

HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.

Annual Report 2019/2020

Board of Trustees HOPE Cape Town Trust 18/07/2020



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Address of Consul General of the Federal Republic of Germany in Cape Town

Cape Town, May 10th 2020



Dear Reader,

while I am writing these lines to you, South Africa is still under one of the strictest lockdowns in the world, in a resolved and joint attempt by the country to fight the global COVID19 pandemic. We have reason to assume that the swift and consistent response, in connection with both the overwhelming compliance by South Africa's citizens, and the experience which the country's health sector could draw from having tackled previous large-scale crises, contributed to saving a large number of precious lives. All the more so since South Africa's high HIV prevalence could have made her particularly vulnerable.

On the other hand, there can be no doubt that the Corona crisis will result in a historically heavy burden on South Africa's economy, and hence in a strain not only on many families' conditions of living, but also on the financial scope of action of state and society to keep the health sector effective, to alleviate poverty, let alone to stimulate growth and jobs. In other words: in the aftermath of the crisis, every support to NGOs like HOPE Cape Town, voluntarily taking co-ownership of those goals and playing their part in tackling those tasks will be an excellent investment, and one of paramount importance, in the good cause and the country's future.

For almost two decades now, HOPE Cape Town has relentlessly worked on improving the situation of underprivileged families at the Cape – by helping to contain the spread of HIV,

empowering communities affected, coping with the impact the disease has on everyday life, and fostering individual development during childhood and youth. In short: by transforming lives, and especially young lives, for good.

With South Africa on a good path to achieving the UNAIDS 90-90-90 objective in 2020, a milestone on the path to the overarching goal of bringing an end to the AIDS epidemic by 2030, HOPE Cape Town can take pride in having made a substantial contribution to the country's having come this far:

HOPE Cape Town is continuously and sustainably adding value to the South African public health service – in terms of human capital and human resources, by supporting Tygerberg Hospital and township clinics with the services of specialized physicians and well-trained health workers. But also, by supporting therapy, through provision of anti-retroviral medication, and after-care for patients subsequent to their treatment in hospital.

But as crucial as therapy and after-care is to support people who have to live with HIV, it has always been HOPE Cape Town's philosophy to go beyond a purely medical approach: to enable HIV positive people to make their way out of poverty, lead a self-sustained existence and live a dignified, self-conscious life in their community, and to support children from families affected in developing the skills and opportunities to reach their full potential,.

Hence, HOPE Cape Town has not only been facilitating income-generating projects based on vegetable gardening, cooking, craftsmanship or needlework. They have deliberately extended their activities to include very practical and basic everyday support such as facilitating birth certificates, ID documents, or school registration. And furthermore, courses designed to improve life-skills and quality of life through environmental conservation, computer classes, reading groups, and adult education and life-long learning.

HOPE Cape Town has also long put very special commitment and emphasis on educational work with children and teenagers: on preparatory ergotherapy in order to address neurodevelopmental delays, on pre- and after-school programmes in Delft or Blikkiesdorp, on the supply of school uniforms and items, and on social workers' re-integrating drop-outs and bringing them back to school.

Finally, with a view to the new decade ahead – and to help South Africa confronting one of its biggest challenges on the path to long-term sustainable growth – HOPE Cape Town will be reaching out to the field of dual vocational training, and broaden their focus so as to include the teenagers and young adults emanating from the very communities HOPE Cape Town has worked with for so many years. A joint Memorandum of Understanding in this regard has been signed with HOPE Cape Town's long-standing partner, the Southern African-German Chamber of Commerce

Both from what my colleagues and I have seen in the field over the past years, and from HOPE Cape Town's working links to well-established institutions in Germany, first and foremost the Deutsche Bischofskonferenz and the Deutsche Aids-Stiftung, you have every reason to be confident that HOPE Cape Town deserves the unreserved trust of any prospective donor. HOPE Cape Town's work is state-of-the-art because it is based on a direct link between

scientific and grass roots work. It is sustainable, because over time HOPE Cape Town has built up and developed a tremendous measure of expertise in the field of paediatric HIV/AIDS prevention and treatment. And it is backed up by a stable international context, fruitful in terms of both scientific capacities and financial support, through a network HOPE Cape Town has created with its European and American partners.

Conveying to HOPE Cape Town my very best wishes, good luck and every success for the year ahead, and giving expression to the highest credit to the invaluable commitment and resilience of HOPE Cape Town's wonderful team, both volunteers and professionals.

Yours faithfully

Matthias Hansen
Consul General of the Federal Republic of Germany, Cape Town

1. Report of the Chairperson

Structure

HOPE Cape Town comprises HOPE Cape Town Trust, Hope Cape Town Association, HOPE Cape Town USA and HOPE Kapstadt Stiftung.



Responsible for raising funds and ensuring sustainability of the organisation through effective oversight.



Working arm which implements and monitors all outreach programmes.



Encourages exchange of ideas, learning and collaboration while promoting our cause in the USA giving donors the opportunity to support our many programmes.



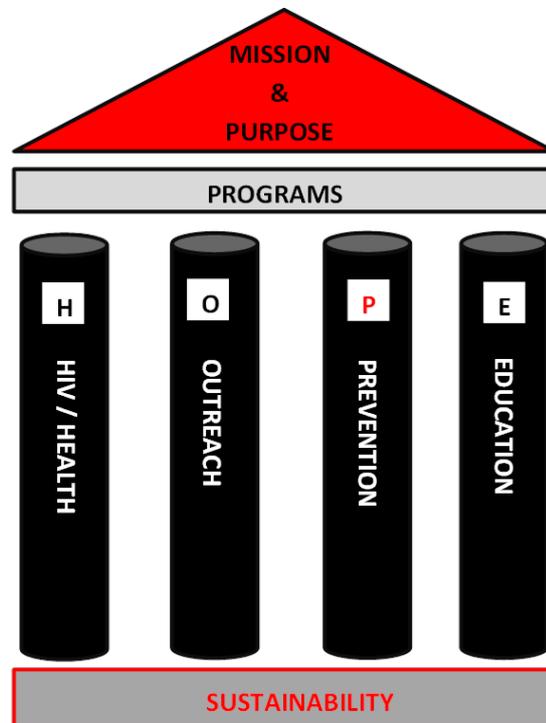
Our German trust, which enables our German donors to support us and is responsible for our premier international event, HOPE Gala Dresden.

Developments within the Trust

During the business year under review the organisation continued to work in the interest of children infected and affected by HIV. The project work was strengthened while concentrating on new focus areas such as social support, early childhood development, development during the first 1000 days of a child's life, social worker support and support for children of school going age not attending school yet.

Our Mission

HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.



Our Values

Focus * Transparency * Innovation

Focus:

- Hands on Child & Family support
- Medical Research & Clinical Work
- Awareness / Prevention / Training

Transparency:

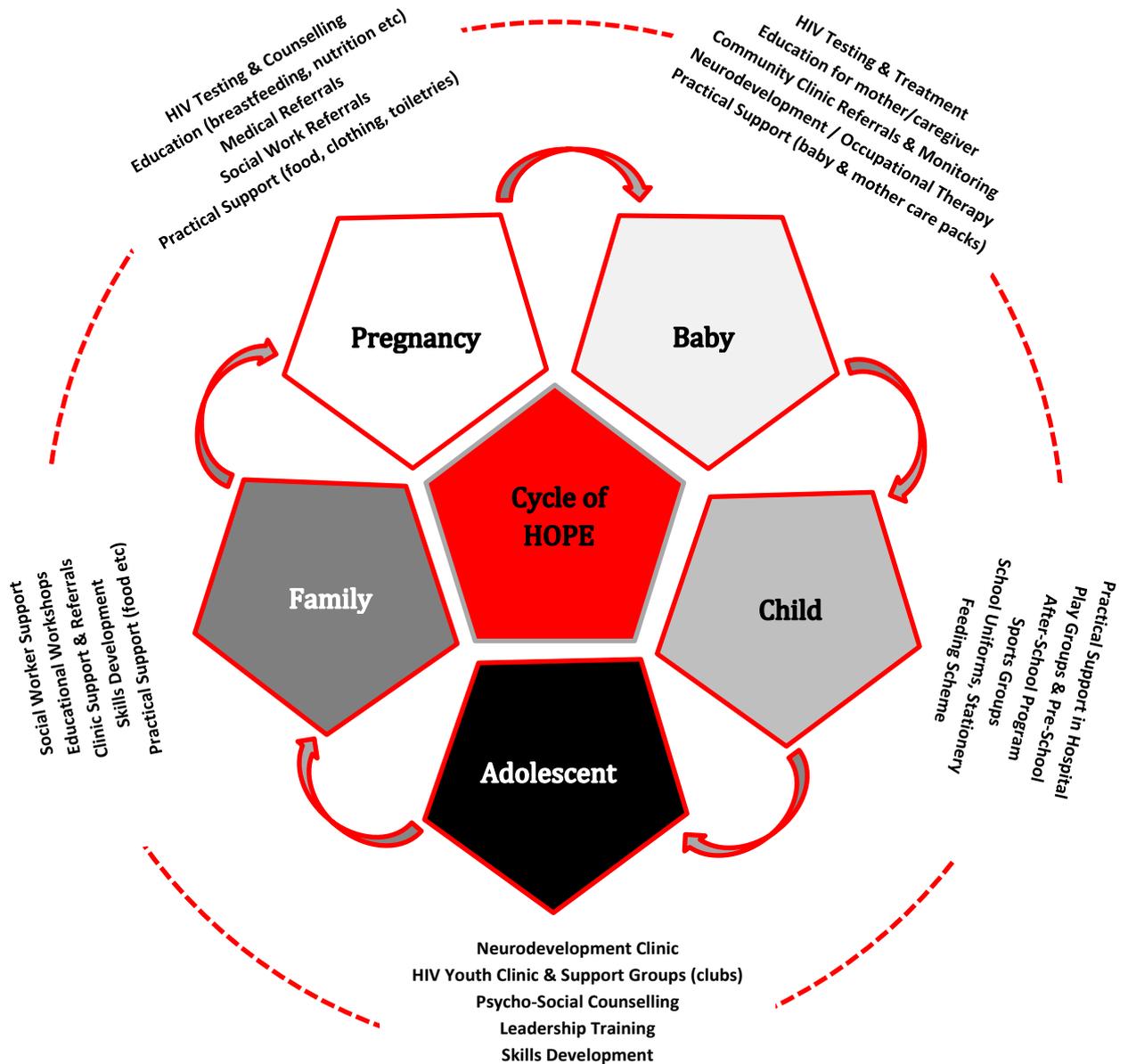
- Verifiable results through monitoring and evaluation
- Successful local and international partnerships since 2001
- Training and awareness programmes for NGOs, government and the private sector

Innovation:

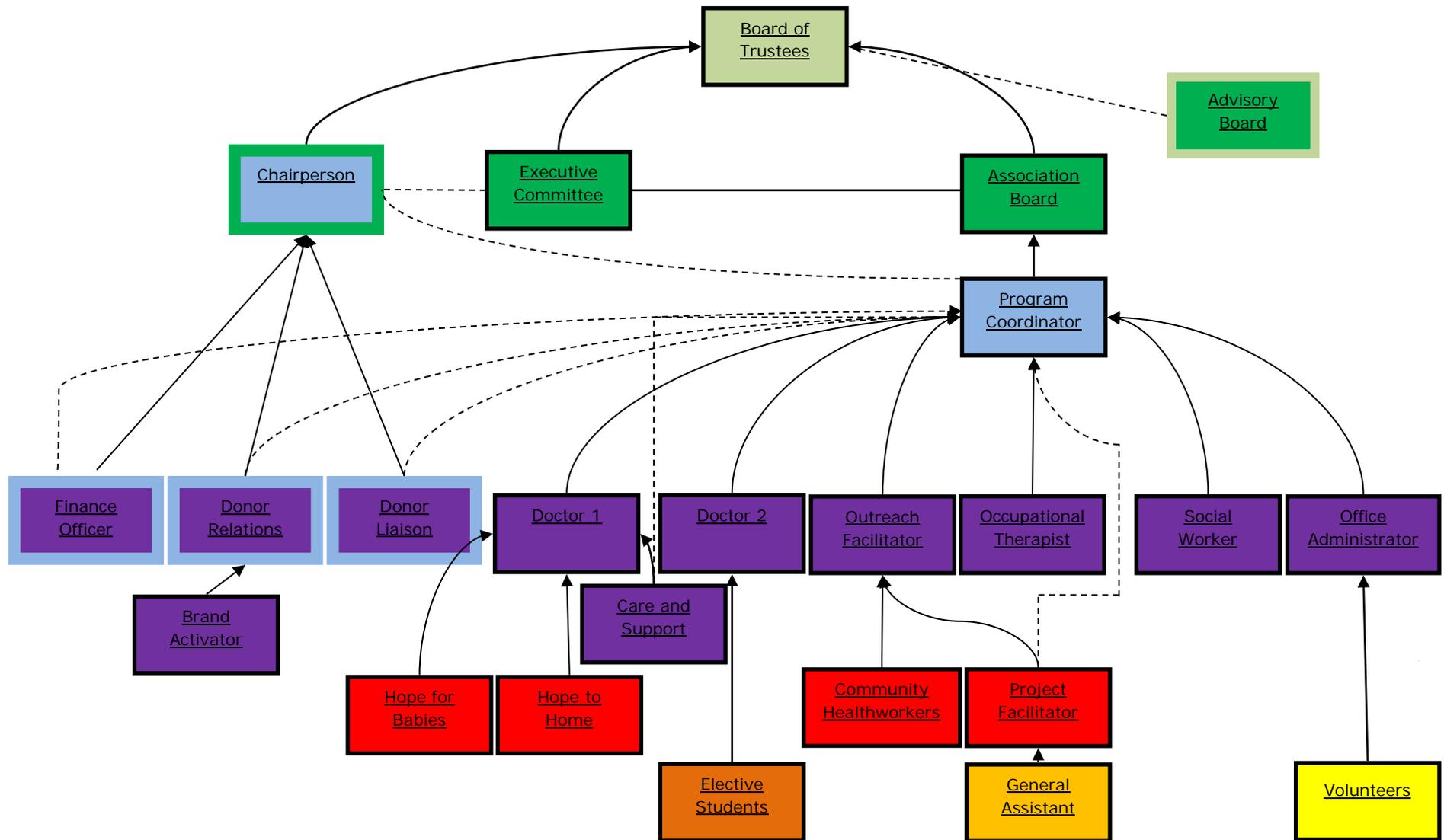
- At the forefront of establishing an HIV/Aids framework with international partners
- 25 Community Health Workers supporting and impacting 20 communities in the Western Cape
- Bridging the gap between grassroots and science
- Early childhood development / 1st 1000 day interventions in under resourced communities
- Timely diagnosis, support and care for children with neurodevelopmental delays

Our Core Focus

HOPE Cape Town strives to improve the quality of life of children and families affected by HIV, social challenges and related conditions and assists them to reach their full potential.



ORGANOGRAM - 2019/2020



This 14th report of the HOPE Cape Town Trust is a welcome time to review the accomplishments of the past year and to highlight once again the focus and faith of HOPE Cape Town. That is the people – the people within HOPE Cape Town; the people in the communities in which we work; the partners, the sponsors and the volunteers, who all constitute the HOPE Cape Town Family.

HOPE Cape Town is a registered non-profit organisation based in Cape Town that aims to raise the quality of life of people and communities. Emphasis is placed on children and their families in situations of poverty, HIV/AIDS and related illnesses. Since HOPE Cape Town was established in 2001, it has endeavoured to assist thousands of people annually by providing medical care, counselling and social services, training and development, education and empowerment.

As a longstanding and respected non-profit organisation operating in the eastern district of the Cape Metropole, HOPE Cape Town's strategy and project implementation is based on extensive research, consultation and engagement. It provides the basis for a detailed and deep engagement among stakeholders, both local and international. While the organisation has its roots deeply entrenched with the German-speaking Catholic community of Cape Town, it is also a major role player within the frameworks of the German AIDS Foundation, HOPE & Future e.V, and HOPE Kapstadt Stiftung in Germany, as well as a sister organisation HOPE Cape Town USA, a 501(c)(3) non-profit organisation which operates in New Jersey and Dallas, USA.

HOPE Cape Town has a well-established mechanism for inter-dependence and cooperation in Cape Town and beyond and, this capacity is used effectively in the implementation of its programmes and continuously developed further as and when the need arises.

The goal of the Trust is to ensure the future of HOPE Cape Town's work and thus, the continued delivery of effective services and programmes in the years to come. Marketing and Fundraising are the tools to support the "working horse" of HOPE Cape Town, namely the HOPE Cape Town Association.

It is widely agreed that HIV infection and the accelerated development of AIDS are profoundly influenced by the social, economic and political environment. People who struggle with living conditions such as poverty, oppression, discrimination and illiteracy are particularly vulnerable to becoming infected with the virus. The HIV/AIDS epidemic increases poverty, reverses achievements in human development, increases gender inequalities, undermines the capacity of government to provide essential services, increases unemployment, thereby reducing productivity and bringing economic growth to a standstill. While poverty does not cause HIV, it increases vulnerability, not only to infection, but also to the social and economic consequences of infection. Poverty prevents families from being able to bear the costs of HIV care, healthy food, good education and family cohesion.

The programme "Prevention of mother to child transmission of HIV" (PMTCT) implemented in South Africa is a great success. Between 2010 and 2018, more than 1.4 million HIV infections in children were prevented by this programme. In 2019, a study by the University of Rhode Island detected for the first time a difference in the immune system of HIV-negative

infants born to HIV-positive women. This is why HIV-exposed but uninfected infants have a higher rate of developmental delay, disease and death than infants born to HIV-negative women. The study was able to exclude antiretroviral (ARVs) as the cause of this difference (<https://www.nature.com/articles/s41598-019-48434-4.pdf>). But this also means that children born HIV-negative remain a constant challenge for the struggling South African health system. It is not for nothing that HOPE Cape Town works with HIV infected and HIV affected children, adolescents and families.

HOPE Cape Town's purpose is to help these children and their families to reach their full potential. We offer the children access to occupational therapy, early childhood development, social worker services, uncomplicated access to health facilities etc. It is well known that the first 1000 days of a child's life (from conception to the end of the 2nd year of life) is the most important period for establishing the basis for good health, cognitive skills, family relationships and emotional resilience. Proper nutrition and stimulation of the child during the first 1000 days of life is so important because it affects the whole of childhood, adolescence and adulthood.

The care of young people, whether they are HIV-positive or affected by HIV, will become more of a focus for HOPE Cape Town in the future. Studies have shown that it is often difficult for young people during their schooling or further education to visit clinics regularly and to collect their medication on a monthly basis. HOPE Cape Town has already set up youth clinics in the township clinics. The HOPE Cape Town doctors look after 15- to 24-year-old HIV-positive young people and their partners in the afternoons, outside the busy clinic routine. Many young people, especially girls, become infected with HIV during their first sexual contacts. These services will be expanded in the future.

HOPE Cape Town has set itself the task of achieving meaningful, rapid and sustainable progress in reducing poverty and inequality in our society. The focus is on a development paradigm that connects communities, youth, governmental health care institutions, tertiary education institutions, national and international governmental institutions and partners from various sectors to focus on the child as a whole.

For the future HOPE Cape Town intends to further develop this holistic approach. On 30 October 2019, a partnership agreement was signed with the Southern African-German Chamber of Commerce and Industry (SAGCCI), adding the topic of "education" to the overall programme for at least one of the townships served.

In a planned "safe space", a "one stop shop" is to be established which, embedded in the "smart township" concept of the state government, will combine all services under one roof. This is another chapter in the life of HOPE Cape Town, which means hope and a future for many more people.

HOPE Cape Town supports the South African Government in 20 different communities around Cape Town:

- at Tygerberg Hospital with our projects "HOPE to HOME" and "HOPE for Babies"
- in the field of early childhood development

- our social worker supports the department of social development with her work in the communities
- to reach the UNAIDS goal 90-90-90 in 2020 to end the AIDS epidemic by 2030
- to eliminate the mother-to-child HIV transmission.

Achievements during the business year

1.1 Community Health Interventions

The City of Cape Town and the provincial government provide a range of primary healthcare including municipal health services to all citizens through clinics and other healthcare facilities.

With more than 100 clinics located in communities across the Metro, as well as a number of mobile and satellite units, the City Health Directorate is focused on delivering healthcare services to those who need it most.

HOPE Cape Town is committed to work with all spheres of government, communities and non-profit organisations to meet the regional targets to provide coordinated and integrated district health services for its citizens. To this end primary healthcare is delivered through a district health system reinforced by strong leadership, a committed workforce and the support of partnerships.

HOPE Cape Town recruits community members from areas where resources and services are scarce and now employs 25 Community Health Workers operating at 20 community sites.

The HOPE Community Health Workers are based at their local municipal and provincial clinics and are capable of providing a wide variety of services, including HIV testing and counselling, Tuberculosis testing, family planning, sexually transmitted infections, and cervical screening. They are also involved with prevention (in the form of educational talks), as well as HIV treatment and management (including adherence support).

In addition to HIV/ART, our HCHWs are also trained in the following medical fields:

- Tuberculosis (TB)
- Childcare services (including immunization and nutrition)
- Male circumcision
- Sexually transmitted Infections (STIs)
- Cervical screening (pap smears)

Our community health workers cared for 157,666 patients during the business year 2019/2020 and did the following counselling sessions in:

HIV counselling	7,772
Adherence counselling	2,773
Male medical circumcision counselling	1,744
PMTCT counselling	1,682
Other counselling	8,290
Total number of counselling sessions	22,261

Statistics for HOPE Cape Town Community Health Workers Interaction for the period under review (direct contacts)

Children seen from birth to age 12	59,761
Teenagers seen from 13 to age 19	27,780
Adults seen	70,125
Total number of clients seen	157,666

HIV tests done	10,374
TB tests done	15,110
Total number of tests done	25,484

All the community health workers participated in a comprehensive training programme during the year. Courses on topics like Speech Development, Autism, ADHD, Foetal Alcohol Syndrome, Contraception, Pap Smears and HPV vaccination, New ARVs: Dolutegravir, Coronavirus (COVID-19), youth mentorship and sport, women and teen empowerment, understanding addiction, narcotics anonymous, screen time management, budgeting and financial fitness. They also attended official Western Cape Department of Health training on the new 2020 Antiretroviral guidelines. Three community health workers completed a course on child safety, health and nutrition and five community health workers successfully completed a course “Child Psychology” through College SA.



An educational outing to Hout Bay with a boat trip to Seal Island and a talk from an educator from the Two Oceans Aquarium about the impact of plastic on the ocean and our health took place as well.

1.2. HOPE to HOME

HOPE to home is the biggest programme run by HOPE Cape Town. The HOPE to Home programme is really true to its name. When we think about the word “home”, we think about a place where we feel safe, familiar, loved and we long to be there or miss it when we are away from it for a long time.

Unfortunately, for many South African children, this home can be a place which is not easy to miss and there may be a number of problems at home. The role of HOPE Cape Town is to put hope in these homes, by ensuring that the child is healthy and that the mother is healthy and happy and can be a good caregiver to her child. At Tygerberg Hospital, children receive their medication, food and a warm and safe place to stay. During this time, the HOPE to Home team identifies all the potential issues that may arise when the child returns home and helps to ensure that sound measures are put into place to avert any problems.



Care & Support Coordinator Sonia Daniels with a patient at a childrens ward

Sonia Daniels or “Mama” as she is affectionately known has been at HOPE Cape Town since 2010. She knows the children’s wards at Tygerberg Hospital very well. Moreover, with her experience, she has come to know what parents’ fears, queries and doubts are when they have sick children in hospital. She can easily identify which mothers need more support than others and which mothers will need additional support of a social worker. She is especially knowledgeable about HIV and Tuberculosis and the reasons people are reluctant to take their medication or take an HIV or Tuberculosis test. With her composed and caring attitude, she is able to earn the trust of the patients and parents and successfully encourage them to take care of their health.

The staff of Tygerberg Hospital relies on our HOPE to Home team to fill a number of gaps in the hospital. One such gap is to relieve the burden of work carried by the hospital’s social work and counselling teams by providing counselling sessions. The most common reason for referral of mothers to the team would be for counselling on ARV adherence and drug resistance. Sometimes explanations for simple misunderstandings are all that is required while other times several counselling sessions are required to address more deep-rooted issues such as stigma and denial. The team uses their good working relationships with the social workers as well as other HOPE Cape Town community health workers to make appropriate referrals. Furthermore, the team offers counselling sessions on topics like, healthy nutrition and breastfeeding to avoid malnutrition and undernourishment, contraception as well as social problems.

The mothers of children in the wards help the nursing staff by feeding and bathing their babies. They also put their babies to sleep. The HOPE to Home team tries to assist the mothers

to be more productive by engaging them in a crafts programme. Previously, the main activity was knitting but the craft teacher added crochet classes, beadwork and introduced the mothers to work with felt. There was positive feedback from the mothers, and they expressed enthusiasm to use the skills learned to generate an income for their families.



Sonia Daniels, Violet Avontuur and Eva Coetsee with a patient at Christmas

Violet Avontuur works for HOPE Cape Town since October 2010. She initially worked as a HOPE community health worker at the clinic in Ravensmead/Uitsig. From there she joined the "HOPE to HOME" team at Tygerberg Hospital in August 2016. In September 2019, a new opportunity arose for Violet to study and work as a social auxiliary worker through HOPE Cape Town. The HOPE to Home team welcomed a new member, Eva Coetsee. She has worked as a HOPE community health worker at Bloekombos clinic previously.

Dr Sadeeka Williams left HOPE Cape Town to start a family. She is now mother of a healthy daughter. Her successor is Dr Samke Nyamathe who is now in charge of the project "HOPE to Home" and "HOPE for Babies" at the Tygerberg Children's Hospital.



Samke has a special interest in the health care of children and adolescents and through her work at HOPE Cape Town she will contribute to improving the care of children and adolescents affected by HIV and related diseases.

The "HOPE to HOME" employees counselled 1206 mothers individually and reached 3758 mothers and caregivers by

group counselling on topics like breastfeeding, healthy nutrition and ARV adherence. They also assisted mothers to resolve their social issues. 3300 mothers or caregivers received food donations, clothing, toiletries and a cooked meal.

1.3. HOPE for Babies

In cooperation with the Infectious Diseases Clinic at Tygerberg Children's Hospital, HOPE Cape Town has been caring for HIV-positive children in township clinics for years. Our community health workers and doctors accompany these children on their lifelong path in dealing with the ARVs.

The care of HIV-positive children has changed in recent years to a holistic concept and we now care for HIV-positive children in all wards of the Tygerberg Children's Hospital. The doctors of the Tygerberg Children's Hospital approached us in 2015 with the request to extend our service to the maternity hospital in the Tygerberg Children's Hospital. Mother-to-child transmission of the HI virus is the most common method of transmitting the virus to the child. The child can become infected with the virus during pregnancy, childbirth and breastfeeding.



Mariam Roelofse with patients and medical staff at a maternity ward

The two HOPE care workers placed in the wards have a primary function of seeing all mothers in the labour ward and postnatal wards and ensuring that all mothers and their babies have an HIV test done prior to discharge from the hospital. They provide care, support and counselling to these mothers on topics including breastfeeding, contraceptives, family planning and PMTCT.

From April 2019, a new Hope Care Worker was placed in the project in place of Kekeletso Lebeta. The new team member, Elfrieda Le Roux has worked for HOPE Cape Town since October 2016, initially at the clinic in Scottsdene and now together with Mariam Roelofse in this project.

The team facilitates antenatal and health education talks at the High-Risk Clinic with the care workers delivering health talks to mothers in the waiting rooms on Mondays, Wednesdays, Fridays.

The Hope for Babies team has extended their services to ward F2 where they provide counselling and testing to mothers admitted to the wards awaiting delivery.

In South Africa, the majority of people known with HIV were picked up in pregnancy. Despite massive efforts to offer free HIV testing, people are still reluctant to test. The HOPE for Babies community health workers also offer HIV tests to partners of pregnant women and emphasise to them the importance of staying HIV negative, for themselves and their babies' sake.

About one third of the women having babies at Tygerberg Hospital are adolescents. These women are very vulnerable and often naïve. They need extra support to help them cope with having a baby, finish schooling or finding employment and managing relationships with their partners and parents.

More than half of South Africans live in a state of poverty (receive less than R992 per month). With a birth certificate, children are able to receive a child support grant until they reach the age of 18. In order to receive a child support grant, the mother must have an identity document and the baby needs to have a birth certificate. This is one of the important topics that Mariam and Elfrieda talk about in their group education sessions.

HOPE Cape Town’s “HOPE for Babies” project supports the South African Government to reach the UNAIDS goal 90-90-90 in 2020 to end the AIDS epidemic by 2030 and to eliminate the mother-to-child HIV transmission.



Mariam and Elfrieda conducted 3476 HIV tests in the period under review and only seven babies were born HIV-positive in 2019. This is sufficient evidence to demonstrate the benefits of treatment adherence, education and preventative services provided by the HOPE for Babies and HOPE to Home projects as introduced by HOPE Cape Town in the public health facilities.

1.4. Occupational Therapy



Occupational Therapist
Robyn Meissner with a patient

HOPE Cape Town would like to explore further possibilities in the area of holistic child and obstetric care. It is well known that the first 1000 days of a child's life (from conception to the end of the 2nd year of life) is the most important period for establishing the basis for good health, cognitive abilities, family relationships and emotional resilience. Proper nutrition and stimulation of the child in the first 1000 days of its life is so important because it affects all childhood, adolescence and adulthood. The focus here is on:

- Maternal well-being during pregnancy as well as psychological and physical development of the child
- Nutrition, care and support,
- Playful learning
- Safety and security

HOPE Cape Town is in a unique position to work within government structures and improve them for the benefit of society and the state. By working with Tygerberg Academic Hospital and the various township clinics, HOPE Cape Town has built a reputation since its inception in 2001 and is increasingly approached by the government to find, develop and implement solutions to deficiencies or non-existent services in the state health system.

Robyn Jess Meissner has been working for HOPE Cape Town since May 2017. Robyn studied Occupational Therapy at the University of Cape Town and graduated with a Master's degree in 2016.

She already gained practical experience during her studies. From February 2011 to October 2016 Robyn worked for Kidzpositive Family Fund as an occupational therapist in the field of early childhood development in various township clinics. The focus of her work here was on assessing and treating the effects and side effects of HIV in children, such as encephalopathy, developmental delays, learning difficulties and learning disabilities, cerebral palsy, visual and hearing deficits.

This year 2 extra sites and therapists were added to the OT service. Our occupational therapists are currently working in the following clinics:

Paediatric ARV clinic support

- Delft CHC paediatric ARV clinic (since 5 May 2017)
- Delft South paediatric ARV clinic (since 30 May 2017)
- TC Newman CHC paediatric ARV clinic in Paarl (since 29 November 2017)
- Helderberg Hospital paediatric ARV clinic in Somerset West (since 1 March 2019)

Assessment and intervention for other vulnerable children

- Blikkiesdorp HOPE Play Group project (since 3 May 2017)
- Manenberg Aftercare Centre – ad hoc (since 10 May 2017)
- Tygerberg Hospital Neurodevelopmental Clinic (since 16 October 2017)
- Tygerberg Hospital School (since 1 August 2019)

Individual Occupational Therapy

- Assessment and therapy for:
Infants and toddlers (birth-5years): HIV+ or other vulnerable children, therapy focussed on development, pre-academic skills and play.
School-going (5+years): HIV+ or other vulnerable children, therapy focussed on school performance, development and play.
- Most of the children seen were HIV-positive. The children attending were seen regarding developmental screening or delays as well as school/learning difficulties. Other conditions seen included epilepsy, FAS, ASD, ADHD, prematurity, genetic syndromes, global developmental delay, hearing impairment and visual impairment.

GOKidz programme and other home programmes

- A play-informed, caregiver-implemented, home-based intervention for HIV+ children (6months-8years old) and their caregivers. The intervention was developed to be group-based but the curriculum can be followed on an individual level if need be.
- GOKidz sessions have been started with numerous children on an individual basis this year. Six children completed the Toddler Box (0-2 years old), 10 children completed the Pre-School Box (3-5 years old), and 7 children completed the Foundation Phase Box (6-8 years old)
- Three other home programmes have been continued to be distributed for older children to continue with therapy goals at home. “Busy Kids” is for children struggling with concentration difficulties - was given out to 2 children. “Finger Fun” is for children needing to improve their fine motor skills – was given out to 7 children. There are also some workbooks and games focusing on different visual perceptual skills – these were given out to 7 children.

Blikkiesdorp (weekly visit)

- Assessments (and therapy if needed) for individual children
- Basic concepts intervention
- School readiness and enrichment within activities provided during the play group
- The OT screened all the children attending the Blikkiesdorp playgroup in 2019 and then those attending in 2020.
- From these assessments the therapist provided organised activities within their activity time focusing on the areas needing attention (shape concept, number concept, letter concept, body concept, drawing and writing names). These activity groups varied from between 10-25 children (in rotating smaller groups) and the activities consisted of various gross motor games, playdough, sorting, DUPLO building, chalk, water, pasting, drawing, painting and tracing activities.

Manenberg (visits arranged on ad hoc/need basis)

- Assessment when deemed necessary by the social worker for school performance observations and investigation into any difficulties.

Tygerberg Hospital Neurodevelopmental Clinic (assessments arranged on need basis)

- Griffiths Scales of Child Development Assessments from doctor referrals, to help speed up the assessment process and waiting lists.

Tygerberg Hospital School

- Assessments and individual/small group therapy for the children in the Grade R classes in the school. Most of these children have connections with the neurodevelopmental clinic at Tygerberg Hospital and have neurological/developmental diagnoses.
- OT provided through a partnership with a local private practice (2 therapists).

Our Occupational Therapists have seen since May 2017 422 children and the team provided occupational therapy services to 254 children during the period under review.

Finding Feelings

During September, the occupational therapist and social worker were trained on running emotional awareness groups with children (aged 6-8).

Cracking the Code

In October, the occupational therapist attended a workshop about neurodiversity, ASD and inclusion.



Robyn with the children of the educational playgroup in Blikkiesdorp

1.5. Social Services



Social Worker Maria van Blerk



Auxiliary Social Worker
Violet Avontuur

2019/2020 was again a very fast-moving year, we were able to continue the established projects and implement some exciting new projects.

Most of the challenges that we have faced in recent years are still present or worsening. But through our work in these townships, we know that we can meet these challenges. At the same time, we use our experience as an opportunity to improve the lives of the children involved in the projects.

An exciting addition is the newly appointed assistant social worker, Violet Avontuur. As mentioned earlier Violet has been working as a HOPE Cape Town Community Health Worker since October 2010. Initially she worked at the township clinic Ravensmead/Uitsig. From August 2016 to September 2019 she worked at Tygerberg Hospital for the project "HOPE to Home". Since September 2019 Violet supports the work of Maria in Blikkiesdorp. The vocational training lasts 12 months and the training programme consists of

- 30% theoretical training
- 70 % practical training at HOPE Cape Town under the supervision of the HOPE Cape Town social worker
- For each module (3 months practice, 2 weeks theory) Violet is required to complete two practical tasks and three workplace activities.

Due to a lack of time and personnel, Maria was unable to help some of the residents of Blikkiesdorp with their concerns; she has always given priority to issues related to children attending our educational playgroup. However, considering the holistic picture in Blikkiesdorp, Violet will be able to focus in the future on the elderly, as well as on the physically and mentally ill and handicapped people who need social support.

Educational Playgroup in Blikkiesdorp

During 2019 an average of twenty children attended the play group on a regular basis. Eighteen children were successfully enrolled into schools for 2020. The average age of children attending this group, has been brought down from 9 - 11 years to 6 – 8 years of age.

The above accomplishments was the product of endless communication with maternal obstetric units obtaining proof of birth certificates, with Department of Home Affairs obtaining birth certificates, with the Children's Court attempting to get children legally in the care of their caregivers and with the Western Cape Education Department and schools attempting to get children enrolled into schools.

Twenty-nine children joined the group since the start of 2020. None of these children have ever attended school.

The HOPE Occupational Therapist, Robyn Meissner, fulfils a very important role towards the success of the Play Group. She attends every Thursday morning and assesses each child with respect to their developmental/educational progress. She has developed a literacy and numeracy workbook for each child who should have been in Gr 2 - 6.

During the past twelve months, 84 play group sessions took place.



Children of the educational play group receiving their certificates in December 2019

Afterschool Programmes

In 2018 we established an afterschool programme in Blikkiesdorp where primary school children are supported to do their homework, have access to mentorship and additional educational material.

The group's numbers have grown exponentially and during this reporting period we have expanded the groups to 3 afternoons per week. Up to 50 children attend this group per day.

Through monitoring the children who attend the afterschool groups, HOPE Cape Town can track the wellness and progress of children.

During the past twelve months, 69 afterschool group sessions took place.



Children doing homework during afterschool care group in Blikkiesdorp under the supervision of a local volunteer

School Uniform Project

The lack of a school uniform or stationery is often listed as reasons why children do not attend school. HOPE Cape Town aims to provide children who are known to our projects with school uniform and stationery items as motivation to go to and stay in school.

We have provided 134 children from Blikkiesdorp with school uniforms, stationery items and books during the period under review.

School Holiday Programme

HOPE Cape Town hosts an informal holiday club in Blikkiesdorp during school holiday periods to provide safe and structured entertainment for children during the school holiday. An average of 70 children attend every day. This programme is volunteer driven and supported by the HOPE Social Worker.

Youth Group

This is a new group that was established in January 2020 and the aim is to assist unplaced and undocumented learners. These are children who attended school for a period of time but dropped out of school. The social worker supports children, parents, and caregivers in a process of having children placed back in school. These children's, mainly boys, ages vary from 8 to 17 years. This facilitator vs child ratio is kept low to ensure individual attention.



Volunteers working with the Children and Teenagers in the Youth Group

Manenberg Aftercare Centre

Social services are rendered weekly at the Manenberg Aftercare Centre. Maria facilitates therapeutic sessions with children identified by the centre's staff. During the past twelve months, her focus had to change from therapy sessions with individual children to sessions with larger groups of children. Due to staff changes at the Aftercare Centre most of her time is currently spent on monitoring and referring of the children needing immediate attention.

1.6. HOPE Cape Town Doctor

Delft Community Health Centre, Paediatric ARV clinic

It is essential that management of HIV-positive children and youth is holistic. It is not enough for a doctor at the clinic to only check the child's physical health and prescribe antiretroviral treatment. A child who does not understand or a parent who does not feel supported will simply stop returning to the clinic or inconsistently take their medication. However, a holistic approach to management can be time consuming. This is a challenge in the extremely busy public sector community health centres that our patients attend. Therefore, it is our privilege to assist these CHC's with seeing their children and adolescents – thus allowing us to create more time for each consult. Consultations address the changing needs of the children and their families over the different stages of their physical and psychosocial development.



Dr Samke Nyamathe and Dr Ana Houston at Delft Community Health Centre

Either Dr Ana Houston or Dr Samke Nyamathe and a Tygerberg outreach doctor together run the Friday paediatric clinic at Delft Community Health Centre. An average of 25 children are seen per morning. Hope Cape Town has been supporting Delft Community Health Centre for many years. We now have 185 regularly attending paediatric patients as well as some that struggle with adherence to medication and appointments.

This year Dr Samke Nyamathe has also started assisting at Delft South Clinic on alternate Tuesday mornings. Dr Houston runs a youth focused clinic on Thursday afternoons, alternating between Delft Community Health Centre and Symphony Way Clinic.

The HOPE Cape Town doctors and Community Health Workers (HCHW's) are also involved with assisting Delft in achieving their 90-90-90 goal as it applies to children. The goal is to have 90 % of children who visit the clinic know their HIV status, 90 % of HIV-positive patients who qualify for ART receive it, and 90 % of children on ART be virologically suppressed (in other words: that their HIV is controlled). A key part of reaching this goal is being able to find and recall children who have stopped coming to clinic for various reasons.

Delft Youth Services

1. Youth Clinic:

The Delft Youth Clinic continues to be popular. However, in adolescent care it is not unusual to struggle with consistent follow up and adherence to treatment. The Thursday afternoon clinic is routinely fully booked – with 8-12 patients booked for the 3-hour afternoon clinic. Symphony Way's monthly Youth Clinic was started in September and there it has been more challenging to work within the system that is not geared for afternoon clinics. At the moment we are seeing 4 patients in the 2-hour afternoon clinic. HOPE Cape Town also supports Symphony Way's establishment of a youth club for stable ARV patients.

2. Teen Club:

31 Teenagers are enrolled in our Teen Clubs. These are teenagers who have been on ARVs for longer than a year and are clinically stable. The focus of the clubs is peer support and psychosocial education. This year we have been exploring how teenagers in the older club can mentor the younger club teenagers.

A favourite part of the year is our celebration of life and the courage of our ARV patients. This year we had a party for the Delft children in the Community hall in October school holidays. We had a group drumming session run by Rhythm Workshop and our HOPE Cape Town Goodwill Ambassador, Katlego Maboe, led a very popular dance competition. Aside from a few electricity load shedding challenges, it was a much-enjoyed event!

For the Teen club outing we went for tasting and tour of an artisan chocolate manufacturer, CocoAffair. It was very interesting – though not many teenagers appreciated the 95 % dark chocolate square taster. Then we went to Cool Runnings Tobogganing Park for lunch and games. The teenagers really appreciated being able to hang out and build relationship with each other.

Tygerberg Hospital

HOPE Cape Town's doctors are accredited external lecturers for Stellenbosch University and official medical officers at Tygerberg Hospital (TBH).

As part of these agreements, Hope Cape Town supports the neurodevelopment clinic at Tygerberg Hospital every Tuesday. The doctors at the neurodevelopment clinic are responsible for the Northern Sub-structure and the booking waiting period is unacceptably long. With the support of HOPE Cape Town, they are able to book more patients and decrease the time that patients are placed on a waiting list. The HOPE Cape Town doctors alert patients weekly by SMS of their bookings for the neurodevelopment clinic in that week. This decreased the number of patients who were missing their appointment dates.

HOPE Cape Town has also facilitated a learning partnership between Tygerberg Hospital Neurodevelopmental Clinic staff, HOPE Cape Town doctors and the Sozialpädiatrisches Zentrum in Passau - Germany. This has facilitated regular case discussions focussing on the different models of care and treatment protocols in the different healthcare settings.

Research

“NGO case histories of the early paediatric ART experience at Tygerberg Hospital - what have we learnt?”

This research project hopes to build the narrative of the experience and outcomes of the children whose Antiretroviral Therapy (ART) was sponsored by HOPE Cape Town prior to the ARV rollout by government. These children are some of the longest paediatric ART patients and have a lot to teach us about their needs and transitioning between childhood and adulthood as an HIV-positive person. The research falls under the University of Stellenbosch.

Another unintended learning point of this research has been seeing the extent of record keeping failure and thus the loss of important clinical and logistical information.

The first part of the study was a folder review. Results from this were presented in an oral presentation to the South African Academy of Family Physicians in August 2019. The second part of the study involved interviewing 5 of the remaining cohort. The information from both parts of the study is currently being compiled into an article and poster.

Risk of HIV Infection in young peripartum women (15-24 years) at Tygerberg Hospital

Young women in the age group 15 – 24 years old contribute a quarter of all new HIV infections in South Africa. In 2017, this age group had the highest annual incidence of HIV; 1.51 %. This amounts to 113,000 new HIV infections in young women every year. HIV prevalence among females aged 20 – 24 is three times higher than their male counterparts. Overall HIV incidence has decreased worldwide; incidence in this age group remains the highest.

This study aims to assess the risk of HIV infection among young peripartum women at Tygerberg Hospital using a standardized risk assessment tool. Through this study, young women between the ages of 15 – 24 years old who are HIV negative will be identified at Tygerberg Hospital. A questionnaire will be administered to them regarding factors that place them at high risk of HIV infection.

During the interview session, the research participants will have a risk counselling session with the principal investigator regarding their particular risk factors for HIV. The data from the study will be used to inform particular risk factors for incident HIV infection in young women of this age group within the Tygerberg surrounding areas.

370 women were interviewed for the study. The interviews were conducted by the principal investigator and 3 research assistants. Data was analysed in collaboration with Moleen Zunza. A research report was compiled and submitted to the funders. A poster is currently being created for presenting at Stellenbosch Academic Research Day. The research is also currently being summarized into an article for possible journal submission.

Assessing the relevance of cytomegalovirus (CMV) infection in HIV-exposed infants. Division of Medical Virology NP Nkosi et al.

HOPE Cape Town co-funded this study in 2019 – 2020. Results are expected by April 2020.

Medical Elective Students

Hope Cape Town, together with FAMCRU (Family Clinical Research Unit at Tygerberg Hospital), run a 4-week programme for international medical students in their senior years. It is a unique elective because of the variety of community medicine learning opportunities that the students are exposed to. Students could experience the range of HIV care from a primary clinic to specialised academic in-patient care.

Our elective students typically come from the Northern Hemisphere and so our first semester (January to May) is usually the easiest time in their curriculum to come. In March and April 2019, we had 2 electives join us. 1 came from Australia, and 1 from North-Western University in the USA. In February 2020 we had 3 USA students join us simultaneously. The calibre of elective student has been really high, and the HOPE Cape Town staff has enjoyed engaging in stimulating discussions with them.

“[The elective] truly opened my eyes to how medicine is practiced in another country and how to care for others from a different culture that often speaks a different language from me. I learned so much about South Africa's history through this elective and it really challenged me to always see the story behind each person I meet and understand how the injustices that some people have historically faced continue to impact their health. Overall, I feel like I grew as a future physician and person because of this elective and I feel so thankful for that.” Calli (USA)

“[This elective’s strength is] exposure to a patient population and disease states that I do not see where I live in the US, in a learning environment that encourages active learning and personal reflection. It has been a privilege to meet you all, to meet your patients, and to get a glimpse of the incredible work you are doing here. I hope to emulate your kindness, diligence, and passion in my own career as a paediatrician one day” Abigale (USA)



Rev. Fr. Stefan Hippler with Medical Elective Students from USA

SAAIDS Conference



HOPE Cape Town's Program Coordinator Dr Izane Reyneke attended the 9th SAAIDS conference in Durban from 11 – 15 June 2019. The theme of the conference was: Unprecedented Innovations and Technologies - HIV and Change. Dr Reyneke had the opportunity to network with colleagues from around the globe and gain useful insights in the international trends on holistic management of the disease.

South African Academy of Family Physicians Conference



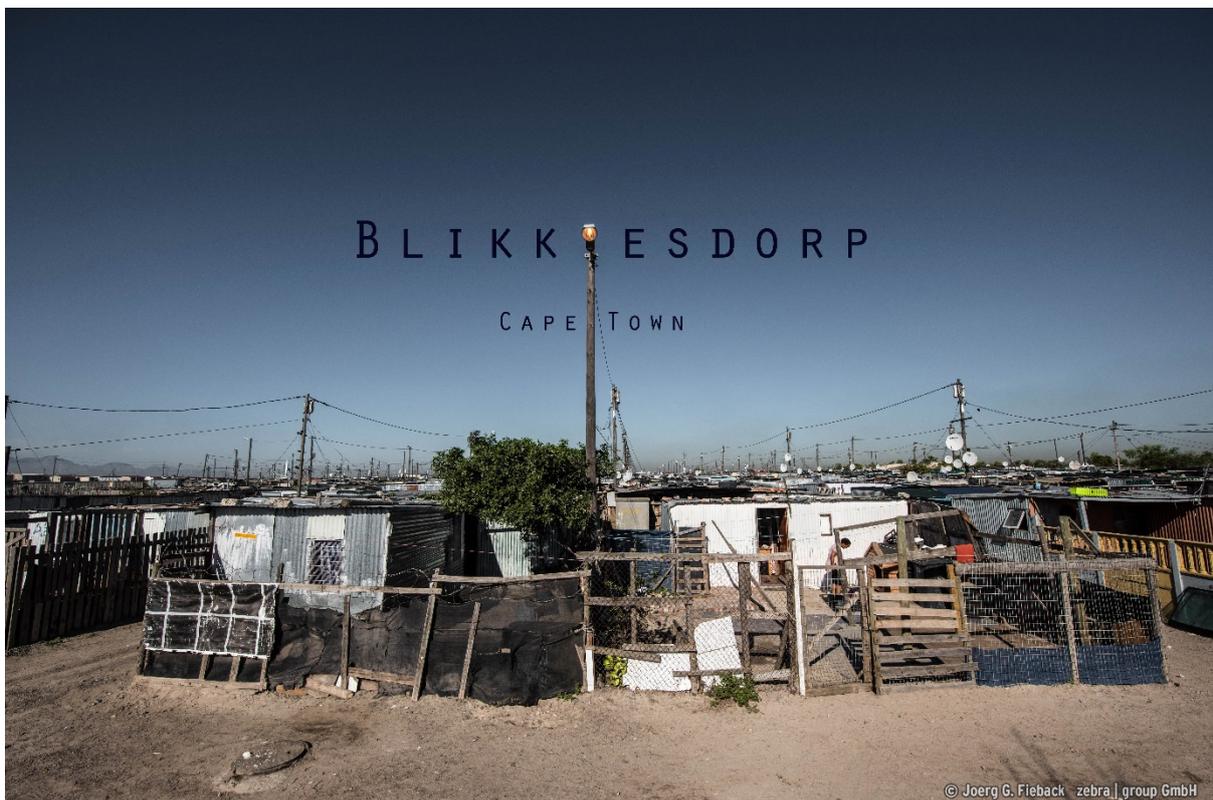
Dr Houston attended the South African Academy of Family Physicians Conference in August 2019. She presented the findings of the first part of the research study on NGO case histories during the conference.

Paediatric Refresher Course

Hosted by University of Cape Town, the Paediatric refresher course was a 3-day conference held during February 2020 in Cape Town with excellent lectures on current thinking in immunology and infectious diseases. Dr Houston attended the conference and particularly enjoyed the lectures on current understanding of immune system functioning and the role of specifically targeted interventions when one aspect of the immune system dysfunctions. It was also an excellent networking opportunity - as it is a popular conference for paediatricians and paediatric Medical officers.

1.7. Community Outreach

Community Project Blikkiesdorp



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One of HOPE Cape Town’s major outreach sites is a temporary relocation area outside of the City. Blikkiesdorp is “home” to around 17,000 people of whom approximately 800 families are not eligible for social housing. The living conditions are appalling, unemployment more than 70 % and crime is rife. Amidst the gangster violence and substance abuse, there is a sense of hopelessness that perpetuates the cycle of poverty.

The City of Cape Town has leased a piece of land to HOPE Cape Town near the entrance of Blikkiesdorp between Hindle Road and Symphony Way. Here, beginning in 2008, seven refurbished containers were erected and are used as a kitchen, store room, community meeting place for knitting clubs and social services, a mobile clinic, a pre-school to prepare the young residents of Blikkiesdorp for entry into the formal school system.



Community Outreach Project Blikkiesdorp

This includes a school readiness programme, personal records updated for school enrolment and provision of nourishing meals, school uniforms and books and stationery. HOPE Cape Town employs the services of a registered social worker and occupational therapist at this site as well as community health workers. Furthermore, volunteers both local and international facilitate play with the children in the community. It is often during the play activities that the volunteers find their inner rhythm that dances to the heartbeat of the local community.



Community vegetable garden

A community vegetable garden is tended to on-site and together with donations from supermarkets and businesses, the produce is used for the soup kitchen to feed the children and elders who have insufficient means. The food is prepared by the HOPE Cape Town General Assistant who is also a Blikkiesdorp resident. It is HOPE Cape Town's policy to recruit people directly from the communities in which they live thereby giving them a sense of dignity and enabling them to support their families. Three community leaders are employed to protect the HOPE site at night. Clearly this is evidence of communities working together in support of each other.

The children are prepared for school by school readiness programmes, nutritious meals, play therapy, and they are provided with new school uniforms, books, and stationery. Once they begin their school career, they return to the project for after-school care and supervision and help with their studies.

Despite the lack of recreational facilities in Blikkiesdorp, a school holiday programme facilitated by HOPE's local and international volunteers is also run for all children in the area. The programme is popular because often it is here that a child will receive his/her only meal in the day.

Other projects run by HOPE Cape Town at the Blikkiesdorp site are: a knitting club for adults; a soup kitchen for elders and children; a community vegetable garden where produce is used mostly in the feeding scheme; social and health services and presentations to the community on topical issues such as parenting skills, nutrition, hygiene, and arts and crafts lessons.

While the living conditions may look bleak in “Tin Town”, HOPE Cape Town continues to initiate innovative projects that systemically address the challenges experienced by the people of Blikkiesdorp

Awareness Workshops

Sr Pauline Jooste together with the Community Health Workers offer short-term HIV and AIDS awareness training to local organisations and companies, churches, community forums as well as to schools. This forms part of our HIV prevention programme.

During the period under review we were invited to interact with the employees of the following companies:

- Trade Ocean CBD
- Hubble Studios, Ndabeni
- Wellness Cape Town Signa College Bellville
- Freddy Hirsch Spices Montague Gardens
- Living Through Learning

1.8. Volunteer Programme

Over the years HOPE Cape Town has benefitted significantly from the help of countless volunteers. These committed individuals have assisted in many areas to help HOPE Cape Town function to the best of its ability. Applicants, both local and international, always want to make a difference in the fight against HIV/AIDS, Tuberculosis, related illnesses and poverty in underprivileged communities around Cape Town.

Volunteers are not required to have specific skills, other than a desire to learn and a willingness to help however they can.

The various areas that the volunteer will need to get involved in will include:

- Assisting with HOPE Cape Town’s grassroots projects in the community
- Supporting the work of HOPE Cape Town’s Health Care Workers in the wards
- Helping in the Tygerberg Hospital school
- Being involved in the administrative needs of the NGO

Our volunteers commit 3 – 12 months of their time. This year we hosted volunteers from Germany, Austria, UK, and South Africa.



Local and international Volunteers assisting HOPE Cape Town

1.9. Visitors

More and more donors, supporters and friends of HOPE Cape Town would like to experience the work of HOPE Cape Town at first hand and use their vacation stay in Cape Town to visit HOPE Cape Town projects.

During the period under review we welcomed visitors from ZEIT-Reisen, a delegation of the Gesellschaft Katholischer Publizisten Deutschlands and Misereor, HOPE & Future e. V. Münster, the girls choir of Cologne, Dr Kristel Degener from the German AIDS Foundation, a student group of Hamburg School of Business Administration, a delegation of the Bavarian State Chancellery, the German Deputy Ambassador in South Africa, Dr. Rüdiger Lotz and his wife Ivana, many visitors from Dresden and Bitburg, families and friends from current and former volunteers, long-term donors and supporters and people who only would like to experience the other Cape Town. One of our donors sent for the second time four employees for a week to Cape Town to be introduced to HOPE Cape Town and our work.

1.10. 14th HOPE Gala Dresden



Viola Klein, Sir Bob Geldof, Annett Hofmann, Rev Fr Stefan Hippler (from left)

Dresden proved to have a big heart again: At the 14th HOPE Gala, which took place on 16 November 2019 at the Schauspielhaus in Dresden, 142,000 Euros were raised for the project HOPE Cape Town, which cares for HIV-infected children and their families in the townships around Cape Town and at Tygerberg Hospital.

Rev Fr. Stefan Hippler, founder and director of the project in South Africa, was touched by the great willingness to donate and emphasized the importance of the gala for the work in Cape Town's townships: "The HOPE Gala has encouraged us to continue and to take the next steps. To know that Dresden is on our side gives us a big boost every year and motivates us, even if

we have to deal with big challenges". The Gala took place in the sold-out Schauspielhaus and offered the guests a unique stage programme. All artists performed without any fee. "Before the curtain rises, the costs of the event are already covered by sponsors", emphasised Viola Klein, who started the HOPE Gala 14 years ago with her business partner Andreas Mönch from Saxonia Systems AG. "That's why every Euro that appears on this cheque goes directly to South Africa. This is even more so, as at the after-show party the amount of the contribution was increased several times and therefore finally amounts to 142,000 Euros".

An emotional stage programme offered classical music as well as rock, artistry, clowning and poetry

The guests of the Gala experienced a heart-warming stage programme, which was hosted by Karen Heinrichs and Matthias Killing with heart and charm. A total of 86 dedicated artists took to the stage. They came together just for this evening: the clowns Correggio and Joanes, the Chinese National Circus, countertenor Nils Wanderer, soprano Hélène Lindqvist and pianist Philipp Vogler, pop singer Alina, actor Philipp Richter, rock legend Petra Zieger, the musicians of "Ostrock meets Classics", Dirk Zöllner, Dieter Quaster Hertrampf, "The Voice Kids" Mimi & Josefine and the pop duo "Orange Blue".

Sir Bob Geldof received the 11th HOPE-Award

A highlight of the evening was the presentation of the 11th HOPE Award. It was awarded to the musician and political activist Sir Bob Geldof. This honoured the musician's commitment to the fight against hunger in Africa. In the eighties Geldof had organized, among other things, one of the biggest rock concerts the world had ever seen. "Live Aid" raised over £150 million to help fight hunger in Africa. Two decades later, Geldof also organised the "Live 8" project. The laudator was Saxon Prime Minister Michael Kretschmer. As he arrived late at the Gala due to a traffic jam, his partner Annett Hofmann stepped in and delivered the laudatory speech confidently and with a lot of heart.

Autohaus Dresden GmbH, whose managing director Christian Schleicher is a member of the board of trustees of the HOPE Gala, contributed the prize money of 5000 Euros. The HOPE Award sculpture was created by the artist Ulrich Eißner in cooperation with Porzellan-Manufaktur Meissen. Other personalities who have already received the HOPE Award include UN Ambassador Waris Dirie, CDU politician Rita Süßmuth and Rainer Ehlers, one of the founders of the German AIDS Foundation. The 7th HOPE Award in 2015 went to Harry Belafonte, and in 2018 Lothar Firlej was honoured with the HOPE Award.

An After-Show Party until the morning hours

The after-show party was held in the "Erlwein-Capitol" in Ostrapark. More than 20 caterers took care of the guests' well-being and various bands provided full dance floors until the early morning hours. The HOPE Gala was organised by a team of over 200 people under the direction of Michaela Gornickel from the agency Par.X Marketing & Events. The HOPE Gala would not be possible without supporters and sponsors. Not only is the HOPE Gala an occasion for many supporters of HOPE Cape Town to donate, but throughout the whole year campaigns are held in favour of HOPE Cape Town. Therefore 37.825 Euro were already donated before the Gala. After the event, the first partner campaigns are ready to start. For example, a Christmas market in aid of HOPE Cape Town will take place on 23 November 2019 from 11h00 to 16h00 on the premises of DIAMIR Erlebnisreisen.

"I am always touched and grateful to see how many sponsors and partners have been committed to HOPE Cape Town over the years," says Viola Klein, the initiator of the HOPE Gala. "In this way we can make a sustainable difference in South Africa and help continuously."

Considered as one of the largest charity events in East Germany, the HOPE Gala has raised in the last 14 years over 1.7 million Euros. They are used to finance doctors and health workers working for HOPE Cape Town and thus strengthening sustainability in the townships around Cape Town. The 15th HOPE Gala is planned for 31 October 2020 at the Schauspielhaus Dresden.

Thanks to the very generous sponsorship of Saxonia Systems AG and Processes Management Consulting GmbH, HOPE Cape Town have been able to delegate two employees to attend the HOPE Gala in Dresden this year. The visit to Dresden in November 2019 was of course the highlight of the year for Pauline, our Outreach Facilitator and Bonga, our Community Health Worker in Durbanville Clinic. Both are very proud that they could travel to Dresden and to participate in the HOPE Gala and could meet so many friends, supporters and donors of HOPE Cape Town. The meeting with Mr. Karsten Knechtel and the employees of Process Management Consulting GmbH strengthened the feeling of being part of HOPE family enormously. Pauline and Bonga are very grateful to have been able to take this unique opportunity.



1.11. News about HOPE Cape Town Trust

During the period under review the trustees and the advisory board came together for the AGM on 18 May 2019 and the full board meeting on 6 December 2019; the Executive Committee met four times during the business year. The members of the Executive Committee are Mrs Carole Armstrong-Hooper (Secretary), Rev. Fr. Stefan Hippler (Chairperson), Mrs Petra Reichwein (Treasurer) and Mr Dibhesi Sam Tuntubele (Vice Chair). The different portfolio committees met several times during the period under review.



Executive Committee HOPE Cape Town Trust: Mr Dibhesi Sam Tuntubele, Mrs Petra Reichwein, Mrs Carole Armstrong-Hooper, Rev Fr Stefan Hippler (from left)

Mr Themba Msimang was proposed as Trustee during the AGM on 18 May 2019. His CV and details were included in the distributed documents to the trustees and Mr Themba Msimang also introduced himself personally. His nomination was unanimously carried by the board.

This year the HOPE Cape Town Chairperson travelled again around the world to give talks as guest speaker of panel discussions, to schools, organisations and companies. He attended meetings in USA, Germany, Principality of Monaco and South Africa and tirelessly met with stakeholders and interested parties to share the work of HOPE Cape Town. At every engagement the message was clear, there is still much work to be done in Sub-Saharan Africa in relation to the fight against poverty and unemployment and HIV/AIDS if we want to reach the UNAIDS Goal by 2030: 90 % of all people living with HIV will know their status; 90 % of all people with diagnosed HIV infection will receive sustained antiretroviral therapy; 90 % of all people receiving antiretroviral therapy will have viral suppression.

At the Full Board meeting in December 2019 the HOPE Cape Town Association introduced the strategic plan 2020 – 2023 including budget to the trustees. A clear statement is that the future focus is not only on HIV-positive and exposed children but also other vulnerable children and the concept of ‘The Cycle of HOPE’ – from in utero to adolescence with the emphasis on the decentralization of care. The aim is to equip children with skills &

opportunities so that they can reach their full potential. The strategic plan and the budget were unanimously approved by the trustees.

The Memorandum of Understanding between HOPE Cape Town and the Faculty of Health and Medicine, Stellenbosch University was renewed for the next 5 years. HOPE Cape Town was asked to vacate the offices at the Tygerberg Campus in December 2019 because the Faculty of Medicine and Health Sciences experience huge space problems and is bursting at all seams. We could secure a small Research office at the Tygerberg Campus. The new main office is located at 31a Carlisle Street in Paarden Eiland, 7405, Cape Town.

During the period under review HOPE Cape Town Trust received – whenever it was needed - quick and competent free legal advice from Fairbridges Wertheim Becker Attorneys.

We wholeheartedly thank all the trustees and members of the advisory board, but also all supporters of the HOPE Cape Town Trust for their on-going support and dedication. Last but not least and again and I do repeat myself, it is almost like a mantra:

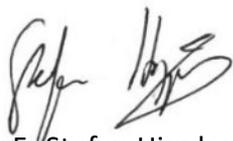
The work of HOPE Cape Town would not be possible without the support of all our dedicated donors and sponsors, especially those who give on a monthly basis. With all my heart, I thank each and everybody who supported HOPE Cape Town in the last year – every cent counts, every helping hand is a blessing for those less fortunate, every thought, every prayer is appreciated.

Thanks also to those who have helped to network – it is amazing how one contact leads to another and at the end, one supportive phone call or introduction opens a new door and new support for HOPE Cape Town.

They are all my heroes because without them we could not do our daily work, without each of them as the ambassadors for HOPE Cape Town there would be less life, less hope, less faith into the future for the kids and the families we serve.

God bless you all

Cape Town, 18 July 2020



Rev Fr Stefan Hippler
Chairperson of the HOPE Cape Town Trust

2. Marketing and Fundraising

This past year has been about consolidation and setting the foundations for a more ambitious programme for HOPE Cape Town as it enters its third decade of existence. As we reach this important milestone, we face the sobering fact that we inhabit a country that is not yet able to adequately address systemic challenges, such as governance, the provision of equitable education, lack of job creation and high levels of poverty. Against the backdrop of service delivery protests and growing inequality HOPE Cape Town continues to rise above this inherited moment and takes the best from its past to move towards a different future by imagining, designing and implementing projects and interventions that talk to the higher level aspirations of the people we serve.

This report highlights three positive HOPE Cape Town marketing interventions that lie at the centre of our year's work:

1. The formalised partnership agreement signed with the Southern African-German Chamber of Commerce and Industry to accelerate the development of the Dual Vocational Training and Education programme in Cape Town in collaboration with corporate organisations and higher education-based learning institutions. This innovative model of post-high school training will provide dual certification so that graduates are afforded opportunities to apply their knowledge and skills in South Africa and abroad.
2. The extension of the HOPE Cape Town footprint from the Western Cape into the rural Northern Cape has led to the adoption of the Kareeberg Social Development Forum, a start-up registered non-profit organisation that provides practical assistance to three struggling rural communities on the outskirts of Carnarvon. During our first visit to our new partners in December 2019, we shared lessons and outcomes derived from our organisational practices and committed to assist with building capacity within the forum.
3. The exposure of the HOPE Cape Town brand through:
 - The purchase and distinctive design of the new HOPE – 02 WP – Volkswagen Caddy courtesy of donor agency BILD “Ein Herz für Kinder”, and
 - An episode on Coenie de Villiers’ national television series “Stories wat saak maak” dedicated to the outreach work of HOPE Cape Town to be aired on Via – Channel 147 on DSTV in the second half of 2020, as well as
 - The adoption of a five-year strategic framework aimed at guiding our programmatic interventions and thus our fundraising campaign – Vision 2020, in alignment with our forward-looking agenda that builds on the strategic shifts and a diverse range of partnerships that positions HOPE Cape Town to move into a new phase of project design and implementation.

At an institutional level HOPE Cape Town is consistently challenged to adapt its systems and practice to respond to changing and dynamic contexts while remaining relevant to its guiding principles, values and internal mandate. During the year under review, in the midst of an ongoing national and global funding meltdown, the HOPE Cape Town Trust was able to retain

its traditional funding base and to attract new funding sources. HOPE Cape Town continued to demonstrate how it is possible to use international and local funding to provide innovative interventions that add value to the wider communities. Alongside and linked to these core programmes, HOPE Cape Town has consistently built the capacity of the staff to actively engage with and take ownership of opportunities on offer. Sharing lessons and insights through organisational and horizontal learning events continues to underpin our work and practice which yield positive benefits within the communities we serve. In addition, achieving another unqualified financial audit for the year is a reflection of strong financial systems and monitoring as well as exceptional fiscal oversight from our Board.



HOPE Cape Town Donor Relations Manager visited Kareeberg Social Development Forum and the Carnarvon community. Marketing materials displayed at the SAGCCI annual networking event in Johannesburg. HOPE Social Auxiliary Worker describes her work for the TV show "Stories wat saak maak".

2.1. Monitoring and Evaluation

Previously this scope of work did not have a fixed home within the organisation. A task reconfiguration workshop took place in 2019 where the responsibility to develop a fully-fledged Monitoring & Evaluation framework was adopted by the Donor Relations department. Interviews were conducted with staff and once the required baseline data was collected to determine the follow-up methods, we had sufficient information for impact measurement, performance measurement and fundraising and development strategies. We are grateful for the occasional admin support we received from a volunteer who is an M&E Master's student at Stellenbosch University. Thus far our work with the HOPE Community Healthcare Workers revealed that they:

- appreciate the learning opportunities provided by HOPE Cape Town, facilitated internally and by external agencies as they are acknowledged and respected by their peers in the clinic environment as multi-skilled and knowledgeable in the practices they have accumulated with their ongoing training courses;
- enjoy working in the communities they serve and love the work they do on a daily basis;
- do tasks and acts of kindness that are above and beyond their job descriptions. These are not recorded in their daily statistics or in their performance assessments. It comes naturally to them and a simple “Thank You” from the public health facility management or a patient is sufficient recognition.



3. The Back-office of HOPE Cape Town

The structure of the back office has been proved successful during the period under review. The back office is led by the Chairperson of the HOPE Cape Town Trust, Rev. Fr. Stefan Hippler and the members of the back office are Administrator & Donor Liaison Europe, Mrs Kerstin Behlau , the in-house Finance Officer Andrea van der Merwe, Program Coordinator Dr Izane Reyneke, Donor and Relations Manager, Mrs Marlene Whitehead. Fortnightly meetings are held to ensure optimal communication between the colleagues and to plan, to realize and to complete all the necessary tasks and duties as best as possible.

The main task of the office is to assist the two chairs in their efforts to run the two organisations which serve the same purpose: supporting children and their families and individuals living in poverty, with social challenges and with HIV and AIDS in the Western Cape and to bridge gaps in the governmental health system of the City of Cape Town and the Western Cape.

4. The Ball of HOPE 2019

(Anja Tambusso-Ferraz)



Rev Fr Stefan Hippler and Anja Tambusso-Ferraz with the Nedbank Team/Main Sponsors at the Ball of HOPE 2019

The Southern African - German Chamber of Commerce opened its regional office in Cape Town in February 2000 when HOPE Cape Town was in its initial phase. ARVs were not available and many children were dying from AIDS-related illnesses. The Cape Town Regional Office assisted in finding strategic partners for the support and financial assistance to get the project started. In 2001, the Chamber co-organised the first Ball of HOPE, which subsequently became the official annual ball for the Western Cape office.

The Ball of HOPE has not only become the local signature event for HOPE Cape Town but also for our benefactors and collaborators. After 19 years of co-hosting the Ball with the Southern African – German Chamber of Commerce and Industry, we understand that the purpose of this annual event goes beyond the simple concept of fundraising. It is about good planning and appropriate allocation of resources, and about goals and objectives, which are the measurements of success. Above all, the annual Ball of HOPE is an event where we acknowledge our partners and link key leverage areas in a way that optimises diversity, values and differences so that the whole is greater than the sum of the parts.

This year, the Chamber's renowned annual fundraiser, the Ball of HOPE, was held on Saturday, 18 May 2019 at the Westin Hotel, Cape Town. Approximately 300 guests from various companies and affiliated stakeholders attended in support of the cause to improve the lives of children and their families in the Western Cape. This year's theme was "HOPE around the World". Guest speakers included the Consul General of the Federal Republic of Germany, Mr

Matthias Hansen and Mrs Elelwani Pandelani, who spoke on behalf of Nedbank, our main sponsor. Master of ceremonies for the evening was the ever popular and charming award-winning TV presenter, singer and actor, Katlego Maboe. He was appointed as HOPE Cape Town Goodwill Ambassador in 2014 and is regularly involved in philanthropic projects that focus on education and health, such as his ongoing community work with HOPE Cape Town. Guests were entertained by renowned local celebrities, we welcomed Shirley Sutherland, Sipesishle Mdena, Allison Hendricks and Dance For All; The Taare Group; Tierra Flamenco, Ms Josey Oranzie and the Holy Cross Convent School Senior Choir and Dancers, and last but by no means least our Musical Director Mr Adolf Thelen and the Kanimambo Band. The guests enjoyed fantastic local and international food prepared by the Westin Hotel's executive chef.

The Ball of HOPE has enjoyed increasing support from both local and international HOPE champions and has seen substantial growth since the first Ball of HOPE took place in 2001.

5. Our Partner: RAT & TAT Koblenz e. V.

RAT & TAT Koblenz e. V. (translated to ADVICE & ACT Koblenz e. V.) continues to collaborate with HOPE Cape Town. During the period under review, we secured with the support of RAT & TAT Koblenz e. V. a donation for school uniform, school bags, stationery and food from Ministry of Internal Affairs, for Sport and Infrastructure of the province Rheinland-Pfalz.

“RAT & TAT Koblenz e. V.” provides anonymous and free support for people with or without HIV/AIDS, personally or by phone. They give advice about sexually transmitted diseases and HIV antibody testing for professionals working in areas like medicine and welfare.



RAT & TAT Koblenz e. V Team (from left: Sandra Wittbecker, Nathalie Küpper, Ingrid Egner-Gentsch, Anna Kukuk, Martin Hellwig)

6. Our Partner: The German Aids Foundation

(Dr Kristel Degener)



"Together we can make a difference"

Dr. Kristel Degener visited HOPE in Cape Town

Since 2004 HOPE Cape Town and the German AIDS Foundation have been working together. With the inception of the HOPE Cape Town Trust in 2007, it was possible to secure more donations and funding from Germany for the project activities in South Africa.

Kristel Degener, who has been responsible for the German AIDS Foundation since August 2018, travelled to South Africa and Mozambique in October 2019 to see at first hand the work of the African partners. Cape Town was the first stop on her trip. She got to know the work of the HOPE Community Health Workers and the "HOPE to Home" and "HOPE for Babies" teams at the Tygerberg Hospital. Together with Pauline Jooste, Kerstin Behlau and Stefan Hippler she visited various institutions in Cape Town and the region: the Community Health Clinic in Delft, the container village in Blikkiesdorp and the Aftercare Centre in Manenberg.

"I was particularly impressed by the work with children and young people that I witnessed. Many volunteers and the social and occupational therapists encourage the children and give their best to enable them to go to school," Kristel Degener remembers. In addition to the practical work, she also was introduced to some of the most important supporters and partners, including Anja Tambusso-Ferraz from the Southern African-German Chamber of Commerce or the German Consul Roland Seidler.

Kristel Degener was joined by the photographer Tomas Rodriguez on her project trip. The German AIDS Foundation depends on meaningful and emotional images to continue its successful fundraising activities in Germany. Tomas Rodriguez took hundreds of photos because he found strong motifs in abundance.

"I would like to thank the dedicated team of HOPE Cape Town for the great preparation and support during my stay. The circumstances under which the people in the townships live have touched me deeply. Some things were really hard to bear, but my visit also showed me what can be achieved with our support and donations. I am glad that we can help here."

7. Our Partner: HOPE & Future e. V. Münster

(Gregor Lamers)

In 1999 three friends from Münster and Recklinghausen flew to South Africa. There the normal sightseeing to the tourist sights in Cape Town and surroundings began. After those weeks it was clear: We will come back. Two years later we did. In 2001 we explored Cape Town and surroundings even more intensively. We got to know more South Africans, made friends and learned more and more about the concerns, problems and hopes that existed in the country. In addition to the coalescence of people of all skin colours into an equal rainbow society, the biggest topic was HIV/AIDS and the consequences for the population and the development of the country. The topic that concerned us the most.

Back in Germany we reflected on what we could do. We shared the experiences and thoughts about South Africa with our friends and acquaintances, made the country, its people and its various contradictions and challenges a living part of our stories, so that we finally founded the association Hope & Future e.V. in 2002. Now we could start to recruit members and collect donations.

We were successful, so we started looking for a cooperation partner in South Africa in 2003, as it was clear to us that we could not arrange everything from Germany. After intensive research on the internet we came across HOPE Cape Town. We liked the concept and contacted them. This quickly led to a good cooperation between the two organisations, which has existed since then.

Following a suggestion from the South Africans, we decided to concentrate on the township Delft near the International Airport in Cape Town. A township with a high HIV rate and a fast-growing community. In 2004, Alice became the first Community Health Worker to be appointed to work in the Delft Day Clinic. It was soon apparent that the work of the Community Health Worker in prevention and testing was very well received and successful. As our financial resources increased, we were able to employ more Community Health Workers over the next few years, who now work in the clinics in Delft, Delft South and Symphony Way. In addition, the project leader of the Community Outreach Project in Blikkiesdorp, the General Assistant and Chef, the Security Guards and some material expenses (e.g. for the containers, materials for the garden and the kitchen) are and were financed by us.



The donations we need for the work in South Africa comes from various sources. There are the members and donors who generously support our organisation. Another mainstay are the stands that we run at various markets in North Rhine-Westphalia. Here we sell products from South Africa and home-made jams and inform our customers about the background of our work. The third important area is the Marathon. An athlete from Ingolstadt runs about 10 marathons every year and collects donations for every kilometre he runs. This leads to a high amount of donations every year, for which we are very grateful.

It is important for us and our members that we have a local cooperation partner who takes care of the necessary things on site, with whom we are in regular contact, who always gives us an exact account of what happens with the money on site and that we are always able to visit the township to see the progress and needs of the project. The trustful, good and fast communication enables us to react to current developments within our possibilities. This is always the driving force and engine of our commitment.



All in all, we are happy to have such a good partner at our side, who will face the difficult challenges of the township in South Africa together with us. Although we are only a small association, with the support of our donors we learned that together with HOPE Cape Town we offer HOPE for many people. We hope that we can continue to support the people in Delft near Cape Town together in the future too.

8. Our Partner: Manenberg Aftercare Centre

(Rev. Fr. Wim Lindeque)

The last year has been one of change and the challenges that go with change for the Manenberg Afterschool Centre. A new centre manager, Leslie Selbourne, was appointed and Ricardo Cupido, programme director and founder member of the Centre, moved to a new and exciting position with a child welfare organisation. There were also a few other staff changes, so everyone at the Centre had to contend with farewells to familiar faces, changes and new beginnings. Nonetheless, the Manenberg Aftercare Centre continues to grow and develop, thanks to the assistance and support of many benefactors, organisations and groups, including our long-time partner, HOPE Cape Town. Around 125 children regularly attend the Centre and are cared for by our staff.

HOPE Cape Town has continued to generously provide an experienced and dedicated social worker, Maria van Blerk, to the project, creating the possibility for children with acute problems to be counselled and helped. Mrs Maria van Blerk has been a very important presence at the Centre in this past year as there were many changes. She represents stability, wisdom and care, especially for some of the most troubled and vulnerable children, as well as their families. Her work has become one of the most vital components offered by the Manenberg Afterschool Centre to the children of Manenberg.



The HOPE Cape Town has also continued to provide the services of Tasneem, the HOPE Community Health Worker in Manenberg. Tasneem, like all the staff at the centre, lives in Manenberg, so she has a real understanding of the children's circumstances and the reality they live in. She visits the centre twice a week and monitors the health of children who attend.

Sometimes this involves referring children to the clinic, accompanying them there and even making home visits to support the family in caring for a child with health challenges. She also teaches basic hygiene to the children at the centre and provides them with information about healthy living. As many of the children live with sick or elderly relative in their home environment, she also helps children understand how they can support their sick relatives. Tasneem also assists with craft classes and is always willing to help with the wide range of activities at the Centre.

HOPE Cape Town remains an important supporter of our work and we are immensely grateful for the way in which their generosity has enhanced and contributed what we are able to offer the children of Manenberg and the growth of this project.

9. Networking: Eine Welt Netzwerk Bayern e. V.



The One World Network of Bavaria is the regional non-profit network of action groups, institutions, fair trade shops and local one-world-networks committed to development policy and situated in Bavaria, one of the 16 federal states of Germany. All their members are engaged in one world solidarity work and are raising awareness. Therefore, we deal particularly with sustainable development, fair trade, international labour standards/corporate social responsibility and education for sustainable development.

10. Networking: Western Cape Network for Community Peace and Development



The Western Cape Network for Community Peace and Development is a collectively guided independent and registered non-profit provincial umbrella organization of NGO's working in the field of conflict resolution, youth, women, community development and peace building and sport in the Western Cape. Its members share common values and so empowerment, youth development, peace building, conflict management, democracy, sustainable development, human dignity, diversity, integrity, transparency, accountability and non-discrimination became binding principles. These common values help to create conflict free and sustainable communities and provide a platform for the network to work from.

The vision of the Network is to actively promote peace and development not only in the Western Cape, but in South Africa, by contributing to the building of: "Peaceful, Empowered, and Cohesive Communities."

MISSION:

"The network ignites peace and development by amplifying the voice of communities through capacity-building and advocacy with its members"

As a Network we value:

- The fundamental importance of peaceful communities to create a healthy nation
- The inherent potential in communities to find solutions to challenges
- The potential within every individual to contribute to a peaceful society
- The potential of each network member to contribute constructively to the achievement of our vision & goals
- Conducting our practice with discipline, fairness, integrity, transparency, responsibility, accountability and care

How to achieve our Mission?

- Assist in sharing of expertise and training among members
- Developing common initiatives and organising Network events and activities
- Providing capacity-building opportunities for our members
- Enhancing operating efficiency and effectiveness
- Providing shared facilities and resources
- Advocating for and publicising members work
- Becoming a replicable model
- Building stronger relationships between civil society, academic institutions and government

More information: www.peacenetWORKWC.org

11. Our Sister Trust: HOPE Kapstadt Stiftung

Their partnership exists since 2004: The German AIDS Foundation has been providing significant funding to HOPE Cape Town – whether for workshops, for staff costs, i. e. for the Outreach Facilitator and several HOPE Community Health Workers.

With the purpose to generate additional funds from German donors for the benefit of HOPE Cape Town, on 1 October 2007 the boards of both organizations established the HOPE Kapstadt Stiftung with the legal status of a trust under the roof of the German AIDS Foundation.

The trust's managing board is composed of three representatives of each of its member organizations: Dr Kristel Degener, Dr Florian Reuther and Mr Thorsten Kloth, Rev Fr Stefan Hippler, Rev Fr Wim Lindeque and Mrs Viola Klein. During the meeting on 17 November 2019 Mrs. Viola Klein was unanimously appointed as chair of the managing board. They meet at least once the year. For good reasons, the meetings take place on the occasion of the HOPE Gala in Dresden. The Trust HOPE Kapstadt Stiftung is the official organizer of the HOPE Gala in Dresden, initiated by Viola Klein, businesswoman and fundraiser by passion. Over the years, Viola Klein has established the annual event in Dresden as one of the most important events for the benefit of HOPE Cape Town.

The German AIDS Foundation very much appreciates the partnership with HOPE Cape Town, the commitment of its board and staff members and all its volunteers. The joint mission and common aim of HOPE Cape Town and German AIDS Foundation is raising hope and realizing the chance of a better future for people who would not stand a chance.

12. HOPE Cape Town USA



Vision

HOPE Cape Town USA strives to improve the quality of life of vulnerable and marginalized children, youth and families affected by HIV/AIDS, and related illnesses, and help them to reach their own full potential.

Mission

HOPE Cape Town USA's mission is to assist people living with HIV/AIDS and related illnesses in the USA and South Africa. To support the ongoing work of HOPE Cape Town in South Africa, reduce the spread of HIV among vulnerable and marginalized children and youth in USA and support those living with HIV, our mission is realized by the following means:

- Advocate, fundraise and support HOPE Cape Town programmes in South Africa;
- build a body of data to understand needs, challenges and interconnections of children, youth and families living with HIV, AIDS or related illnesses in South Africa and USA;
- support vulnerable and marginalized children, youth and families in the USA, beginning in the Dallas/Fort Worth (TX) area;
- collaborate with other NGO's in the fields to create synergies and expertise and interconnect globally with the aim to learn, share and optimize programmes;
- disseminate correct information, reduce misconceptions about the pandemic and so eliminate discrimination and create access to appropriate info on the syndrome, prevention and treatment options;
- change behaviour to reduce risk of exposure to HIV/AIDS by focusing on changing social norms and education, and reduce the effects of misinformation and stigma and help create a more accepting environment;
- increase demand and supply for, as well as access to and use of available treatment among the most vulnerable and marginalized.

Partnerships

In 2018, HOPE Cape Town established and formalised partnerships with the Cathedral of HOPE and Bryan's House, both are based in Dallas, Texas. Despite the political instability in the USA, these partnerships and dialogues have continued however, the collaborative efforts in terms of programmes, learning exchange and research have not progressed at the pace we had anticipated. Nevertheless, we remain in regular contact and share our stories of challenges and success in the hope that the momentum will improve in the near future in a post-Covid-19 world.

Memberships

Auntjuan Wiley hosted World AIDS Day 2019 events which were attended by Stacie Greskowiak-McNulty.

The Ryan White AIDS Programme is a coordinating and funding body and both Dallas based directors of HOPE Cape Town USA – Auntjuan Wiley and Stacie Greskowiak-McNulty sit on the Board of Ryan White as representatives and as such, they are able to propose policy changes in the State of Texas.



Above: Fr Stefan Hippler at the Cathedral of HOPE on World AIDS Day 2018 (left) and Stacie Greskowiak-McNulty with young Jordan at AIDS Walk South Dallas (right)

Below: Bryan's House Executive Director, Abigail Erickson-Torres with the HOPE Cape Town USA Directors (left) and HOPE Cape Town USA Director's Meeting – Stacie Greskowiak-McNulty, Fr Stefan Hippler, Auntjuan Wiley, Shirley Kunzmann and Joe Kunzmann (right)

Our strength comes from being a global organisation, with an ever-increasing presence, connecting in multiple ways across country borders and continents while working in complementary ways to reinforce and strengthen each other's practices. We honour our relationships by providing systems that are clear, transparent and straightforward to enable our colleagues and partners to make and execute the decisions required to deliver change.

We recognise our responsibility to use wisely the resources entrusted to us by the efforts of the people, communities and other organisations who put their faith into our practice.

13. Support of other Organisations and Initiatives

Tygerberg Hospital School - Xhosa-speaking Teacher

Once again, this year the HOPE Cape Town Trust received dedicated funding from Goetheanum, General Anthroposophical Society to support the Tygerberg Hospital School for another year with funding for a Xhosa Teacher. Since January 2015, the Xhosa speaking teacher works with the isiXhosa learners at the school and in the wards.

Tygerberg Hospital School is a school inside the Tygerberg Hospital. The learners are the patients of the Tygerberg Hospital.

When learners are admitted to hospital, they miss a lot of teaching. Some learners have already been in the hospital for long periods that they need intensive remedial education. Many of the learners will be in bed for long periods without any stimulation. There are often children as old as 12 who have never attended school. Tygerberg Hospital School (THS) wants the best possible education for each child and is thus very fortunate to accommodate the learners, give them hope for the future, and affect a positive difference in their lives. THS teaches the learners on their level and builds their confidence and academic career. THS teaches all the learners and does not discriminate according to gender, language, grade, race or illness. THS also tries to bridge the gap between their school at home and while they are in the hospital.

The following commentary was made by the principal of the school and the teaching staff:

There has always been a great need at the school to employ a Xhosa teacher. For the last four years we had Khosi Jelwana with us – thanks to the generous sponsorship. She is a teacher in heart and soul, and we cannot imagine our service to the children without her. The need here is not only at the school but also in the wards. Mother tongue teaching is a passion of ours. We know from research that the best results stem from mother tongue teaching. Not only do we look at the outcome of the child's academic progress, but also at the emotional status of a child in the hospital. You cannot separate the two and it works to the benefit of the health of a child.

Since she has started here, Khosi has made a huge difference to parents and children. We, the non-Xhosa speaking teachers learn so much about the Xhosa culture and how to go about with the parents and learners.

HOPE Cape Town also supports the Tygerberg Hospital School with volunteers, support for events, clothing, books, toiletries, computers etc.

Khosi's warm personality draws people to her and the learners trust her immediately. Her sense of humour is also a breath of fresh air where sadness is part of the daily routine. She is not only an amazing teacher; she also gives a lot of herself to the learners.

Khosi's experience in working with HIV/AIDS patients is a big benefit to THS; she has educated her colleagues in many ways around the above. Her insight in the sick learners' needs is noticeable.



Khosi Jelwana at a Children's Ward at Tygerberg Hospital (left) and at the Library at Tygerberg Hospital School (right)

Tygerberg Hospital School – Occupational Therapy

We have been working closely with the Tygerberg Hospital School and Dr Pricilla Springer, a paediatrician at the Department of Neurology of the Tygerberg Children's Hospital for many years. The school and Dr Springer approached us to find out if HOPE Cape Town could help children who attend pre-school at the Tygerberg Hospital School and need occupational therapy.

Sensory Kidzone has been affiliated with Tygerberg Hospital School since 2015 when the need for occupational therapy within the school was identified and offers therapy at the Tygerberg Hospital School for patients who cannot afford private occupational therapy.



After having successfully worked together in providing occupational therapy services in Tygerberg Hospital School in 2018 HOPE Cape Town got the opportunity to extend this cooperation further. In order to work best in the interest of the learners Sensory Kidzone proposed to provide individual occupational therapy treatment to 13 additional learners attending Tygerberg Hospital School. Learners in Ms Sandy's class are prioritised as learners in this class are referred to the school by Dr Springer.

Sensory Kidzone did an initial assessment of each learner and wrote a report which can be used to apply for future schools. The learners receiving weekly therapy. This will enable the therapists to provide goal orientated, individualised occupational therapy.

The therapy started at 6 August 2019 and will conclude on 9 June 2020.

14. HOPE Cape Town Board of Trustees 2019/2020

The HOPE Cape Town Trust brings together individuals from diverse backgrounds to provide guidance for the organisation. We are honoured to gather wide-ranging expertise and to benefit from specialised knowledge. The focus of the Trustees on the long-term vision and stability of HOPE Cape Town is important for achieving our objectives.



Board of Trustees and Advisory Board of the HOPE Cape Town Trust

15. HOPE Cape Town Trust Advisory Board

Within the Trust we make a place for exceptional individuals who have made outstanding contributions to HOPE Cape Town.



Since 2008, Hardy Fiebig, former athlete and CEO of the company “Allstar Production Group”, joined the HOPE Cape Town Trust team as special advisor. We are very pleased to have Hardy Fiebig on board and highly appreciate his valuable input so far.



In 2015 Mr Joe Kunzmann joined the Advisory Board and represents with the support of his wife Shirley HOPE Cape Town in the USA.



2011 Mrs Anja Tambusso-Ferraz joined the Advisory Board – Anja has been involved with HOPE Cape Town for many years as the main organiser of the Ball of HOPE in Cape Town.

16. Sponsorship and Donation “in the reporting year”

Every cent counts and we thank all sponsors and donors and apologies if we forgot somebody to mention. We appreciate everybody who notifies us after making a donation via EFT, transfer or our website, so that we ensure the issuing of a tax deductible receipt in South Africa or in Germany as well as including the name in this paragraph. We especially also thank all those sponsors and donors who want to remain anonymous.

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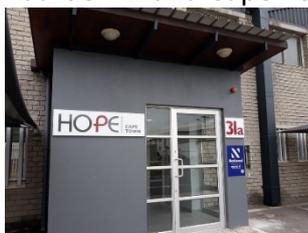
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31a Carlisle Street

Paarden Eiland Cape Town, 7405



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- EFT
- Secure Online Payment via www.hopecapetown.com/donate

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Our Banking Details in South Africa:

Account Name: HOPE Cape Town Trust

Name of Bank: Standard Bank of South Africa Limited

Account No: 070274525

Branch Code: 020909

Swift Code: SBZAJJ

Branch Name: Thibault Square

Account Type: Business Current Account

Our Banking Details in Germany:

Kontoname: Katholisches Auslandssekretariat

Bank: Commerzbank, Köln

Konto-Nr.: 2 114 021 00 (BLZ 370 800 40)

SWIFT-BIC.: DRESDEFF370

IBAN: DE72370800400211402100