



Dear Supporters, Well-Wishers, and Friends of HOPE Cape Town,

Often, as a new year approaches, (usually sooner than we imagined!) we tend to look back on our experiences while at the same time making plans for the future.

At HOPE Cape Town we have been doing that for well over 20 years, constantly striving to improve the overall health of those living in marginalised communities and in so doing, helping the development organisation.

The emphasis for all our active programmes is the focus 'sustainability'. Projects are only started when they have been thoroughly assessed not only for their immediate relevance in short-term but also in terms of the lasting impact on lives and livelihoods of children, youths, their parents, and the community. What we do at HOPE Cape Town must be and is sustainable.

We rely on the amazing support of a whole range of individuals and organisations for small or sometimes very generous larger donations, of course fundraising initiatives will continue to play a very important role for all our activities in the future.

This month we celebrate with the proud parents, the first children graduating from Bayerngarten ECD, another milestone in our history by providing basic education to special needs children. Sustainability in the area of ECD means giving more children the opportunity to learn and next year we hope to be able to expand this programme.

With unemployment and food security still two very important issues we are pleased to have been able to start preparations for a new garden project focussed on environmental education and training while teaching essential, effective gardening skills to grow nourishing food.

The Nex Indawo Yethu has become not only the home of HOPE Cape Town but a truly vibrant centre for the community in the community. With the addition of the 'Bettina Benzoni-Ruffert Environmental Training and Garden Centre' we aim to provide a range of skills to open up more life changing opportunities for individuals and their families.

I wish you a peaceful Holiday Season and a prosperous 2024 and I thank you again for your support.

*Carole*

Carole Armstrong-Hooper  
Chairperson, HOPE Cape Town Trust

## DATES TO DIARISE

### SOUTH AFRICA

11.05.2024 Ball of HOPE Cape Town

### CHARITY EVENTS GERMANY

OCT. 2024 HOPE Gala Dresden NOV. 2024 Charity Dinner Munich

## WORLD AIDS DAY



On World AIDS Day, we reflected on the beginning of HOPE Cape Town's work in the HIV sector since the opening of the G7 Ithemba (HOPE) Ward for Infectious Disease at Tygerberg Children's Hospital. Our goal then was to provide HIV positive children with antiretrovirals (ARVs), provide supportive care to HIV positive mothers, and retain patients in HIV care after discharge.

We continue to uphold and share this vision to address the reality of HIV, AIDS, TB and social challenges in the Western Cape and to protect the rights of individuals to know their status, access treatment, counselling and support. Our work continues at Tygerberg Hospital, at community health clinics and hospitals and at our Holistic Health Centre, La Maison de Christoph at The Nex - Indawo Yethu campus in Delft.

In the spirit of World AIDS Day theme 2023 - LET COMMUNITIES LEAD - HOPE Cape Town hosted a community information event at The Nex-Indawo Yethu campus.

## TV-STARS!

Recognised for our expertise, innovation and leadership in the HIV sector, HOPE Cape Town was invited to participate in a panel discussion on a local Youth television programme on Cape Town TV to raise the spotlight on World AIDS day.

HOPE Cape Town's Sr Zanele Hali and Dr Ana Houston were joined on air by three of our Youth Club peer mentors to discuss the challenges and realities facing HIV positive youth.





## GRADE R CLASS GRADUATION



There was laughter, smiles and joy at the graduation ceremony of the first Grade R learners at the Bayerngarten Centre for Early Childhood Development.

We are so proud of how they have all grown in skills, knowledge and confidence and wish them well on the next step in their journey.





## SEED OF HOPE



The property adjacent to The Nex-Indawo Yethu campus in Delft has been a hive of activity the past few weeks as the dense bushes and sandy dunes have been transformed into a new space and the soon to be home of the Bettina Benzoni-Ruffert Environmental Training and Garden Centre.

The project will be another step in HOPE Cape Town's journey to empower and teach communities new skills and provide knowledge on how to become sustainable and reach their full potential.

## AN EVENING OF HOPE IN THE USA



The inaugural Evening of HOPE was hosted in Ann Arbor Michigan by our sister organisation HOPE Cape Town USA and was a huge success, raising further awareness and support for our work.

The silent auction attracted much interest with guests bidding on premium restaurant and tasting experiences, fitness and beauty packages, luxury hotel vouchers, and so much more.

Thank you @ Stacie McNulty and team for your dedication.



## HOPE GALA DRESDEN



Since 2006, the HOPE Gala Dresden has been an annual calendar highlight and has raised over €2.3 million to fund HOPE Cape Town's work with children, youth and their families in the sectors of health, education and social change.

Despite challenges and in difficult times, the 2023 HOPE Gala was once again an evening of great enjoyment and master performances by artists, with sponsors and donors coming together to show humanity, solidarity and love. Thank you Dresden, the ParX team and Viola Klein for your dedication, commitment and support.

## TOGETHER FOR CHILDREN



After visiting HOPE Cape Town some years ago, Patrick Lindner and the Patrick Lindner Foundation joined forces with HOPE Cape Town in a very special event in November in Munich – TOGETHER for children.

Co-hosted by Patrick Lindner, Viola Klein & Stefan Hippler, Birgit Fischer-Höper, Laura & Ralph Siegel, more than 100,000€ was raised through donations and raffles for the two organisations. It is through partnerships like this that we are able to continue our work with children and young people. The evening was also a celebration of the 10th anniversary of the Patrick Lindner Foundation which was founded in 2013 and which also focusses mainly on promoting and supporting youth projects. Congratulations Patrick Lindner!





It's beginning to feel a lot like Christmas as we collected more than 400 personalised Boxes of HOPE Christmas gifts at the Deutsche Internationale Schule Kapstadt - DSK.

Led by the school's Rotaract Club, the DSK learners worked independently to make up these beautiful gifts that will be distributed to the children we serve through our programmes and projects in under-resourced areas of Cape Town.

A huge THANK YOU to the learners for your generosity and creative flair with each unique box.





HOPE Cape Town Trust is a registered Non-profit Organisation (SA) # 053-417NPO  
and Public Benefit Organisation (SA) # 93/00/24/843

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