



Dear Friends of HOPE Cape Town,

In June South Africa celebrates Youth Day! So it seems fitting that in this newsletter we highlight some of the ways that HOPE Cape Town is making a difference in the lives of the young people we connect with through our programmes and activities.

Our campus, The Nex- Indawo Yethu, has become a magnet for the youth in the area, providing safe space for them to learn, exchange ideas and perhaps also find a pathway to realise their true potential, to pass that exam or to find that job.

I have been particularly touched by the willingness of previous graduates of courses at The Nex to become personally involved in assisting and mentoring other young people and children. They have become role models in their communities and demonstrate how effective our programmes can be.

Thank you for your continued support.

With best regards

Carole



Carole Armstrong-Hooper
Chairperson HOPE Cape Town Trust

DATES TO DIARISE

GERMANY - HOPE GALA CHARITY DINNERS

28.10.2023 HOPE Gala Dresden
18.11.2023 München

NEW TRUSTEES



We welcome Calvin Daniels and Janine Horn as Trustees on the Board of HOPE Cape Town Trust.



Janine is a registered financial advisor, mentor and founder of The Dragonfly Institute, a financial changemaking agency. Calvin has been a facilitator for almost a decade, focusing on holistic development for Youth at Risk. He is currently also studying to become a Social Auxiliary Worker with sights set on further studies to better impact the development of young people.

Welcome to the HOPE Cape Town family!

YOUTH CLUB PEER MENTORS

At the beginning of May 2023, four new youth peer mentors joined the team that facilitates the Youth Club at The Nex-Indawo Yethu campus. These four young people (aged 21-23 years) have been part of their own youth clubs and are familiar with how a club runs.

Three of them have been part of a club since we started the youth clubs back in 2016! They are all HIV+ and all live in Delft. So they understand the challenges that many club members face, and they can identify with them, mentor them and inspire them in a way that the older staff members cannot. The peer mentors have taken over the leadership of the three junior youth clubs.

All the Peer Mentors have received training on group dynamics and running support groups. They themselves are mentored by the Hope Cape Town Staff - who are always available to assist whenever needed.

Not only has the introduction of Peer Mentors greatly improved the dynamics of the junior youth clubs, but it has also provided a valuable opportunity for these young people to give back to the club system and to help shape the youth clubs going forward.

We are grateful to Gilead for the sponsorship that has enabled the appointment of these Peer Mentors.

YOUTH INSPIRING YOUTH

During 'Youth Month', the boys and girls support groups from our Blikkiesdorp Community Outreach Centre came to an afternoon session at The Nex -Indawo Yethu Campus where they engaged with graduates of the Entrepreneurial Skills Development programme.

Three of the graduates shared their own journey in participating in the ESD programme and explained how they had been given the inspiration, skills and support to start their own small businesses in the community. Some comments from the group included:

"I never knew that someone my age could even start my own business."

"I have some ideas and I'm excited to see how I can make it happen for me too."

"...If they can do it, I can too!"



SHARING THE SUCCESS OF BUDDING ENTREPRENEURS

Over the past 18 months, 89 youth from Delft successfully completed our Entrepreneurial Skills Development Programme. Funded by a Rotary International Global Grant, the programme aimed to set the participants on a journey of self-empowerment and give them the confidence to take their business ideas and create a sustainable, profitable income or to improve their chances of employment.

We are proud to share an update from a few of the graduates who armed with these newly acquired skills, knowledge and tools have started their own businesses or found employment.



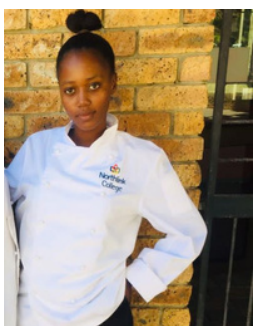
Nurahn - I am 26 years old and left school in grade 8 due to social challenges. I completed the Entrepreneurial Skills Development programme and discovered my passion for doing nails at the business expo. The course co-ordinator reached out to me with an opportunity to do a nails workshop. I now have my first certificate as a nail technician. I have so many customers for my new startup.

Naticia - I am 24 years old. After the programme I was determined to keep myself busy. Today I am working alongside my mom in her small seamstress business. I help her with cleaning of garments, cutting of garments and after all the work is done, I count and book the order for customers to collect. My side business is selling hand and body products at an affordable price within my community. I am an active member at HOPE Cape Town as I am the vice treasurer on the Advisory committee of HOPE Cape Town.



Gayronesha - I am now a teacher's IT and admin assistant at Leiden Avenue Primary School. I am passionate about everything I do. I am also a small business owner operating my nail salon in the Delft community.

Chadwin - I'm 21 years old. After the programme I applied for a casual post at Cape Union Mart. I started off as a P27 working flexible hours at Cape Gate Shopping Mall. 3 months later my contract ended, and I applied for a permanent post at Cape Union Mart Canal Walk. Now I am working as a permanent cashier and sales assistant. My duties are to always make sure that my department is clean and neat. I work on the floor replenishing my department and make sales from customers.



Good day all, my name is **Ziyanda** Hans. After the programme one of my goals was to go and study hospitality. Life has been good so far; I am currently doing N5 in hospitality at Northlink. What I enjoy the most about this course is getting to practice at different hotels what I learnt.



Andrea - I am 20 years old and young, vibrant and energetic. I use my communication skills to fulfil my duties as a sales representative for Future Life. This is my side hustle as I am focused on rewriting my matric.

Ruche - I am an alumni member of the Entrepreneurial Skills Development Programme. What I took from this programme is the professional ethics that I can practice in my professional life as an assistant educator. I am enthusiastic about making a difference in foundational learning.



Jamie Lee - I am so grateful for the generous donation of a sewing machine via HOPE Cape Town. I am now a seamstress in making. I am currently doing my grade 9 at night school and on the side, I am doing clothing alterations to earn an income for me to support my family.

BRIDGES OF HOPE DOCUMENTARY LAUNCH



Another milestone celebration, the film documents over 20 years of HOPE Cape Town. From humble beginnings as a charitable organization set up in 2001 to raise funds for the effective treatment and care of children with HIV/AIDS, to The Nex – Indawo Yethu Campus established in 2021. A safe space in Delft for people of all ages to access an array of holistic, developmental services and support.

We celebrated the launch of the documentary – Bridges of HOPE at a screening at the Homecoming Centre in District Six, followed by an On the Couch panel discussion and Q&A with the leaders of the organization and a photographic exhibition Portraits of HOPE.

Click here to view the documentary: <https://youtu.be/RJp8wSHJqR0>



Good day, my name is **Mekayla- lee**. I am 24 years old from the Delft community. I am passionate about youth development and the development of my community. My journey with HOPE Cape Town did not end after the Entrepreneurial Skills Development programme. I joined HOPE Cape Town's Advisory Committee that acts as a liaison between the community's needs and HOPE Cape Town. I was elected as the Vice Secretary and look forward to making a difference. After gaining some experience and confidence I was given the opportunity to facilitate a session on job readiness within the Entrepreneurial Skills Development Programme.

Hello, my name is **Yonela**. I am 25 years old from Delft. I matriculated in 2015 and have been unemployed for 7 years. After the programme I was mentored to not give up on my dreams. Today I am an assistant teacher which is the start on my career as I would like to pursue teaching.



Hi all my name is **Patrick**. I am currently a facilitator at HOPE Cape Town's support group. I have recently started in this role supporting people from my community. I have learnt a lot of soft skills from the Entrepreneurial Skills group that I can practice in my facilitation techniques.

BREASTFEEDING COUNSELLING IN PAEDIATRIC WARDS

The Hope2Home success story of counseling mothers in pediatric wards at Tygerberg Hospital showed, that by providing information on the benefits of breastfeeding and highlighting the potential risks of formula feeding, particularly in times of load shedding, the re-admission rate of infants with severe malnutrition and other infections linked to formula feeding could be reduced.

The outcome of the counseling yielded positive results.

Subsequent follow-ups with the mothers demonstrated their satisfaction with the information materials provided by Hope2Home. Equipped with this knowledge, these mothers can now also pass this on within their community and thereby reduce the likelihood of infants being readmitted to the Tygerberg Hospital.





Students from the Hochschule Weihenstephan-Triesdorf - Kees and Nora both Master students and Mitchell a PhD candidate – engaged with the Advisory Committee to assist with their work in conceptualization the newest project of HOPE Cape Town: the community garden as a source of food and training opportunities.

HOPE Cape Town CEO Dr Izane Reyneke hosted the management team of St Joseph's home for medically fragile children at The Nex -Indawo Yethu campus. It was an opportunity to not only share the work of HOPE Cape Town and explore synergies but also to discuss renewable energy and ways to keep operational during loadshedding.



We welcomed long-time supporters of HOPE Cape Town, Dr Eberhard Kohlberg and his wife Elke to our campus The Nex -Indawo Yethu to discuss and show them our current programmes. Joining them were Dr Christine Wesche (Alfred Wegener Institute) and Marianne Wolmarans (Meihuizen International Logistics).

Rev Fr Stefan Hippler hosted Ralf Hermann Head of GOVET - German Office for International Cooperation in Vocational Education and Training (at BIBB) to discuss education and training as well as possible future synergies.

“Training is the most powerful tool to combat unemployment and hopelessness of young people in South Africa”.



HOPE Cape Town Trust is a registered Non-profit Organisation (SA) # 053-417NPO and Public Benefit Organisation (SA) # 93/00/24/843

Physical Address

**HOPE Cape Town Trust
The Nex – Indawo Yethu
54 Vuurlelie Crescent
Delft
7102
South Africa**

Postal Address:

**HOPE Cape Town Trust
P.O. Box 19145
Tygerberg
7505
South Africa**

Telephone

(021) 001 2175

Email

For any queries - info@hopecapetown.org

Website

www.hopecapetown.org

Bank Details (South Africa)

**Account Name: HOPE Cape Town Trust
Bank Name: Standard Bank of South Africa Ltd.
Branch: Thibault Square, Cape Town
Account Type: Business Current Account
Account No.: 07 027 452 5
Branch Code: 020909
Swift Code: SBZAJJ**

Bank Details (Germany)

**Account Name: Katholisches Auslandssekretariat
Bank: Commerzbank, Köln
SWIFT-BIC: DRESDEFF3700
IBAN: DE72 3708 0040 0211 4021 00
Reference: HOPE CapeTown**

If you wish to unsubscribe, please follow the link at the bottom of this e-mail. If your company firewall blocks the unsubscribe button, simply send an email to shelly.stamatiadis@hopecapetown.org with the word "Unsubscribe" in the subject and we will remove you from the list manually.