



NEWSLETTER

2019

Quarter 1 Issue 1

A Fond Farewell and a Trio of Warm Welcomes!

HOPE Cape Town Programs Coordinator Dr Izane Reyneke said it was “a bitter-sweet occasion” when we bade a fond farewell to Dr Sadeeka Williams at the end of February. Her warm, gentle and caring attitude will be missed by all especially those she worked closely with at Delft Clinic and the HOPE to Home and HOPE for Babies projects at Tygerberg Hospital. May you continue to be a blessing to all you encounter Sadeeka, and may you enjoy success in all your future endeavours.

The HOPE Cape Town family has grown in the first quarter of the current year. We welcomed three ladies to take on new and key positions within the organization.

Andrea van der Merwe has been appointed as Finance Officer. Whereas in the past this function was outsourced to external consultants, Andrea is now responsible for all accounting and payroll requirements.

Samke Nyamathe graduated in 2015 as a medical doctor and is currently completing her Masters in Maternal and Child Health. Samke’s current passions lie in adolescent health services and youth mentorship, healthcare provision to marginalized populations and paediatric HIV.

As the Brand Activator Monique Minne brings strong administrative and organizational skills to the marketing and fundraising team and has stepped into a new role as Monitoring & Evaluation administrator.



At the Farewell Tea Party - Dr Sadeeka Williams shares a sweet HOPE Cape Town memory with Mrs Violet Avontuur of the HOPE to Home project at Tygerberg Hospital.



HOPE Cape Town's 'new kids on the block' – Mrs Andrea van der Merwe, Dr Samke Nyamathe and Mrs Monique Minne.

First Observations of HOPE: by Doctor Samke Nyamathe.

"It's a great privilege to be involved in a project which aims to impact lives in the most hopeless situations. The Hope to Home and Hope for Babies projects have for years been a strong support for those infected and affected by HIV/AIDS in the maternal and paediatric community.

I have witnessed a team of people dedicated to ensuring that mothers and their babies are supported, their basic needs are taken care of and that they may have the opportunity to learn a skill while they are in the hospital. Mothers have given feedback that the craft classes provided by Adrie (one of our many dedicated volunteers) have given them a time in their day to breathe and feel normal again in the midst of dealing with the stressful time of their child's illness.

Mental health with particular focus on postpartum depression contributes greatly to neonatal health outcomes and the bonding and attachment process of a mother and her baby. There is still very little attention paid to the factors that contribute to postpartum depression, some of which occur during the prenatal, labour and early postnatal period. The presence of a loving and supportive counsellor from Hope Cape Town in that period aids in allowing the mother to feel supported and confident that she too can conquer the giant task of motherhood.

These projects have great potential to grow and impact maternal and paediatric health and well-being in the city of Cape Town."



The mothers enjoy the craft classes provided by HOPE Cape Town volunteer Adrie Theart. They take pride and joy in creating special toys and items for their babies.

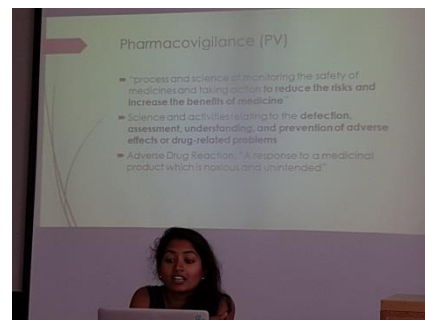


Integrated global healthcare studies and solutions

With our project partner KIDKRU, we have noticed the increase in applications for medical electives abroad particularly from the USA. Students enjoy the unique opportunity to experience delivery of

health services in Cape Town. Britt Hultgren from Missouri (*bottom left*) conducted a presentation on the role of the privileged in healthcare justice while Jessica Quaggan-Smith from North Western University in Chicago

(*bottom centre*) compared the challenges of paediatric medication adherence in the US and South Africa, and Neelima Agrawal (*bottom right*) also from Northwestern University chose the topic of pharmacovigilance for her presentation.



The smallest act of kindness is worth more than the grandest intention ≈ Oscar Wilde

Blikkiesdorp celebrations – 14th February 2019

There was tremendous excitement as the play group children celebrated three special events on this day. Our supporter MySchool MyVillageMyPlanet commemorated their 21st Anniversary with the children and HOPE Cape Town Brand Ambassador Katlego Maboe joined in the Happy Birthday song. Kat surprised us all by bringing his partner Monique to visit us and their brand new baby boy Phoenix wore his special "My dad's a HOPE Hero" t shirt much to the delight of the staff! After story time, puzzle time and lunch time, the children gathered together and were served beautiful heart-shaped chocolate cupcakes...because it was Valentine's Day of course ♥



HOPE Cape Town Brand Ambassador Katlego Maboe and Maria's play group participant sharing puzzle power.

Blikkiesdorp, the bond between us – January to March 2019



Volunteer Viva from Hamburg, Germany, heard about the volunteer programme from Bartholomäus Grill who co-authored the book GOD AIDS AFRICA with Rev.Fr.Stefan Hippler-Chair of the HOPE Cape Town Trust.

Many HOPE Cape Town volunteers are relatives or friends of international people who support and/or have visited the HOPE Cape Town projects and the inter-continental linkages are always interesting.

It is therefore such a joy to reconnect with former volunteers and their families when they travel to Cape Town. Volunteers always love to visit Blikkiesdorp to see how the project has grown since they've left. It's hard to say good bye to Blikkiesdorp forever, it's the memory of appreciation for having given time and energy to a special community and that connection is with you for always.



HOPE Cape Town staff Kerstin, Pauline, Angela and Monique were delighted to catch up with a former HOPE Cape Town volunteer of five years ago. Lucas and his family travelled from Germany to visit Blikkiesdorp and Delft Clinic during their vacation.

Blikkiesdorp, through a local lens - February 2019



Themba Msimang took time off from his work at the Southern African – German Chamber of Commerce and Industry to see what the Blikkiesdorp outreach project is all about.

In 2018, when Themba Msimang started his career at the Southern African-German Chamber of Commerce and Industry, he heard much about their partner NPO HOPE Cape Town. Being a man with community development issues very close to his heart, Themba wondered what all the hype was about so he decided to spend a morning with us to discover all he could about the HOPE community projects. Within no time Themba and Patrick were sharing water-wise gardening tips and discussing the layout of the vegetable beds for optimum results. "I am so impressed, you're doing amazing work HOPE Cape Town, thank you and keep it up!" were his last words to us as he headed back to the City and the busy business of commerce and industry.

Play, Learn, Grow

The Community Garden

Included in the generous donation of garden equipment from 3 Peaks Productions were a number of small garden tools such as rakes and spades. Patrick Sigqwagwa is the Blikkiesdorp Project Facilitator and he believes that to improve the quality of education children should not be required to sit at a desk for long hours. From an early age they should be outdoors and learning about the environment. Patrick encourages the children to identify and nurture the seasonal fruits, vegetables and herbs grown in the community garden. They also learn the nutritional value of all the produce and are taught how to sow seeds and plant seedlings and how to harvest.



Patrick Sigqwagwa encourages children to work the soil by using garden tools especially crafted for young children.

School Preparedness



First Day of Primary School

Both international and local donors provide annual funding for the purchase of school uniforms, books and stationery for the children of Blikkiesdorp and Delft who attend formal school for the first time. HOPE Cape Town Social Worker, Maria van Blerk works tirelessly for months and sometimes even years to assist parents and guardians to obtain the necessary documentation for the children to enroll at a primary school in their neighbourhood. Older children are also given uniforms and stationery as an incentive to attend school regularly and achieve in their studies. Between January and March this year 109 children were kitted out as they proudly embarked on their exciting new journey of learning.



The Class of 2019 preparing for the start of their school career. This year they will learn numeracy and literacy as well as soft skills.

Optimising Youth Empowerment Opportunities

Fifteen young people of Blikkiesdorp participated in a First Aid and CPR training course facilitated by the BounceBack Community Training Initiative of Belhar.

Following an intensive training course the youth attended a graduation ceremony and were awarded with certificates of competence. BounceBack provides a number of training courses for young people who want to increase their knowledge and skills in order to improve their employment opportunities.



Blikkiesdorp Students of the BounceBack Community Training Initiative (Belhar Branch) who graduated with certificates in First Aid and CPR.

Creating common purpose, peer support and trust among stakeholders

USA – Dallas, Texas

Chairperson of HOPE Cape Town Trust, The Reverend Father Stefan Hippler visited US partner organizations in Dallas recently to continue the conversation with regard to collaborative interventions. Due to the global economic changes which have resulted in many funding cutbacks for non-profit and charitable organizations, it has been necessary to promote the sharing of good and effective practices. The newly founded HOPE Charities, a subsidiary of the Cathedral of HOPE in Dallas is an innovative charitable organization within a faith-based community which has partnered with HOPE Cape Town to create common purpose and peer support working together in a collaborative, supportive and empathetic way. In another partnership, together with Bryan's House based in Dallas, we plan to measure our activities against specific outcomes that relate to the spreading of good practice, the maximizing of resources and the impact on the system.



CEO of Bryan's House, Abigail Erickson-Torres and the Rev. Fr. Stefan Hippler share ideas about facilitating the creation of change at a systemic level both in the USA and South Africa.

Cape Town – The City of Many Hopes



"In such projects, the students of DHBW Stuttgart familiarize themselves with media competence and other aspects of social competence. They realize, that education is the key to prosperity and peace in one country." - Prof. Dr. Uwe Swoboda told the project leaders in South Africa.

HOPE Cape Town founder Rev. Fr. Stefan Hippler featured in a documentary which was launched at the Goethe Institute in Cape Town on 15th February 2019.

The Program Director Professor Dr Uwe Swoboda supervised Stuttgart based students of Media, Sales and Communications studies to conduct a situational analysis and impact study of four non-profit organizations with German roots in Cape Town. Interviews were held with international (mainly German) volunteers working with children and women in marginalized communities in townships on the outskirts of Cape Town. The information was then used to develop this documentary about the work of non-profit organizations and volunteers in Cape Town (the City of Hope) and Paternoster, a fishing village on the West Coast of Cape Town. Besides the HOPE Cape Town outreach project in Blikkiesdorp, the other organizations that featured were New World Foundation, iThemba Labantu and Paternoster Volunteer Project.

Raising Funds for HOPE

The Ball of HOPE – Saturday, 18th May 2019

Very few tickets are still available for the 19th annual Ball of HOPE, so hurry and make your booking now to avoid disappointment. Join us for an evening of fine dining, dancing and entertainment while contributing towards the sterling work of the HOPE Cape Town team. We have many grand prizes to be won in the tombola!



AHK Deutsche Industrie- und Handelskammer für das südliche Afrika Southern African-German Chamber of Commerce and Industry & **HOPE** CAPE TOWN TRUST

invite you to this year's
BALL OF HOPE

The theme for 2019:
HOPE AROUND THE WORLD

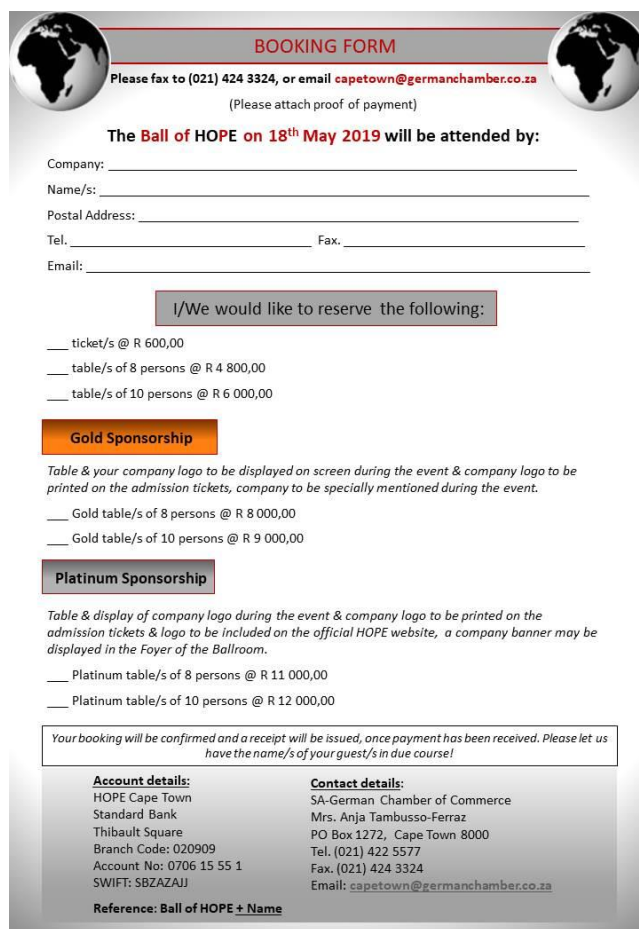
The Ball of HOPE 2019
takes place on
Saturday, 18th May 2019 at 18h30 for 19h00
at
THE WESTIN
CAPE TOWN

Dress Code Black Tie / Traditional

Join us again for this prestigious event and play a significant role in the lives of many needy children and their families in the Western Cape.
This year's event is proudly sponsored by

NEDBANK

With apparent ease, the amazing Viola Klein coordinates a spectacular evening of entertainment at this prestigious annual fundraising event with the help of many volunteers and sponsorships from corporates and foundations in Germany. The 14th HOPE Gala is scheduled to take place at the Staatsschauspiel Dresden. To book your tickets please click on <https://www.hopegala.de/tickets>



BOOKING FORM

Please fax to (021) 424 3324, or email capetown@germanchamber.co.za
(Please attach proof of payment)

The Ball of HOPE on 18th May 2019 will be attended by:

Company: _____
Name/s: _____
Postal Address: _____
Tel. _____ Fax. _____
Email: _____

I/We would like to reserve the following:

___ ticket/s @ R 600,00
___ table/s of 8 persons @ R 4 800,00
___ table/s of 10 persons @ R 6 000,00

Gold Sponsorship

Table & your company logo to be displayed on screen during the event & company logo to be printed on the admission tickets, company to be specially mentioned during the event.

___ Gold table/s of 8 persons @ R 8 000,00
___ Gold table/s of 10 persons @ R 9 000,00

Platinum Sponsorship

Table & display of company logo during the event & company logo to be printed on the admission tickets & logo to be included on the official HOPE website, a company banner may be displayed in the Foyer of the Ballroom.

___ Platinum table/s of 8 persons @ R 11 000,00
___ Platinum table/s of 10 persons @ R 12 000,00

Your booking will be confirmed and a receipt will be issued, once payment has been received. Please let us have the name/s of your guest/s in due course!

Account details: HOPE Cape Town Standard Bank Thibault Square Branch Code: 020909 Account No: 0706 15 55 1 SWIFT: SBZAZAJJ	Contact details: SA-German Chamber of Commerce Mrs. Anja Tambusso-Ferraz PO Box 1272, Cape Town 8000 Tel. (021) 422 5577 Fax. (021) 424 3324 Email: capetown@germanchamber.co.za
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Reference: Ball of HOPE + Name

HOPE Gala Dresden – 16th November 2019



A 2.4m high elephant will be the star of the stage at the 14th HOPE Gala in 2019. The artists take time out to explain the structure to HOPE Cape Town patron and HOPE Gala coordinator Viola Klein.