



HOPE | CAPE TOWN

NEWSLETTER

Quarter 4

Issue 3

Dance to the moon and reach for the stars!

Dresden was filled with love and joy on the 27th of October 2018 at the 13th HOPE Gala.

The 13th HOPE Gala came to an end with the beautiful song 'What A Wonderful World' and raised a total of € 143,740 before deductions for HOPE Cape Town and our projects.

The magnificent sold-out event was hosted at the Dresdner Staatsschauspiel, where more than 80 artists performed together on stage, without being compensated for their performance.

All the artists, organizers, as well as the guests played a significant role in the success of the 2018 HOPE Gala and are all committed to us – the people of South Africa.

Our very own Dr. Sadeeka Williams travelled to Dresden and attended the 2018 HOPE Gala and represented HOPE Cape Town, alongside Rev. Fr. Stefan Hippler.

The next HOPE Gala's date is set for the 16th of November 2019 and the venue has been confirmed to be the Dresdner Staatsschauspiel, once again.



Rev. Fr. Stefan Hippler and Viola Klein receiving the donation for HOPE Cape Town.



HOPE Cape Town's Dr. Sadeeka Williams and her husband attending to 13th HOPE Gala in Dresden.

Expanding our footprint in the USA.

In November all of the **HOPE Cape Town USA** directors made their way to Dallas, Texas to hold their final Board Meeting for 2018. During their stay in Dallas they accompanied director Auntjuan (Mr Community) Wiley to the House of Blues for a day of HIV treatment education and entertainment sponsored by Triumeq ViiV pharmaceutical company and Parkland Hospital and, to the Central Congregational Church in the evening for the C.U.R.E. Annual World AIDS Day event.

Earlier in the year HOPE Cape Town established a partnership with **Bryan's House**. Founded 30 years ago as a care center for children suffering from HIV/AIDS, Bryan's House is a non-profit organization that provides medically managed child care, respite care and family support services to 1,200 people a year. We visited Bryan's House CEO Abigail Erickson and Shannon Hendricks who kindly gave our directors a guided tour of their facilities. HOPE Cape Town and Bryan's House have agreed to conduct a joint research study to assess the impact of interventions with clients from age 0 to 5, their families and caregivers. We shall aim for a White Paper as the culmination of the three year study to be presented at an international conference in 2022.

The **Cathedral of HOPE** is the original meeting place where HOPE Cape Town USA was initiated and represents our 'home' in Dallas. Since we are considered a strategic partner of the Cathedral of HOPE, Senior Pastor Neil Cazares-Thomas invited HOPE Cape Town to participate in their World AIDS Day Resource Fair and Agency Expo. Together with Texas-based organizations such as AIN (Access Information Network), Prism Health, LifePath Systems and Resource Center Dallas, HOPE Cape Town exhibited videos, posters and printed materials and handouts – all in all a great networking opportunity. The directors also attended a program of Remembrance and Recommitment to HIV/AIDS on the eve of the First Sunday of Advent.

Raise awareness and share your uniqueness to the world.

The German International School in Tamboerskloof hosted the 2018 DSK Bazaar on the 3rd of November 2018 and it was a day filled with thousands of people, fun, and loads of activities. HOPE Cape Town was privileged enough to have a stall at the event and entertained children with coloring activities and naming the HOPE Hero and HOPE Heroine.



Kerstin Behlau, Natanya du Plessis, and Marlene Whitehead at the 2018 DSK Bazaar with the finalists of the coloring-in masterpieces.

Maria van Blerk, our Social Worker and Patrick Sigqwagqwa, Project Facilitator in Blikkiesdorp represented the HOPE Cape Town Community Centre in Blikkiesdorp at the annual event of '16 Days of Activism' at the Delft Main Clinic on the 28th November 2018.



Patrick Sigqwagqwa interacting with individuals at the Delft Main Clinic.



Bryan's House CEO Abigail Erickson with HOPE Cape Town USA Directors Rev. Fr. Stefan Hippler, Shirley Kunzmann, Stacie McNulty and Joe Kunzmann.



Rev. Fr. Stefan Hippler sharing the HOPE Cape Town story at the Cathedral of HOPE's Resource Fair Agency Expo on World AIDS Day 2018.

The 1st of December 2018 marked the 30th World AIDS Day and HOPE Cape Town was the beneficiary of the Zumbathon For A Cause event and had a stall at the event, where numerous individuals participated in a gigantic outdoor Zumba class.



Julius Scholz, a HOPE Cape Town Volunteer, representing HOPE Cape Town at the Zumbathon For A Cause.

When we make play the foundation of learning, we teach the whole child.

Delft Children's Party – 1st of October 2018

The Delft civic centre was filled with laughter and happiness on the 1st of October 2018 as the patients of Dr. Annette Houston and Dr. Sadeeka Williams attended their annual children's party.

The children's party is regarded as a motivation for the patients to attend the clinic on a regular basis and receive the necessary treatment and take their prescribed medication. As a reward, HOPE Cape Town hosted the Delft Children's Party for the patients at the Delft civic centre, where the children enjoyed activities such as jumping castles, receive beauty treatments - manicures and pedicures, have lunch together with their parents and guardians, learn dance moves from a hip-hop instructor, participate in a talent show, and receive a gift.



The children attending the party in Delft learning hip-hop moves from a hip-hop instructor.

Blikkiesdorp year-end outing – 29th of November 2018



One of the Blikkiesdorp playgroup children enjoying the challenging obstacles at Bugz Playpark.

Thursday the 29th of November 2018 marked the last playgroup at Blikkiesdorp for 2018 and the children celebrated by going on an outing to Bugz Playpark - where they were accompanied by HOPE Cape Town staff members and HOPE Cape Town past- and current volunteers.

The Blikkiesdorp playgroup children were treated to hours of play on the jungle gyms, slides, swings, play houses, tree houses, and obstacles. The children were also introduced to Bugz Playpark's petting-zoo, during which the children got to hold, nurture, and learn about geese, guinea pigs, and rabbits. To end the outing off, lunches were served to the children, as well as goodie bags with sweets and treats, and a cupcake.



The Blikkiesdorp playgroup children inside the petting zoo at Bugz Playpark, petting and learning about animals.

Blikkiesdorp graduation – 29th of November 2018

We are extremely proud of our Blikkiesdorp playgroup children who attended the playgroup regularly throughout the year and committed themselves to learning and developing their skills and knowledge. During the afternoon of the 29th of November 2018, the Blikkiesdorp playgroup had their graduation, whereby each child received their report, a certificate and a school bag. Good luck to the children starting school and attending grade 1 in 2019!



The Blikkiesdorp playgroup at their graduation ceremony, accompanied by HOPE Cape Town staff members and HOPE Cape Town past- and current volunteers.

HOPE Cape Town - a learning organization.

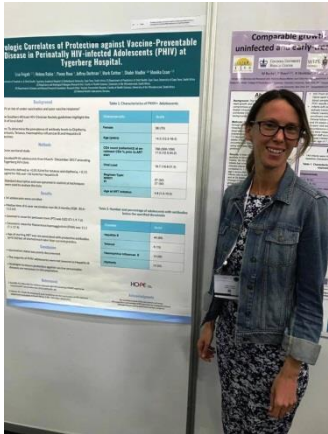
'Continuous Grief, Loss and Trauma' - training course

Elizabeth Clack led HOPE Cape Town employees on an intense 'Continuous Grief, Loss and Trauma' training course this year. The group bonded deeply and achieved 100% compliance.

Congratulations to our colleagues!



HOPE Cape Town's employees after completing the 'Continuous Grief, Loss and Trauma' course, standing proudly with their certificates.



Dr. Lisa Frigati's study on antibody levels of various vaccines in prenatally HIV infected adolescents

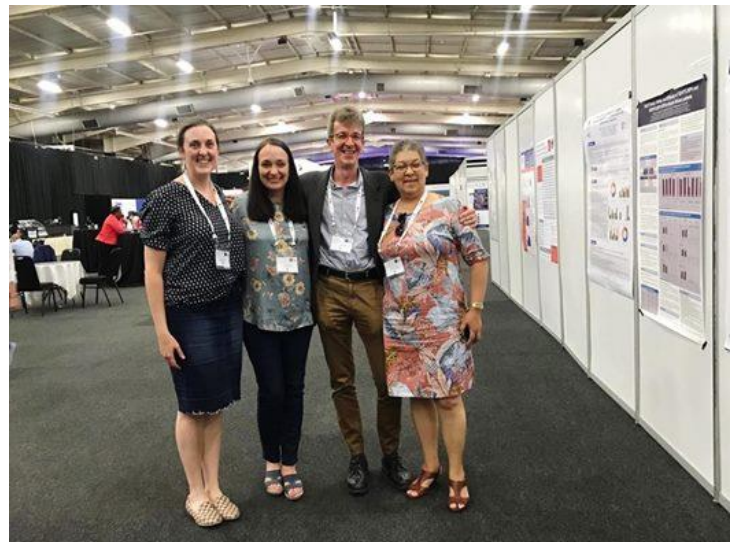
HOPE Cape Town funded a study by Dr. Lisa Frigati looking at antibody levels of various vaccines in prenatally HIV infected adolescents. These adolescents are thought to be at risk for under vaccination and poor vaccine response. Dr. Frigati's poster on her findings was displayed at the South African HIV Clinicians Society's Conference in Johannesburg.

Dr. Lisa Frigati standing next to her poster on her findings on her study.

Southern African HIV Clinicians Society Conference

Dr. Izane Reyneke, Sister Pauline Jooste and Dr. Ana Houston attended the SA HIV Clinicians Society Conference in October 2018. According to Dr. Houston, it was a wonderful space to be inspired by discussions around current issues in HIV and TB care, as well as thinking through the potential challenges and breakthroughs that will be coming for future care. It's great for networking and strengthening relationships with colleagues in the field.

HOPE Cape Town Association Board member - Prof Wolfgang Preiser also attended the HIV Clinicians Society Conference. His poster is on Pooled testing as a tool to make diagnosing HIV infection and monitoring patients on ART more affordable. HOPE Cape Town staff had the opportunity to catch up with him and share their conference experiences.



Dr. Ana Houston, Dr. Izane Reyneke and Sister Pauline Jooste met up with Prof. Wolfgang Preiser at the SA HIV Clinicians Society Conference.

Gugulethu networking event – 26th October 2018

Marlene Whitehead and Natanya du Plessis attended and presented at UCT's School of Public Health and Family Medicine's networking extravaganza in Gugulethu's JL Zwane Hall. Representatives from more than 30 local NGOs were in attendance and at the end of the day we all agreed that we had learnt so much from each other - "Community development is a deliberate process!"



Laurie Gaum representing GenderWorks, a non-profit organization dedicated to transform gender and sexuality injustice.

Community Health Workers' outing to Robben Island

On the 31st of October 2018, the community health workers of HOPE Cape Town boarded a boat to Robben Island to visit historical landmarks and to learn more about the history of Robben Island and South Africa as a whole. The day was filled with laughter and learning, as the HOPE Cape Town team gained valuable knowledge regarding Robben Island, the history of South Africa, and the living conditions of the former Robben Island prisoners.



Violet, Sonia, and Pauline from HOPE Cape Town attended Thuli Madonsela's lecture on the 6th of November 2018.



HOPE Cape Town's Community Health Workers posing with the Robben Island Yellow Frame.

Thuli Madonsela's lecture on Ethical Leadership

South Africa's former Public Protector Professor Thuli Madonsela delivered a lecture on Ethical Leadership on the 6th of November 2018 at the University of Stellenbosch Medical and Health Sciences campus. HOPE Cape Town staffs Violet, Sonia and Pauline were there to listen to the words of wisdom.

Rev. Fr. Stefan Hippler's visit to St. Willibrord High School and St. Matthias School Center

On the occasion of St. Willibrord Day, Stefan presented HOPE Cape Town and our work to the students of St. Willibrord High School in the House of Youth in Bitburg. Mrs. Karina Hauer, teacher at the school, handed a donation over to Stefan. The donation was collected by the campaign "Lebensläufe" and students of the graduation year 2018 contributed as well to the donation.

A day later, Stefan followed the invitation of the One-World-Shop "Alasitas" in Bitburg and lectured at the St. Matthias School Center about the topic: "HOPE Cape Town, social work in the crossfire of politics and gangsterism". Alasitas also handed a donation over to Stefan.

Both events were well attended and attracted a lot of interest.



Rev. Fr. Stefan Hippler lecturing at the St. Matthias School Center.



Rev. Fr. Stefan Hippler receiving the donation from Mrs. Karina Hauer, teacher at St. Willibrord High School.