



HOPE Cape Town strives to improve the quality of life and full potential of children and families affected by HIV, AIDS and related illnesses through its work in the Western Cape



Annual Report 2015/2016

Board of Trustees HOPE Cape Town Trust 07/05/2016

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Address of Consul General of the Federal Republic of Germany in Cape Town

Dear readers,

Once again it is my honour to introduce you to the Annual Report 2015/2016 of the HOPE Cape Town Trust.

After almost two years in Cape Town I now have a much clearer picture of the wide range of activities of HOPE Cape Town and its local partners and their impact on the quality of life of many HIV-positive children and their families in and around the Mother City.

HOPE Cape Town for me is typical for the kind of private German social engagement in foreign countries which makes us such a sought-after partner: it might not be as visible as large-scale economic cooperation like the one showcased by German carmakers employing thousands of South Africans here. HOPE Cape Town supports people on the grassroots level when the public health system cannot provide comprehensive assistance to all in need. Above all HOPE Cape Town stands for deeds, not words.

Any engagement of that kind however needs two pivotal ingredients: dedicated people and sufficient amounts of money. The latter is provided by extensive fundraising efforts at home and abroad. I am very satisfied that again the bulk of sponsorships and donations comes from Germany, especially through the meanwhile famous HOPE Gala in Dresden/Germany. The most important fundraising event in Cape Town is the annual “Ball of HOPE” in the prestigious Westin Cape Town Hotel, co-organised by the South African-German Chamber of Commerce, an indispensable partner for HOPE Cape Town. In May 2015 my wife and I had the honour and the privilege to open the dance at the Ball of HOPE, an event we keep very fond memories of.

What could HOPE Cape Town however achieve without their dedicated staff? Without antiretroviral treatment, without training and counselling courses, without assistance with the prevention of mother-to-child transmission of AIDS many more lives would be lost through HIV. What would the situation be without those more than 20 HOPE Community Health Workers, especially those living in disadvantaged communities, who fulfil their duties more often than not under very difficult conditions? I couldn't believe the numbers showing that the HOPE Community Health Workers – among many other activities – attended to more than 250,000 people in 2015 and that they did more than 25,000 HIV and TB tests.

I do admire all people in the greater HOPE community and I would therefore like to express my deep gratitude for their outstanding work. I am very confident that the HOPE Cape Town Trust, its partner organisations and supporters in South Africa and in Germany will make this very important non-profit organisation even more successful in the future. They bring life in the truest sense of the word to people affected by HIV. I wish all of them good luck and success for their hard but rewarding work.

Signed

Dr Bernd Rinnert

21 April 2016



Vision and Mission

HOPE Cape Town strives to improve the quality of life and full potential of children and families affected by HIV, AIDS and related illnesses through its work in the Western Cape of South Africa.

The mission of HOPE Cape Town will be achieved through the following measures:

- Collaboration with Tygerberg Academic Hospital, Stellenbosch University and Primary Health Care Facilities in the Western Cape as well as related facilities
- Improvement of clinical care and ARV access for infected children by supporting existing health care facilities and teams and providing access to scarce resources where possible
- Initiation and support of holistic care and development programmes alongside ARV treatment for children and families living with HIV
- Promotion of the clinical and social development of affected children and families through appropriate research thereby bridging the gap between community projects and science
- Training of HOPE Community Health workers to create together with the HOPE Cape Town doctors a diverse and skilled health care team
- Identification of and filling the gap in AIDS care in collaboration with other organisations to prevent duplications in care

1 Report of the Chairperson (Developments within the Trust)

The Purpose of the Trust

The HOPE Cape Town Trust is now in its 10th year and has made considerable progress and we attribute this rapid success to the credible reputation of HOPE Cape Town Association, the on-going publicity of our activities and effective networking with decision makers.

The 2015/2016 business year has a busy year for HOPE Cape Town with many challenges, but we can have indeed pride and confidence in HOPE Cape Town as an organisation continuing to consolidate the growth experienced in recent years and to develop new paths in streamline our core function:

Our task as the HOPE Cape Town Trust remains to secure the future and sustainability of HOPE Cape Town Association and HOPE Cape Town as such and to safeguard the financial stability of the organisation as such.

Development - and at the same time, honouring our original vision and our grassroots proximity to the reality of HIV and AIDS in South Africa this 10th report of the HOPE Cape Town Trust is a welcome time to review the accomplishments of the past year and to highlight again the focus and faith of HOPE Cape Town: people – the people within HOPE

Cape Town, the people in the communities we work in, the partners, the sponsors and the volunteers, who all constitute the HOPE Cape Town Community.

The HOPE Cape Town Trust was launched in Cape Town, South Africa in May 2006 at our annual fundraising event, the Ball of HOPE. After many years of successful public and private partnership with a diversity of stakeholders including committed Government entities, organisations, businesses and individuals in South Africa and Germany, the bold decision to form a Trust to ensure the sustainability of the HOPE Cape Town Association was taken. This step is evidence of a shared commitment to the future of HOPE Cape Town predicated on our strong belief in the fundamentals of the organisation and the resolve to support this undertaking by the volunteer Board members of HOPE Cape Town Association, the staff and, of course, our Trustees.

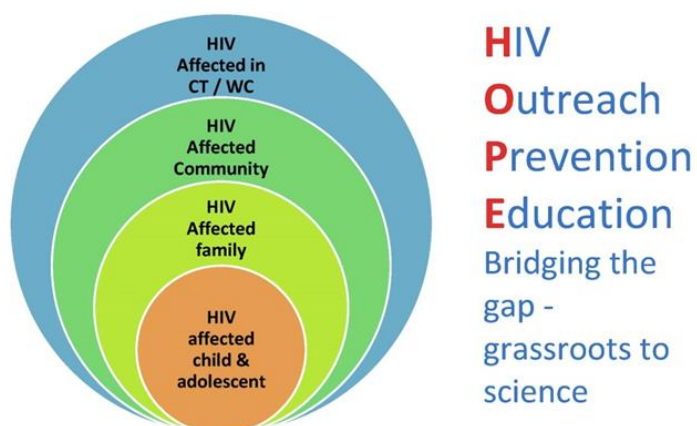
The goal of the Trust is, as previous said, to ensure the future of HOPE Cape Town's work and, thus, the continued delivery of effective services and programmes in the years to come. Marketing and Fundraising are the tools to support the "working horse" of HOPE Cape Town, named the HOPE Cape Town Association.

HOPE Cape Town has dramatically grown from the very first contact with Tygerberg Children's Hospital and the placement of the first HOPE Community Health Worker (HCHW) in Mfuleni at a time when Sister Pauline Jooste, our Outreach Coordinator, was the Clinic Facility Manager. Today 22 HOPE Community Health Worker positions are spread throughout the greater Cape Town area and 31 employees are working combined for HOPE Cape Town.

Throughout this time, HOPE Cape Town has continued to uphold and to share our vision to address the reality of HIV, AIDS and TB in the Western Cape Province and to protect the rights of individuals to know their status, access treatment and obtain quality information in a confidential, accepting environment. We believe individuals have the duty to be active in their care and prevention of further infections.

Core focus

HOPE Cape Town strives to improve the quality of life and full potential of children and families affected by HIV, AIDS and related illnesses through its work in the Western Cape



Continued Sustainable Directions for HOPE Cape Town

Based on our solid work within the Western Cape Province and the internal emphasis on consolidation, evaluation and meaningful development has led to the recognition that HOPE Cape Town has the potential to make a serious contribution in the fields of Paediatric HIV. Our relationship with the Faculty of Health Sciences of the University of Stellenbosch has developed into a working partnership and a new MOU was signed. Also the question of a formal rental agreement with the University of Stellenbosch was resolved and a three years contract signed. HOPE Cape Town continues with the Tygerberg Hospital research unit KID-CRU to offer community based Student Electives for academic credit, which has been running very successful since the beginning of 2008. HOPE Cape Town is also advancing into other fields of academic collaboration with the continuation of projects in the domains of e-learning and counselling. Initiatives like this set HOPE Cape Town on the route to sustainability while capitalising on our strengths in education and training. At the same time HOPE Cape Town is monitoring and evaluating the concept of HOPE Community Health Worker to strengthen the core function which should be the HIV affected child & adolescent.

During the reporting year the following developments within HOPE Cape Town are worth noting:

1.1 Work in the Communities

Child Sponsorship



We provide financial sponsorship to deserving HIV affected children and families to provide them with the following:

- Medical appliances e.g., reading glasses, sunglasses for children suffering from albinism, hearing aids
- School / crèche fees
- Fees for transportation to school or to hospital visits
- Fees to assist in paying for school uniforms, stationary, food, outings

Costs vary from child to child depending on the needs of that specific child.

HOPE Cape Town continued to sponsor school fees, aftercare, transport and hearing aids for Kay-Leigh Hendriks. She is doing very well at school, and received excellent marks at the end of 2015.

We also continues to support Yusrah Kassiem, who is doing very well at Paarl School, and now manages to walk some distance without her wheelchair or walking aids.

Nutrition



Good nutrition is essential for good health and wellbeing. HOPE Cape Town recognizes that it is important to address this need where we are able to. We have a community food garden, nutrition education and feeding program from the HOPE community centre in Blikkiesdorp. This has, unfortunately been affected by crime in the area this year, but it still remains an important part of care for the community as well as a space for community members to connect and build relationship with HOPE staff.

We also provide supplementary food for caregivers in Tygerberg Hospital wards as well as food parcels for those in need when they are discharged. This addresses a very practical need that the caregivers express, but also creates a forum for building trust and understanding, into which our CHW's are able to address medical issues and provide counselling and education.

Breastfeeding is a very important source of nutrition. HOPE Cape Town supports the baby friendly hospital breastfeeding initiative. Our HCHW's at Tygerberg are now trained breastfeeding counsellors and promoters and are regularly involved in giving breastfeeding education.

Occupational Therapy Services

Many of the children we work with have low self-esteems, which lead to other behaviour problems such as deviant behaviour. The majority of these children are also developmentally delayed or under-developed. Most parents are too busy trying to survive that they do not have time to play with their children and, due to being raised in poor and under resourced families themselves, never learnt how a parent should play with their child. Many families also live in communities where drug and alcohol abuse is rife.

During the period under review we hosted a GO-Box project at Tygerberg Children's Hospital and at community level in some of the low income areas that we serve. This is an

early childhood development programme developed by occupational therapists working with HIV positive children at Groote Schuur Hospital. HOPE Cape Town has contracted a registered occupational therapist that has adapted this program and is currently running this 10 month program with groups of HIV affected children. Caregiver-child pairs are initially supplied with an empty box and as the session's progress the box is filled with age appropriate tools. The caregiver can then use these tools to teach, interact and play with his/her child. This is an interactive programme where caregivers are shown practical ways to stimulate their children and given the opportunity to practice their new skills in a supervised environment.

Social Work Services

We are offering counselling and therapeutic group work services by a registered social worker to HIV positive children within the communities. This includes individual counselling/play therapy sessions for children and family counselling sessions for families of HIV positive children, especially focussing on dealing with the diagnosis of HIV and living positively despite having HIV.

Additionally we host educational parenting workshops where parents are taught how to communicate with and discipline their children.

During this period under review our Social Worker, Maria van Blerk, rendered services to three institutions:

- Community of Blikkiesdorp
- Manenberg Aftercare Centre
- Emily's Playschool - Sir Lowry's Pass

It was decided that services at Sir Lowry's Pass would be terminated and instead another morning would be spent at Blikkiesdorp with the new pre-school educational project. The need at Manenberg still continued and another afternoon was temporarily linked to the centre.

Services rendered included:

Blikkiesdorp: Twenty therapy sessions with adults - issues addressed included SASSA grants, parental guidance, dysfunctional family relations, birth registration of children, disabled adults support systems, chronically ill community members, teenage defiance behaviour, children with developmental delays and non-school going children. During 2015 the need for individual sessions decreased and the need to address children of school-going age not attending school became obvious. Maria initiated a group for these children. Twenty-seven sessions have been held since September 2015. The children accumulated from approximately 5/6 per session to currently 12-17 per session.

Manenberg: The need for therapy for children in this community is huge. Maria has been seeing 6/8 children regularly on a weekly/monthly basis. She is continuing the social skills

group and two new members have joined. This is a troubled community with children often left to fend for themselves and they turn to this community project for support.

Sir Lowry's Pass: Although we terminated services in this community, the need for emotional/occupational/developmental/speech therapy is continuous. Maria could manage to see four children on a weekly base and would immediately start with a new identified child when she terminates services for another child. She wrote referral reports for occupational therapy as well as statutory social work interventions.

Time and resources allocated in these areas was functional and balanced where the need occurred.

Community Health Workers

Globally we know that approximately 34 million people are infected with HIV. The South African population in 2013 was 53 million with 6.4 million HIV infected people. Only 2 million are on antiretroviral treatment and 1 in 5 South African women in their reproductive age are HIV positive. There are 1,285 new infections and 490 AIDS-related deaths every single day. There are over 3 million AIDS orphans in South Africa.

HOPE Cape Town realised that the true need for early and on-going intervention is evident in communities in and around Cape Town. As a core function therefore HOPE Cape Town started recruiting individuals from previously disadvantaged communities where resources and services are limited. HOPE Cape Town appoints and trains these community members to work as HOPE Community Health Workers (HCHWs) at the local day hospital or clinic (all government facilities) within the communities where they come from. With our Community Health Worker Project our aim was to maximize the impact of our intervention thus we took the decision to where possible recruit and employ individuals that were previously unemployed. We also sought to recruit females thus promoting their empowerment and driving gender equity.

Not only do these HCHWs increase the staff capacity at these hospitals and clinics significantly in respect of ancillary medical treatment and care, but they also provide awareness of HIV/AIDS and the prevention thereof within their own communities.

The role of the HCHW with regard to HIV includes:

Prevention

- educational talks at clinics, visits to schools, distribution of condoms and pamphlets
- Testing
- pre-test and post-test counselling, as well as the rapid HIV test itself
- Treatment
- counselling about disclosure issues, education about how to take ARVs correctly and advice about adherence to ARVs

One HCHW is thus able to participate in all aspects of HIV care as well as being able to advise on other basic primary health care issues, for example, a HCHW can advise on other

important components of health care such as more frequent cervical screening (pap smears) for HIV positive women.

Other major work areas of HCHWs include:

- Tuberculosis (TB)
- Child care services (incl. immunization and nutrition)
- Male circumcision
- Sexually Transmitted Infections
- Cervical screening (pap smears)
- Implementation of community development projects such as gardening projects, support groups and child development groups

Community Impact

Statistics for Community Health Worker's Interaction for 2015 (direct contacts¹)

Children seen from birth to age 12	91,998
Teenagers seen from 13 to age 19	62,421
Adults seen	106,933
HIV tests done	14,991 (Positive 828)
TB tests done	10,939 (Positive 1,266)
Total amount of clients seen	287,282

Community Project Blikkiesdorp



¹ The above are figures for direct contact sessions however our impact is much wider and it is impossible to quantify the indirect impact on the wider community, care-givers, family members and friends who are often present during contact with patients and home visits.

Blikkiesdorp is a “temporary” settlement near Delft. Most of the inhabitants have already been living there since 9 years and a number of them were resettled there before the World Cup 2010 started. In total, 4,000 - 12,000 people (nobody knows the real number) are living in Blikkiesdorp. The crime rate is very high; there is no public transport and the Minibus Taxis only offer a limited service so it is hard to travel to find a job even when the people are willing to work. All in all Blikkiesdorp seems a desolate place with little to no future, but it is a lively multi-cultural place. Not only the people from the old settlement “Symphony Way” are living in Blikkiesdorp but also people who were forced to leave their homes because of the upcoming World Cup 2010.

Originally Blikkiesdorp was planned as a temporary “in between” camp for the people who were forced to leave their homes in the area “Symphony Way”; they were resettled by the City of Cape Town with the promise to receive a brick house in Delft within 2 years.

Blikkiesdorp is part of the Township Delft and is approximately 50 km away from the city centre of Cape Town. This settlement consists of 1,800 shacks each about 3 m x 6 m in size. The inhabitants have to pay electricity in advance but they do not need to pay rent and the water they use is also free. In 2007 the City of Cape Town built this settlement in an area without any bushes or trees on sandy ground. At the moment about 1,500 of the shacks are inhabited, the others have been occupied and are used at night by gangs and drug dealers.

The name “Blikkiesdorp” which means “tin can village” in Afrikaans was given to the settlement by the inhabitants. According to the City of Cape Town the setup of Blikkiesdorp cost more than ZAR 30 million. There are no sanitations or water pipes in the shacks, ablutions were built separately so the inhabitants of respectively four shacks have to share which means about 40 people are sharing one toilet. The delinquency rate in Blikkiesdorp is high and the living standards are miserable. Blikkiesdorp is one of the slum areas of Cape Town and the inhabitants and the South African media describe it as a concentration camp. There is and was a lot of criticism that the City of Cape Town could build such a settlement like this.

HOPE Cape Town placed four containers in Blikkiesdorp where the HOPE Community Health Workers are based and where they can offer general medical help, support and counselling. HOPE Cape Town is trying to uplift the community through projects, like

- Community garden
- Soup kitchen
- Cooking classes
- Nutritional workshops
- Social worker sessions
- Computer literacy classes
- Crafts workshop and social group
- Outreach of a local health care facility providing family planning and well-baby clinic services
- Support for the local soccer team – Blikkiesdorp United etc.

These projects are aimed to give the people of Blikkiesdorp ideas to create their own income. HOPE Cape Town is the only remaining NGO in Blikkiesdorp and without our support there will be no Hope for a better future for the people of Blikkiesdorp. This project is sponsored by our long term funders "HOPE and Future e.V."

As one of but a few sustainable community projects in this marginalised community, our Blikkiesdorp community project continues to have a positive impact on the resident's lives.

Working in this community is challenging because of the high levels of crime and our container village has been burgled quite a number of times in 2014 and our electricity are regularly disrupted because of cable theft.



In October 2015 the Library and the Community Hall next to our containers in Blikkiesdorp were totally dismantled and all materials and content of both containers were stolen. This happened in broad daylight.

In Blikkiesdorp living people with different nationalities, religions and different traditions and the main problem is: there is no real community and solidarity. That is the reason why Gangsterism and crime is that present in the township. Since the beginning of 2015 the people of Blikkiesdorp are even more concerned about their future, because the airport or one of the runways will be extended and that will affect Blikkiesdorp.

Christmas Party Delft

HOPE Cape Town once again hosted its annual Christmas party at Delft, with roughly 200 people attending. Activities included jumping castles, face painting, a photo booth and Hali the Dog! The children were also treated to lunch, popcorn, cool drinks and ice-cream. Special guests included HOPE Cape Town ambassadors Kia Johnson and Katlego Maboe. Despite problems with the sound system, Katlego managed to treat all the guests to a special Christmas song. Of course the most important visitor arrived right at the end, with lots of presents for all the children!

1.2 The HOPE Doctors



Clinical Work

HOPE Cape Town doctors, along with an outreach doctor from Tygerberg Hospital are involved with running the Paediatric ARV Clinic at the Delft Community Health centre (CHC). Together we see approximately 25 patients and their caregivers per clinic day. Each clinic visit involves an evaluation of the child's health and HIV control as well as education and support for the caregiver and trying to mitigate the effects of illness on schooling and social circumstances.

The HOPE doctors and HOPE Community Health workers (HCHW's) are also involved with assisting Delft in achieving their 90-90-90 goal as it applies to children. The goal is to have 90 % of children who visit the clinic know their HIV status, 90 % of HIV+ patients who qualify for ART receive it, and 90 % of children on ART be virologically suppressed (in other words: that their HIV is controlled). A key part of reaching this goal that HOPE is actively involved in is being able to find and recall children who have stopped coming to clinic for various reasons.



Research

Recently the HOPE doctors have also been involved in two research projects. The first research project looked at the reasons why children are likely to fail on their ARVs at the Delft CHC and a poster of this research was presented at the SA HIV Clinician's Society Conference 2014. The other project assimilated all our resistance testing data from 2011 and analysed it to record the different resistance mutations and their frequency of occurrence. This poster was presented at the Stellenbosch University Academic Day 2014.

In November 2015 we started working towards a research study to describe the current situation of the children that had Antiretroviral Therapy (ART) sponsored through HOPE in the early 2000's. These children are some of the first children to receive ART in South Africa. We hope to look at how they are doing now as older teenagers or young adults – in their health, educational levels and socially, as well as how they have adapted to general public sector care. We are currently awaiting ethics committee approval from the University of Stellenbosch.

A manuscript entitled "Keeping kids in care: Virological failure in a paediatric antiretroviral clinic and suggestions for improving treatment outcomes" was submitted to the African Journal of AIDS Research in December 2015. The authors were Dr Susan Purchase, Dr Jayne Cunningham, Prof Monika Esser and Dr Donald Skinner. The article was reviewed and accepted for publication, pending some minor changes.

1.3 Tygerberg Children's Hospital and Ithemba (HOPE) ward

HOPE to Home



The face of HIV/AIDS in South Africa is changing. It is a maturing pandemic and although the primary goal should always be to provide optimal antiretroviral therapy to every person who needs it, the success of the program has led to the focus shifting to retaining patients in care and empowering them to lead full, happy and healthy lives.

The biggest emerging threat to HIV positive patients receiving ARV's is the lack of compliance and the resulting resistance to available antiretroviral drugs. At HOPE Cape Town we recognise the importance of addressing the obstacles to adherence.

Retaining patients in care in the community, after being discharged from hospital, remains a challenge and initial integration of patients into their community health care facilities plays a major role in this retention. Hope Cape Town initiated the HOPE to Home program to facilitate the smooth transition between admission and reporting for care at a local community facility, by preparing patients for discharge, confirming appointments, providing telephonic support after discharge or visiting them at home and accompanying them to the local facility, where possible.



We are providing services for the following HIV positive paediatric patients:

- Recently started on ARV or TB treatment
- Defaulted ARV / TB therapy
- Adherence problems
- Detectable viral load

We are offering the following services:

- Psycho-Social Support of patients and their families
- Practical Support of patients and their families
- Support of Staff members (administrative; link between patients and staff)
- Access to Resistance testing in consultation with infectious diseases specialist.
- Appointment confirmation system (at local community IDCs) for HIV positive children
- Patient follow up from discharge to community by phone calls or home visits
- Facilitating first contact with local health facility after discharge
- Patient defaulter tracking

HOPE TO HOME

IN HOSPITAL

NEWLY DIAGNOSED

- ~ Counselling and Support after testing
- ~ Arrange testing for caregivers & siblings
- ~ Practical Support during admission (toiletries, clothing, toys etc)
- ~ Psychological support to caregivers with critically ill children

INITIATING TREATMENT

- ~ Counselling and support
- ~ Basic ARV readiness training
- ~ Practical support during admission
- ~ Clarify follow up plan with hospital staff

ADHERENCE ISSUES

- ~ Counselling and support
- ~ Repeat ARV readiness programme
- ~ Assist caregiver with age appropriate disclosure
- ~ Practical support during admission
- ~ Complete HIV booklet with child
- ~ Clarify follow up plan with staff and caregiver

AT DISCHARGE

- ~ Review Medications
- ~ Assess Caregivers knowledge of disease and treatment plan; ensure that caregiver has a good understanding prior to discharge
- ~ Make / Confirm appointment at local health care facility and explain first visit procedure
- ~ Make / confirm appointment for HIV+ caregivers at correct health care facility
- ~ Arrange homevisit or telephonic support
- ~ Contact local health facility to ensure that patient kept appointment



HOMEVISIT OR TELEPHONIC SUPPORT

Home visit done if caregiver consents and lives in HOPE area of operation, otherwise telephonic support provided

- ~ Discuss health, treatment, social and any other concerns
- ~ Ensure that caregiver knows how to administer and store medications
- ~ Check compliance
- ~ Counsel child and caregiver
- ~ Review HIV / ART knowledge
- ~ Arrange referral as necessary (social services; nutrition program; support groups)



FIRST APPOINTMENT AT LOCAL PAEDIATRIC INFECTIOUS DISEASES CLINIC

Service provided if IDC is in HOPE area of operation

- ~ Meet Caregiver and child at health care facility and accompany them through records, counselling, prep room, doctor visit and pharmacy
- ~ Mobilise HCHWs in case of missed appointments

As describe above this project aims to bridge the gap between being an inpatient at Tygerberg Hospital and being discharged to the local community with the purpose of helping children remain in care. Children on ART and/or TB treatment need to take their treatment every day in order for it to be effective in the long term. This requires a lot of support and education as there are many barriers to maintaining good adherence.

In this project, Sonia Daniels and Mariam Roelofse from HOPE Cape Town are involved in building trust and relationship with caregivers, providing education and support and then following up with them when the child and caregiver have been discharged back to their home.

Two challenges that Sonia and Mariam continually face are the fear of stigmatization and difficulties in communication. People who are HIV-positive are often afraid of being stigmatized for their status, and thus do not want to be singled out for “special treatment”. Sonia and Mariam overcome this by being present and available for any patient in the ward who needs counselling, regardless of their HIV status – as well as giving group education to all the caregivers on health issues such as breastfeeding, nutrition, contraception etc. Another challenge is that of communication with patients once they have left the hospital. Many patients change their cell phone number regularly so it can be difficult to contact them. Sonia and Mariam must have lots of perseverance!

HOPE to Home is currently working towards providing G7 paediatric ward with a playroom and quiet room. The quiet room is a space that can be used for individual counselling where sensitive topics are discussed, or a space that can be used for grieving families when a child has died. We hope that these rooms will be fully available for use by the end of May 2016.

Resistance testing

HOPE Cape Town currently provides funding for HIV genotypic resistance testing. We endeavour to obtain financial sponsorship for resistance testing for HIV positive children who are failing either their first or second line of treatment as well as for newly diagnosed HIV positive new-borns. Each test costs approximately R 1,800 but provides valuable scientific information allowing the attending doctor to make an informed decision about the ongoing choice of ARVs in each individual case.

Being able to determine a patient’s HIV sensitivity to different ARV drugs is a vital part of ensuring that the patient is on the best medication for their long term health. HOPE Cape Town recognized this and has been providing resistance testing to paediatric patients that are recommended via Tygerberg Infectious Disease consultants for the last 5 years.

However, the Department of Health (DoH) have realised the value of this test and have started making the test available through their budget for patients that meet certain criteria. Thus the demand for testing funding from HOPE has diminished. We still have a few requests where patients do not meet the DoH criteria but would benefit from a test.

In the period 1/4/2015 – 31/3/2016 we have sponsored 8 resistance tests.

Events

Rotary Family Health week (October 2015)

HOPE Cape Town joined Signal Hill Rotary Club in their Health Week program. This was hosted at HOPE Cape Town's Blikkiesdorp premises. HOPE staff were involved in health and nutrition education, HIV testing, TB, Blood pressure and diabetes screening.



World AIDS Day (1st December 2015)

1st of December is World AIDS day. HOPE Cape Town together with Good Hope FM Radio took children from Blikkiesdorp Crèches for a day of fun and health promotion to the train park in Sea Point. Sporadically throughout the program, HOPE Cape Town staff was interviewed on the radio – giving an opportunity to speak about HOPE Cape Town and HIV to 500,000 listeners in Cape Town.



Easter in the Wards

Easter weekend is a special occasion and often a time of family gatherings. Thus it is particularly difficult to be in hospital over this time. Sonia and Mariam brought some joy to the children admitted to the wards at Tygerberg Hospital by handing out gifts and chocolate marshmallow Easter eggs.

Delft Christmas party

HOPE Cape Town once again hosted its annual Christmas party at Delft, with roughly 200 people attending. Activities included jumping castles, face painting, a photo booth and Hali the Dog! The children were also treated to lunch, popcorn, cool drinks and ice-cream. Special guests included HOPE ambassadors Kia Johnson and Katlego Maboe and. Despite problems with the sound system, Katlego managed to treat all the guests to a special Christmas song. Of course the most important visitor arrived right at the end, with lots of presents for all the children!



Father Christmas comes to Tygerberg Wards

HOPE Cape Town invited Father Christmas to visit the children in the wards at Tygerberg Hospital and gave all children a Christmas present. We also had provided a special lunch for the children and a tea party for their carer givers. Much delight was experienced by all.



Ball of HOPE

On 16 May 2015 the Ball of HOPE took place at the Westin for the 19th time.

The event, which traditionally takes place under the patronage of the three German-speaking consulates in Cape Town, was once again a great success.

HOPE Cape Town Goodwill Ambassador, Katlego Maboe act as the master of ceremonies and Justice Edwin Cameron was the guest speaker while entertainment included songs by Katlego, Kim Collins and the Holy Cross Children's Choir.



10th HOPE Gala Dresden



The 10th HOPE Gala took place on 31 October 2015 and was a huge success. During the last 10 years the HOPE Gala raised more than 1 Million EUR to support HOPE Cape Town. The funds raised by the HOPE Gala helped and will help the organisation continue to support the communities of the Western Cape with its various programmes including feeding schemes, toy libraries, resistance testing, the doctor post and 22 HOPE Community

Health Workers who are active in the field.

The event which was attended by more than 800 guests from Germany, Austria, Switzerland and South Africa included celebrities and politicians and was a huge success and not only raised funds but also created an international awareness of the challenges that South Africa still faces in terms of dealing with HIV/Aids and TB and the related social ills.

Many national and international artists performed again this year, waiving their profit to make a personal contribution to the success of this charity event.

This year for the first time a Charity Dinner took place 2 days before the 10th anniversary of the HOPE Gala Dresden. Harry Belafonte, the guest of honor at the Gala, invited approx. 150 guests for a special evening at the Taschenbergpalais Kempinski Hotel in Dresden. Mr Belafonte travelled from New York to Dresden to accept the HOPE Award for his social and political commitment.

This special evening was also held for the benefit of our heart project Hope Cape Town. A highlight was the silent auction, which had at the end an incredible donation amount of € 56,000 for HOPE Cape Town.

Year-End Function

Hope Cape Town staff celebrated the year-end and a year of challenges, hard work and some incredible achievements, with a relaxed barbeque. Some even braved the water. Thanks to everyone who made this wonderful afternoon possible and to our donors who helped us give each Community Health Worker a smart handbag as a Christmas gift.



1.4 Education

HCHW Training Program

The objective for training for 2015 was to continue to up-skill our community health workers, but to make training and assessment less formal and pressurized, and more interactive (as per the 2014 feedback forms). We aimed to present a program driven by the needs of the HCHWs, to utilize expertise available within the NGO community, and to run the program with minimal costs to the association.

The program consisted of a number of components:

UNISA HIV Care and Counselling

The following Community Health Workers attended the UNISA HIV Care and Counselling course and passed successfully:

Liesel van Jonkers, assignment 1, 68%, assignment 2, 46%
Fazlin Hendricks, assignment 1, 68%, assignment 2, 79%
Tasneem Hendricks, assignment 1, 71% assignment 2, 56%

UCT Health Literacy and Advanced Counselling

9 HCHWs were enrolled in the second year of the program, and all graduated at the end of the year. Their teachers all commented on the tremendous growth and development they have seen in all the participants over the last 2 years. Special congratulations to Mariam Roelofse (Bronze Award in Advanced Counselling), Violet Avontuur (Silver Award in

Advanced Counselling) and Dandelene Sylvester (Silver Award in Advanced Counselling, Gold Award in Health Literacy and Valedictorian!)

2 HCHWs from Paarl were enrolled in the first year of the program, and have been so excited about all they have learnt, and the impact it has made on their work with HIV positive children



HOPE in-house training

Training occurred monthly for a full day, with debriefing by Nocawe Frans (Social Worker) in the afternoons

Assessment was via role play, making use of flip charts on the tablets to counsel patients in various scenarios. Congratulations to Bonita Marinus, Noxolo Sagcasana, Chumani Hatile and Dandelene Sylvester for excellent marks in the role play assessments.

Training was extensively evaluated at the end of the year via an anonymous questionnaire. An outline of the material covered can be seen in the table below:

Month	Content	Trainer
Feb 2015	Current HIV Guidelines Team building games 7 habits highly effective people	Sue Purchase
Mar 2015	Caring for children (abuse, grants, play therapy etc.)	Maria Blerk (SW) Sue Purchase
Apr 2015	Heartlines movie “Nothing for Mahala” (Deals with finances and materialism) with discussion groups	Pauline Jooste Sue Purchase
May 2015	MSM and HIV	Karin Webber (Health for men)
June 2015	Emergency Care, Primary Survey, Emergency Contact Numbers, Psychological Support, Heart Attack, Stroke, Asthma, Log Roll, Recovery Position	Vanessa Burke (First Aid Foremost)
July 2015	Tablet role play, PMTCT	Sue Purchase
Aug 2015	Vital Signs, Choking, Drowning, Burns, Seizures, Fever, Assessment Role Play	Vanessa Burke (First Aid Foremost)
Sep 2015	Drug and Alcohol Abuse	Peter Lovick (Living Grace – NGO)
Oct 2015	Aquarium outing	
Nov 2015	Tablet role play, Needle stick injuries, Early Childhood Development	Sue Purchase Di Sherry (OT)
Feb 2016	Motivational talks Needle stick injuries	Lois Strachan (Blind from age 21) Barbara Kingsley (HIV +, marathon runner) Sue Purchase

E-learning

- All the HCHWs received SIM cards for their tablets in August 2015. These SIM cards supply them with 2GB of free data per month, and have enabled them all to access the internet both at work and at home. HOPE Cape Town believes strongly in the enabling power of both information and technology, and the SIM cards have improved the service that our community workers can offer, as well as our ability to communicate with them. HCHWs will embark on some computer literacy training in April 2016, via the Interactive Community Access Network (I-CAN) Centre in Elsie’s River.
- Formal ownership of the Samsung Galaxy tablets was handed over to the community health workers in February 2016. They will now be responsible for their upkeep and maintenance, and will continue to use them for work-related and private purposes. Tablet content has been regularly updated to include latest guidelines and also training material.

Awareness, training and prevention

HOPE Cape Town offers short-term HIV and AIDS awareness training to local organisations and companies, churches, community forums as well as to schools. This forms part of our HIV prevention programme.

We also have an elective student programme in close co-operation with KID-CRU, the Tygerberg Hospital Children's Infectious Diseases Clinical Research Unit, where we take in international medical elective students for a two week period. During this time, the students are exposed to all aspects of HIV as it pertains to the South African context. This is a unique opportunity to learn about not only the HIV/AIDS pandemic but also the culture of a foreign country!

Primary care exposure includes the attendance of STI, TB, ARV/HIV and childhood vaccination clinics in community health centres as well as visiting mobile outreach clinics, homes in poor communities and support groups in the surrounding areas. At tertiary level, the elective students attend infectious diseases clinics, ward rounds and are exposed to paediatric academic teaching.

Additionally we offer a volunteer program, where individuals from around the globe commit 3 – 12 months of their time to assist us in service delivery. They have the opportunity to get in-depth first-hand experience in the various aspects of our NPO, as well as knowledge in the field of HIV related issues. Our volunteers describe this program as a "life altering experience".

It is wonderful to be able to introduce International medical students to the reality of paediatric medicine in Cape Town. This is done in partnership with KIDCRU at Tygerberg Hospital. In the period 1/4/2015 – 31/3/2016 we have had 7 elective students. They came from Germany, UK, Australia, Brazil and USA.

Feedback from Students:

"I received exposure to a range of things that I have not seen in my medical studies so far. I feel that I learnt a lot and that my time at HOPE was very rewarding." – Shayne (Australia)

"I could see that despite our different countries, our problems and patients are all the same. I was able to understand a lot of cultural aspects and their implications for people's health" – Mikaela (Brazil)

"It is humbling and painful to see the strength of these young HIV patients and the incredible barriers they have to accessing care. The community based experience [of the elective] was wonderful. I will remember and treasure it forever!" – Natalia (USA)

1.5 News about HOPE Cape Town Trust

In the period under review the resignation of the current treasurer Prof Dr Detlev Geiss was noted. Detlev Geiss was heartedly thanked by the trustees and the Chairs of both the Trust and the Association for his unfailing support in the past years to the whole HOPE Cape Town organisation. Detlev Geiss remains as a trustee and will continue to support the HOPE Cape Town wherever he can. Mrs Petra Reichwein was unanimously elected as the new Treasurer with immediate effect.

The renewal of the contract of the Executive Chair (Rev Fr Stefan Hippler) for another 5 years was unanimously approved. It was widely hoped that the charismatic chair would continue to be the face of HOPE Cape Town.

Additional important is to note that Kerstin Behlau, as support for the chairperson, has been assigned as dedicated Donor Relations Support for Europe to make sure the donors are kept informed and thanked for their donations & support.

DevMan donor management software was introduced to the senior staff to improve and facilitate their work.

The 10th HOPE Gala was joined by the Dresden Philharmonic Orchestra, the mayor of Dresden and Ministers of Parliament, all of whom paid for their tickets. Beside the chairperson Kerstin Behlau and Detlev Geiss attended the HOPE Gala and both were able to meet with many of the donors and guests. Thanks from the Chairman and all trustees to Viola Klein and her team of organisers for this amazing event, the biggest charity event in Eastern Germany.

Katlego Maboe and Kia Johnson supported HOPE Cape Town as Goodwill Ambassadors in South Africa; Katlego took part and performed at the HOPE Gala in Dresden as well. On the occasion of the 10th HOPE Gala Chelsea Fontenel was assigned as Goodwill Ambassador for Germany and Europe.

During the period under review the trustees and the advisory came together for the AGM on 16 May 2015 and the full board meeting on 4 December 2015; the Executive Committee met 2 times in 2015.

We have now officially registered HOPE Cape Town USA and are a registered charity in Texas, USA. This creates huge opportunities and possibilities which we will be exploring in the year ahead. We thank Stacie Greskowiak McNulty, E. Joseph Kunzmann, Shirley Terpay Kunzmann for their engagement and effort during the registration process.

I am sure that the HOPE Cape Town Trust is on the way to prepare itself for a successful future to serve through the work of the HOPE Cape Town Association the interest of the people living with HIV and AIDS and related illnesses in the Western Cape.

I wholeheartedly thank all the trustees and members of the advisory board, but also all supporters of the HOPE Cape Town Trust for their on-going support and dedication and encourage all to continue to do so in 2016/2017.

Last but not least and again and I do repeat myself, it's almost like a mantra:

The work of HOPE Cape Town would not be possible without the support of all our dedicated donors and sponsors, especially also those who give on a monthly base. With all my heart I thank each and everybody who supported HOPE Cape Town in the last year – every cent is counting, every hand helping was a blessing for those less fortunate, every thought, every prayer was appreciated.

Thanks also to those who have helped to network – it is amazing how one contact leads to another and at the end one supportive phone call, one introduction opens a new door and new support for HOPE Cape Town.

They are all my heroes because without them we couldn't do our daily work, without each of them as the ambassadors for HOPE Cape Town there would be less life, less hope, less faith into the future for the kids and the families we serve.

God bless you all

Cape Town, 07 May 2016

Rev Fr Stefan Hippler
Chairperson of the HOPE Cape Town Trust

2 Marketing and Fundraising

(Fahim Docrat)

HOPE Cape Town continues to impact the communities that we serve. As we grow and evolve, so too does the need to find additional sources of funding and promote our efforts in public and among donors and other stakeholders. The challenge of fundraising in a country like South Africa with such diverse and pressing needs remains.

We have however raised the profile of HOPE Cape Town through the media and interactions and in so doing have managed to bring major SA corporates on board. Our hope is to steadily increase the value of their donations while expanding the donor base to include trusts, foundations and individuals.

Our partnership with Shoprite has allowed us the opportunity to have visibility throughout the Western Cape through our flyers which are placed in all Western Cape stores. Fundraising highlights include a donation from GlaxoSmithKline for R285k.

We have successfully managed to establish key relationships within the media and enjoy good expose having been featured in local, national and international print publications as well as on the radio and television.

We are happy to have appointed three Goodwill Ambassadors, Mr Katlego Maboe and Ms Kia Johnson, for South Africa and Ms Chelsea Fontenel for Europe who are assisting with marketing and fundraising efforts.



Funding from Germany remains our major source of income. The largest donations being received by the HOPE Cape Town Trust remains the proceeds of the HOPE Gala in Dresden Germany. We thank Viola Klein, Andreas Mönch, Saxonia Systems AG and Par-X and all other parties involved in this great event.

As part of our sustainability plan, we have now officially registered HOPE Cape Town USA and are a registered charity in Texas, USA. This creates huge opportunities and possibilities which we will be exploring in the year ahead.

We remain committed to nurturing our German donor base while expanding our South African support and making inroads in the USA, while promoting the invaluable work that we do.

3 The Back-office of HOPE Cape Town

(Mrs Kerstin Behlau)

The structure of the back office has been proved to be successful during the period under review, and the Donor Relations Manager, Mr Fahim Docrat and the Administrator & Donor Liaison Europe, Mrs Kerstin Behlau leading it and working successful in the interest of HOPE Cape Town. Weekly meetings are held to ensure an optimal communication between the colleagues and to plan, to realize and to complete all the necessary task and duties as best as possible.

The main task of the office is to assist the two chairs in their efforts to run the two organisations which serve the same purpose: supporting children and their families and individuals living with HIV and AIDS in the Western Cape and to assist the Primary Health Care Facilities concerned with their HIV positive patients.

We implemented the Donor Management Software successful during the year under review, which is increasing and simplifying our work a lot.

4 The Ball of HOPE

(Mrs Anja Tambusso-Ferraz)

The Hosts

THE SOUTHERN AFRICAN-GERMAN CHAMBER OF COMMERCE & INDUSTRY

130 offices in 90 countries. One network, one objective, one design. The Southern African-German Chamber of Commerce and Industry NPC is part of the German Chamber Network and has therefore a lot to offer to its members and customers. With offices in Johannesburg, Cape Town and Durban, the SAGCCI is the official authorized representative of German industry and trade for the Southern Africa. As a private, non-profit organization, its primary goal is to offer the best service for building bilateral business relationships between Southern Africa and Germany.

HOPE Cape Town

HOPE Cape Town is a non-profit organisation providing outreach, education and counselling at the community level, focusing on HIV/AIDS and TB in the Western Cape Province of South Africa. HOPE Cape Town is co-located and associated with Tygerberg Hospital in Cape Town and is linked to the University of Stellenbosch. HOPE Cape Town cooperates with “KID-CRU”, the Tygerberg Hospital research unit for paediatric infectious diseases. The offices of HOPE Cape Town are located at the Medical School of the University of Stellenbosch - Tygerberg Campus in close vicinity of the Tygerberg Hospital.

The Venue

THE WESTIN CAPE TOWN

Set in one of the most popular destinations in the world, directly linked to the Cape Town International Convention Centre, The Westin Cape Town is a deluxe city centre hotel dedicated to providing world class facilities and services. Classified as the preferred luxury establishment for heads of state, business leaders, celebrities and those who simply seek an oasis of comfort at the end of a busy day.

Relish in spectacular views overlooking the vibrant city, Table Mountain and harbour. The Westin Cape Town is ideally positioned for business and pleasure, located within easy walking distance from cultural and commercial attractions. The hotels offers a variety of food and beverage options, including The Westin Executive Club Restaurant on the 19th floor with unsurpassed views of Cape Town, the contemporary Thirty7, Raleigh’s cigar lounge and Louis B’s Bar.

The Entertainment

ADOLF THELEN – MUSICAL DIRECTOR

Adolf Thelen is a freelance musician and producer in Cape Town and also works as a music educator at Holy Cross Brooklyn. He has been in charge of the entertainment at the Ball for 15 years. For each Ball he has conceptualized and conducted different musical acts from opera to West End musical to rock-shows.

Holy Cross Convent School Brooklyn

The Holy Cross Convent School is a catholic private school in Brooklyn. Their Senior Choir has performed at the Ball of Hope for more than 10 years. The majority of the children live in neglected areas of Cape Town. For these children, the participation at the Ball is an important event in the school’s calendar. The choir is conducted by Mrs Josey Oranzie.

The Guest of Honour

JUSTICE EDWIN CAMERON

Edwin Cameron has been a Justice of South Africa's highest court, the Constitutional Court, since 1 January 2009. Previously, he was a judge of the Supreme Court of Appeal for eight years, and a judge of the High Court for six years. He was educated at Pretoria Boys' High School, Stellenbosch and as a Rhodes Scholar at Oxford. During apartheid he was a human rights lawyer. President Mandela appointed him a judge in 1994.

He was an outspoken critic of President Mbeki's AIDS-denialist policies and his prize-winning memoir, *Witness to AIDS*, has been published in South Africa, the UK, and the US and in translation in Germany and in China.

His latest book, *Justice: A Personal Account* was published in February 2014.

He is involved in many charitable and public causes, and has received many honours for his work.

The Guests

Business people, diplomats, VIP's and all who want to be part of a social highlight, combining fun with doing good and enjoying an evening full of entertainment, good food, exciting raffle prizes and live music.

5 Our Partner: Freundeskreis HOPE Cape Town Trust e. V.

(Peter Ascherl)



The aim of our association "Friends of HOPE Cape Town Trust e. V." which is member of the "One World Network Bavarian e. V." is to support HOPE Cape Town financially on a long term base. All the funding (membership fees and donations) we will forward to HOPE Cape Town. The activities of "Friends of HOPE Cape Town" shall also create awareness of the HIV/AIDS problem in South Africa as well as it's the social effects. We have our own homepage under the following link: www.hopecapetown-olching.de

With reports and articles in well-regarded German newspapers we were able to call attention to our association. Besides the recruitment of new members, we focussed on making contact with German companies which are operatively active in South Africa. We hope the result of this will be a remarkable accrual of financial funds. All members want to help with their engagement to provide hope and a chance for a worth living future to the HIV/AIDs effected children in South Africa and they are proud to be able to support HOPE Cape Town actively.

6 Our Partner: Freundeskreis HOPE Cape Town Rheinland-Pfalz

(Mrs Hanna Jones)

The AIDS-Hilfe Koblenz e.V. (member of the Freundeskreis HOPE Cape Town Rheinland-Pfalz) has changed its name to “RAT&TAT Koblenz e.V.” (translated to ADVICE&ACT Koblenz e.V.). This new and neutral name helps us to work against stigmatism and prejudices and is customer friendly. Many clients often had problems to step in our office because they feared to be identified as a HIV-positive woman or man.



Team of RAT&TAT Koblenz e.V.



Rev Fr Stefan Hippler, Ingrid Egner-Gentsch (RAT&TAT Koblenz e.V.);
Detlev Pilger (Member of the Bundestag)

In 2015 Rev Fr Stefan Hippler visited us on our “open day” in October. It was a wonderful day with lots of interested visitors, politicians and it allowed networking.

On 19th October 2015 Rev Fr Stefan Hippler gave a lecture on the topic: “HIV - tragedy and challenge on the example of South Africa”. It was more than interesting to see similarities and differences for people living with HIV in Germany compared to South Africa. Learning from each other and exchanging information is very important for all of us. We are looking forward to further cooperation.

7 Our Partner: The German Aids Foundation

German AIDS Foundation honours Rev Fr Stefan Hippler

In 2015 the Festive Opera Gala for the German AIDS Foundation at the Deutsche Oper Berlin took place on two occasions: the 21st Gala on 10 January and the 22nd Gala on 7 November.

The winners of the "World without AIDS Award" of the 21st Festive Opera Gala were Rev Fr Stefan Hippler and Prof Dr Rita Süßmuth, former Federal Minister of Health and one of the most important persons in the context of HIV/AIDS in Germany.

Via video message, the German national goalkeeper Manuel Neuer gave the laudation for Rev Fr Stefan Hippler. The soccer star honoured the work of the founder of HOPE Cape Town "as a person, who did not shy away from the conflict with government or church institutions" in his commitment for people with HIV/AIDS.

The former Mayor of Berlin, Klaus Wowereit, honoured Prof Dr Rita Süßmuth for her many decades of fighting against AIDS.

For the German AIDS Foundation, the Festive Opera Gala is the most glamorous and most important charity event since 1994. Since many years Jean-Claude Juncker, President of the European Commission, acts as chairman for this evening. The Charity Gala received more than 6.2 million Euros in the last 20 years. With the income of the Festive Opera Galas the German AIDS Foundation supports projects in Berlin as well as in Southern Africa and Mozambique.



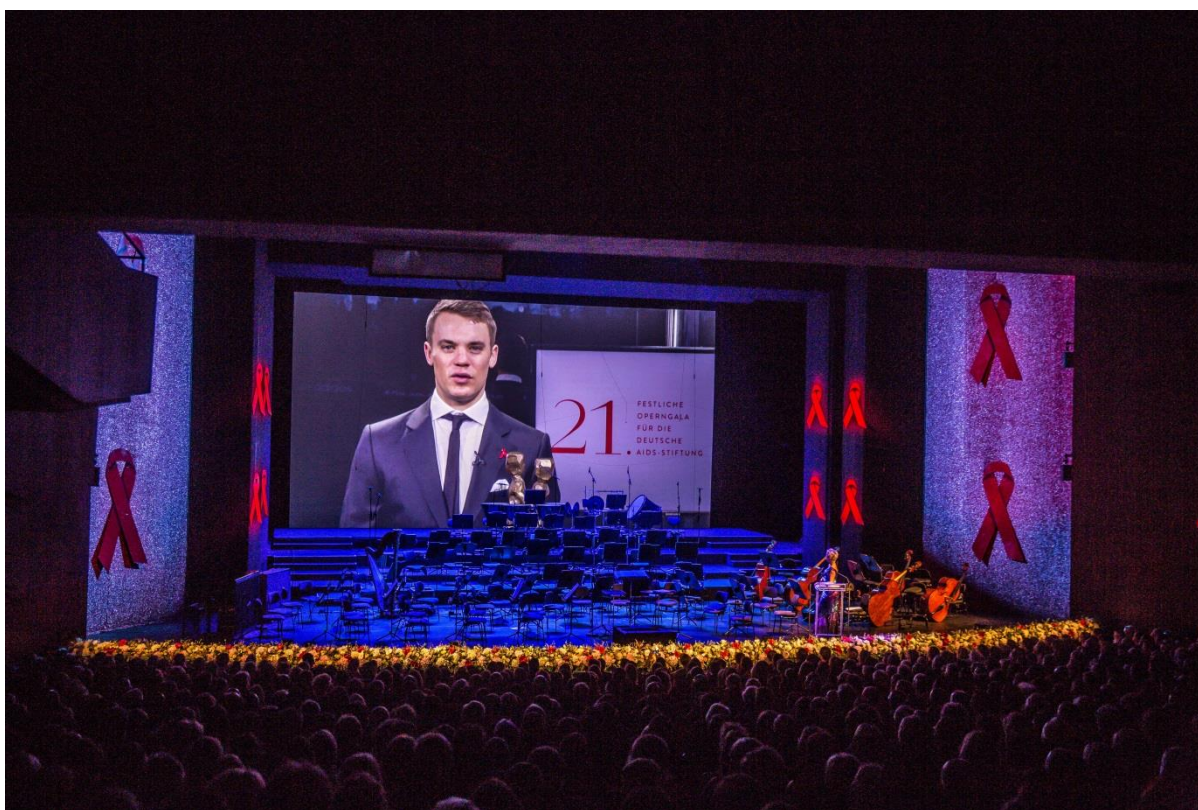
Final applause at the 22nd Festive Opera Gala (photo: © Bettina Stöß)



Two women at the head of the German AIDS Foundation Elisabeth Pott, Chairwoman (photo: ©Brauer)



Rita Süssmuth received the „World without Aids Award“ personally (photo: ©Brauer)



Berlin, 10 January 2015, 21st Festive Opera Gala; Manuel Neuer's laudation for Stefan Hippler via video (photo: ©Brauer)



Berlin, 7 November 2015, 22nd Festive Opera Gala; Stefan Hippler, receiving belated congratulations and finally collecting his award personally (photo: ©Brauer)

8 Our Partner: Manenberg Afterschool Care

(Rev. Fr. Wim Lindeque)

The Holy Family Child and Youth Development Centre continue to flourish and develop, thanks to the support of many people and groups, including our very important partner HOPE Cape Town.

The number of children attending the program has steadily increased and the classes that are offered have expanded as well. There is now a growing guitar group led by one of the former pupils of the centre, Nathaniel. He attended the program from its inception and after going through some difficult times, decided to assist at the centre. He has been going for guitar lessons, sponsored by one of the centre's benefactors and then shares the knowledge he gains there with younger children.

HOPE Cape Town has continued to be a major support in this project and has provided services that allow the centre to provide a very high level of holistic care. Over the past year the children have been assisted by Tasneem, the HOPE Community Health Worker in Manenberg. Tasneem, like all the staff at the centre, lives in Manenberg, so she has a real understanding of the children's circumstances and the reality they live in. This enables her to speak into their lives in an effective way. She visits the centre twice a week and monitors the health of children who attend. Sometimes this involves referring children to the clinic, accompanying them there and even making home visits to support the family in caring for a

child with health challenges. She also teaches basic hygiene to the children at the centre and provides them with information about healthy living. As many of the children live with sick or elderly relatives in their home environment, she also helps children understand how they can support their sick relatives.

HOPE Cape Town has also generously provided a social worker to the project, creating the possibility for children with severe problems to be counselled and helped. This has become one of the most vital components offered by the Manenberg Afterschool Development Centre to the children of Manenberg. The HOPE Social Worker specializes in play therapy, a very effective tool in working with the children in this community who are often traumatised by abuse, dysfunctional family/home experiences and the violence prevalent in their environment. Her experience, gentle and patient approach and dedication has transformed some of the most troubled clients of the centre. Families report a huge difference made by her intervention and have expressed their gratitude for her work to us.

Hope Cape Town regularly brings visitors to the Manenberg centre and this exposure has many positive results for our children. Some very generous donations have resulted from these visits, including school uniforms and rain gear for the children. Many HOPE Cape Town volunteers have assisted at the centre for shorter periods, reading to the children or joining in one of the structured activities. Some of these volunteers and visitors have remained in contact with the project and continue to contribute to it.

HOPE Cape Town remains one of our key supporters and we are immensely grateful for the way in which their generosity enhances what we are able to offer the children of Manenberg.



9 Networking: Eine Welt Netzwerk Bayern



The One World Network of Bavaria is the regional non-profit network of action groups, institutions, fair trade shops and local one-world-networks committed to development policy and situated in Bavaria, one of the 16 federal states of Germany. All our members are engaged in one world solidarity work and are raising awareness. Therefore we deal particularly with sustainable development, fair trade, international labour standards / corporate social responsibility and education for sustainable development.

"Friends of HOPE Cape Town Trust" / "Freundeskreis HOPE Cape Town Trust e.V." at Olching (close to Munich): In South Africa thousands of children are infected with HIV. Providing them with medications is usually not possible due to a lack of funds. In order to help those children, the "Friends of HOPE Cape Town Trust" were founded in 2012. They want to provide long-term financial support to the HOPE Cape Town Trust (www.hopecapetown.com) and to increase the awareness of the HIV/Aids issue in the Western Cape.

More information: www.eineweltnetzwerkbayern.de

10 Networking: Western Cape Network for Community Peace and Development



The Western Cape Network for Community Peace and Development is a collectively guided independent and registered non-profit provincial umbrella organization of NGO's working in the field of conflict resolution, youth, women, community development and peace building and sport in the Western Cape. Its members share common values and so empowerment, youth development, peace building, conflict management, democracy, sustainable development, human dignity, diversity, integrity, transparency, accountability and non-discrimination became binding principles. These common values help to create conflict free and sustainable communities and provide a platform for the network to work from. The vision of the Network is to actively promote peace and development not only in the Western Cape, but in South Africa, by contributing to the building of: "Peaceful, Empowered, and Cohesive Communities."

MISSION:

"The network ignites peace and development by amplifying the voice of communities through capacity-building and advocacy with its members"

As a Network we value:

- The fundamental importance of peaceful communities to create a healthy nation
- The inherent potential in communities to find solutions to challenges
- The potential within every individual to contribute to a peaceful society
- The potential of each network member to contribute constructively to the achievement of our vision & goals
- Conducting our practice with discipline, fairness, integrity, transparency, responsibility, accountability and care

How to achieve our Mission?

- Assist in sharing of expertise and training among members
- Developing common initiatives and organising Network events and activities
- Providing capacity-building opportunities for our members
- Enhancing operating efficiency and effectiveness
- Providing shared facilities and resources
- Advocating for and publicising members work
- Becoming a replicable model
- Building stronger relationships between civil society, academic institutions and government

More information: www.peacenetworkwc.org

11 Our Sister Trust: HOPE Kapstadt Stiftung

Their partnership exists since 2004: the German AIDS Foundation has been providing significant funding to HOPE Cape Town – whether for workshops, for staff costs, i. e. for the Outreach Facilitator and several HOPE Community Health Workers.

With the purpose to generate additional funds from German donors for the benefit of HOPE Cape Town, on 1 October 2007 the boards of both organizations established the HOPE Kapstadt Stiftung with the legal status of a trust under the roof of the German AIDS Foundation.

The trust's managing board is composed of two representatives of each of its member organizations: Prof Dr Elisabeth Pott, Dr Ulrich Heide, Stefan Hippler and Rev Fr Wim Lindeque. They meet at least once the year. For good reasons, the meetings take place on the occasion of the HOPE Gala in Dresden. The Trust HOPE Kapstadt Stiftung is the official organizer of the HOPE Gala in Dresden, initiated by Viola Klein, business woman and fundraiser by passion. Over the years, Viola Klein has established the annual event in Dresden as one of the most important events for the benefit of HOPE Cape Town.



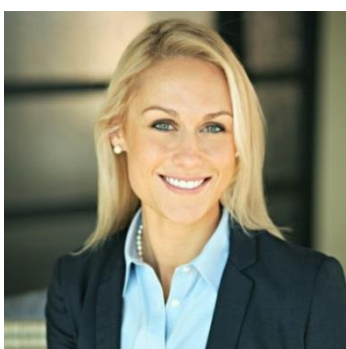
Viola Klein, Rainer Ehlers, founder of the German AIDS-Foundation and Stefan Hippler at the HOPE-Gala in Dresden 2013 (photo: © Tobias Koch)

The German AIDS Foundation very much appreciates the partnership with HOPE Cape Town, the commitment of its board and staff members and all its volunteers. The joint mission and common aim of HOPE Cape Town and German AIDS Foundation is raising hope and realizing the chance of a better future for people who would not stand a chance.

12 HOPE Cape Town USA

HOPE Cape Town USA is committed to improving the lives of children and families affected by HIV/AIDS in the US and abroad.

HOPE Cape Town USA is a non-profit corporation based in Dallas, Texas, and is affiliated with HOPE Cape Town, a longstanding non-profit and public benefit organization based in Cape Town, South Africa.



Stacie Greskowiak McNulty is a Director at HOPE Cape Town USA. She is an accomplished patent litigation and trial attorney in Dallas, Texas. Stacie also serves as an appointed member of the Ryan White Planning Council, which utilizes government funding to provide comprehensive HIV medical and support services to the North Texas region, and is Vice Chair of the Planning and Priorities Committee. Stacie is also involved with strategic policy and advocacy work, as a member of the Positive Justice Project's HIV Criminalization Working Group for the state

of Texas, an advocacy group committed to eliminating HIV criminalization practices in Texas.

While in law school, Stacie travelled to South Africa to conduct a legal research project on access to HIV/AIDS treatment and barriers to care, and fell in love with the country. During one of her many returns, Stacie reached out to HOPE Cape Town to follow up on her prior research, and see what she may be able to learn and implement in Dallas. She was so impressed with the work of HOPE Cape Town; she made it a point to stay in touch. She was thrilled to have the opportunity to help expand the mission and reach of HOPE Cape Town in the United States.

E. Joseph Kunzmann



Professionally Joe worked his entire career in the social services field as both a psychotherapist and administrator. Joe is the former Director (ret.) of the Somerset County Board of Social Services a position he held for 15 years. Joe is the former President of the NJ Director's Association, Family and Community Services of Somerset County, a member of both the Governors' Task force on Homelessness and Food Security as well as many other county and state coalitions and committees.

Having the good fortune of knowing Shirley's friends from South Africa, Joe and Shirley travelled with them to South Africa in 2011. Thanks to them, Joe and Shirley enjoyed the opportunity to travel throughout the country. Upon return a colleague put Joe in touch with Father Stefan Hippler and Dr Bernd Rosenkranz, who explained the mission of, and shared their passion and commitment to, HOPE Cape Town. In 2014 Joe was appointed as an Advisory member of HOPE Cape Town Trust. In May 2015 Joe was able to revisit South Africa and attended his first Board meeting, the annual Gala Event, visited a HOPE Cape Town-supported medical clinic, the Ithemba Children's ward at Tygerberg Hospital and witnessed the work of HOPE Cape Town at the Blikkiesdorp community. These experiences reinforced his belief that HOPE Cape Town is an important and viable service provider to the people of the Western Cape and our Global Community.

Shirley Terpay Kunzmann, MSW



Professionally Shirley has worked in the Social Service field most of her life as both a caseworker and Social Work Specialist. She has had the opportunity to work with families facing complex medical and social issues including those caused by HIV/AIDS. In addition, Shirley spent the last 12 years of her career in the field of Adult Protective Services where she provided support and guidance to individuals and their families in need of protective services due to abuse, neglect, and/or exploitation.

Shirley was the driving force that provided Joe with the opportunity to visit South Africa. She has visited South Africa on three occasions and along with Joe attended the 2015 HOPE Gala, visited a medical clinic, the Ithemba children's ward, and the Blikkiesdorp community. She has worked hand in hand with Joe and shares and supports their mutual passion for the work of HOPE Cape Town.

Joe and Shirley have worked to establish a “States-Base” HOPE Cape Town USA with the goal of providing ongoing financial support to the efforts of HOPE in the Western Cape Region. Both Joe and Shirley along with Fr. Hippler and Ms. Stacie McNulty, are Directors of HOPE Cape Town USA.

13 Support of other Organisations and Initiatives

Tygerberg Hospital School



The HOPE Cape Town Trust received dedicated funding from Goetheanum, General Anthroposophical Society to support the Tygerberg Hospital School for one year with funding for a Xhosa Teacher. In January 2015 the school could employ a Xhosa speaking teacher for the isiXhosa learners.

Tygerberg Hospital School is a school inside the Tygerberg Hospital. The learners are the patients of the Tygerberg Hospital.

When learners are in the hospital, they lose out on a lot of teaching. Some learners have already been in the hospital for long periods of time that they need intensive remedial

education. A lot of learners will be in bed for long periods of time without any stimulation. There are often children of as old as 12 that has never been in a school. Tygerberg Hospital School (THS) want the best possible education for each and every child in the country. THS are thus very fortunate to accommodate the learners and give them hope for the future and really want to make a difference in their lives. THS is teaching the learners on their level and build their confidence and academic career. THS is teaching all the learners and is not discriminating on gender, language, grade, race or illness. THS is also trying to bridge the gap between their school at home and while they are in the hospital.

- The school is 100% inclusive
- THS is teaching in Afrikaans and English and since 2015 also in Xhosa for the isiXhosa learners sponsored by HOPE Cape Town
- All the learners in the primary school are learners in the hospital
- The timeframe for learners in the primary school are between 3 days and 6 months (even more)
- Our school strive towards Christian principals but accept learners of all religious believes
- All classes are multi-grade and multi-lingual
- There are small classes and this enables the learners to get individual attention
- There are no school fees

The High School Unit is called ITHUBA – it is Xhosa and it means hope.

Ithuba was established in 2004. It is supported by the Family Unit of the Department of Child and Adolescent Psychiatry at the Tygerberg Hospital. It aims to provide support and assistance with school readiness for adolescents recovering from psychiatric illnesses, enabling them to return to their schools and communities or alternatively to prepare them for the workplace.

Ithuba Vision

Our vision is to educate learners on their own level so that following hospitalisation; they can apply their full potential to make a meaningful contribution to society.

Ithuba Goals

- Develop their full potential through effective education
- Help develop their unique abilities in every facet of life
- Develop and build up their self-image

HOPE Cape Town is supporting the Tygerberg Hospital School since year with volunteers, support for events, clothing, books, toiletries, computers etc.



Since 2015 HOPE Cape Town is financing the Xhosa speaking teacher for the isiXhosa learners. THS was always in desperate need to employ a Xhosa speaking teacher for the learners in the hospital but there was no funding available at the government. Only with the funding from HOPE Cape Town we were able to employ Me Jelwana in January 2015.

She did not only teach the children in the wards and at the school, she was also used by doctors and nurses to be the interpreter between them and the child. Khosi did also explain to the parents to what the procedures is with their children. So see a child or a parent's face light up when Khosi starts talking to them in Xhosa, is priceless.

Khosi's warm personality draws people to her and the learners trust her immediately. Her sense of humour is also a breath of fresh air in a where sadness is part of the daily routine. She is not only an amazing teacher; she also gives a lot of herself to the learners. Since Khosi started here in January 2015, she has taught 301 learners. This is remarkable and it shows the need of the learners, school, hospital and the parents.

Xhosi's experience in working with HIV/AIDS patients is a big added value to THS; she has educated her colleagues in many ways around the above. Her insight in the sick learners' needs is noticeable.

Crèche in Blikkiesdorp

HOPE Cape Town has been supporting the Blikkiesdorp Crèche since 2014. We have established a Toy Library at the crèche allowing the children the opportunity to play with high quality toys as part of our learning through play program. We also recently distributed stationary packs, scarves, blankets and hoodies to all the children and regularly hand over clothes and other items. In partnership with Hastens South Africa, we currently provide breakfast daily for all the children at the crèche. We are committed to supporting these children and making a difference in their lives.



14 HOPE Cape Town Board of Trustees 2015/16

A Trust is also about people – HOPE Cape Town included. The HOPE Cape Town Trust brings together individuals from diverse backgrounds to provide guidance for the organisation. We are honoured to gather wide ranging expertise and to benefit from specialised knowledge. The focus of the Trustees on the long-term vision and stability of HOPE Cape Town is important for achieving our objectives and enabling us to continue to evolve in response to the HIV and AIDS situation and the national ARV rollout in South Africa – treatment is prevention.



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Mr. D. S. Tuntubele (vice chair)

15 HOPE Cape Town Trust Advisory Board

Within the Trust we make a place for exceptional individuals who have made outstanding contributions to HOPE Cape Town.



Mrs Kirsten Buchhorn is the latest member of the Advisory Board. She is the Head of Cultural Affairs and Protocol at the German Consulate General of the Federal Republic of Germany and has extensive international experience in Hotel Management and IT Service. She worked in Germany, USA and South Africa.



In 2015 Mr Joe Kunzmann joined the Advisory Board and represents with the support of his wife Shirley HOPE Cape Town in the USA.



2011 Mrs Anja Tambusso-Ferraz also joined the advisory board – she is involved since years with HOPE Cape Town as the main organiser of the Ball of HOPE in Cape Town.



Since 2008, Hardy Fiebig, former athlete and CEO of the company “Allstar Production Group”, joined the HOPE Cape Town Trust team as special advisor. We are very pleased to have Hardy Fiebig on board and highly appreciate his valuable input so far.

16 Sponsorship and Donation “in the reporting year”

Every cent counts and we thank all sponsors and donors and apologies if we forgot somebody to mention. We appreciate everybody who notifies us after making a donation via EFT, transfer or our website, so that we ensure the issuing of a tax deductible receipt in South Africa or in Germany as well as including the name in this paragraph

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