is 618.

This year the total headcount of children seen by the OT team was 240.

Services at the Helderberg Hospital were handed over to the hospital's OT department in November 2021.

#### Delft CHC (Therapist 1)

The therapist continued to support the OT department at Delft CHC. Most of the children seen were HIV-positive and were referred by the doctors at the paediatric ARV clinic. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other co-morbid conditions seen were epilepsy, CP, hearing impairments, FAS, SAM, and intellectual disability.

A total of 59 children have been seen at Delft CHC by the therapist during this time period. The therapist sees about 53 of these children regularly when they see the doctor every month or every 2nd month.

#### Delft South Clinic (Therapist 1)

The therapist maintained the OT service at Delft South Clinic. Referrals were received from the doctors running the ARV service as well as Child Health sisters and OTs from Tygerberg Hospital. The majority of the children seen were HIV-positive, with 7 other vulnerable children from the community seen. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other conditions seen included epilepsy, FAS, ASD, ADHD, prematurity, genetic syndromes, global developmental delay, hearing impairment and visual impairment.

A total of 44 children have been seen at Delft South clinic by the therapist during this time period. The therapist sees about 36 of these children regularly when they see the doctor every month or every 2nd month.

#### TC Newman CHC (Paarl) (Therapist 1)

The therapist continued to support the OT service at TC Newman Clinic. All the children seen were HIV-positive and were referred by the doctors at the paediatric ARV clinic. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other co-morbid conditions seen were CP, hearing impairments, and intellectual disability.

A total of 70 children have been seen at TC Newman CHC by the therapist during this time period. The therapist sees about 51 of these children regularly when they see the doctor every month or every 2nd month.

#### Helderberg Hospital (Somerset Hospital) (Therapist 2)

HOPE Cape Town took over funding for the OT service provided by an external therapist specifically for the paediatric ARV outpatient clinic. The new therapist took over an existing caseload. All the children seen were HIV-positive and were referred by the doctors at the clinic. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties.

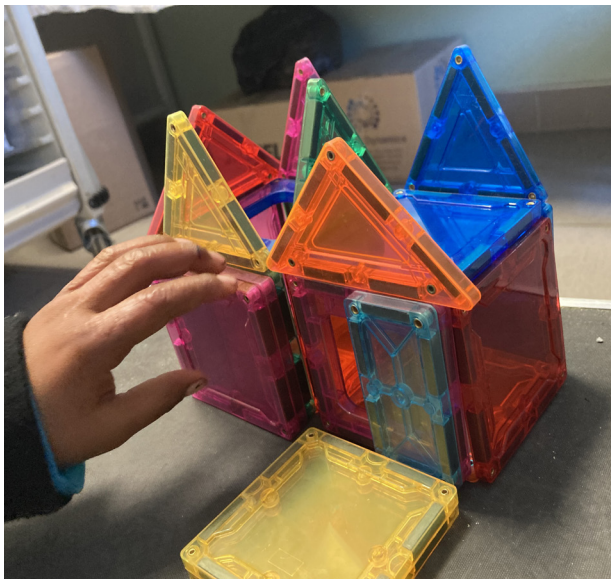
A total of 27 children have been seen at Helderberg Hospital by the therapist during this time period. The therapist sees about 25 of these children regularly when they see the doctor every month or every 2nd month.

#### Blikkiesdorp Play Group (Therapist 1)

The OT screened all the children attending the Blikkiesdorp playgroup in 2021 and then those attending in 2022. In 2021, 12 children were screened on basic concept knowledge and fine motor skills. So far, 13 children have been screened in 2021.

From these assessments the therapist provided organized activities within their activity time focusing on the areas needing attention (shape concept,

number concept, letter concept, body concept, drawing and writing names). These activity groups varied from between 10-12 children (in rotating smaller groups) and the activities consisted of various gross motor games, playdough, sorting, DUPLO building, chalk, water, pasting, drawing, painting, and tracing activities as well as board games.



Occupational therapy



Finger painting



The Paarl Team



Water play

### TBH Neurodevelopmental Clinic (Therapist 1)

The OT continued to offer a Griffiths III assessment service to the NDC at TBH. Referrals for the assessment are received from the NDC doctors. Eleven children were assessed during this period, with various diagnoses – ADHD, ASD, global, speech and motor delays.

### GOKidz and Home Programmes

GOKidz sessions were continued this year. Two children completed the Toddler box (0-2 years old), 7 children completed the Pre-School Box (3-5 years old), and 5 children completed the Foundation Phase Box (6-8 years old).

Twenty-five other home programs were given out for children needing extra help with fine motor skills, concentration, working memory or literacy skills.

### Other Playroom

The playroom has been temporarily closed since April 2020 (in line with COVID-19 safety precautions). Worksheets and coloring-in activities have been provided for HOPE staff in TBH wards to distribute as an alternative while the playroom is still closed.

### Community ECD forums

In November, ECD practitioners in the Delft community were updated regarding the new center for ECD and the proposed services to run there.

### ADHD workshop

A workshop run by the Goldilocks and the Bear Foundation was organized in February. Twenty interested ECD practitioners in the area attended; learning about ADHD signs and the process of diagnosis, as well as some tips about how to manage children with ADHD in the classroom.

### Conferences and Training attended

DRSP workshop: In June the therapist attended a workshop about the Development Resource Stimulation Program – this is a program with stimulation activities specifically for infants and toddlers with Down's Syndrome, but it can be also applied to other children with neurodevelopmental delays and diagnoses.

### 1.1.3 HOPE Community Health Care Workers

HOPE Cape Town currently employs 15 HOPE Community Health Workers (HCHW) working in 12 low-income communities where they live. The objective is to directly address the HIV and AIDS pandemic by providing access to education, treatment and on-going support within the existing provincial and municipal health structures in areas with high HIV burdens.

Our HOPE Community Health Workers increase the staff capacity at these facilities in respect of ancillary medical treatment and care. They act as champions for HIV counselling, testing, treatment and adherence with the focus on paediatric/adolescent patients and their families in the various departments where they perform their duties.

### The role of the HCHW with regard to HIV includes:

#### Prevention

- Educational talks at clinics, visits to schools, distribution of condoms and pamphlets
- Testing
- Pre-test and post-test counselling, as well as the rapid HIV testing
- Treatment
- Counselling about disclosure issues, education about how to take antiretroviral treatment (ARVs) correctly and advice about adherence to ARVs

### Other major work areas of HCHWs include:

- Tuberculosis (TB)
- Childcare services (incl. immunization and nutrition)
- Male circumcision
- Sexually Transmitted Infections
- Cervical screening (pap smears)
- Implementation of community development projects such as gardening projects, support groups and child development groups

### Statistics for Community Health Workers Interaction for 2021 (direct contacts)

Children seen from birth to age 12	29 868
Teenagers seen from 13 to age 19	12 552
Adults seen	42 612

**Total amount of clients seen 85 032**

### They did the following counselling sessions in 2021:

HIV counselling	2 076
Adherence counselling	664
Male medical circumcision counselling	912
PMTCT counselling	1 104
Other counselling	1 932

**Total amount of counselling sessions 6 688**

### They did the following tests in 2021:

HIV tests done	1 916
TB tests done	3 020

**Total amount of tests done 4 936**

### 1.1.4 CYCLE of HOPE

*Currently incorporating the HOPE to Home and HOPE for Babies projects at Tygerberg Hospital*

Adversity has been shown to negatively impact the holistic development of those individuals exposed to it. We are aware of the high levels of adversity faced by so many South Africans. Many of the effects of adversity on mental and physical health and development has been proven to be intergenerational. Epigenetics have shown that environmental factors can bring about change in our genes – for the good or the bad. There is thus a great window of opportunity for intervening, especially within the early childhood. This is exactly what Cycle of HOPE is envisioning to bring about by focusing on the holistic support of the mother and child in order to help bring about intergenerational transmission of resilience, wellness and HOPE!

The importance of the support of the mother/family in order to support the child is of utmost importance, especially during the critical period of development of a child within the first 1000 days of life (from conception to two years of age).

Cycle of HOPE supports mothers in Tygerberg Hospital within the antenatal period and first six months of life by providing maternal birth care packages, food donations, toiletry packages, health education and information sharing, and individual counselling. All the HOPE community health care workers and Tygerberg Hospital care workers have recently been trained in early nutrition and breastfeeding. They were also trained on the use of the new Road to Health booklet as an educational tool, focusing on the five main health messages or pillars of the booklet, underpinned by the foundational concept of nurturing care. The new project lead of the Western Cape First Thousand Days Campaign was very excited in collaborating further with HOPE Cape Town in using the booklet as a flipchart for health talks within antenatal, postnatal, and primary health care clinic waiting areas.

The community health care workers were also trained on the Baby Blanket Project (Ibhayi lengane) – a trauma-focused, culture sensitive parenting programme for the first 1000 days. The programme is used in the antenatal and postnatal support groups happening at The Nex. This programme has gained considerable interest from government and plans are in place to implement it. HOPE Cape Town was also invited to a Department of Health Blanket project workshop to share insights and struggles in the implementation. The ante- and postnatal support groups were introduced by Sister Zanele Hali

at the Delft clinics. The initiative was welcomed by the Delft clinics' Antenatal Nursing staff, who will also focus on specifically referring teenage mothers to the support groups. Parenting support groups will also be established within the four clinics surrounding Delft for those mothers not able to travel to The Nex. We have started with this parenting support group with the lodger mothers within Tygerberg Hospital KMC wards.

Within Tygerberg Hospital the care workers have continued their well-established, highly valued services. The team, led by Sonia Daniels, has been asked to join the multidisciplinary paediatric meetings in order to contribute and give feedback about patients counselled and followed up by HOPE Cape Town. The team identifies vulnerable children and families during ward rounds and get referrals from all over the hospital. They assist in adherence counselling, bereavement counselling, follow-up and linkage of care, and social support.

Dr Michelle du Plessis has recently started with a research project for her MPhil in Infant Mental Health, looking at the social support needs of mothers with hospitalized infants and its role in common perinatal mental health disorders. Support is being categorized as emotional/informational, tangible, affectionate, and positive social interaction. Participants are being screened with validated screening tools for depression, anxiety, and common risk factors like domestic violence. Although numbers are still small, preliminary results indicate that 85% screen above threshold for depression and 90% screen above threshold for anxiety. This once again just highlights the need and the value that HOPE Cape Town care workers bring to these mothers during their support and counselling, they offer. HOPE Cape Town is involved in this research project by means of HOPE care workers helping to recruit and enroll participants during routine engagement with patients. Our care workers also provide invaluable assistance in Tygerberg Hospital PMTCT programme.

Other than Early Childhood Development parenting support programmes being offered, HOPE Cape Town also provides occupational therapy assessments and medical officer consultations within Tygerberg Hospital outpatient Neurodevelopmental Clinic. Dr Ana Houston and Dr Michelle du Plessis are also sub-investigators on the neurodevelopmental clinic database project. The neurodevelopmental team, under the lead of Dr Thomas, has monthly journal clubs. Dr Ana Houston has also been trained in ADOS – an autism spectrum disorder diagnostic tool. We hope to soon be able to offer these diagnostic assessments at The Nex. Long-term plans are also being discussed with Province in

providing support to cerebral palsy children and their caretakers by means of providing medical services like reinsertion of nasogastric tubes. We are also currently collaborating with Uhambo, an NPO focused on cerebral palsy support and education, in the establishing of a cerebral palsy support group at The Nex. Discussions are also underway with CARA – UCT Community Autism Research Unit – regarding the training of HOPE staff on the WHO neurodiverse child’s caregiver support programme pilot project. We are thus hoping to also in due time establish such a support group at The Nex.

Mental health services are currently also being provided through collaboration with University of Western Cape master’s in psychology programme. The Nex is also a site of the University of Stellenbosch pilot project for a caregiver support programme focused on HIV positive children under the age of five. The relevant ethical and provincial clearance are currently being obtained.





# 1.2

## STRATEGIC OBJECTIVE 2: EQUIP CHILDREN WITH THE SKILLS AND OPPORTUNITIES TO REACH THEIR FULL POTENTIAL

Aim: Support, mentor and prepare children and their families to access formal schooling, excel at school and to remain in school.

### School Preparation Groups

For the duration of 2021 services were still rendered under the restrictions prescribed by the Covid 19 pandemic. All the planned projects continued operating, sometimes with a restriction of attendee numbers. This however did not hamper the outcome of the goals and objectives.

Service delivery continued the focus on projects in the Blikkiesdorp community. Service delivery was supported by one volunteer and the continued service of the two student Social Auxiliary Workers (SAW).

During 2021 inputs into projects increased drastically, due to the implementation of extra projects and expansion of ongoing projects, being funded by the 5 Steps to Health program. As administrative and managerial duties increased in the implementation of the 5 Steps to Health program, the working hours for the social worker increased to such an extent that work regarding individual cases had to be abandoned. This was addressed by having a fourth-year social work student assist on an hourly basis with the most pressing matters regarding the Blikkiesdorp individual cases.

### Manenberg

A huge gap was left in the need for services at the Centre. During 2020/2021 HOPE CT social services extended their role by investing in mentoring a student SAW. This was deemed a very successful project, and this was seen to be a solution addressing the gap created in services at the MAC.

The senior facilitator at the MAC was identified and registered as a student SAW, under mentorship of the HOPE Cape Town social worker. This could eventually bridge the gap in returning services to the children at the MAC. Eloise started her first cycle of the Social Auxiliary Work course in January 2022, meeting with the HOPE Cape Town social worker for a mentoring session one morning a week.

### Blikkiesdorp

Play Group and 2022 school registrations. Due to lockdown regulations, the play group was still restricted to 12/14 members, and we continued the Covid 19 protocol until the third term of 2021.

Since March 2021 the social worker left a bigger part of the facilitating of the play group, (as well as the

homework group) in the care of the SAW student, Violet Avontuur and the volunteer, Caroline Lacy. This was due to time being spent on the planning, implementation, and management of the 5 Steps to Health program. These two people handled the groups very well and allowed the services to continue as planned. They were also assisted by a new SAW student, completing the last module of her course with HOPE.

This left the social worker to attend to the school registration process for the Play Group members for gr. R and gr. 1. She also assisted gr. 7 learners with their registration for gr. 8 as well as 30 unplaced learners trying to get back into school. Follow up procedure continued throughout the rest of the year and approximately 5 applicants' places could only be secured in the first week of school in 2022.

During 2021, there were 60 sessions, with a sum of 591 attendees. 15 of our regular play group children were successfully enrolled into school for 2022.

The play group was yet again supported by the occupational therapist of HOPE CT assisting with assessment and referrals of children with developmental needs and a weekly program focusing on the delays present in the children's development, hampering their growth.

The play group for 2021 was terminated in December 2021, ending off with two events being funded by the 5 Steps to Health program.

In January 2022 the new play group started, and the process was set in motion for the work being done throughout 2022. In January and February there were 11 sessions, attended by 140 children. During the first two months of 2022, 15 children with an average age of 5 to 9 years joined the group. Planning has already started to enroll these children for gr R or 1 during 2023.

### After School Groups

Homework groups continued Tuesday, Wednesday, and Thursday afternoons, focusing on homework. The unplaced learners were also invited to make use of this group. If they attend regularly, they were given a basic literacy and mathematics workbook to work in. In the year under review 3 114 children attended 114 afternoon sessions.

### Individual casework

The social worker and extra assistance from a student social worker, Zola Mbhotho, focused on individual social work in the community. This was mostly

restricted to cases involving childcare. Assistance was however also needed with elder and disabled care, which increased the burden of work even more.

Time was yet again spent on the completion of the online school admission process for 2022. Part of this process was assisting with average of 4/5 children's Late Registration of Birth process with DHA. 60 visits were made to official offices in the year. Due to various lockdown levels, the assistance towards clients with birth registration and ID issues had to be stopped intermittently. Interviews and sessions were held with 212 adults and 23 children (this includes school application interviews).

The February interviews has increased drastically, due to the one-month period in which parents must do online school applications for children. This office has been assisting children with online applications for the past two years.

### Zoë reading groups

The Zoë Reading project continued from April 2021 and the 20-week program ended in September. During September, there was a year-end function for the children and 30 children attended. It has been confirmed that the Zoë group will continue in 2022, in partnership with SBA Stigting. The collaboration with "SBA" has been very successful. This program also assisted 4 adult members of the community with an extra income, to provide for their families.

### Distribution of school uniforms and supplies

The distribution of school supplies continued with the same protocol used as before.

School supplies were distributed to 193 children. The focus being on the regular attendees to the after-school groups in 2021 and the handing in of 2021 final reports.

### Five Steps to Health Program

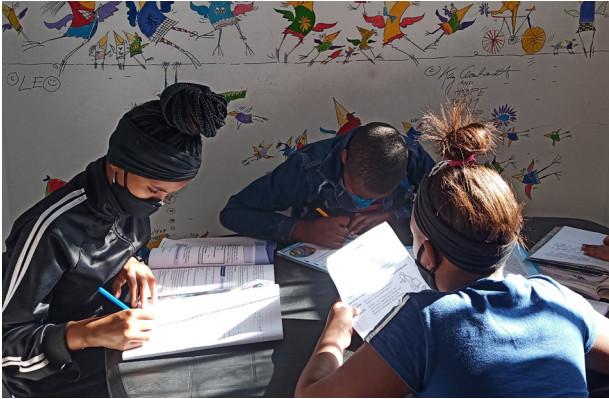
#### English classes

This group gathered regularly on a weekly base. Gr. 4 to Gr.9 learners, exposed to individual attention, with emphasis placed on teaching as well as repetitive exercises. English classes gathered 23 times between March and November 2021. Sessions averaged between 15 and 25 learners per session.

#### Mathematics classes

Due to fact that this is a secondary function for the appointed teacher, her school activities took priority. Unfortunately, this meant that math classes could only be offered to the children for approximately 3 months,

between 10 and 15 learners attended per session. This is seen as a huge priority, as children struggle tremendously with this subject.



### Art ECD project

This project was incorporated with the play group, every Tuesday morning, using different forms of art as development process, these sessions held weekly. The facilitator started this process in April 2021 and terminated in November.

### Young girls' development group

The group is being facilitated by SAW student, Violet Avontuur. The target group is young girls attending school. She has been assisted by Noxie Siximba. The group continued as an open group, meaning new members can start attending and each week a topic will be discussed, and support given to the members if the need exists. The group included 30 sessions and the group started with 7 members attended per session. The group has doubled in size since then.

This has become an important support structure for these girls. On a regular basis the girls turn to Violet and the rest of the group for support in working through challenges they face.

### Mother/toddler group

This group was also initiated and facilitated by Violet Avontuur. Feedback from the attendees was positive and other mothers/caregivers have requested to join such a group. The planning is to do this asap. The mother/toddler group terminated end of June. There were 15 sessions, 5 of which was developmental touch therapy groups and the other session each had a topic of parental guidance to discuss. 5 mothers and 7 toddlers attended the process throughout.

### Boys group

Due to two factors, namely,

- Non-attendance of school (covid protocol partial weekly school attendance)
- Availability of dagga in the community, the concern for young boys involved in these activities grew. This led to the start of the boys' group, focus is on the difficulties these children face daily. Motivating the boys to continue attending school diligently and creating a safe space with a feeling of belonging. The group initially consisted of 8 boys and has grown since, they gathered for 16 sessions between October 2021 and February 2022.

Our services to these children are currently only touching the tip of the iceberg, regarding these issues. For some boys this has become a space where they feel safe, where they have a voice and where they belong. This has become the place where they come to ask for assistance, as adults usually shun them as being bad and undeserving of anything they need.

### Holiday program

During December, the school children are very bored and wander around in the streets. This makes them very vulnerable to the social ills and dangers that are always present in this community. During December the Social Auxiliary Worker facilitated five days of activities during the day and she could involve 30 children during each day's activities.

### Gardening project

Although this is a Blikkiesdorp Outreach project, social work assisted in the management and planning of this project. Assistance has been given to Gladina Galant, who facilitated this project. She had a weekly session with up to 20 children and adults attending. This project started in March 2021 and terminated in November 2021.



Social services have become a part of this community and the services have expanded to such an extent that more manpower is necessary to attend to the need to develop and empower this community. However, with the assistance of the extra workers and changes in certain roles and functions, the services continued as planned. The availability of a very devoted and able team has made it possible to reach the goals set for them.

The various projects with the children in Blikkiesdorp, have grown during the past couple of years to such an extent that the work force is fully occupied on a daily basis. The physical space restricts the projects to its' capacity.

The nature of the projects is such that it will not have a termination phase. As one group of children advance to the next project there will always be a younger group starting the process again. The goal is to assist a child in Blikkiesdorp through all the different stages of their lives facing extreme challenges in a process to continue their schooling and create an opportunity for themselves to build a future.

# 1.3

## STRATEGIC OBJECTIVE 3: COMMUNITY OUTREACH

**AIM:** Accompany communities on their journey to identify and access opportunities to effect sustainable improvement of their living standards (quality of life)

Blikkiesdorp is a temporary relocation area in Delft. Most of the inhabitants have been living there for the past ten years. An estimated 8.000 people still live in Blikkiesdorp today. Blikkiesdorp has become known for its high crime rate, its substandard living conditions – up to 40 people have to share a single cold water tap and one toilet. The Cape Flats has extreme weather conditions – very sandy, windy and hot in summer and extremely cold and wet in winter.

HOPE Cape Town strives to maintain and grow a community project in Blikkiesdorp that is aligned with the needs of the community, as identified by community members/leaders.

Current projects at our container village include:

- Community garden
- Soup kitchen
- Emergency response
- Wellness days
- Venue for other organizations – NGOs/government
- Participating in civil society forums
- Soccer
- Social clubs

In the past year, 9 local residents worked at the outreach project as assistants to the social worker and teachers, gardeners, kitchen, cleaning, maintenance and security staff.

In the past year, 6188 meals were prepared and served at the soup kitchen.



# 1.4

## STRATEGIC OBJECTIVE 4: PROVIDE EDUCATION

AIM: Share knowledge, provide training and foster a culture of continuous learning during all engagements

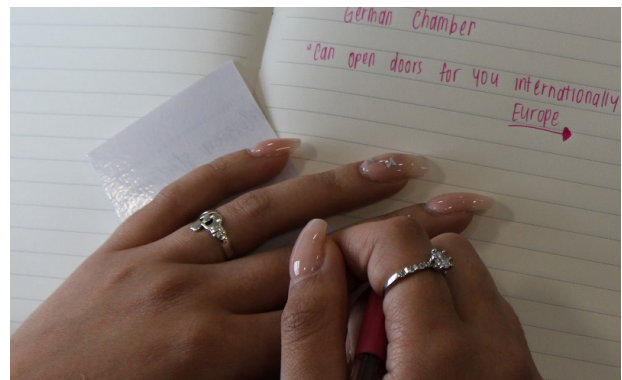
### 1.4.1 Dual Vocational Training Program

Dual Vocational Training is characterized by the fact that learning takes place in two places, with companies and vocational schools acting as equal partners.

The first intake of 19 Logistics and Freight Forwarding students commenced in October 2021. The programme runs for three years, partly at The Nex for tuition and academic assessments, and partly at the companies for practical work experience and mentorship.

This programme is undertaken by HOPE Cape Town in partnership with the Southern African-German Chamber of Commerce and Industry. The roles and responsibilities are laid out as follows:

1. Southern African-German Chamber of Commerce and Industry:
  - Organization and coordination
  - Quality management
  - Coordination between both learning places
  - Representing and organizing company's needs, interest and inputs.
2. Company
  - In-house company training.
3. Federal & State Government
  - Financing (SARS rebates & allowances, SETA Apprenticeship grants).
4. Vocational School
  - Theoretical vocational training.
5. HOPE Cape Town, The Nex – Indawo Yethu
  - Venue and resources



### 1.4.2 Entrepreneurial Skills Development Program

Funded by Rotary International Global Grant, this experiential programme comprises soft (life skills) and hard skills (business skills) learned over 12 weeks. An overview of the activities was compiled by Kaelyn Frans, Educational Coordinator.

The 3-month chapter of the Visionaries came to an end on the 2nd of December 2021, with the official conclusion of all content. At this point the participants had an action plan with goals to achieve after the program. All content provided within the space allowed participants to execute an effective business plan to put their entrepreneurial skills to the test. The idea behind this was to allow themselves to embark on the journey of self-empowerment and confidence that their business ideas could create profitable income for sustainability.

Their development within this space was shown through their determination of now chasing after something they once deemed as impossible. With the help of HOPE Cape Town these young individuals were provided with a business loan of R500. The Visionaries took the responsibility of working on a business plan to ensure a profit will be made. This would not only pay back their loan but use the profit as a start-up cost for their individual business ideas. An evaluation of the course was done to receive constructive feedback from each participant about the program to adjust and improve the program.

The Visionaries embarked on journey of putting their soft skills into practice through volunteering at HOPE Cape Town's opening of Bavarian House. They were involved in the welcoming and serving of guests. One of the participants was approached by the staff to capture the event on camera. As part of the communication and listening skills the aim was to interact with unfamiliar faces displaying confidence in their voice and body projections.



To honour the achievements of the Visionaries, HOPE Cape Town granted each participant with an award of participation and completion of the program. Mentors, facilitators, relatives, programme coordinator and the Programme Manager (Marlene Whitehead) was in attendance. To many of the participants this was the first time receiving a certificate of completion, because they had dropped out of school. This was not only done to wish the Visionaries a farewell on concluding their journey with HOPE Cape Town but to acknowledge the beginning of their next journey. The participants were not abandoned after the program. It was decided that after every 3 months a check-in would be done for them to reflect on their execution of the action plans. 27 young individuals were recruited to be part of HOPE Cape Town's first Entrepreneurial Skills Development Programme. Only 17 individuals joined the programme, with 16 graduating at the end of the programme.



In recognition of what they have been taught within the programme the visionaries were tasked to collectively propose a business idea to be executed. This was done in the form of providing a car wash service to generate a profit that would pay back the R500 business loan received on the 2nd of December. The services rendered on the day was an interior, exterior or a completed car wash. Each participant was tasked with a responsibility to making this day a success. Serving an overall of 28 customers they had generated a total profit of R900 including tips for their quality of service.



To end the year on a positive note HOPE Cape Town hosted the children of Blikkiesdorp's After School Programme to celebrate a successful end to the year. The Visionaries were in attendance volunteering and assisting the HOPE staff on the day with fun filled activities and games. The role of each volunteer was to keep the children entertained in different stations with nail painting, face painting, beading, card games, drawings and a character photobooth. At the end of the event each child received a gift for Christmas. Participants were asked to reflect on their experience as volunteers. It was mentioned that "being part of this program allowed me to identify leadership qualities within me to take responsibility for myself and others". The Visionaries were determined to help develop their community.



A member of the Visionaries had the desire of organising a clothing drive. This was an idea she initially wanted to carry out before joining the space but could never execute it. She reached out to the rest of the group to assist with donations, packaging, and distribution of clothing. Preparation took place with the initiative of a Christmas distribution of pre-loved items. Her desire was to bring joy to the community during festive celebrations as every individual deserves to smile and unwrap a gift on Christmas. The drive took place on the 24th of December 2021, 7 members of the Visionaries took the streets of Delft to distribute the clothing. Putting a smile on the faces of more than 200 individuals. The elderly, youth and children were accommodated for which was a successful outcome.



The 31st of January 2022 was the official welcoming of HOPE Cape Town's second Entrepreneurial Skills Development course. On this day they were introduced to Facilitators, Co-ordinator, Project Manager and CEO. The participants were asked to share their expectations of programme and a meet and greet session with their fellow participants.

This was an eventful process. It was an orientation and introduction not only to the programme but to The Nex Indawo Yethu Centre. Within the second week of the programme, a total of 30 seats were filled within the space.



The Dream Chasers had their first outdoor excursion of team building, getting to know one another, reflect on their life and things they want to achieve through creating an action plan.

Participants and facilitators travelled to Paradyskloof to embark on an hour and a half hike and thereafter to reflect. All participants were asked to find an object on the trail that resonated with them and identify its relation to their life.

One of the participants was attracted to a grasshopper and reflected on it. It reminded him of being courageous and stepping forward in life despite the risk of knowing the outcome but that it is a representation of taking the first step. He connected it to the programme, that he will use this programme as his first step of exploring the role of an entrepreneur.



The Dream Chasers in Paradyskloof

### 1.4.3 Volunteer Program

The HOPE Cape Town volunteer program offers individuals from around the globe the opportunity to get in-depth first-hand experience in the various aspects of the operations within an NPO, as well as knowledge in the field of HIV and child health related issues. They commit 3–12 months of their time and assist the organisation in service delivery. This year we hosted volunteers from Germany, Switzerland, UK and South Africa.

### 1.4.4 Visitors

The staff of HOPE Cape Town regularly hosts visitors at our projects and at the Nex since HOPE Cape Town relocated to Delft in September 2021. This provides the opportunity for friends and supporters of HOPE Cape Town to experience the work that is done firsthand.



# 1.5

## THE NEX - INDAWO YETHU PROVIDING A SAFE SPACE FOR ALL

The Nex is a derivative from the word Nexus which is defined as “a connection or series of connections linking two or more central or focal points”.

HOPE Cape Town has evolved from a charity organization into a more holistic development agency and coupled with the move to our new headquarters at The Nex - Indawo Yethu, there was anticipated increased awareness of the organization.



### 1.5.1 General Considerations

The establishment of The Nex Project builds upon, consolidates, and expands knowledge, skills, and insights gained from HOPE Cape Town’s past experience and practice. It offers HOPE Cape Town a unique opportunity to focus and improve its impact, especially with respect to preventative care and the leveraging of opportunities for disadvantaged youth, within a specific geographical context – the Greater Delft area. The logic of the intervention is expressed in and through the various spaces of The Nex: a holistic model preventative care at the Health and Wellness Centre; play therapy and therapeutic support at the Early Childhood Centre; coordinated and independent educational and other activities at the Youth Development Centre; Dual Vocational and Educational and Skills Training; Community-based social and cultural activities; and staff capacity building and institutional strengthening.

HOPE Cape Town has successfully leveraged the resources required for the infrastructure development of the six buildings which themselves have already become a focal point in Delft, integrating the residents

with their interest and enthusiasm.

The Nex is a bold statement of intent on the part of HOPE Cape Town. It symbolizes the vision and mission of HOPE Cape Town. It represents a focal point, a nexus (coming together) of lessons and experience gained from the organization's 20 years of hands-on practice, experience, and innovation, offering an opportunity to consolidate, strengthen, and innovate a range of inter-linked activities and core competencies, as well as explore new areas of intervention.

In other words, The Nex represents, in physical form, HOPE Cape Town's vision and mission to incrementally improve the quality of life of children, adolescents, families, youth, and women through a range of inter-linked activities (the Cycle of HOPE), in partnership with local citizens, CBOs, NGOs, a range of strategic public and private partnerships, and support of local and global donors. But not only that, the Nex – Indawo Yethu also symbolizes the change and move from a still charity orientated organization to a development agency. HOPE Cape Town will not provide for but walk with people which indeed will be a bigger challenge and risk, but also an opportunity to for the greater good of the people of Delft.

It was therefore necessary to review and align our corporate identity and related marketing elements to match our new approach and the more cohesiveness as a team and organization as well as raising awareness for the new programmes that would be offered at the campus.

### Construction Status

The Nex complex in Delft is currently under construction with the first phase completed mid-2021. In addition, a series of consultative meetings and workshops with residents and stakeholders in Delft has been in progress since August 2020. Thus far seventeen consultative meetings have been held to date. Phase 2 construction (ECD) has been completed end March 2022

Phase 3 which consists of the Youth Centre is currently under construction and is due to be operational in October 2022.

### Occupation status

Various programs are already happening on campus. Slowly we try to increase rental and occupancy being aware that we are in a start-up time which needs patience and a clever approach to make it a meaningful process.

### Further Plans:

HOPE Cape Town has applied to the Western Cape Department of Infrastructure to extend the land 5 m to the right and then up to Stellenbosch Arterial. If the application is approved another part, belonging to the City of Cape Town would be requested as well. Ultimate aim would be to establish a Community Vegetable Garden, which also entails an incubator for entrepreneurship within the framework of township economy and some art installations.

### Staff Changes

Shelly Stamatidis joined the team in her role as Communications and Marketing Coordinator, working closely with Marlene Whitehead. With over 25 years' experience as a stakeholder engagement specialist across the disciplines of public relations, marketing, strategic communication, brand building and eventing, she brings depth of experience to the organization.



# 1.6

## MARKETING AND FUNDRAISING

### 1.6.1 Brand Awareness

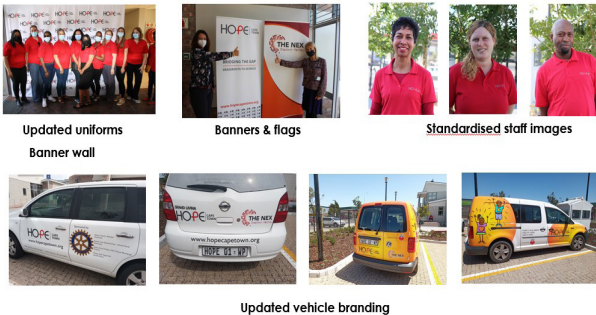
A review and assessment of existing marketing and communication strategies was conducted to identify gaps in alignment. The online presence of HOPE Cape Town on third party sites was reviewed and updated with new contact details and updated logos.

### 1.6.2 Corporate Identity

A Marketing Communications Brand Book was developed with updated communications templates and collaterals bank, all logos were standardized and branding elements such as banners, staff uniforms, signage was updated or created.

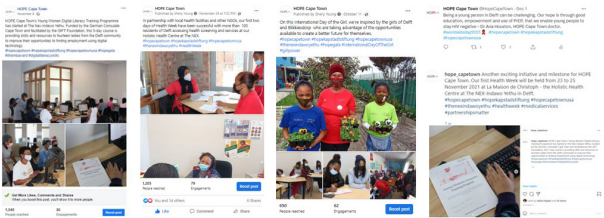


### CI Application

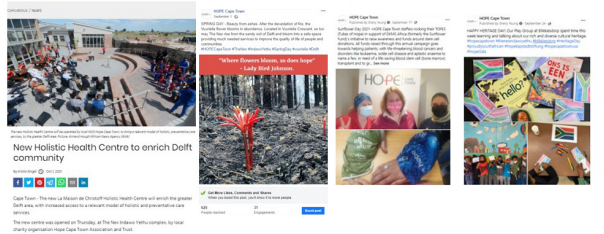


### 1.6.3 Social Media

Website content was reviewed, and an integrated SEO plan developed and regularly updated. Platforms such as Facebook, Twitter and Instagram saw increased followers as a direct result of more regular content that was relevant, newsworthy, utilized a call to action and showcased HOPE Cape Town's programmes and positioning as a sector leader.

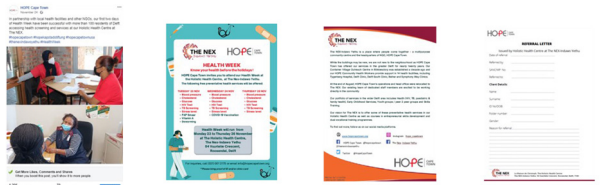


To further increase HOPE Cape Town's online presence, national days of observance and trending hashtags were leveraged to increase traction and uptake to HOPE Cape Town's social media platforms.



### 1.6.4 Marketing Support and Social Media Amplification

The centralization of the team at our new headquarters has allowed for the marketing department to provide more strategic communication and marketing support for programmes and activities including design, events support and execution, awareness strategies and leveraging media editorial support for programmes and events.



# 2

## EVENTS AND COMMUNITY ENGAGEMENT

### 2. Events and Community Engagement

Despite the ongoing restrictions of the Covid-19 pandemic, HOPE Cape Town was able to create and implement innovative community engagement activities while strictly adhering to Covid-19 protocols. The following group activities took place in the reporting period:

#### Youth Month

HOPE Cape Town will always strive to provide a range of essential services to young children including early learning and access to social services, safety, nutritional support, impart knowledge and transfer skills. To commemorate Youth Month, we held discussions with the children in our after-school programme about their own dreams and aspirations for their future. A competition was held where the children were asked to either draw a picture or write a story about what they wanted to be when they grew up. A special outing to the local Fire Station was also arranged for some aspiring fire-fighters.



#### Mandela Day

In the spirit of the 2021 theme -One hand can Feed Another- we focused on one of the projects of the Blikkiesdorp Community Outreach Programme. Adults and children attended weekly gardening sessions where they were taught the basic techniques of how to start their own vegetable gardens. After completing the first six sessions and a home garden visit, they were rewarded with the necessary gardening equipment and seedlings to expand and sustain their vegetable gardens.

The aim of the programme was to show community members that growing food for yourself and others is not only good for the health, improves the neighborhood visually and sustainably, but is most of all FUN to do.



**Heritage Day - Community Walking in Unity Day**  
HOPE Cape Town was invited to be a part of the "Community Walking in Unity' Heritage Day event in Voorbrug, Delft. Organized by Community Changes 4 Life, the event aimed to bring hope, create awareness and connect the community with organizations and opportunities to upskill and improve the quality of life for all Delft residents.



## Women's Day

Some female staff members of HOPE Cape Town and ladies from the Blikkiesdorp community spent a fun packed Women's Day including a Picnic, reminding each other how important it is in life that women stand together and support each other.



## Opening of La Maison de Christoph - The Holistic Health Centre

The Holistic Health Centre at The Nex-Indawo Yethu - La Maison de Christoph- was officially opened by HOPE Cape Town Trustee Adv. Martin Hoernig, who represented the sponsor, the BIPPOP Foundation in Europe. Community members will be offered preventative health while health and wellness courses for community health care workers and Early Childhood Development Workshops will be held.



## Health Week

An exciting initiative and milestone for HOPE Cape Town was the hosting of our first Health Week in November at La Maison de Christoph - the Holistic Health Centre at The Nex - Indawo Yethu in Delft. Held in partnership with local health facilities and other NGOs, the initiative was very successful with more than 100 residents of Delft accessing health screening and services.



**THE NEX HOPE**

**HEALTH WEEK**

Know your health before the holidays!

HOPE Cape Town invites you to attend our Health Week at La Maison de Christoph, the Holistic Health Centre, at The Nex-Indawo Yethu, from 8:00am to 3:30pm.

The following free preventative health services will be offered:

TUESDAY 23 NOV	WEDNESDAY 24 NOV	THURSDAY 25 NOV
Blood pressure	Blood pressure	Blood pressure
Cholesterol	Cholesterol	Cholesterol
Diabetes	Diabetes	Diabetes
HIV Test	HIV Test	HIV Test
TB Screening	TB Screening	TB Screening
Stress level	Stress level	Stress level
PAP Smear	COVID-19 Vaccination	
Vitamin A		
Screening		

Health Week will run from Tuesday 23 to Thursday 25 November at The Holistic Health Centre, The Nex-Indawo Yethu, 64 Vaalwater Crescent, Rondebosch, Delft.

For inquiries, call 0212 001 2175 or email info@hopecapetown.org

\*Please bring proof of ID, nector, covid card

### World Prematurity Month

Our HOPE to Home and HOPE for Babies teams partook in the World Prematurity Awareness Month activities at Tygerberg Hospital - guiding and assisting moms of preemies with how to care for pre-term babies.



### World AIDS Day

Our HOPE Care Workers at Tygerberg Hospital joined forces with the PMTCT sisters and Touching Nations on World AIDS Day and presented focused talks around the care and management of HIV positive or affected babies and mothers.



### Official Opening of Bavarian House

Purposely built for Dual Vocational Training and Education that will be facilitated by the Southern African - German Chamber of Commerce and Industry, Bavarian House was officially opened by Western Cape Premier Alan Winde and Matthias Boddenberg, CEO of the Southern African German Chamber of Commerce.

The brainchild of both the Western Cape Government and the Free State of Bavaria, it serves as a centre of learning, entrepreneurial skills development and vocational training and will focus especially on young

people from the most disadvantaged communities.

Also, in attendance at the event were German Consul General Tanya Werheit; MECs Tertius Simmers, Sharna Fernandez, Debbie Schafer, Ivan Meyer and Deputy Speaker Beverley Schafer. Our Bavarian friends from the Bayerische Staatskanzlei - were represented via video conference with State Minister Melanie Huml.



## HOPE Cape Town 20th Anniversary Celebrations

Almost unnoticed in the times of Covid-19 and the struggle of survival for many South Africans, HOPE Cape Town celebrated its milestone 20th anniversary in December. 2021 The pandemic did not allow for a big celebration but an hour of reflection and celebration at an intimate gathering at The Westin Hotel in Cape Town brought many memories of the organization's 20 years of service to those in need to the forefront.



## After School Programme Year-End

The Nex - Indawo Yethu (Our Place) was filled with the sounds and laughter of the children of our Blikkiesdorp After School Programme when they held a year end celebration and successful end to the year's activities as part of the Five Steps to Health Programme.



## HOPE Christmas Boxes

The Kidz Rotary Club and pupils of the German International School Cape Town once again supported the HOPE Christmas Gift parcel drive for the 3rd year running. 200 beautiful and individually decorated and packed Christmas parcels were distributed by HOPE Cape Town to children in the township Blikkiesdorp (Delft) and Tygerberg Hospital before Christmas.





# 3

## THE BACK-OFFICE OF HOPE CAPE TOWN

The Structure of the back office continues to provide successful contributions to the smooth running of the day-to-day operations

The back office is led by the Chairperson of HOPE Cape Town Trust, Rev. Fr. Stefan Hippler. The members of the back office are CEO Dr Izane Reyneke, Program Manager Marlene Whitehead. Administrator and Donor Liaison Europe Ms. Larissa Walter has been replaced by Ms. Angelika Hammel who joined HOPE Cape Town in January 2022.

Fortnightly meetings are being held to ensure optimal communication between colleagues and to plan, to realize and to complete all the necessary tasks and duties as best as possible.



Rev. Fr. Stefan Hippler  
Chairperson of HOPE  
Cape Town Trust



Dr. Izane Reyneke  
Chief Executive Officer



Marlene Whitehead  
Program Manager



Angelika Hammel  
Donor Liaison Europe

# 4

## OUR SISTER ORGANISATION: HOPE CAPE TOWN USA



From left: Stacie Greskowiak-McNulty, Fr Stefan Hippler, Auntjuan Wiley, Shirley Kunzmann and Joe Kunzmann

The HOPE Cape Town USA board met via Zoom every 2 months during the year.

Internet: [www.hopecapetownusa.org](http://www.hopecapetownusa.org)  
Facebook: [hopecapetownusa](https://www.facebook.com/hopecapetownusa)



### Vision

HOPE Cape Town USA strives to improve the quality of life of vulnerable and marginalized children, youth and families affected by HIV/AIDS, and related illnesses, and help them to reach their own full potential.

### Mission

HOPE Cape Town USA's mission is to assist people living with HIV/AIDS and related illnesses in the USA and South Africa. To support the ongoing work of HOPE Cape Town in South Africa, reduce the spread of HIV among vulnerable and marginalized children and youth in USA and support those living with HIV, our mission is realized by the following means:

- Advocate, fundraise and support HOPE Cape Town programmes in South Africa.
- build a body of data to understand needs, challenges and interconnections of children, youth and families living with HIV, AIDS or related illnesses in South Africa and USA.
- support vulnerable and marginalized children, youth and families in the USA, beginning in the Dallas/Fort Worth (TX) area.
- collaborate with other NGOs in the fields to create synergies and expertise and interconnect globally with the aim to learn, share and optimize programmes.
- disseminate correct information, reduce misconceptions about the pandemic and so eliminate discrimination and create access to appropriate info on the syndrome, prevention, and treatment options.
- change behaviour to reduce risk of exposure to HIV/AIDS by focusing on changing social norms and education and reduce the effects of misinformation and stigma and help create a more accepting environment.
- increase demand and supply for, as well as access to and use of available treatment among the most vulnerable and marginalized.

### Partnerships

In 2018, HOPE Cape Town established and formalised partnerships with the Cathedral of HOPE and Bryan's House, both are based in Dallas, Texas. The headquarter of HOPE Cape Town USA has moved to Ann Arbor, Michigan, while Mr Community Auntjuan remains the representative in Dallas.

# 5

## OUR SISTER ORGANISATION: HOPE KAPSTADT STIFTUNG



With the support of the HOPE Cape Town Foundation, important funding for the work in South Africa could also be acquired from donors in Germany in 2021. Among other things, HOPE Cape Town was able to use these funds to launch content-related projects in the new community centre and to complete most of the building units. In September 2022, construction work on the youth development centre financed by the German AIDS Foundation will also be completed, thus successfully implementing the idea and holistic concept of the community centre: a safe place for children and young people and a central contact point in the middle of the township with access to health services and important social offerings.

Once again, the Bavarian State Chancellery was a key supporter with the realization of the Early Childhood and Development Center. This will create a centre on the grounds of The Nex where children up to the age of 6 will be accompanied and their cognitive skills promoted. The aim is to strengthen their emotional resilience and lay a foundation for good and sustainable family relationships in adulthood.

The Delft Democracy Program project was implemented with funding from the Bavarian State Parliament. The 3-day workshop offers are aimed at young adults aged 18 to 35, school leavers, unemployed young people and college or university graduates and encourage active participation in political and social life.

We would also like to express our sincere thanks to the Globus Foundation of Saarland, with whose help HOPE Cape Town was able to purchase a 12m<sup>2</sup> container, which is now being used for business start-up courses on the premises.

In addition, as always, the HOPE Cape Town Foundation received numerous donations from all regions of Germany. Our special thanks go to Viola Klein for her continuous great commitment.

Internet: <http://aids-stiftung.de/hope-kapstadt-stiftung>  
Facebook: HOPE-Kapstadt Stiftung

# 6

Since February / March 2020, Covid 19 outbreak has gripped the world and affected many lives. Restrictions in public life, home office, restrictions in school and day care centres as well as job losses could be seen globally.

Many festivals, markets and other events were not allowed to be held, meaning we were also unable to host any information tables. This meant that we could not get in touch with people and tell them about our project for children affected by HIV/AIDS in Delft Township. Since we also sell goods for the benefit of our project on such occasions, we also had a loss of income.

We tried to find alternative sources of income. We succeeded to some extent, so that we did not have to draw heavily on our reserves to finance the work in South Africa.

Now we hope for a healthier future in which we can again organise events and inform people of our work.



Internet: [www.hope-and-future.de](http://www.hope-and-future.de)  
Facebook: Hope & Future e.V.

**OUR PARTNER:  
HOPE & FUTURE E.V.  
MÜNSTER**

# 7

**OUR PARTNER:  
MANENBERG AFTERCARE  
CENTRE  
REV. FR. WIM LINDEQUE**

The Covid-19 pandemic made last year extremely challenging for the Manenberg Afterschool Centre, but the Centre continued to serve children and families, thanks to the assistance and support of many benefactors, organisations, and groups, including our long-time partner, the HOPE Cape Town Association.

Normal operations of the Centre were halted by the national state of disaster and lockdown regulations in March 2020, but under the leadership of Leslie Selbourne, the centre manager, staff members distributed sandwiches and other packaged food to the children registered at the Centre, as well as other children in the area. This took place after the initial full lockdown and presented many logistical and regulatory challenges.

In mid-April 2020, the board was given permission to access the Holy Family of Nazareth Catholic Church's premises and a feeding scheme was started with a cooked meal provided three times a week to children from the area around the church, as well as some elderly and disabled adults. The staff had the difficult task of teaching and enforcing social distancing, mask wearing and hand sanitizing, soon taken up with enthusiasm by the children.

This feeding scheme continued very successfully over the last year, with a short break over Christmas. The children were supplied with some colouring materials, donated books, and other learning materials to take home with them. Hygiene packs were distributed to the teenage girls to assist them to attend school once that was possible.

The HOPE Cape Town Association continued to generously provide an experienced and dedicated social worker, Maria van Blerk, creating the possibility for children with acute problems to be counselled and helped. Maria could not have regular sessions under the restrictions, but she provided support in specific situations, as when a child who attends the Centre was severely sexually assaulted and had to be hospitalised.

The HOPE Cape Town Association and Trust remains an important supporter of our work and we are immensely grateful for the way in which their generosity has enhanced and contributed what we are able to offer the children of Manenberg and the growth of this project. We look forward to continued co-operation and service to these children as a new levels of operation become possible.

Internet: [www.manenbergcentre.org](http://www.manenbergcentre.org)  
Facebook: Manenberg Aftercare Centre

# 8

RAT & TAT Koblenz e. V. (translated to ADVICE & ACT Koblenz e. V.) continues to collaborate with HOPE Cape Town. During the period under review, we secured with the support of RAT & TAT Koblenz e. V. a donation for school uniforms, school bags, stationery and food from Ministry of Internal Affairs, for Sport and Infrastructure of the province Rheinland-Pfalz.

“RAT & TAT Koblenz e. V.” provides anonymous and free support for people with or without HIV/AIDS, personally or by phone. They give advice about sexually transmitted diseases and HIV antibody testing for professionals working in areas like medicine and welfare.

**OUR PARTNER:  
RAT & TAT KOBLENZ E.V.**



# 9

## OUR PARTNER: SOUTHERN AFRICAN - GERMAN CHAMBER OF COMMERCE AND INDUSTRY



To continuously develop critical industry skills, HOPE Cape Town partnered with the Southern African-German Chamber of Commerce and Industry (AHK Southern Africa) and Logistics Companies to establish the Dual Vocational Training programme in Freight Forwarding and Logistics for the first time.

The three-year vocational training programme is based on the German vocational training curriculum and adapted to the South African SAQA accredited qualifications resulting in both South African and German certifications. On the South African side, the learners acquire NQF3 & NQF4 Freight Forwarding and Customs Compliance certifications and NQF5 Supply Chain Management in year three. Upon successful completion, the learners will also obtain the German Freight Forwarding and Logistics Agent qualification.

Eight companies hosted seventeen emerging professionals who continue to attend a theoretical part of this training at the Bavarian House; we continue to receive excellent feedback and success stories from member companies and trainees.

Furthermore, in line with the vision of the AHK Southern Africa, HOPE Cape Town is offering entrepreneurial skills development courses tailored to the situation of young people in the township. The training can serve as a steppingstone toward entering TVETs to study Entrepreneurship and Business Management or entrepreneurship in the township. The goal is to witness aspirational township entrepreneurs transform newly acquired abilities into revenue-generating operations.



# 10

## OUR PARTNER: GERMAN AIDS FOUNDATION



Chairman of the Board of Trustees  
Prof. Dr. Hendrik Streeck and Dr.  
Kristel Degener

© Barbara Frommann



Since the emergence of SARS-CoV-2, HIV and AIDS, as well as other infectious diseases, have been in danger of falling out of the public eye. It is particularly important to the German AIDS Foundation to draw attention to the issue of HIV/AIDS and to bring it back into the public consciousness.

It is true that today there are effective therapies against HIV that enable a normal life and prevent virus transmission, as well as effective pre-exposure prophylaxis (PrEP) that reduces the probability of HIV infection by 86 to 99 percent. However, even after 40 years, HIV is a pandemic without a vaccine. Untreated, HIV is 99.5 percent fatal. For sub-Saharan African countries in particular, UNAIDS and WHO fear that interruption of HIV antiretroviral therapy and lack of testing and prophylaxis due to COVID-19 could trigger more than 500,000 additional deaths by the end of 2022.

"In this context, there is something to be learned from the SARSCoV2 pandemic for the protection against HIV and AIDS: if there is a strong political will to fight a pandemic, then a way can be found," said Prof. Dr. Hendrik Streeck. Prof. Streeck is Chairman of the Board of Trustees of the German AIDS Foundation and, since December 2021, has also been a member of the German government's Corona Expert Council. As a virologist, he knows the tasks facing HIV research.

"With the containment of HIV and AIDS, we could already be further along. For this, international organizations such as UNAIDS and the Global Fund would have to be given much more resources. And we also need to make the latest therapies available to all countries in sufficient quantities," says Hendrik Streeck. It would also be good to have an HIV vaccine soon.

In his opinion, new methods such as mRNA vaccines currently offer the most promising route to an HIV vaccine. Ultimately, a vaccine is the best means to end HIV and AIDS. "Rich countries have a social responsibility. We must ensure that medical advances are not the last to arrive in hot spots around the world. And we should be committed to ensuring that prevention and treatment do not falter in poor countries. Otherwise, we will be moving further and further away from the UN's goal of stopping the AIDS pandemic by 2030," Hendrik Streeck continued.

The most urgent tasks today are to educate people, motivate them to take the test, drive forward HIV research and keep an eye on the international situation. Because of Corona, it is easy to forget that HIV is a deadly pandemic. Since 1981, 680,000 people worldwide still die every year as a result of HIV infection, and 1.5 million people become newly infected with HIV every year. Since the development of effective therapies, HIV is treatable but still not curable.

*"In the field of HIV prevention, the German AIDS Foundation would like to support more projects in the future that provide information, counselling and HIV testing. This applies to Germany as well as internationally."*

Dr. Kristel Degener  
Chief Executive Officer of the  
German AIDS Foundation



# 11

## SUMMARY: HOPE EVENTS EUROPE 2021

During the HOPE Charity Dinner series in Munich, Dresden and Berlin a total of 124.600 € could be collected for the children's project HOPE Cape Town and the fight against HIV/AIDS in South Africa.

At the Open Air Concert on 08.07. already 57.000 € could be donated, so that the total amount 2021 is now proudly 181.600 €. What a result!

The HOPE Charity Dinner continues the tradition of the HOPE Gala, which was initiated by the entrepreneur Viola Klein 16 years ago. Now the initiators have cracked the 2 million euro mark. Due to the Corona pandemic, the organizers had rescheduled 2021 and were able to welcome a total of 330 guests to this new format in Munich (Oct. 23), Dresden (Oct. 30) and Berlin (Nov. 6). The organization of the events is in the proven hands of Michaela Gornickel and her team at Par.X Marketing & Events.

### **The big HOPE anniversary concert on 08 July 2021 at the Filmnächte am Elbufer Dresden**

From classical music to rock for hope in the Cape - the HOPE anniversary concert in Dresden raised 57,000 euros for the HOPE children's project in South Africa. The open air concert on the banks of the Elbe was already plan C instead of the 15th HOPE Gala planned for fall 2020. Due to a storm warning, the organizers had to reschedule by a hair's breadth. But instead of the announced heavy rain, a rain of donations set in, which made the initiator of the HOPE Gala Viola Klein very happy. For 15 years, she and her team have been organizing benefit events for the children's project HOPE Cape Town in South Africa, which is currently in particular need of help due to the lockdown in the Corona pandemic.

Around 1200 guests followed the program. Behind the scenes, 68 helpers directed by Michaela Gornickel from the Par.X Marketing & Events agency ensured that everything ran smoothly. "A special thanks goes to the organizers of the Film Nights," said Viola Klein. "We are so happy that we were able to move our concert here and really enjoyed the fantastic view of Dresden's Old Town. Also, a big thank you to all the artists, helpers and supporters in front of and behind the scenes! The artists performed for no fee, many helpers came on a volunteer basis, and that is a great gift after the long shutdown due to the pandemic."

### **HOPE Charity Dinner Munich on October 23, 2021 at the Hotel Vier Jahreszeiten Kempinski Munich**

Our premiere in Munich - the 1st HOPE Charity Dinner in the Bavarian capital took place at the Hotel Vier Jahreszeiten Kempinski Munich. In favor of HOPE Cape Town and the HOPE Cape Town Foundation, the guests bid diligently at the "silent auction".

Our great thanks go to all the artists who helped to present an emotional and entertaining stage program. These included the virtuoso on the grand piano and entertainer Joja Wendt, actor and presenter Philipp Richter, pianist Valentin Kuhn, the likeable talk guest cult presenter Waldemar Hartmann and the enchanting presenter Susanne Schöne. The team around the chef Christopher angel of the hotel

Four Seasons Kempinski Munich created the 4-course menu.

### **HOPE Charity Dinner Dresden on October 30, 2021 at the Hotel Taschenbergpalais Kempinski Dresden**

Our renewed edition of the HOPE Charity Dinner in Dresden at the Hotel Taschenbergpalais Kempinski Dresden was a complete success!

The evening was hosted by TV journalist Peter Escher and musically framed by various artists, including Billy Andrews aka The Dark Tenor, up-and-coming talent Phil Schaller (The Voice Kids), violinist Joanna Suchon, singer and musician Valentin Kuhn and the band STAFF. Andrea Ballschuh encouraged our guests to make the highest bids at the "silent auction". The accompanying 4-course menu was created by the chef of the Taschenbergpalais Tobias Moc.

During the event, renowned paediatrician Prof. Mark Cotton was honored with the 12th HOPE Award. He has done invaluable pioneering work in the field of research on HIV / AIDS as well as tuberculosis in childhood. The laudation for the HOPE Award was held by the Saxon

Minister of State Petra Köpping. The prize money of 5,000€ was donated for the 5th time by Autohaus Dresden GmbH, whose managing director Christian Schleicher is involved in the HOPE Board of Trustees.

In addition, we welcomed well-traveled guests in Dresden - Her Royal Highness Princess Léa of Belgium, Her Highness Prince Mubarak Al Sabah, Madame Nicole Ricard as well as Lord Michael Anders Cavendish, who will serve on the HOPE Gala Board of Trustees in the future.



### HOPE Charity Dinner Berlin on November 06, 2021 at the Humboldt Carré

The finale of the HOPE Charity Dinner series 2021 took place in the impressive Historische Kassenhalle of the Humboldt Carré in Berlin and was a grand finale!

Charming host Anja Petzold led us through the evening. In addition, the German comedian, presenter, singer, actor and impersonator Matze Knop was on our HOPE stage. Besides a very entertaining show, he brought as an "auctioneer" the exclusive items of the "silent auction" closer to our gala guests.

Various artists such as Billy Andrews alias The Dark Tenor, up-and-coming talent Phil Schaller (The Voice Kids), singer and musician Valentin Kuhn, actor and impersonator Philipp Richter, as well as the band STAFF framed the evening musically.



The team around the chef Philippe Lemoine of the Gendarmerie and Oyster Bank created the 4-course menu. Guests like the Olympic champion in canoe racing Ronald Rauhe and Rolf Scheider, juror at Germany Next Topmodel, rocked together with us to the spontaneous small "aftershow party".

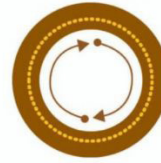
For more information visit: [www.hopegala.de](http://www.hopegala.de)



The One World Network of Bavaria is the regional non-profit network of action groups, institutions, fair trade shops and local one-world-networks committed to development policy and situated in Bavaria, one of the 16 federal states of Germany. All their members are engaged in one world solidarity work and are raising awareness. Therefore, we deal particularly with sustainable development, fair trade, international labour standards/corporate social responsibility and education for sustainable development.

# 13

## NETWORKING: WESTERN CAPE NETWORK FOR COMMUNITY PEACE AND DEVELOPMENT



THE WESTERN CAPE NETWORK FOR  
COMMUNITY PEACE & DEVELOPMENT

The Western Cape Network for Community Peace and Development is a collectively guided independent and registered non-profit provincial umbrella organization of NGO's working in the field of conflict resolution, youth, women, community development and peace building and sport in the Western Cape. Its members share common values and so empowerment, youth development, peace building, conflict management, democracy, sustainable development, human dignity, diversity, integrity, transparency, accountability and non-discrimination became binding principles. These common values help to create conflict free and sustainable communities and provide a platform for the network to work from.

The vision of the Network is to actively promote peace and development not only in the Western Cape, but in South Africa, by contributing to the building of: "Peaceful, Empowered, and Cohesive Communities."

### Mission

"The network ignites peace and development by amplifying the voice of communities through capacity-building and advocacy with its members"

As a Network we value:

- The fundamental importance of peaceful communities to create a healthy nation
- The inherent potential in communities to find solutions to challenges
- The potential within every individual to contribute to a peaceful society
- The potential of each network member to contribute constructively to the achievement of our vision & goals
- Conducting our practice with discipline, fairness, integrity, transparency, responsibility, accountability and care
- How to achieve our Mission?
- Assist in sharing of expertise and training among members
- Developing common initiatives and organising Network events and activities
- Providing capacity-building opportunities for our members
- Enhancing operating efficiency and effectiveness
- Providing shared facilities and resources
- Advocating for and publicising member's work
- Becoming a replicable model
- Building stronger relationships between civil society, academic institutions and government

More information: [www.peacenetwkc.org](http://www.peacenetwkc.org)

# 14.1

## TYGERBERG HOSPITAL SCHOOL: XHOSA- SPEAKING TEACHER

The HOPE Cape Town Trust were again able to support the Tygerberg Hospital School this year by funding the salary of the Xhosa Teacher through continued dedicated funding. The Xhosa teacher has been assisting isiXhosa speaking learners at the school and in the wards since 2015.

Tygerberg Hospital School is a school located within the Tygerberg Hospital and most learners are patients admitted to the Tygerberg Hospital. When children of school going age are admitted to hospital for long periods, they miss out on schooling, potentially falling behind their peers. Some children need to spend long periods in their hospital beds without any stimulation. Tygerberg Hospital School (THS) believes that every child has the right to education. They ensure that learners do not fall behind with essential parts of the curriculum while they are in hospital.

Tygerberg Hospital is an academic hospital and therefore medical procedures always take preference. Teaching alternates and takes place at different times of the day as needed. Some learners receive tuition in their beds, while those who are mobile are brought to the school class rooms. The teachers collect the learners from the wards in the morning and return them to the wards after the school programme.

The HOPE Cape Town funded Xhosa Teacher, Ms Khosi Jelwana, had to find innovative ways to continue with teaching during the COVID-19 pandemic. As many patients infected with COVID-19 were admitted to Tygerberg Hospital, the teachers were not allowed to go into the wards to interact with learners. Educational packs were prepared and handed out to the learners once a week. Additionally, Whatsapp groups were created for

the learners to communicate with the teacher if they needed help. Not all learners had phones, devices, or data to make use of this offer.

During the afternoons Khosi assists other teachers with their work preparation for the isiXhosa speaking learners. She also supports the other teachers by acting as a translator when needed.

It is a known fact that the use of learners' home language in the classroom promotes a smooth transition between home and school. It means learners get more involved in the learning process and speeds up the development of basic literacy skills. Since Khosi Jelwana has started at the THS, the school has been able to provide home language teaching for isiXhosa learners which were not possible in the past. Both caregivers and children have reported that this has had a major impact on their ability to stay up to date with their school work during their admission.

Khosi's experience in working with HIV positive patients and understanding the Xhosa culture is of benefit to THS as she often provides guidance and support to her colleagues and other members of staff.



# 14.2

## HELDERBERG HOSPITAL

HOPE Cape Town took over funding for the OT service provided by an external therapist specifically for the paediatric ARV outpatient clinic. The new therapist took over an existing caseload. All the children seen were HIV-positive and were referred by the doctors at the clinic. The children attending were seen regarding developmental screening or delays as well as school/ learning difficulties.

A total of 27 children have been seen at Helderberg Hospital by the therapist during this time period. The therapist sees about 25 of these children regularly when they see the doctor every month or every 2nd month.

Meanwhile the OT Department of the Hospital has taken over the Occupational Therapist Services.

The mission of our Northern Cape partner, the Kareeberg Social Development Forum is Human Rights and Justice. Under the able leadership of Hendrik van Wyk, this social movement provides relief to the communities of rural settlements such as Die Bult, DeAarkamp, Schietfontein and The Loots near Carnarvon. Many young lives were lost due to COVID-19 which resulted in the increased harsh realities of poverty such as severe food shortages and unemployment. During this time of Lockdown, HOPE Cape Town supported the communities with ingredients for their soup kitchens while the Kareeberg Social Development Forum assisted the residents to apply for SASSA grants. Recently the forum has focused on supporting the youth to access government subsidized training and skills development such as woodworking, first aid, security, music and information technology.



# 14.3

## KAREEBERG SOCIAL DEVELOPMENT FORUM



# 15

## HOPE CAPE TOWN BOARD OF TRUSTEES 2021/2022

The HOPE Cape Town Trust brings together individuals from diverse backgrounds to provide guidance for the organisation. We are honoured to gather wide-ranging expertise and to benefit from specialised knowledge. The focus of the Trustees on the long-term vision and stability of HOPE Cape Town is important for achieving our objectives.

### MEMBERS OF THE BOARD OF TRUSTEES 2021/2022

- Rev. Fr. Stefan Hippler (Chairperson)
- Mrs. Carole Armstrong-Hooper (Chair-Elect)
- Mrs. Petra Reichwein (Treasurer)
- Dr. Dirk J Brand
- Prof. em. Monika Esser
- Prof. Dr. Detlev Geiss
- Mr. Bob Groeneveld
- Lic. Iur. Martin Hörnig
- Mrs. Viola Klein
- Admiral (ret) Jacobus Louw
- Mr. Themba Msimang



Board of Trustees and Advisory Board of the HOPE Cape Town Trust – From left: Martin Hörnig, Hardy Fiebig, Sam Tuntubele, Detlev Geiss, Viola Klein, Dirk Brand, Anja Tambusso-Ferraz, Bob Groeneveld, Carole Armstrong-Hooper, Themba Msimang, Petra Reichwein, Stefan Hippler, Monika Esser, Jacobus Louw

# 16

## HOPE CAPE TOWN ADVISORY BOARD

Within the Trust we make a place for exceptional individuals who have made outstanding contributions to HOPE Cape Town.



Mrs. Anja Tambusso-Ferraz is the Regional Representative in Western Cape for the Southern African-German Chamber of Commerce and Industry.

Anja has been a founder member of HOPE Cape Town and is the main organiser of the Ball of HOPE in Cape Town.

Anja joined the Advisory Board in 2011.



Prof. Dr. Clinton A. Gould is a Consultant for Education, Human Sexuality and HIV/ AIDS.

Since 2020 Clint is a member of the Advisory Board of HOPE Cape Town Trust and HOPE Cape Town USA.



Mr. Hardy Fiebig is a former athlete and the CEO of the company "Allstar Production Group".

Hardy joined the HOPE Cape Town Trust team as special advisor in 2008.



Mr. Joe Kunzmann is a retired Director of Somerset County Board of Social Services Milford NJ (USA).

Joe joined the Advisory Board in 2015 and is also the Director and Chairperson of HOPE Cape Town USA.

# 17

## HOPE CAPE TOWN BOARD OF EXPERTISE

Within the organisation we have a group of brilliant individuals who through their expertise guide HOPE Cape Town with strategic thinking and in practical terms.



Prof. em. Monika Esser is the Chairperson of HOPE Cape Town Association.

She has been the Head of the Department of Immunology of the NHLS and the University of Stellenbosch.



Rev. Fr. Stefan Hippler is the Chairperson of HOPE Cape Town Trust.

He is also a member of the management committee of the German HOPE Kapstadt Stiftung



Prof. Mark Cotton is the Founder of KIDCRU Tygerberg.



Prof. Wolfgang Preiser is the Head of the Division of Medical Virology at the Faculty of Health Sciences of the University of Stellenbosch.



## HOPE CAPE TOWN BOARD OF EXPERTISE

Within the organisation we have a group of brilliant individuals who through their expertise guide HOPE Cape Town with strategic thinking and in practical terms.



Rev. Fr. Wim Lindeque is the Chairperson of Manenberg Aftercare Centre and Parish Priest of the Catholic Church in Stellenbosch.



Mr. Albin Wagner is an Attorney at Bisset Boehmke McBlain Attorneys.



Dr. Layo Seriki is an Organisational Consultant and Personal Development Coach.



Dr. Deepthi Raju Abraham is the Head of Paediatric Rheumatology and Immunology clinical services at Tygerberg Hospital and a Senior lecturer at the Faculty of Medicine and Health services at Stellenbosch University.

**HOPE  
CAPE  
TOWN  
SENIOR  
STAFF**



Dr. Izane Reyneke  
Chief Executive Officer



Marlene Whitehead  
Programme Manager



Angelika Hemmel  
Donor Liaison Europe



Pauline Jooste  
Training and Outreach



Maria van Blerk  
Social Worker



Sonia Daniels  
HOPE to Home  
Coordinator



Dr. Ana Houston  
HOPE Cape Town Doctor



Dr. Michelle du Plessis  
HOPE Cape Town Doctor



Robyn Meissner  
Occupational Therapist



Charmaine Pillay  
Financial Accountant



Shelly Stamatiadis  
Marketing &  
Communications  
Coordinator



Kaelyn Frans  
Education Coordinator  
for Entrepreneurial Skills



Sr. Zanele Hali  
Holistic Health Centre  
Operational Manager  
& Clinical Nurse  
Practitioner (CNP)



Brigitte Le Roux  
Receptionist

# 19

## HOPE CAPE TOWN TRUST CONTACT DETAILS

Contact number: +27 21 001 2175  
Email: [trust@hopecapetown.org](mailto:trust@hopecapetown.org)  
Website: [www.hopecapetown.org](http://www.hopecapetown.org)  
Facebook: HOPE Cape Town

### POSTAL ADDRESS

PO Box 19145  
Tygerberg  
Cape Town, 7505  
South Africa

### PHYSICAL ADDRESS

(with effect from 01 August 2021)  
The Nex-Indawo Yethu  
54 Vuurlelie Crescent  
Roosendal  
Delft, 7150  
Cape Town  
South Africa

PBO No: 930024843  
NPO No: 053-417 NPO

### FINANCIAL DONATIONS CAN BE MADE IN THE FOLLOWING WAYS

- EFT
- Secure Online Payment via [www.hopecapetown.org/donate](http://www.hopecapetown.org/donate)

### OUR BANKING DETAILS IN SOUTH AFRICA

Account Name: HOPE Cape Town Trust  
Name of Bank: Standard Bank of South Africa Limited  
Account No.: 070274525  
Branch Code: 020909  
Swift Code: SBZAZAJJ  
Branch Name: Thibault Square  
Account Type: Business Current Account

### OUR BANKING DETAILS IN GERMANY

Kontoname: Katholisches Auslandssekretariat  
Bank: Commerzbank, Köln  
Konto-Nr.: 211402100 (BLZ 370 800 40)  
SWIFT-BIC.: DRESDEFF370  
IBAN: DE72 3708 0040 0211 4021 00  
Kennwort: HOPE Cape Town Trust

Kontoname: HOPE Kapstadt Stiftung  
Bank: Bank für Sozialwirtschaft Köln  
Konto-Nr.: 8269500 (BLZ 370 205 00)  
SWIFT-BIC.: BFSWDE33XXX  
IBAN: DE15 3702 0500 0008 2695 00  
Kennwort: HOPE Cape Town Trust

# 20

## FINANCIAL REPORT OF HOPE CAPE TOWN TRUST

### INDEPENDENT AUDITOR'S REPORT

To the Trustees of HOPE Cape Town Trust

#### QUALIFIED OPINION

We have audited the financial statements of HOPE Cape Town Trust, which comprise the statement of financial position as at 28 February 2022, and the statement of comprehensive income, the statement of changes in trust funds and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effect of the matter described in the Basis for Qualified Opinion section of our report, the financial statements of HOPE Cape Town Trust for the year ended 28 February 2022 are prepared, in all material respects, in accordance with the basis of accounting as described in the financial statements.

#### BASIS FOR QUALIFIED OPINION

In accordance with similar organisations, it is not feasible for the Trust to institute accounting controls over donations and fundraising prior to initial entry of the collections in the accounting records. Accordingly, it is impracticable for us to extend our examination beyond receipts actually recorded.

We conducted our audit in accordance with International

Standards on Auditing (ISAs). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the trust in accordance with the Independent Regulatory Board for Auditors' Code of Professional Conduct for Registered Auditors (IRBA Code) and other independence requirements applicable to performing audits of financial statements in South Africa. We have fulfilled our other ethical responsibilities in accordance with the IRBA Code and in accordance with other ethical requirements applicable to performing audits in South Africa. The IRBA Code is consistent with the corresponding sections of the International Ethics Standards Board for Accountants' International Code of Ethics for Professional Accountants (including International Independence Standards). We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified opinion.

#### EMPHASIS OF MATTER – BASIS OF ACCOUNTING

The financial statements are prepared in accordance with the trust's own accounting policies to satisfy the financial information needs of the trust's trustees. As a result, the financial statements may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

#### OTHER INFORMATION

The trustees are responsible for the other information. The other information comprises the information included in the document titled "HOPE Cape Town Trust Annual Financial Statements for the year ended 28 February 2022", which supplementary information. The other information does not include the financial statements and our auditor's report thereon.

Our opinion on the financial statements does not cover the other information and we do not express an audit opinion or any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

## RESPONSIBILITIES OF THE TRUSTEES FOR THE FINANCIAL STATEMENTS

The trustees are responsible for the preparation of the financial statements in accordance with the basis of accounting as described in note 2 to the financial statements, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the trust's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the trust or to cease operations, or have no realistic alternative but to do so.

## AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs, we exercise professional judgement and maintain professional

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the trust's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the trust's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the trust to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.
- We communicate with the trustees regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control

BGC  
Registered Auditors

23 May 2022

Per: Stuart Walker CA(SA)  
Registered Auditor  
Partner

Suite 201, 200 on Main  
200 on Main Road  
Claremont  
7708

## HOPE CAPE TOWN TRUST

(Registration Number IT1797/2006)

Annual Financial Statements for the year ended 28 February 2022

### TRUSTEES' RESPONSIBILITIES AND APPROVAL

The trustees are required to maintain adequate accounting records and are responsible for the content and integrity of the annual financial statements and related financial information included in this report. It is their responsibility to ensure that the annual financial statements satisfy the financial reporting standards as to form and content in the presentation of the statement of financial position, results of operations of the trust, and explain the transactions and financial position of the business of the trust at the end of the financial year. The annual financial statements are based upon appropriate accounting policies consistently applied throughout the trust and supported by reasonable and prudent judgements and estimates.

The trustees acknowledge that they are ultimately responsible for the system of internal financial control established by the trust and place considerable importance on maintaining a strong control environment. To enable the trustees to meet these responsibilities, the trustees sets standards for internal control aimed at reducing the risk of error or loss in a cost effective manner. The standards include the proper delegation of responsibilities within a clearly defined framework, effective accounting procedures and adequate segregation of duties to ensure an acceptable level of risk. These controls are monitored throughout the trust and all trustees are required to maintain the highest ethical standards in ensuring the trust's business is conducted in a manner that in all reasonable circumstances is above reproach.

The focus of risk management in the trust is on identifying, assessing, managing and monitoring all known forms of risk across the trust. While operating risk cannot be fully eliminated, the trust endeavours to minimise it by ensuring that appropriate infrastructure, controls, systems and ethical behaviour are applied and managed within predetermined procedures and constraints.

The trustees are of the opinion that the system of internal control provides reasonable assurance that the financial records may be relied on for the preparation of the annual financial statements. However, any

system of internal financial control can provide only reasonable, and not absolute, assurance against material misstatement or loss. The going-concern basis has been adopted in preparing the financial statements. Based on forecasts and available cash resources the trustees have no reason to believe that the trust will not be a going concern in the foreseeable future. The financial statements support the viability of the trust.

The financial statements have been audited by the independent auditing firm, BGC, who have been given unrestricted access to all financial records and related data. The trustees believe that all representations made to the independent auditor during the audit were valid and appropriate.

The annual financial statements have been prepared on the going concern basis and are not subject to any material changes to the present financial status. The annual financial statements were approved by the trustees on 4 June 2021 and were signed on their behalf by:



Rev Fr S Hippler  
(Chairperson)



Mrs P Reichwein  
(Treasurer)

HOPE Cape Town Trust		
(Registration Number IT1797/2006)		
Financial Statements for the year ended 28 February 2022		
Statement of Financial Position		
Figures in R	2022	2021
<b>Assets</b>		
<b>Non-current assets</b>		
Property, plant and equipment	49,894,532	29,784,712
<b>Current assets</b>		
Cash and cash equivalents	56,771,104	60,757,127
<b>Total assets</b>	<b>106,665,636</b>	<b>90,541,839</b>
<b>Equity and liabilities</b>		
<b>Equity</b>		
Trust capital	100	100
Accumultaed surplus	73,650,785	49,316,548
Other non-distributable reserves	33,000,000	32,000,000
<b>Total equity</b>	<b>106,650,885</b>	<b>81,316,648</b>
<b>Liabilities</b>		
<b>Current liabilities</b>		
Trade creditors	14,751	9,225,191
<b>Total equity and liabilities</b>	<b>106,665,636</b>	<b>90,541,839</b>









HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.

PUBLISHED BY:  
HOPE Cape Town Trust

Public Benefit Organisation (SA) No 93/00/24/843