

UCT Health Literacy & Advanced Clinical Counselling Skills Course

We are very privileged to have 10 HOPE community health workers attending this fantastic course! The course runs over 2 years, and the community health workers attend training at Groote Schuur Hospital for a full day once a week. 8 of our community workers are already into their second year, and 2 more have been generously sponsored by the Kidzpositive Family Fund, and started the course this year.

The course is aimed at lay counsellors practicing in clinical settings, who wish to develop personally, professionally and academically. It is a collaboration between the Infectious Diseases adult and paediatric departments and the psychiatry department of Groote Schuur Hospital, as well as Hope House Counselling Centre and UCT. The health literacy module provides grounding in human biology and child development, communicable and non-communicable disease, treatment literacy and psychology of health and treatment. The counselling skills course is a comprehensive general counselling course with additional material regarding the needs of people with HIV as well as other chronic illnesses.



Our HOPE community workers are really making the most of every opportunity to become excellent at what they do!